Compline – Saturday, July 18, 2020 St. George's Anglican Church, Cadboro Bay / https://www.stgeorgecadborobay.ca

We sum up this day with a bedtime prayer to examine our conscience and offer our actions to God.

Opening

Alleluia! May God, who raised Jesus from the dead, grant us a peaceful night and a perfect end. Alleluia!

Prayer

God, you sent your Son into the world that we might live through him: May we abide in his risen life so that we may love one another as he first loved us, and know the fullness of joy. Amen

(Be still and aware)

Psalm 90 - selected verses - St. Helena Psalter

Those who dwell in the shelter of the Most High, * abide under the shadow of the Almighty.

They shall say to God, "You are my refuge and my stronghold, * my God in whom I put my trust."

For God shall deliver you from the snare of the hunter * and from the deadly pestilence.

God's pinions shall cover you,

and under God's wings you shall seek refuge; *

God's faithfulness shall be a shield and buckler.

You shall not be afraid of any terror by night, * nor of the arrow that flies by day;

Of the plague that stalks in the darkness, * nor of the sickness that lays waste at mid-day.

A thousand shall fall at your side and ten thousand at your right hand, * but it shall not come near you.

Your eyes have only to behold * to see the reward of the wicked.

Because you have made God your refuge * and the Most High your habitation,

There shall no evil happen to you, * neither shall any plague come near your dwelling.

For God will give the angels charge over you, * to keep you in all your ways.

They shall bear you in their hands, *

lest you dash your foot against a stone.

You shall tread upon the lion and adder; *

you shall trample the young lion and the serpent under your feet.

Because you are bound to me in love,

therefore will I deliver you; *

I will protect you, because you know my Name.

You will call upon me, and I will answer you; *

I am with you in trouble; I will rescue you and bring you honor.

With long life will I satisfy you * and show you my salvation.

(Be still and aware)

Poem - "Come Closer" by Anis Mojgani

Come closer.

Come into this.

You are quite the beauty.

If no one has ever told you that before,

know that right now: you are quite the beauty.

There is joy in how your mouth dances with your teeth

Your smiles are simply signs of how sacred your life actually is.

He made you and he was happy.

You make the Lord happy.

Come into this.

Come closer.

Know that something softer than us but just as holy planted the pieces of Himself into our feet that we might one day dance our way back.

Know that you are almost home.

Come just a little bit closer.

There are birds beating their wings beneath your breastplate, gentle sparrows who are aching to sing. Come aching hearts. Come soldiers of joy, doormen of truth. Know that my heart was too big for my body, so I let it go.

And most days this world has thinned me, to the point where I am just another cloud forgetting another flock of swans but believe me when I tell you that my soul has managed to squeeze itself into such narrow spaces; Place your hands beneath your heads when you sleep tonight and perhaps you will find it there making beauty, as we sleep, as we dream, as we turn over, when we turn over in ground may the ghosts that we have asked answers of do that turning, kneading us into crumbs of light and into this thing love, thing called life, come into it!

Come you wooden museums, gentle tigers, little giants!

I see teacups upside down glowing across your grins, your hearts are like my hands, some days all they do is tremble.

I am like you.

I am like you

I too at times am filled with so much fear, so much fear, but like a hallway must find the strength to walk through it.

Walk through this with me.

Through this church of blood, bone, and muscle, that is ours

There is a door knob glowing like chance before you.

Grab it, turn and pull, step through, back straight, chin up, eyes open, hearts loud.

Walk through this with me.

Walk through this with me.

Prayers

O God of peace, in our disappointments and in our triumphs, Let us rest secure in your loving arms.

In our certainty and in our confusion, Let all people rest secure in your loving arms.

PRAYERS OF INTERCESSION AND THANKSGIVING

As we await a new day,

Let all creation rest secure in your loving arms.

All shall be Amen and Alleluia. We shall rest and we shall see.

We shall see and we shall know. We shall know and we shall love.

We shall love and we shall praise. Behold our end, which is no end. Amen. (Saint Augustine)

Sources:

Prayers are from: *Daily Prayer for All Seasons* © 2014 by the Office of the General Convention of The Episcopal Church, Church Publishing Inc. .

Poem: "Come closer" by Ani Mojgani appears in film *A Strange Brand of Happy:* https://www.youtube.com/watch?v=GwRaOW2WSao