**May 14 Forgive? – But Look What He Did!**

**Matt 6: 9 – 15 Lord’s Prayer Matthew 18:21-35**

1. Psychologists tell us that over 50% of the people who come to see them are dealing with an issue of unforgiveness as a root cause of other issues they may be facing. Why do you think unforgiveness affects us so powerfully?

2. When reading the Lord's prayer we usually stop in verse 13 which is the end of the prayer. Why are verses 14 and 15 so important?

3. In the Matthew 18 passage, what is the contrast between the human understanding of forgiveness and that of Jesus?

4. True forgiveness means a change of heart and mind about a difficult past event. How does Romans 12:1 – 2 help us make this change? Does being a Christian make any difference to our ability to make this heart and mind change?

5. Does forgiveness mean that we can re-establish a good relationship with the person who hurt us? Share some examples of both a yes or a no answer to that question that you have witnessed either directly or indirectly.

6. If there is someone you need to forgive, share that with someone you trust and ask them to hold you accountable for your forgiveness journey. If you need help please ASK. That's what the body is here for!

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