

Aging with Grace & Grit – Part 2 Advance Care Planning

Community Information Forum

Friday May 24th, 2019 6:45 pm - 9 pm



Westside Evangelical Lutheran Church

510 Ferndale Drive North, (corner of Ferndale & Livingstone)
Barrie, ON L4N 0S1

Just how does one learn to grow old with grace and grit? What is important to us as we contemplate the end of life? What kind of care would we like to receive and where would we like to be? What factors might alter or mitigate our heartfelt desires? These are questions that we hope to address in our second offering of Aging with Grace & Grit.

Did you know that 80% of Canadians do not know what advance care planning is? Or that 50% of our families do not know what we would like if we were at the end of our lives? Advance care planning is much more than simply planning a funeral. Plan to attend, listen, learn and ask your questions of our knowledgeable and skilled presenters.

ALL WELCOME.

Marianne Belau MD CCFP FCFP

Dr Belau is a graduate of the University of Toronto Medical School (Class of 81). She completed her family practice residency at Queen's in Kingston. She practiced in Brampton and Sarnia before coming to Barrie where she had a family practice from 1999 – 2018. Throughout her career she has had an interest in Palliative Care and is the founder of the Barrie Community Palliative On Call (CPOC) group. She continues to care for palliative patients in the community.

Amy Pritzker, MSW, RSW

Amy Pritzker has almost a decade's worth of professional experience as a social worker in hospice palliative care and bereavement. Currently, she is the Bereavement Coordinator at Hospice Simcoe, providing individual and group support to those who have experienced the death of a loved one. She also sits as the Regional Champion for North Simcoe Muskoka on Hospice Palliative Care Ontario's Heath Care Consent and Advance Care Planning Community of Practice. Having learned from the experiences and stories not only of those in need of health care, but also from the grieving, Amy believes Advance Care Planning is a necessary process for us to engage in. She is passionate about helping others to see how Advance Care Planning can reduce stress for friends and family members during emotionally challenging situations.