

PALM SUNDAY

APRIL 5, 2020



ONLINE STREAMING



ST. HELEN'S (WEST POINT GREY)
ANGLICAN CHURCH OF CANADA
DIOCESE OF NEW WESTMINSTER

THE REVEREND SCOTT GOULD, RECTOR



The Question of “Spiritual Communion”

Our understanding of Holy Eucharist is centred in a community physically gathered in prayer. What this means is that we do not understand the actions of a priest in consecrating the elements of communion to be somehow transmitted out virtually to bread and wine in the home. Here’s what I would suggest that you do to participate in any virtual Eucharist: that you make the responses that you would normally make in the Eucharist; that, where hymns are included in the liturgy, that you sing them and that at the administration of communion, you pray that the presence of Christ be in you, your mind and your actions. We are all hungering to be together again and hungering for the body and blood of our Lord Jesus Christ. Until that day comes, we do our best to feed on the Word, feed on prayer and feed on the ways we can be together though we are apart.

Palm Sunday - April 5, 2020

8:00 am Holy Eucharist

Book of Common Prayer, Page 67

Psalm 31:9-16, page 365 BCP

Collect and Readings, see 10:00 am Sung Eucharist

10:00 am Sung Eucharist

Book of Alternative Services, Page 185

Prelude: "Sweet Hour of Prayer"

Arthur Chen, piano

The Liturgy of the Palms

Celebrant Blessed is he who comes in the name of the Lord.
All **Hosanna in the highest.**

Words of Welcome

Celebrant Dear Friends in Christ, during Lent we have been preparing for the celebration of our Lord's paschal mystery. On this day our Lord Jesus Christ entered the holy city of Jerusalem in triumph. The people welcomed him with palms and shouts of praise, but the path before him led to self-giving, suffering, and death. Today we greet him as our King, although we know his crown is thorns and his throne a cross. We follow him this week from the glory of the palms to the glory of the resurrection by way of the dark road of suffering and death. United with him in his suffering on the cross, may we share his resurrection and new life.

Celebrant Let us pray. Assist us mercifully with your help Lord God of our salvation, that we may enter with joy into the celebration of those mighty acts whereby you give us life and immortality; through Jesus Christ our Lord.
All **Amen.**

Celebrant The Lord be with you.
All **And also with you.**

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke.
All **Glory to you, Lord Jesus Christ.**

Gospel Reading: Matthew 21:1-11

Matthew Bradsher

Celebrant The Gospel of Christ

When they had come near Jerusalem and had reached Bethphage, at the Mount of Olives, Jesus sent two disciples, saying to them, "Go into the village ahead of you, and immediate-



ly you will find a donkey tied, and a colt with her; untie them and bring them to me. If anyone says anything to you, just say this, 'The Lord needs them.' And he will send them immediately." This took place to fulfil what had been spoken through the prophet, saying, "Tell the daughter of Zion, Look, your king is coming to you, humble, and mounted on a donkey, and on a colt, the foal of a donkey." The disciples went and did as Jesus had directed them; they brought the donkey and the colt, and put their cloaks on them, and he sat on them. A very large crowd spread their cloaks on the road, and others cut branches from the trees and spread them on the road. The crowds that went ahead of him and that followed were shouting, "Hosanna to the Son of David! Blessed is the one who comes in the name of the Lord! Hosanna

in the highest heaven!" When he entered Jerusalem, the whole city was in turmoil, asking, "Who is this?" The crowds were saying, "This is the prophet Jesus from Nazareth in Galilee."

All **Praise to you, Lord Jesus Christ.**
Celebrant The Lord be with you.
All **And also with you.**

Celebrant Let us give thanks to the Lord our God.
All **It is right to give our thanks and praise.**

The Blessing of the Palms

Please hold your "palm cross" or branch in front of your webcam.

Celebrant It is right to praise you, almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. The Hebrews acclaimed Jesus as Messiah and King, with palm branches in their hands, crying, Hosanna in the highest. May we also, carrying these emblems, go forth to meet Christ and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever.

All **Amen.**

The Procession

Celebrant Let us go forth in peace.
All **In the name of Christ. Amen.**

Refrain

All glo - ry, laud, and hon - our to thee, Re - deem - er, King,

to whom the lips of chil - dren made sweet ho - san - nas ring.

1 Thou art the King of Is - rael, thou Da - vid's roy - al Son,
 2 The com - pa - ny of an - gels are prais - ing thee on high,
 3 The peo - ple of the He - brews with palms be - fore thee went;
 4 To thee be - fore thy Pas - sion they sang their hymns of praise;
 5 Thou didst ac - cept their prais - es; ac - cept the prayers we bring,

To refrain

who in the Lord's name com - est, the King and bless - ed one.
 and we with all cre - a - tion in chor - us make re - ply.
 our praise and prayer and an - thems be - fore thee we pre - sent.
 to thee now high ex - alt - ed our mel - o - dy we raise.
 who in all good de - light - est, thou good and gra - cious King.

Silence is kept.

Collect of the Day

Celebrant Let us pray.

Almighty and everliving God, in tender love for all our human race, you sent your Son our Saviour Jesus Christ to take our flesh and suffer death upon a cruel cross. May we follow the example of his great humility, and share in the glory of his resurrection; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

All **Amen.**

Children's Godly Play Story: "Faces of Easter I - VI"

Dunni Awe

Children's Hymn

All Child's Prayer

**Pray God is there, speak God is listening,
You are God's child, God's love now surrounds you.
God hears your prayer, God loves the children,
Of such is the kingdom, the kingdom of heav'n. Repeat**

The Proclamation of the Word

Reader A reading from the book of Isaiah.

Tony Hodgson

1st Reading Isaiah 50:4-9A

The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens - wakens my ear to listen as those who are taught. The Lord God has opened my ear, and I was not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord God helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord God who helps me; who will declare me guilty?

Reader The word of the Lord.

All **Thanks be to God.**

Psalm 31:9-16

Leader Have mercy on me, O Lord, for I am in trouble; *

All **my eye is consumed with sorrow,
and also my throat and my belly.**

For my life is wasted with grief,
and my years with sighing; *

my strength fails me because of affliction,

and my bones are consumed.

I have become a reproach to all my enemies and
even to my neighbours,

a dismay to those of my acquaintance; *

when they see me in the street they avoid me.

I am forgotten like a dead man, out of mind; *

I am as useless as a broken pot.

For I have heard the whispering of the crowd;
fear is all around; *

they put their heads together against me;

they plot to take my life.

But as for me, I have trusted in you, O Lord. *

I have said, "You are my God.

My times are in your hand; *

rescue me from the hand of my enemies,

and from those who persecute me.

Make your face to shine upon your servant, *

and in your loving-kindness save me."

Reader A reading from the letter of Paul to the Philippians.
2nd Reading Philippians 2:5-11

Nicholas May

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Reader The word of the Lord.
All **Thanks be to God.**



Gradual Hymn: "All Glory, Laud and Honour" refrain

Γ Refrain

All glo - ry, laud, and hon - our to thee, Re - deem - er, King,

to whom the lips of chil - dren made sweet ho - san - nas ring.

Celebrant The Lord be with you.
All **And also with you.**

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke.
All **Glory to you, Lord Jesus Christ.**

Congregation please join in the shouts of the crowd (bolded)
and stand at the words "And when they had crucified him" (on pg 9).

Gospel Reading: Matthew 27:11-54

The Rev. Scott Gould

Now Jesus stood before the governor; and the governor asked him, "Are you the King of the Jews?" Jesus said, "You say so." But when he was accused by the chief priests and elders, he did not answer. Then Pilate said to him, "Do you not hear how many accusations they make against you?" But he gave him no answer, not even to a single charge, so that the governor was greatly amazed. Now at the festival the governor was accustomed to release a prisoner for the crowd, anyone whom they wanted. At that time they had a notorious prisoner, called Jesus Barabbas. So after they had gathered, Pilate said to them, "Whom do you want me to release for you, Jesus Barabbas or Jesus who is called the Messiah?" For he realized that it was out of jealousy that they had handed him over. While he was sitting on the judgement seat, his wife sent word to him, "Have nothing to do with that innocent man, for today I have suffered a great deal because of a dream about him." Now the chief priests and the elders persuaded the crowds to ask for Barabbas and to have Jesus killed. The governor again said to them, "Which of the two do you want me to release for



Jesus carrying the cross, Albrecht Durer, 1508

you?" And they said, "**Barabbas.**" Pilate said to them, "Then what should I do with Jesus who is called the Messiah?" All of them said, "**Let him be crucified!**" Then he asked, "Why, what evil has he done?" But they shouted all the more, "**Let him be crucified!**" So when Pilate saw that he could do nothing, but rather that a riot was beginning, he took some water and washed his hands before the crowd, saying, "I am innocent of this man's blood; see to it yourselves." Then the people as a whole answered, "**His blood be on us and on our children!**" So he released Barabbas for them; and after flogging Jesus, he handed him over to be crucified. Then the soldiers of the governor took Jesus into the governor's headquarters, and they gathered the whole cohort around him. They stripped him and put a scarlet robe on him, and after twisting some thorns into a crown, they put it on his head. They put a reed in his right hand and knelt before him and mocked him, saying, "**Hail, King of the Jews!**" They spat on him, and took the reed and struck him on the head. After mocking him, they stripped him of the robe and put his own clothes on him. Then they led him away to crucify him. As they

went out, they came upon a man from Cyrene named Simon; they compelled this man to carry his cross. And when they came to a place called Golgotha (which means Place of a Skull), they offered him wine to drink, mixed with gall; but when he tasted it, he would not drink it. And when they had crucified him, they divided his clothes among themselves by casting lots; then they sat down there and kept watch over him. Over his head they put the charge against him, which read, "This is Jesus, the King of the Jews." Then two bandits were crucified with him, one on his right and one on his left. Those who passed by derided him, shaking their heads and saying, "**You who would destroy the temple and build it in three days, save yourself! If you are the Son of God, come down from the cross.**" In the same way the chief priests also, along with the scribes and elders, were mocking him, saying, "**He saved others; he cannot save himself. He is the King of Israel; let him come down from the cross now, and we will believe in him. He trusts in God; let God deliver him now, if he wants to; for he said, 'I am God's Son.'**" The bandits who were crucified with him also taunted him in the same way.



Jesus taken to Pilate, Albrecht Durer, 1508-9

From noon on, darkness came over the whole land until three in the afternoon. And about three o'clock Jesus cried with a loud voice, "Eli, Eli, lema sabachthani?" That is, "My God, my God, why have you forsaken me?" When some of the bystanders heard it, they said, **"This man is calling for Elijah."** At once one of them ran and got a sponge, filled it with sour wine, put it on a stick, and gave it to him to drink. But the others said, **"Wait, let us see whether Elijah will come to save him."** Then Jesus cried again with a loud voice and breathed his last. At that moment the curtain of the temple was torn in two, from top to bottom. The earth shook, and the rocks were split. The tombs also were opened, and many bodies of the saints who had fallen asleep were raised. After his resurrection they came out of the tombs and entered the holy city and appeared to many. Now when the centurion and those with him, who were keeping watch over Jesus, saw the earthquake and what took place, they were terrified and said, **"Truly this man was God's Son!"**

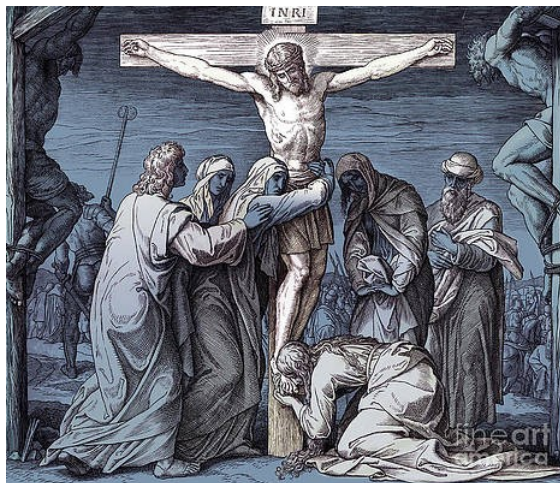
Celebrant The Gospel of Christ.
All **Praise to you, Lord Jesus Christ.**

Sermon

The Rev. Scott Gould

Silence is kept for reflection

Celebrant Let us confess the faith of our baptism, as we say,
All **I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**



Confession and Absolution

BAS 191

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept

Celebrant Most merciful God,
All **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.
All **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.
All **And also with you.**

The Celebration of the Eucharist

Offertory Hymn: "My Song is Love Unknown," vv. 1,3,6

See pg. 15, CP 184

Prayer Over the Gifts

BAS 300

Celebrant Gracious God,
All **the suffering and death of Jesus, your only Son, makes us pleasing in your sight. Alone we can do nothing, but through his sacrifice, may we receive your love and mercy. Amen**

Eucharistic Prayer 3

BAS 198

Celebrant The Lord be with you.
All **And also with you.**
Celebrant Lift up your hearts.
All **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
All **It is right to give our thanks and praise.**

Celebrant Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who for our salvation became obedient unto death. The tree of defeat became the tree of victory: where life was lost, life has been restored. Therefore with angels and archangels and all the heavenly chorus, we cry out to proclaim the glory of your name.

Sanctus
All

BAS 198

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

All **We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

All **Amen.**

The Lord's Prayer (sung)

Haas

All

**Our Father in heaven,
Hallowed be your name
Your kingdom come,
Your will be done,
On earth as in heaven.
Give us today our daily bread,
Forgive us our sins
As we forgive those who sin against us.
Save us from the time of trial,
And deliver us from evil,
For the kingdom, the power
And the glory are your,
Now and forever.**

Silence is kept.

Breaking of the Bread

BAS 213

Celebrant
All

We break this bread,
Communion in Christ's body once broken.

Celebrant
All

Let your Church be the wheat which bears its fruit in dying.
If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The Communion

BAS 213

Celebrant
All

The gifts of God for the People of God.
Thanks be to God.



Communion Hymn: "We Hold The Death of The Lord"

CP 68

Prayer after Communion

BAS 300

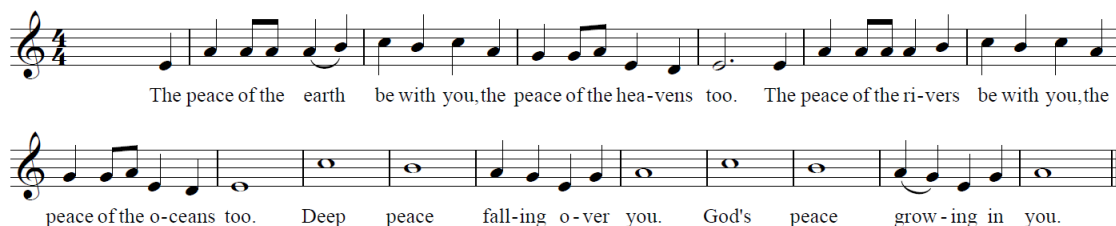
Celebrant God our help and strength,
All **you have satisfied our hunger with this eucharistic food. Strengthen our faith, that through the death and resurrection of your Son, we may be led to salvation, for he is Lord now and for ever. Amen.**

The Commissioning for Service in God's World

The Blessing

Choral Benediction "Deep Peace"

John Bell



Announcements

Dismissal

Celebrant Go in peace, to love and serve the Lord.
All **Thanks be to God.**

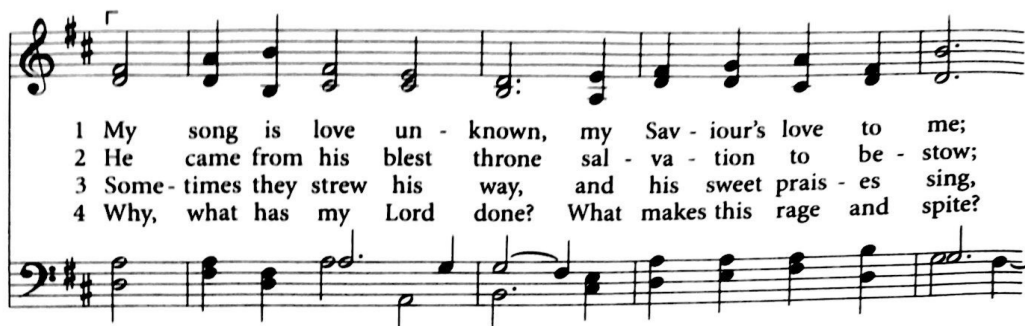
Postlude

Arthur Chen, piano

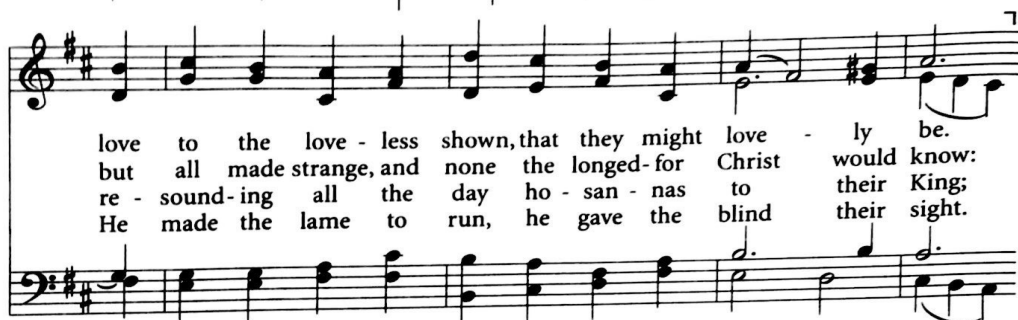
Online Coffee Hour!



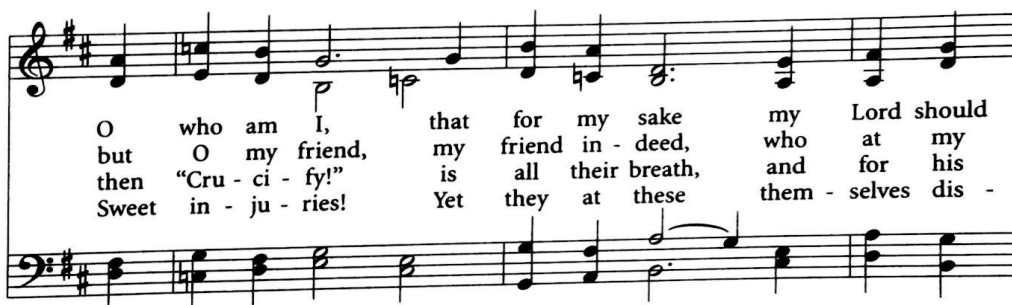
184 My Song Is Love Unknown



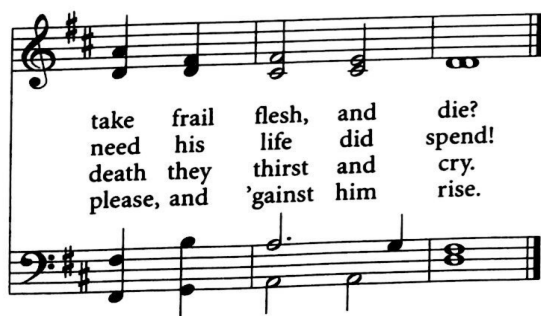
1 My song is love un - known, my Sav - iour's love to me;
 2 He came from his blest throne sal - va - tion to be - stow;
 3 Some - times they strew his way, and his sweet prais - es sing,
 4 Why, what has my Lord done? What makes this rage and spite?



love to the love - less shown, that they might love - ly be.
 but all made strange, and none the longed - for Christ would know:
 re - sound - ing all the day ho - san - nas to their King;
 He made the lame to run, he gave the blind their sight.



O who am I, that for my sake my Lord should
 but O my friend, my friend in - deed, who at my
 then "Cru - ci - fy!" is all their breath, and for his
 Sweet in - ju - ries! Yet they at these them - selves dis -



take frail flesh, and die?
 need his life did spend!
 death they thirst and cry.
 please, and 'gainst him rise.

5 They rise and needs will have
 my dear Lord made away;
 a murderer they save,
 the Prince of life they slay.
 Yet cheerful he to suffering goes,
 that he his foes from thence might free.

6 Here might I stay and sing,
 no story so divine;
 never was love, dear King,
 never was grief like thine!
 This is my friend, in whose sweet praise
 I all my days could gladly spend.

With Gratitude

We are the Anglican Diocese of New Westminster, a regional expression of the Anglican Church of Canada in the Sunshine Coast, Lower Mainland and Fraser Valley consisting of 66 parishes and 3 worshipping communities.

We acknowledge with gratitude that we meet on the unceded territories of Coast Salish First Nations.

St. Helen's Mission Statement

St. Helen's mission is to proclaim the good news of Jesus Christ to all people. We are ordinary men and women who have become extraordinary through God's love of us in Christ.

Our aim is to testify and witness to the presence and leading of God's Spirit in our midst and in the life of the community in which we live. St. Helen's seeks to be a loving, nurturing, and supporting fellowship of faith for all people. We exist to serve the building of God's Kingdom in this time and place through worship, education, fellowship and service.

St. Helen's Directory

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Worship Ministries for today

Celebrant: The Rev. Scott Gould

Preacher: The Rev. Scott Gould

Music Director: Emilia Boronco

Worship Leader: Matthew Bradsher

Intercessor: Matthew Bradsher

Readers: Tony Hodgson, Nicholas May

Godly Play: Dunni Awe

Singers & Players

The Rev. Scott Gould, tenor and guitar

Emilia Boronco, piano and voice

Carleigh Ross, soprano

Liz Hodgson, alto

Arthur Chen, tenor and piano

Rafael Laurindo, bass



Hearing Assistance
available.

Please see usher.



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