

FORGIVENESS TOOL

Jesus, I choose to forgive _____(person or group) for _____ (offence or damage caused) and how it made me feel _____.
I forgive them for this and all of the impact that it has had on my life and release _____(offender) of any obligation to make things right with me. I place all of this on You, Jesus, and put all of my hope in You to restore all things. I release _____(offender) of judgements I have made. I bless _____ (offender) with _____.