

Thoughts for the Day

Most recipes call for a pinch of salt. That is all it takes to enhance flavour, to enliven our taste buds and bring pleasure. We live in a part of the world where the Church is little more than a pinch of salt in society. Yet we have real significance for our world. Without the Church our world would suffer more than is already the case. Let us give thanks today for the work of our Outreach Committee in bringing hope to our neighbourhood. Help us to continue to focus on all those in need. Amen.

The Ven. Dr. John Bailey

DATES TO NOTE

Fri. Feb. 10	Deadline for Lent/Easter POST
Sun. Feb. 26	Vestry Sunday, after Church
Sun. Feb. 26	Sweeter than Roses, 4 pm.
Mon. Feb. 27	MAID talk, St. John's Shaughnessy, 7 pm.

CHILDREN AT CHURCH - EVERY SUNDAY

At the 10.00am service there are Church School classes for all children who wish to attend. Children are encouraged to come to the front of the church for the "Children's Focus" and then leave for their classes, returning during the Peace. The youngest (newborns to two years old) can use our "Noah's Ark" room (just off the side of the church) under parental supervision.

ST. JUDE'S ANGLICAN HOME FUNDRAISER

St. Jude's Anglican Home is putting on a capital fundraiser by putting on a play at the Metro Theatre at 1370 S.W. Marine Drive on Wednesday, March 8th at 8 pm. The play is called "Guilty Conscience". Tickets are \$50 each, but receive a \$25 tax receipt per ticket. There will also be a silent auction, a 50/50 draw and light refreshments available. For tickets, speak to Beth Vondette in the Church office.

NOMINATIONS FOR CHURCH COMMITTEE 2017-2018

If you are interested in being part of Church Committee for 2017-2018, or wish to nominate a candidate, please contact Sarah Burns. Voting occurs at the Vestry meeting which will take place on Sunday, February 26th.



GARDEN WORK PARTIES

Tuesday, February 14, and Tuesday, February 28, 10:00 – 3:00

Weather permitting, we will hold two garden work parties for the street side and courtyard gardens on the above dates in February. Drop by for an hour or two in the morning or afternoon. Coffee, tea, juice, and cookies will be on hand. Please bring your own gloves, small clippers, and a rake. Check with Ann about which patch to work. We will provide small tarps for waste and bins and a barrow for transferring green waste to the alley, or for removal off site. Please contact Ann at ann@catkingardens.ca if you have any questions.

REFUGEE UPDATE

The application package for Lama and her four children, Syrians in a refugee camp in Lebanon, was mailed to Immigration, Refugees and Citizenship Canada just before Christmas.

In the new year, Mary will also put together an application package for the family's grandparents. Including the grandparents will cost an additional \$10,000 to the original fundraising goal of \$40,000, making the new goal \$50,000. We have already raised more than \$25,000 and will likely have a year or so to fundraise the remaining money.

If you wish to donate, please make cheques payable to St. Philip's and write "Refugee Fund" on the envelope as well as on the memo line. For more information please contact Mary Lymburner, 778-898-5117 or kmarylymburner@telus.net



PARISH POST

I have been asked to publish the next Post on Ash Wednesday, therefore I will require all articles to be submitted to the office by noon on February 10th in order to meet that deadline. This deadline is firm. Please attach any photographs or pictures in a .jpg format if you would like them included in your article.

SENIORS CAFÉ - CALL FOR VOLUNTEERS

Seniors Café would benefit from having several more volunteers to help set up and greet visitors. Come and share some laughter and great stories around the café tables. If you could contribute an hour or two on a Tuesday morning this winter or spring, please contact Ann Kent at ann@catkingardens.ca.

CHAPEL UPDATE

After the 10:00am service on February 19th, there will be an update from the Chapel Task Force on the progress made so far in exploring possible renovations to the Chapel. Please plan to attend, your input is valuable and welcomed.

SWEETER THAN ROSES - SIMPLE BEAUTY FOR A WINTER'S AFTERNOON

On February 26th at 4 pm, after the Annual Vestry meeting, please consider taking an hour or so to revel in some of the most beautiful music ever written.

Lucy Smith, soprano, joined by Michael Murray on organ and harpsichord, and Natalie Mackie on viola da gamba, will share some of her favourite music in the lovely acoustics of St Philip's.

The program will include excerpts from Handel's Theodora, Bach's Anna Magdalena Notebook, and Telemann's Germanicus, songs by Purcell and Monteverdi, and solo organ pieces.

Admission is by donation at the door.





OUTREACH REPORT

At our recent Outreach Committee meeting we donated to Aunt Leah's and AIDS Vancouver. We received a thank you letter from Missions to Seafarers for a donation we made before Christmas. Thank you for supporting Outreach and making such donations possible.

MEDICAL ASSISTANCE IN DYING DISCUSSION

St. Philip's is presenting a public event, featuring Dr. Charles Blanke at St. John's Shaughnessy at 7 pm on Monday, February 27th. St. John's Shaughnessy is located at 1410 Nanton Avenue, Vancouver.

CARETAKER'S REQUEST

Gerry, our caretaker, has submitted a wish list of power tools and other items that would make his tasks much easier. He is looking for the following items:

- ▶ electric drill
- ▶ electric sander
- ▶ skill saw
- ▶ various drill bits
- ▶ open-end or box-end wrench
- ▶ pipe wrench
- ▶ trouble lite

If you happen to have any of these items lying around unused in your garages, and wish to donate them, please contact Beth Vondette at the office.

CANONICAL COMMITTEE UPDATE

The Canonical Committee started its work last year after the resignation of our rector, John Stephens, to work with the parish in the development of a Parish Profile and identifying a candidate to be our new rector. The process for hiring a parish rector is overseen by the Diocese and includes phases for hiring an interim Priest in Charge, for discernment within the parish, for writing and posting the Parish Profile, and for selecting a new rector. We were advised from the start that we must take a minimum of twelve to eighteen months to move through the process.

The Canonical Committee has been very busy in the background all year. Along with hiring John Bailey as our Priest in Charge, we have been: pulling together material from the many parish ministries and groups; reviewing the results of the Parish Questionnaire and input from the Visioning Days; working with Church Committee to finalize the Mission Statement and Parish Goals; and reviewing a variety of resources to inform and include in the Parish Profile.

In late September we were given the go ahead from the Synod office to begin developing the Parish Profile. There are additional approval stages ahead but we now have our mentor from the diocese and are moving into the final stages of work on the profile.

We look forward to providing further updates at the Vestry meeting on February 26.

BE LOVED: A CELEBRATION OF BELOVEDNESS

Fri., Feb. 17th from 6:00-8:00pm at St. Faith's in the Hall hosted by St. Hildegard's Sanctuary, you are invited to bring a favourite love poem to God, a favourite food to share, and your creative spirit.

A special guest will guide us through an exploration of the spirituality of chocolate. If you prefer the sweetness of solitary contemplation, the church sanctuary will also be open for quiet reflection and creative practices. Register via email to sthildegards@icloud.com by Feb 14th.

A \$10 offering is suggested to cover cost of supplies.

JONES GIRLS

The Jones Girls next meeting will be on Monday, February 6th at 11:30 am, followed by a belated Christmas luncheon.

ST. PHILIP'S STREET SIDE AND COURTYARD GARDENS - A REQUEST



The gardens at St. Philip's took quite a beating from the snow and an extended period of freezing during December and January. It will be several weeks before we can determine the extent of any dieback or permanent damage. We ask that people do not cut or prune shrubs, trees, or woody perennials. Please limit clean-up to very gently raking away loose dead leaves or foliage and contact Ann at ann@catkinggardens.ca for guidance. Unfortunately, someone has already chopped several small shrubs to grade level in beds and containers – we cannot afford to replace these – and cut back several roses, an invitation to a host of diseases during chilly, wet weather. Piles of debris left lying loose on the courtyard is also a problem - this poses a tripping hazard and we cannot quickly dispose of green waste that is left to lie. If you have the urge to help with clean-up, please join us at one of our February work parties.

TAX RECEIPTS 2016

Tax receipts are available for collection from Jock Munro after the 10:00 am service today. If you are unable to collect your receipt, and would like it mailed to you, please notify Beth Vondette in the Church office via email: manager@stpddunbar.com

NEIGHBOURHOOD MINISTRY: PACKET WISH LIST

- ▶ Boost or Ensure Nutrition Drink
- ▶ Tinned Meat
- ▶ Juice Boxes
- ▶ Socks
- ▶ Disposable Razors
- ▶ Fruit Cups and plastic spoons

*Avoid items with nuts and raisins, as they are hard on the teeth.
Please, no expired items.*



ANNUAL REPORTS - NOW OVERDUE

If you are a committee chair or group leader and you have not submitted your report for 2016, please do so in the next few days.

Email your report to manager@stpdunbar.com

Many thanks to those whose reports have been received

NEIGHBOURHOOD MINISTRY REPORT

Team 4, Rhona, Caroline and I met at St. Philip's where we were joined by Benita Yi, a social work student with the Mobile Care Unit. There we picked up packets and some clothing which Don Lamb had left for us. The packets had been prepared by St. John's. We had fruit, eggs and sandwiches as well.

At 4th and Highbury we met T, B and W. All seem in good spirits. All have housing. T is downtown, W is in the 7th and Fir building and B is in a basement suite in the 41st and Fraser area. The suite is small with overly low ceilings for such a tall man, but has some redeeming virtues, like a nice backyard. All took some food and T took a pair of gloves.

We checked out the substation, but as previously reported there are barriers around the protected area where A stayed and there seems to have been some elevated concrete platforms built there.

Not really expecting to find anyone, we checked out the porch at the hostel. M was back there, curled up in a big carton which had been left there by M. He seemed in good spirits and happy to take some food.

We found no one at the 4th and Vine corner. There was a sign and some belongings in front of Whole Foods and we left a packet there.

Continuing east along 4th we found two young men asleep on the south side of 4th just west of Burrard. One of the men woke up when we approached. He had reddish curly hair. His name was T and his friend with dark hair was B. B stayed asleep. They had warm blankets and sleeping bags, but T was very happy for some food, and took some for B. He said they are homeless, usually stay downtown, but sometimes come to this area. We had not met them before, and he did not seem familiar with our group.

On the west side of Granville we met S (or was it G?). The other brother was around but we did not actually talk to him. He took food for both of them and a pair of gloves.

On Broadway and Yew, we found S in front of London Drugs. He seemed a bit more cheerful than usual, but just wanted a few items.

Further west down the block in front of IGA we met A, new to us. A pleasant middle aged man with a cart full of belongings. He is homeless. He took some food.

On the way back to St. Philip's we stopped at Shoppers Drug Mart where we found J. He was glad to see us, and took some food, but was not too hungry.

By then we had given away all our packets, so did not try to find B at St. Helen's or the United Church.

Mary Lymburner for Team 4

The Neighbourhood Ministry:
There is a particular need for more members of St. Philip's indoor team
10 ways to Volunteer

<i>Activity</i>	<i>Time Commitment</i>
Pray for the Neighbourhood Ministry	Daily
Bring a donation for the care packets (see wish list)	5 minutes each week
Join the Indoor Team : help pack packets, provide fresh food for street team, send street team off from the church	A few hours every 6-8 weeks
Join an Outdoor Team : help distribute packets and build community with our homeless neighbours. Training provided!	Saturday morning, 2 hours, once per month
Serve dinner at Dunbar Apartments, home for formerly homeless folks and others suffering from mental illness	Saturday or Sunday, 1.5 hours once per month
Help with a Seasonal Celebration at Dunbar apartments, preparing and serving food and offering fellowship	3 hours, 5 holidays per year
Become an Angel , offering one on one support to someone needing assistance navigating the system, going to the doctor, etc. Training provided	Varies. 5-8 hours per month average
Join the Mobile Care Unit , offering assistance at one of the sites the Care Unit visits. Training Provided	3 hours per site visit
Help prepare and deliver communications to keep your parish informed of Neighbourhood Ministry activities.	2-4 hours per month
Volunteer Today! Contact Joan Stewart jstewart@westerndriver.com or Vicki Potter vpotter@hotmail.com or Rev. Pitman Potter pbpotter@live.ca	

A LETTER FROM THE RIGHT REVEREND MELISSA SKELTON

Dear People of the Diocese of New Westminster

The sounds of prayer at the Quebec Islamic Cultural Centre were shattered by gunfire at approximately 8pm, EST, on January 29, 2017. Six people were killed, 19 were injured (five critically injured), and dozens more were scarred by the chaos, suffering and death they experienced.

My belief is that when one of our houses of prayer is attacked, all of our houses of prayer are attacked-whether that house of prayer be a Christian church, a Jewish synagogue or a mosque. I would ask, then, that you join with me in some specific efforts to support our Islamic brothers and sisters and their communities in British Columbia and throughout Canada.

Pray for those in the attack who were injured and their families, for those who lost their lives and their families and for those who were traumatized.

Consider attending the prayer service currently being planned for this Friday, February 3 at noon at Christ Church Cathedral to remember those who died and to call for an end to all violence and hatred focused on Muslim communities.

Participate in any other local prayer vigils or gatherings, especially those held by Muslim communities, in response to the attack and encourage others to attend with you. Speak out in your own community against intolerance and violence.

Take opportunities to learn about Islam. The clergy of our diocese will have a time to do this on November 9th of this year with Mufti Aasim Rashid, the Director of Religion and Islamic Education for the B.C. Muslim Association. Identify ways to learn about Islam in your community and participate.

And, finally, contribute to a GoFundMe campaign to support the families of those who lost loved ones in the Quebec City mosque attack: <https://www.gofundme.com/quebecmosque>

While you and I cannot eradicate the possibility of this kind of senseless violence happening again, we can do our part to stand with those affected, to express our profound sadness at what has occurred, and to state categorically that actions such as these are contrary both to our Christian faith and to our understanding of what it means to live in Canada.