

*The Vine*

*September 2017*



**FALL  
KICK  
OFF**

# Ministry Team

*All members of Lutheran Church of Our Saviour*

## **Pastor**

Lee Woolery  
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pastor@oursaviourchurch.ca

Pastor Lee's Office hours:  
Monday to Thursday  
9:00 am to Noon

## **Administration**

Katharine Heimbigner-Tenor  
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## **Director of Children & Youth Ministry**

Jesse Ramson  
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Jesse's Office Hours:  
Tuesday to Friday  
9:00 am to 2:00 pm

## **Office Assistant**

Shauna Gross  
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## **Church Board 2016-2017**

Rachelle Ellis  
Phyllis Gale  
Doug Gebrandt  
Jens Kaack  
Avril LeBlanc  
Garry Mihaichuk  
Bob Montgomery  
Shirley Moule  
Keith Rude  
Darren Tenor

## **Office Hours**

Monday to Friday  
9:00 am to 1:00 pm

[www.oursaviourchurch.ca](http://www.oursaviourchurch.ca)  
8831 Fairmount Drive SE, Calgary, T2H 0Z4  
Facebook: Lutheran Church of Our Saviour



As of August 16, 2017.

# “Master of the Much-Less-than-Obvious”

It seems that God has an uncanny knack of placing certain people in our lives for good reason. I know that for sure because one of them has been my brother, Dale. He has touched my heart, not only as a brother, but also as a best friend. And I have become a better person because of that relationship. But after decades of illness, sadly, but peacefully he died, at the age of 62, on June 23<sup>rd</sup>. I had the honor of officiating at his memorial service on June 29<sup>th</sup>. As difficult as it is to capture the life of one you love in a short period of time, I shared a few reflections then, as I will share them now. Three words, for me, highlighted Dale’s life: **Joyful, Courageous, Caring.**

**JOYFUL:** Dale was a ferocious reader of books, magazines and newspapers. When he was attending the University of Nebraska-Lincoln, he had an enormous appetite for learning and graduated in the upper 1% of his class. In the last years of his life, despite all the meds he was taking, he still read tons and had an amazing capacity for remembering just about everything he read. But his **joy of reading** wasn’t just for himself, **his greater joy** was to share books and recommend authors to his family and friends. He also sent clippings and articles to me and others on topics of interest, since somehow, he remembered what all of us liked. My mom said that Dale made her grow and I said that he challenged me beyond my comfort zone. A friend of his, David Clewell, dedicated one of his published works of poetry to Dale, who he described as an “**informant extraordinaire, master of the much-less-than-obvious.**”

**COURAGEOUS:** My brother lived with a fairly large number of illnesses for a fairly long time. He was one of the most courageous people I have ever known as he was determined to keep going no matter what. We were blessed that over the last few years, Dale made the trip to Calgary from Omaha. It was not an easy journey for him, particularly the last time, as he struggled with his balance and mobility. And yet, he didn’t miss a beat, going wherever Gretch and I went. He had this ability to always be planning ahead, no matter how he felt. Dale took the words of Joshua 1 to heart: “**Be strong and courageous.**”

**CARING:** With all that my brother had to contend with, he could have easily “turtled” and lived with “woe is me.” Instead he had a **huge heart** for others. For example, at a time when he was able to get out more, he used to walk to a local grocery store, Louie’s. There he would pick up a few items, but spend more time chatting with the staff, calling them by name and getting updates about their families. When we talked on the phone, Dale always wanted to know how our family was doing. And it was **his own heart** that kept him going when the rest of his body was falling apart.

I thank God for the enormous blessing that Dale, my brother and best friend, has been in my life and in the lives of our family.

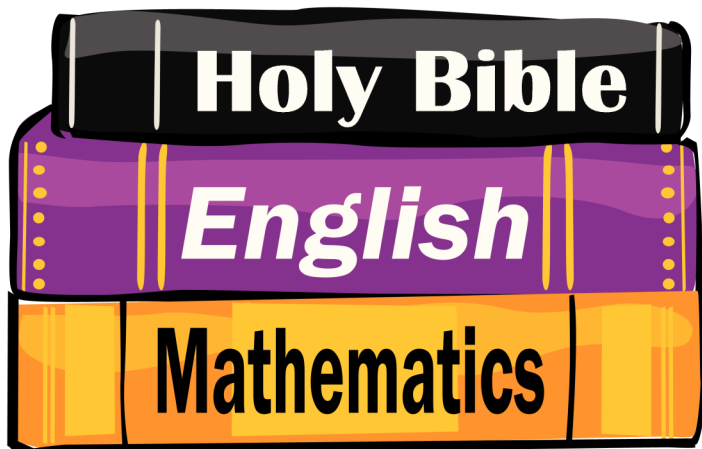
*To God be the Glory!*

*Pastor Lee*



I hope and trust that everyone had a fabulous summer, filled with rest, laughter, and time spent with friends and family. The fun continues on though into our fall Youth and Children's Ministry launch. We have so many exciting things planned, from a new children's ministry curriculum to even cooler youth events. There's something for everyone to try out!

*"Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."* Isaiah 40:28-31 NIV



## Children's Ministry Volunteers Orientation Friday September 8th at 7 pm

Come out for an hour to be introduced to the new fall curriculum "Dig In". Snacks will be provided. RSVP's to Jesse are appreciated but not required.

## Youth/Tween Potluck Meet and Greet with Parents Saturday September 9th at 6pm

Bring the whole family out for our first Youth and Tween event of the 2017/2018 year! We'll have a potluck at 6 pm, and then some fun games afterwards. Please bring a desert, salad, or main course to the potluck. All youth and tweens are welcome!

A graphic for a potluck event. At the top, it says 'Meet, Greet &amp; Eat' in yellow. Below that, 'Youth/Tween Family' is written in a white, curved font. In the center is a red pot with the word 'POTLUCK' in white. At the bottom, it says 'Saturday, September 9th 6pm to 9pm' in white, followed by '\*bring a main, salad or dessert to share' in a smaller white font.

# Youth & Children's Ministry

## Young Explorers DIG IN Launch Party September 10<sup>th</sup> at 10am



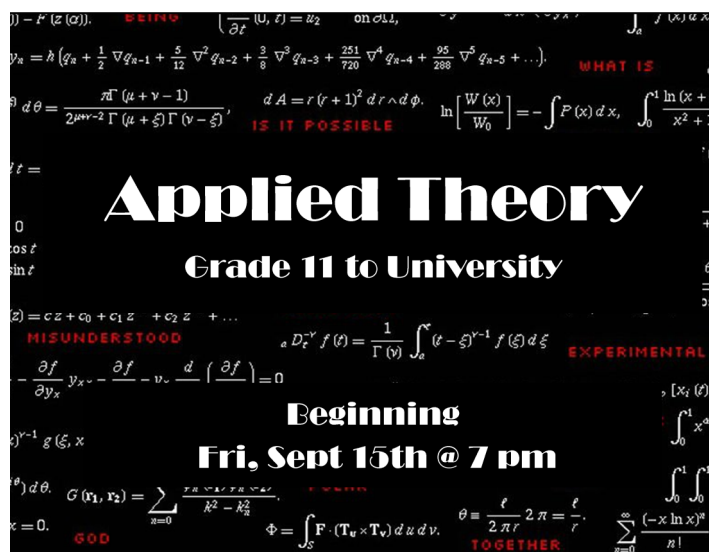
### Young Explorers DIG IN Launch Party Sunday September 10<sup>th</sup> at 10am

Join us as we launch our new Young Explorers program, DIG IN! We'll have snacks, games, songs, and so much more! Oh, and we can't forget registration sheets!

Digging Into The Life Of Jesus leads kids in walking in Jesus' footsteps from birth to resurrection to ascension. Kids don't just learn about the historical Jesus; they get to know him personally. They'll discover that Jesus is a real person—a real friend—who makes a difference in their lives today.

### The Applied Theory Group – Launch Party Friday September 15<sup>th</sup> at 7pm

This is a new group starting up for anyone in Grade 11 to University. Our first event will be at Jesse's home (contact him for address), please bring some games, snacks, and drinks!



### Youth Band Practice

### Saturday September 16<sup>th</sup> at 10 am

Have a love for music? We're looking for youth join our band, as we practice a wide variety of songs once a month. Throughout the fall we will be preparing for some special Christmas performances. We'd love to have you join us! All skill levels are welcome!



# Youth & Children's Ministry

## The Experiment – Parkour

Friday September 22<sup>nd</sup> at 7pm

Parkour! Join us at Breathe Parkour Calgary South as we show off our skills during open gym time! Cost is \$17. Make sure to wear proper clothing and footwear.

## The Experiment Parkour!

Friday Sept 22<sup>nd</sup> @ 7 pm



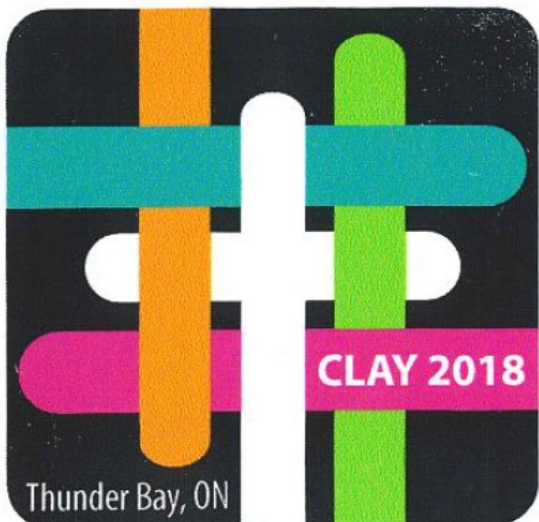
Love Of God, Others & Self

## Youth – LOGOS Retreat

Friday September 29<sup>th</sup> – Sunday October 1<sup>st</sup>

If you are older than 14, this retreat is for you! This weekend at Kuria-kos is all about learning, being inspired, and meeting new people. The first 2 to register from our church get the discounted price of \$70, so contact Jesse today! Registration deadline is September 15<sup>th</sup>. All the details can be found on the next page.

# threads



Stories are the diverse threads that God weaves together to form the tapestry of our lives. They can be ancient, personal, intimate, and can help us find meaning and purpose. We gather stories from each other and from our surroundings.

Join youth from across Canada at **threads**, where we will learn how to discern our God-given stories.

August 15–19, 2018 / Thunder Bay, ON

[www.claygathering.ca](http://www.claygathering.ca)

# Youth Ministry—Retreat—RSVP by Sept 15th

## LOGOS Youth Retreat Sep. 29 – Oct. 1, 2017 Camp Kuriakos



Love Of God, Others & Self

### *What is it?*

LOGOS is both a fun and a deep Christian experience, presented as a 3-day retreat... Led by youth for youth! LOGOS is designed to revitalize your life of faith in the atmosphere of Christian community. People who attend and people who have served on LOGOS say it is one of the best faith experiences they have ever had.

The Greek word *logos* means “word.” In the Gospel of John *logos* refers to Jesus, the word-made-flesh. The intent of LOGOS is that you encounter the Living Word and that God will speak a word to you, just for you.

### *What can I expect?*

On the LOGOS weekend, you will spend time in a small group. You will hear talks, sing, worship, eat, and do a service project. Although the format is very simple, you can expect so much more. You can expect to be inspired, to laugh, to be moved, and to finish your weekend with a renewed vigor for life.

### *Who is it for?*

LOGOS is for confirmed youth from Lutheran congregations who are interested in:

- deepening their faith life,
- getting to know and getting connected with other youth around the synod, and
- developing their leadership ability.

### *How much does it cost?*

The registration cost is \$140 plus GST. This covers food, lodging and supplies for the event.

### *Grant for ELCIC youth*

Thanks to a grant from the *Lutheran Triune Educational and Benevolent Society of Calgary*, the second youth from an ELCIC congregation to register is able to attend FOR FREE! That means, if you want to attend and go to an ELCIC congregation, find someone else to go from your congregation and split the cost!

### *How do I register or get more information?*

**The registration deadline is Friday, Sep. 15, 2017.**

To register, go the Camp Kuriakos website <[www.kuriakos.ab.ca](http://www.kuriakos.ab.ca)> and look for **LOGOS** or call Camp Kuriakos at (403) 746-2702.

For more information, contact Pastor Phil Holck by email <[philholck@gmail.com](mailto:philholck@gmail.com)> or phone (403) 813-6797; or Sarah Schmidt (LOGOS Rector) by email at <[saraheschmidt28@gmail.com](mailto:saraheschmidt28@gmail.com)>.

# College & Career

# SATURDAY NIGHT RETURN PARTY

Saturday September 23rd @ 7 pm

Come join us for a night of fun,  
games and sharing of our summer highlights.  
All young adults between 18-35 yrs are welcome!

## Recycling at LCOS

In the past recycling bins could be found along the hallway between the kitchen and bathrooms. Due to more rigorous enforcement of Fire Safety regulations items may no longer be stored in this hallway to ensure a clear pathway to the emergency exit.

Items for the blue cart: Please place items destined for the blue cart into the paper/dry recycling bin found in the kitchen where the large garbage can once was. In addition, over the Summer and into the Fall additional recycling bins will be placed in classrooms throughout the building.

Organic/Green Cart: Please place organics in the organics bin clearly marked near the coffee maker. At this time the organics will be going in the black bin until the green cart recycling arrives in the Fall for our community.

Regular Garbage/Black Cart: A small bin beside the organic bin can be found in the kitchen near the coffee maker. In addition garbage cans are found throughout the building.

Pop bottles: We have temporarily placed a large garbage can by the mailboxes to collect pop bottles etc. that are generated within the church. We are looking for a more suitable permanent location and will announce it when complete. Please do not bring your pop bottles from home at this time. We do not have the space to store them.

What  
goes  
where?

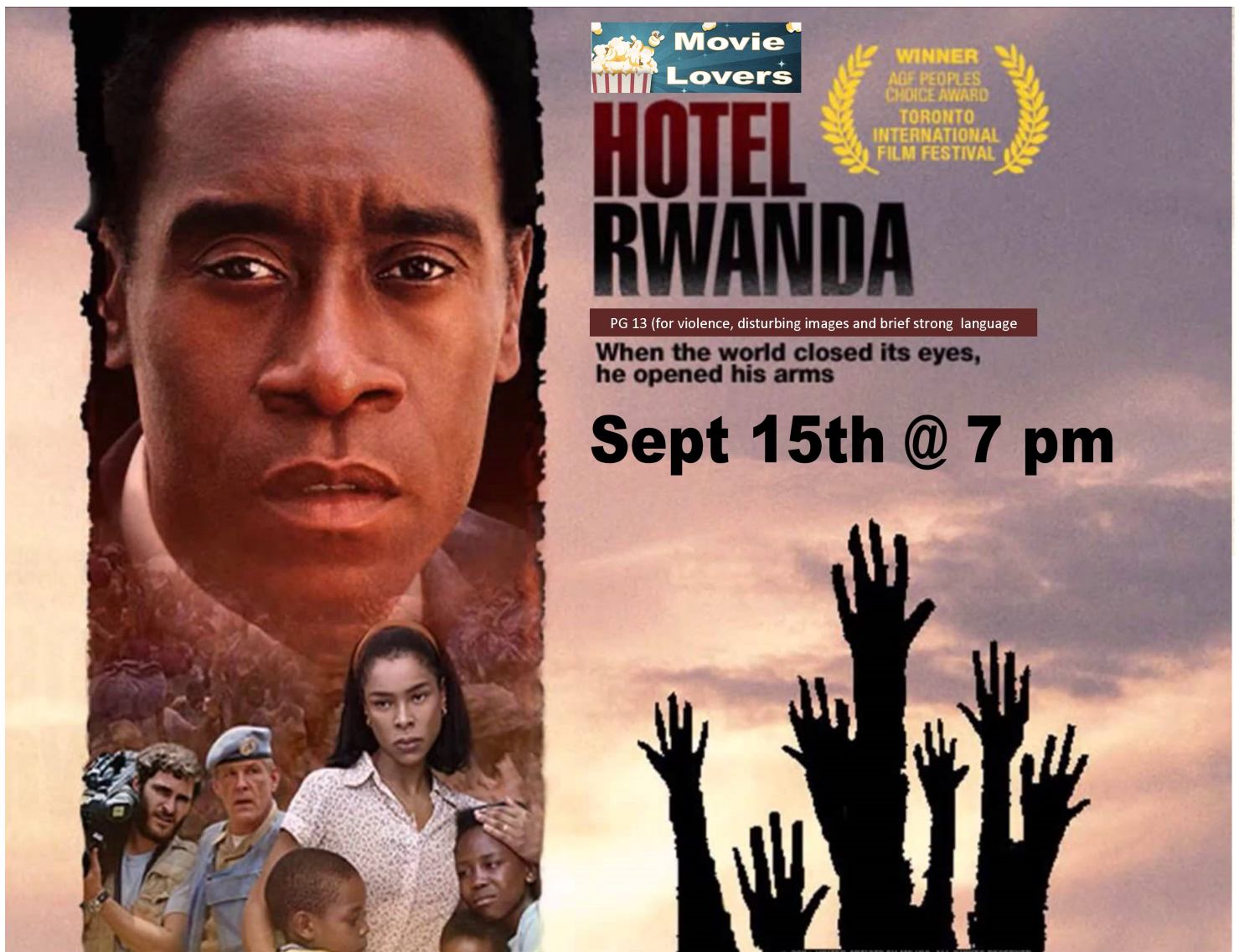


# Invitation for Discussion

## Study/Conversation group on Medical Assistance in Dying

Beginning mid-October Pastor Lee will be leading a four week small group study on the topic of Medical Assistance in Dying. The study has been prepared by the Evangelical Lutheran Church in Canada in the hope of promoting discussion on this difficult topic. If you have questions, or are interested in participating, please contact Pastor Lee.

Dates and times to be determined by participants.



**Movie Lovers**

**WINNER**  
AGF PEOPLES CHOICE AWARD  
TORONTO INTERNATIONAL FILM FESTIVAL

# HOTEL RWANDA

PG 13 (for violence, disturbing images and brief strong language)

When the world closed its eyes,  
he opened his arms

## Sept 15th @ 7 pm

# Reformation Readings for September



There were many factors leading up to the protestant reformation, a big factor, though, was quite simple: a young monk, Martin Luther, read the Bible. In commemoration of the reformation's 500th anniversary, just imagine what could happen if we simply read our Bibles!

Friday, September 1, 2017	<u>Psalm 26:1-8; Jeremiah 15:1-9; 2 Thessalonians 2:7-12</u>
Saturday, September 2, 2017	<u>Psalm 26:1-8; Jeremiah 15:10-14; Matthew 8:14-17</u>
Sunday, September 3, 2017:	<u>Psalm 26:1-8; Jeremiah 15:15-21; Matthew 16:21-28</u>
Monday, September 4, 2017	<u>Psalm 17; 2 Samuel 11:2-26; Revelation 3:1-6</u>
Tuesday, September 5, 2017	<u>Psalm 17; 2 Samuel 11:27b-12:15; Revelation 3:7-13</u>
Wednesday, September 6, 2017	<u>Psalm 17; Jeremiah 17:5-18; Matthew 12:22-32</u>
Thursday, September 7, 2017	<u>Psalm 119:33-40; Ezekiel 24:1-14; 2 Corinthians 12:11-21</u>
Friday, September 8, 2017	<u>Psalm 119:33-40; Ezekiel 24:15-27; Romans 10:15b-21</u>
Saturday, September 9, 2017	<u>Psalm 119:33-40; Ezekiel 33:1-6; Matthew 23:29-36</u>
Sunday, September 10, 2017:	<u>Psalm 119:33-40; Ezekiel 33:7-11; Matthew 18:15-20</u>
Monday, September 11, 2017	<u>Psalm 119:65-72; Leviticus 4:27-31; 5:14-16; 1 Peter 2:11-17</u>
Tuesday, September 12, 2017	<u>Psalm 119:65-72; Deuteronomy 17:2-13; Romans 13:1-7</u>
Wednesday, September 13, 2017	<u>Psalm 119:65-72; Leviticus 16:1-5, 20-28; Matthew 21:18-22</u>
Thursday, September 14, 2017	<u>Psalm 103:8-13; Genesis 37:12-36; 1 John 3:11-16</u>
Friday, September 15, 2017	<u>Psalm 103:8-13; Genesis 41:53-42:17; Acts 7:9-16</u>
Saturday, September 16, 2017	<u>Psalm 103:8-13; Genesis 45:1-20; Matthew 6:7-15</u>
Sunday, September 17, 2017:	<u>Psalm 103 8-13; Genesis 50:15-21; Matthew 18:21-35</u>
Monday, September 18, 2017	<u>Psalm 133; Genesis 48:8-22; Hebrews 11:23-29</u>
Tuesday, September 19, 2017	<u>Psalm 133; Genesis 49:29-50:14; Romans 14:13-15:2</u>
Wednesday, September 20, 2017	<u>Psalm 133; Genesis 50:22-26; Mark 11:20-25</u>
Thursday, September 21, 2017	<u>Psalm 145:1-8; Nahum 1:1, 14-2:2; 2 Corinthians 13:1-4</u>
Friday, September 22, 2017	<u>Psalm 145:1-8; Nahum 2:3-13; 2 Corinthians 13:5-10</u>
Saturday, September 23, 2017	<u>Psalm 145:1-8; Zephaniah 2:13-15; Matthew 19:23-30</u>
Sunday, September 24, 2017:	<u>Psalm 145:1-8; Jonah 3:10-4:11; Matthew 20:1-16</u>
Monday, September 25, 2017	<u>Psalm 106:1-12; Genesis 27:1-29; Romans 16:1-16</u>
Tuesday, September 26, 2017	<u>Psalm 106:1-12; Genesis 28:10-17; Romans 16:17-20</u>
Wednesday, September 27, 2017	<u>Psalm 106:1-12; Isaiah 41:1-13; Matthew 18:1-5</u>
Thursday, September 28, 2017	<u>Psalm 25:1-9; Ezekiel 12:17-28; James 4:11-16</u>
Friday, September 29, 2017	<u>Psalm 25:1-9; Ezekiel 18:5-18; Acts 13:32-41</u>
Saturday, September 30, 2017	<u>Psalm 25:1-9; Ezekiel 18:19-24; Mark 11:27-33</u>



for more info visit [retreatofourown.wordpress.com](http://retreatofourown.wordpress.com)

# Retreat of Our Own 2017

## REFORMATION AND RESISTANCE FOR TODAY:

INSPIRATION FROM THE REFORMERS, BONHOEFFER,  
AND THE INTERFAITH MOVEMENT

**REV. DR. THOM JOHNSON**  
CLAREMENT SCHOOL OF THEOLOGY, CALIFORNIA

a theological reflection retreat  
for Lutheran & Anglican  
lay learners in Canmore, AB

**September 15 - 17**

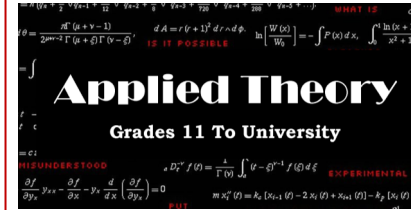


# Small Groups For Our Younger Members



**Young Explorers:** Every Sunday morning at 10 am, join us for crafts, science, games, videos, music, snacks and so much more! Split into three aged classrooms, kids are led through Bible lessons by a volunteer teacher from the congregation. This year we will be learning about the Life of Jesus! Watch for special family events and crafts on select Sundays as well.

**Tween:** The jump from Sunday school to Youth events can be a big one for children, and somewhat scary as well. In order to ease the transition, we invite all those in Grade 4 – 6 to join us once a month on a Saturday night at 7pm for a fun event with Biblical learning involved as well.



**The Applied Theory Group:** This is our newest group, designed to bridge the gap between youth and young adults ministry. For grades 11 through university, this group is all about continuing to develop relationships with each other and God. In order to keep our core together, we are meeting once a month, usually Saturday nights at 7 pm, with a Bible study or fun fellowship event.

**Youth Band:** Have a love for music? We're looking for youth join our band, as we practice a wide variety of songs once a month. Throughout the fall we will be preparing for some special Christmas performances. We'd love to have you join us! All skill levels are welcome! Youth Band Practice Dates:



- Saturday, September 16th at 10am
- Saturday, October 21st at 10am
- Saturday, November 25th at 10am
- Saturday, December 16th at 10am



Discipleship

**Discipleship for grade 7 & 8.:** This is a two year program for students in Grades 7& 8 run by Pastor Lee. The group will be meeting twice per month on Sunday evenings from Fall until Spring. They will explore the Bible, the Creeds, the life of Jesus, what it means to be Lutheran, and many tough questions along the way.

If your youth, or friends from outside the congregation are interested, please see Pastor Lee.

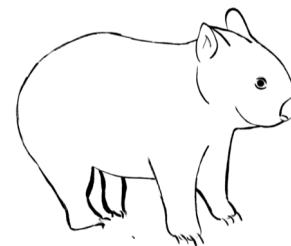
**Experiment group is for Grades 7 – 12:** with a Sunday morning study at 10 am, and two fun events each month on Friday



nights at 7 pm. This year we have some amazing events planned, including some amazing mission opportunities. Our focus through our Sunday studies is answering the sticky questions of our faith, including is it wrong to doubt God? Is hell real? Why do bad things happen to good people, and so much more!

## Preschool On Site

**"Painted Wombat" preschool** runs Monday, Wednesday, Friday for four year olds and Tuesday and Thursday for three year olds. The program is run by congregation member Shauna Gross. Shauna holds degrees in the fine arts and teaching. This will be her second year running this amazing program. A few spots are left.



# Celebrate the promise, Celebrate the HOPE

## ABT Synod 2017 Area Gatherings

Northern Area Gathering - September 29-30  
Ascension Lutheran, Edmonton

East & West Central Areas Gathering: October 14  
Peace Lutheran, Innisfail

Southern & Southwestern Areas Gathering: October 21  
All Saints Lutheran, Calgary

All Area Gathering Registrations and Reports are online.  
Please go to the Synod website: [www.albertasynod.ca](http://www.albertasynod.ca)  
Select the Area Gathering tab under "Conventions" on the home page.

Offerings at the Area Gatherings will be collected for:  
ELCIC Reformation Challenge – Scholarships for the ELCJHL



### Saturday

8:15 am Registration and Continental Breakfast  
9:00 am Gathering; In Song, with Remembrance of Baptism and Prayer  
9:15 am Bishop's Time  
10:00 am Refreshment Break  
10:15 am Word; Dwelling in the Word  
10:45 am Area Gathering Vision & Conversation  
11:45 am Business Section

- Approval of 2016 Area Gathering Minutes
- Report of the Dean
- Report of the Treasurer
- Other business

12:15 pm Lunch

1:00 pm Gathering with Song

1:15 pm National Convention Delegates Report and Q&A  
2:00 pm LWF Assembly Report  
2:45 pm Refreshment Break  
3:00 pm Meal and Sending; Offering, Installation, Prayer, Meal, Sending

**Southwestern** Area online registration form: coming soon. For more information, contact Dean Kristian Wold—[pastor.kristian@hopelutheran.ca](mailto:pastor.kristian@hopelutheran.ca), or Registrar Helga Weisenberger—[helgaw@telus.net](mailto:helgaw@telus.net)

*In keeping with the ELCIC Reformation Challenge, it is our hope to distribute two trees at the conclusion of each area gathering to every congregation for planting. One is to keep for your congregation, the other we request that you share with a neighbouring congregation or community organization.*

# Small Groups—Shared Interests & Activities

**College and Careers:** Did you know that almost 70% of graduating youth fall away from the church? In fact, the ages 18-29 have recently been identified as the most important for the formation of faith, and strengthening of a relationship with Jesus. Our group meets once a month to partake in a Bible study or fun fellowship event, usually Saturday nights at 7pm.



**Choir:** The choir is one of the longest-serving, if not the longest, small group at LCOS. We meet on Wednesdays from 7:30 – 8:30 pm and sing at the 11 am service usually three Sundays monthly from September to May. We put out a schedule well in advance to accommodate members' needs.



We are especially looking for some new members as a few have moved away. No need to be a professional singer – none of us are! You don't even need to know how to read music; you can learn along with us! Just a love of singing and a commitment to serving the Lord through music.

We start on September – come join us and have some fun! If you have questions, talk to Alex or email him at mckayfam@telusplanet.net. We hope to see you there!

**Games Group:** The Games group meets the 1st and 3rd Tuesday at 1:00 pm all year. The group plays Bridge, Mexican Train, Cribbage and a variety of other games and always are looking at learning more. Join us for a game or two and get to know us. We also enjoy celebrating life's big events of our members such birthdays, anniversaries and other life events. Drop-in without commitment. Try us out!



**The Running Group:** Typically meets every Wednesday at 7:00 pm at rotating locations such as Glenmore Reservoir, Fish Creek Park and others. This is group is for all levels of runners. Whether you're working toward your first 5 k or are a seasoned marathoner, you are welcome to run with us! We will do our best to maintain a pace that works for the group, and a few can always run on ahead if they have the need for speed.



**Movie Lovers:** Movie Lovers typically meets the 3rd Friday each month at 7:00 pm. Do you love movies? If you do then this is the group for you. Once a month we gather to watch new releases and a few older quality movies and then participate in a brief discussion afterwards. The group is open to everyone on a drop in basis. Be sure to bring your own snacks. This year we may also make a trip or two to the movie theatre as a group.



**Role Playing Group:** Meets Saturday nights as determined by the group. This group will meet and play roleplaying games (RPGs). Games can be set in many genres like superheroes, fantasy, science fiction, mysteries, espionage, literary horror, cartoon/slapstick, etc. Contact Darren Tenor if interested.



**Sunday Lunch Bunch:** Regularly after the 11 am Service. This is an informal group that naturally and accidentally formed a number of years ago. This group meets regularly after the 11 am Service at South Centre in the food court to chat over a coffee and snacks. Please speak to Pastor Lee to arrange to join the group.



**Do you have an interest not represented here? Pokémon Go? Book Club? Gardening? Would you like to begin a small group in your neighbourhood, school or work? If so, give the office a call!**

Acadia Lunch Program

Flock Care

Experiencing God

Morning Glories

Running

Fireside

Games

**ON SEPTEMBER 17TH**  
**learn about LCOS's**  
**Small Groups**

Guiding Mission

Refugee Support

College & Career

Breakfast at the Seed

Applied Theory

Movie Lovers

Choir

## Sunday Morning Volunteers

Are you looking for a Sunday morning volunteer opportunity? Would you like to visit with new people?

Would you like to enhance everyone's Sunday morning Worship and fellowship experience?

If the answer is "yes" or "maybe" to any of the above then please take a look at some ideas below:

Altar Care

Hotdog Crew

Choir

Ushers

Children's Ministry

Volunteer Driver

Counters

Youth Ministry

Welcome Desk

Communion Assistance

Computer Operation

Coffee Duty

Praise Teams

Training provided to every willing heart. Please contact the office.

# Small Groups— Study

## Sunday Morning Drop-In Study:

Between Services on Sunday mornings. The Study this fall will be using the curriculum “Ever-Reforming”. Each self-contained study will look at a piece of scripture and an aspect of issues raised during the Reformation and how those issues are still relevant today. Drop-in when you can.



## Experiencing God:

Meets every Wednesday at 9:30 am at LCOS. This group of "mature" women always has an extra chair open to talk about faith, life, and God's Word over coffee. For more information, please contact the church office.



## Fireside Group: Meets twice a month on Mondays at 7:00 pm.

This small group enjoys meeting to study, converse, celebrate and have something to nibble on. They look at a variety of topics, books, and videos to deepen their faith together. You're welcome to attend! For more information, please contact the church office.



Morning Glories: Meets on 2nd and 4th Thursday of every month at 10:00 am. This group of



"mature" women always has an extra chair open to talk about faith, life, and God's Word over coffee. For more information, please contact the church office.

## Today's Pilgrims:

Today's Pilgrims is a group of ladies who meet twice monthly on the 2nd and 4th Tuesday of the month. We meet in the fireside room at 7:00 PM.

We are discussing "The Golden Years" which offers tidbits and biblical references to help us do well in our golden years. It talks about how to deal with issues like health, work, and living fulfilled and significant lives. If you are wondering what it means to live life to the fullest as you grow older, then join in on our discussions. For information please call the church office.

## Today's Pilgrims

For September only we will meet on September 12th but we will not meet on September 26.

**Our Small Groups are happy to accept new members throughout the year and you are welcome to drop in at any time.**

## Lion's Eye Bank

If you would like to make use of your old glasses, bring them to church! The collection box is in the top shelf of the Donation cupboard. Please put them in a Zip Loc bag as they do not collect cases. That is all you have to do to start them on their voyage to a third world country, to supply someone with the means to see again.



# Mental Health First Aid Course

November 17th & 18th

8:30 am to 4:30 pm

10620 Elbow Drive SE

Equip yourself to deal with the some of the most common mental health issues among family and friends including depression, anxiety, substance abuse and others. The course is being organized by the CARE committee of the Synod of Alberta and the South West Conference of the Synod.

Program cost of \$225.00 is being covered by the CARE committee.

Break-time and catered lunches for two days: \$25.00

Location: Lutheran Church of the Cross (10620 Elbow Drive SE)

For More Information: Barb (403) 408-9684 or email [brstolee@shaw.ca](mailto:brstolee@shaw.ca)

To register: <http://albertasynod.ca/ministries/c-a-r-e/upcoming-events/> or call 403-255-4792

Class size is restricted to 20 people. Wait list available.



## CARE

Congregational Action & Response  
For Mental Health

Mental Health  
First Aid Canada

## Operation Eyesight

**285 million people** in the world suffer from blindness and low vision, while 80% of the cases can be avoided! In developing countries, being visually impaired is not a disability, it's a death sentence – especially for the very young and old.

Please go to [www.operationeyesight.com](http://www.operationeyesight.com) to see all the work this wonderful organization does. You can be a part by donating on line or by phone 1-800-585-8265 or by mail to Operation Eyesight Canada Suit 200, 4 Parkdale Crescent N.W. Calgary, AB T2N 3T8.



*For All The World To See*

## Hearing Assist

We have several hearing assist devices that you may use on a Sunday morning. They are at the back beside the ushers. If it is the first time using them please ask for assistance. If you have your own headphones you can use them as long as they use a standard jack.

ASSISTIVE  
LISTENING  
SYSTEMS  
AVAILABLE



# Small Groups—Support & Caring

## Flock Care: Meets Once a Month

Fourteen years ago a small group, FLOCK CARE was formed for the purpose of enhancing and maintaining intentional caring supportive connections within the church family for those who were ill, homebound, in residential care, grieving loss or facing other difficult life issues.

The mission statement is: to facilitate, encourage and ensure caring connections within the church family of LCOS and within the wider community as the need arises.

Small Groups are an ideal setting for people to get to know each other and provide a supportive caring place. But many worshippers at LCOS are not members of small groups and that is when Flock Care, if made aware, will visit, provide some basic service, information regarding services, or in some way facilitate an ongoing relationship with the church family.

Is this ministry for you? We meet on the third Thursday of each month except December and July.

Expectations are comfortable (people participate as they are able), and mentoring is provided. We have a devotional study time to enhance our skills and feed us spiritually. If you would like more information or to discuss the possibilities please call Janice Hawkings or Pastor Lee.



## Sandwich Sunday

Simply get a loaf of bread and make sandwiches to be placed back in the bread bag. They can be any kind, ham, cheese, lettuce, mustard—whatever you would like. Bring the bag of sandwiches to the church on the second Sunday of the month and place them in one of the fridges in the Kitchen. They are then taken down to the Calgary Drop-in Centre by a member of our congregation. The Calgary Drop-in Centre is grateful to receive the sandwiches. We can make a difference!



## Breakfast at the Seed 6 am

If you are sixteen years of age and older, and have some time on a Saturday morning, why not come out to help prep and serve breakfast for approximately 325 – 375 residents of the Mustard Seed at the Foothills Industrial Park Shelter? 6 to 8 volunteers are needed one Saturday a month.

We meet to cook and serve a hearty breakfast (typically eggs, sausages, hash browns, toast and coffee) to those in our community who are less fortunate. Although it is an early Saturday morning, we receive great fellowship and a strong feeling of accomplishment. Questions? Contact Ken Farn.



## Acadia Lunch Program For Hungry Kids

In conjunction with McDougall United Church we are supporting a brown bag style lunch program for children at Acadia School, David Thompson and Lord Beaverbrook High School. The program begins again on September 7th.

At present we have a core group of volunteers that come in every Wednesday to prepare the lunches. In addition, we need assistance preparing 2 dozen healthy cookies prior to the assembly day to go in the lunch bags. If you can be of assistance please sign-up for one or more weeks on the sign-up sheet in the kitchen or online via the website.

If you can help out with assembly, cookies or providing any supplies please contact the Acadia Lunch coordinator Barb Smith or the office.



# Small Group—Community & Social Justice Leadership

## Guiding Mission

This small group is always looking for additional members. Our members are interested in working in the community on various projects and supporting the development of leaders in LCOS and the greater community. Interests include seniors, children and youth issues within LCOS and the broader community. We are concerned with poverty, homelessness, education and other wide-ranging social justice issues.

You may come with your own particular passions or may choose to embrace one of the projects we are currently working on. There is no need to commit to a particular project. This group is interested in developing and supporting leaders in their personal areas of interest. At the moment areas of interest include:



## Supporting Youth Leadership development at LCOS

Through the Fall we will be working with Jesse, Director of Youth and Children to enhance and support the youth program. We will be looking for leaders in the community that would like to participate in one of the following ways:



- Volunteer as Assistant Leaders on Sunday morning. No preparation needed. Once every 4 to 6 weeks..
- Volunteer on Friday evenings. Once or twice a month. You need to be fun-loving with an active personality.
- Volunteer to participate in one of the “sticking faith questions” the youth are tackling this fall. Some of the topics include:

Can I trust the Bible?

Does the Bible Contradict Itself?

Can I be a Christian and believe in evolution?

Is Jesus really the only way to God?

Does God discriminate against Women?,

Does God endorse violence?

Is Hell real?

Why do bad things happen to good people?

Why is it so awkward to talk about Jesus with my friends?

And many more.

Would you like to help out? Contact the Guiding Mission team of Darren Tenor, Joe Schulz or Katharine Heimbigner-Tenor or Jesse.

## Development of the Metro Alliance for the Common Good (MACG) network

The Guiding Mission team and LCOS has joined The Metro Alliance for Common Good with the goal of working with interested Calgarians to address various social issues.

MACG is a broad based organization made up of individuals and organizations committed to bringing together interested Calgarians from business, faith communities, organized labour and the social sector to harness our shared interest and power to address the issues we face in Calgary. We are facing unprecedented challenges as a city. While as individual groups we might have a little bit of power to make our community better, together we can create a chorus that can't be ignored.



## Seniors Issues in Calgary

At this time Pastor Lee and Katharine Heimbigner-Tenor are co-chairs on the Senior Research Action Team for MACG. The team is looking at two main issues: 1) How do we better communicate the resources for Seniors presently available to them, and 2) Development of a sliding scale for services designed to keep seniors in their homes. If you are interested in learning more, please contact either Pastor Lee or Katharine.

# Bishop's Message



September 2017 Message for Congregations and Lay and Rostered Leaders

Dear Sisters and Brothers in Christ –

With you I have been greatly disturbed by the recent events in Charlottesville.

Plainly and without question, both the hatred and prejudice expressed in Charlottesville and the attack on counter-protesters are murderous acts. There is no way in which to justify behavior of this kind as even remotely “Christian.” Indeed, the rhetoric of this group is reminiscent of the manipulation of the Gospel by Adolf Hitler and his inner circle.

Let’s not kid ourselves. Charlottesville is not so far from Alberta and the Territories. Here we know too of racism and prejudice, of hatred and discrimination of many sorts.

I was particularly moved by the quiet witness of the rostered and lay leaders, indeed, of the faith community’s response. I was moved to tears as a group of clergy walked arm-in-arm into the very center of the storm, so to speak, delaying entry to a park as they stood, sang, and kneeled. Others formed a wall of silent testimony, or offered water to the parched, or provided pastoral care to those seeking comfort and support.

How might we respond?

Condemn actions of this kind without qualification.

Do what we can to foster a climate in which such actions face collective resistance and condemnation.

Continue to learn, listen and educate ourselves.

Recognize the places where healing has yet to take root and strive do what we can to foster progress.

Practice personal vigilance that opens our lives to the work of the Holy Spirit in places where our own attitudes and prejudices remain unredeemed.

Stand alongside our brothers and sisters.

Contradict, at every turn, the efforts of these groups to wrap their behavior in the mantle of the Church.

And yes, we need to pray:

“O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all

# Bishop's Message

nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. Amen."

(A prayer I shared recently via Facebook and written by The Rev. Dr. Scott Sharmon, currently interfaith chaplain at the University of Alberta and also the Anglican Diocese of Edmonton's ecumenical officer, who has been named as the Anglican Church of Canada's animator for ecumenical and interfaith relations beginning September 1.)

In Christ Jesus –  
Shalom,  
+Bishop Larry Kochendorfer

(with thanks in part to [www.patheos.com](http://www.patheos.com) "8 Things We Can — and Should Do — in Response to Charlottesville" August 13, 2017 by Frederick Schmidt)

*The God of hope fill you with all joy and peace in believing,  
so that you may abound in hope by the power of the Holy Spirit.*  
Romans 15:13



pastor/parishioner

# ISRAEL

study tour

March 12th to 25th, 2018

THROUGH JERUSALEM UNIVERSITY COLLEGE

Your experience starts here as you work together through material and maps beginning in October here in Calgary provided by Jerusalem University. Once in Israel you will be led to a multitude of sites by an instructor of Jerusalem University College. Come discover Israel and see God's Word come alive. For more information contact Pastor Lee at 403-253-1453 or visit <http://www.oursaviourchurch.ca/learn/israel-study-trip>.

## Financials

### Get on PAR (Pre-Authorized Remittance) at LCOS

Did you know that you may give to LCOS via pre-authorized remittance one time per month from your bank or credit union chequing account? This program is like any other pre-authorized debit program and is called the PAR (Pre-Authorized Remittance) program. Debits will be drawn from accounts on the 20th of each month. Whenever the 20th falls on a weekend or holiday, the debits will be drawn on the first business day following the 20th. Donations via the PAR program will be recorded on quarterly statements and year-end tax receipts along with all other giving.

### Amounts from PAR can be directed to:

- 1) The LCOS general budget
- 2) Canadian Lutheran World Relief (CLWR)
- 3) Capital Maintenance

You can give additional amounts and to other purposes via your regular donation envelopes. The minimum amount to give via this program is a total of \$50.00 per month.

You can sign up, make banking or donation amount changes, or withdraw from the program at any time. These changes will be effective the month following the submission of the change. Forms are available to process these changes. The program is administered by the Financial Secretary. Authorization forms are available in the Place of Welcome.

### Internet e-transfers & PayPal are also available!

To make a one time or recurring email transfer simply send donations to [donate@oursaviourchurch.ca](mailto:donate@oursaviourchurch.ca). Please include either your envelope number or your name and address in the email so that we can give you a proper receipt at the year's end.

# July Financials

CATEGORY	FUND	2017	2016
	General	\$23,676.00	\$26,888.30
	Initial	\$15.00	
	Loose	\$500.00	\$438.20
<b>Budgeted Giving</b>	<b>TOTAL</b>	<b>\$24,191.00</b>	<b>\$27,326.50</b>
	CLWR	\$375.00	
	Interfaith Food Bank	\$191.85	
	Refugee Mission	\$2,340.00	
	Refugee Mission-Hope	\$50.00	
	Memorial Fund	\$100.00	
	Capital Maintenance	\$20.00	
<b>Designated Giving</b>	<b>TOTAL</b>	<b>\$3,076.85</b>	<b>\$3,012.38</b>
	Cost Recovery	\$129.55	
	Youth Funds	\$65.00	
<b>Non-Receiptable / Credit</b>	<b>TOTAL</b>	<b>\$194.55</b>	<b>\$90.00</b>
	Rentals	\$50.00	
<b>Other Income</b>	<b>TOTAL</b>	<b>\$50.00</b>	<b>\$350.00</b>
<b>TOTAL</b>		<b>\$27,512.40</b>	<b>\$30,778.88</b>
Number of Sundays		5	5
Average Attendance		128	129
Pre-Authorized (PAR) giving (included in totals above):			
	# participants	21	21
	General	\$4,269.00	\$4,469.00
	Capital Maintenance	\$20.00	\$70.00
	CLWR	\$205.00	\$255.00

## Comments:

Designated >= \$1000 for 2017 includes:

Refugee Mission (\$2,340.00)

Cliff Blumhagen

Financial Secretary

# September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Upcoming in October: Oct 8th—Thanksgiving YE & Youth Event Oct 13th—The Experiment—Trampoline Oct 14th—Tween Event—Fear Factor Oct 15th—Communion Sunday Oct 15th—Pie Social Oct 15th—Animal Blessing Oct 15th—Discipleship Oct 16th—Reformation Lecture—Location TBA Oct 20th—Movie Lovers			Oct 20th—Applied Theory—Bowling Oct 21—Youth Band Oct 21—SW Conference Gathering Oct 22—Service of Healing Oct 27—Family Halloween Party Oct 28—College & Careers Oct 29—Communion Sunday Oct 29—Reformation Sunday Oct 29—Discipleship Oct 30—Reformation Event for Synod		1	2
3 Communion Sunday  10:00 am Service	4 Labour Day Office Closed	5 1:00 Games Group	6 Preschool Opens 11:00 Acadia Lunch 2:00 Meditation 7:00 Running Group 7:00 Al-anon 7:30 Choir 8:30 11 AM Praise Team	7 7:00 MACG AGM (offsite)	8 11:00 Memorial Service for Hausmann  3:30 Guiding Mission  7:00 YE Volunteer	9 6:30 Breakfast at the Seed  8:30 50 Plus Exercise Class  6:00 pm Tween/Youth Potluck
10 9:00 Worship Service 10:00 Adult Study 10:00 YE Kick-off 10:00 The Experiment Kick-off 11:00 Worship Service  Sandwich Sunday	11 1:00 Memory Plus 1:00 Prayer Group 7:00 Fireside 7:00 Al-anon	12 7:00 Today's Pilgrims	13 9:30 Experiencing God 11:00 Acadia Lunch 2:00 Meditation 7:00 Running Group 7:00 Al-anon 7:30 Choir 8:30 11 AM Praise Team	14 7:00 RATS 7:00 Volunteer Committee	15 7:00 Movie Lovers—Hotel Rwanda  7:00 Applied Theory  Retreat of Our Own	16 8:30 50 Plus Exercise Class  10:00 Youth Band  Retreat of Our Own
17 Communion Sunday Small Group Sunday  9:00 Worship Service 10:00 Adult Study 10:00 Young Explorers 10:00 The Experiment 11:00 Worship Service 6:30 Discipleship	18 1:00 Memory Plus 1:00 Prayer Group 7:00 Fireside	19 1:00 Games Group 1:30 Acadia Network 7:00 Church Board	20 9:30 Experiencing God 11:00 Acadia Lunch 2:00 Meditation 7:00 Running Group 7:00 Al-anon 7:30 Choir 8:30 11 AM Praise Team	21 International Day of Peace  10:00 Morning Glories 7:15 Flock Care	22 7:00 The Experiment Parkour	23 8:30 50 Plus Exercise Class  7:00 College & Careers
24 9:00 Worship Service 10:00 Adult Study 10:00 Young Explorers 10:00 The Experiment 11:00 Worship Service Noon Hotdog Sunday	25 1:00 Memory Plus 1:00 Prayer Group	26 7:00 Yoga	27 9:30 Experiencing God 11:00 Acadia Lunch 2:00 Meditation 7:00 Running Group 7:00 Al-anon 7:30 Choir 8:30 11 AM Praise Team 8:30 Al-anon Book Club	28	29 LGOS Retreat	30 8:30 50 Plus Exercise Class  9:30 Women's Book Study (private)  LGOS Retreat