



### **Part Four: Think Bigger**

So if you've identified your excuses and negative thinking and taken every thought captive, what do you do next? You replace the negative with something far better. And far bigger. The Apostle Paul shows you exactly what to do to change your future.

**Scripture: Philippians 4:8-9,13NIV**

**Bottom Line:** Fixing your mind on Christ fixes your mind.

### **Discussion Questions**

1. Most of us have heard the expression 'small minded people'. What makes a person small minded in your view?
2. "Big people refuse to dwell on small things." Does your life ever get tripped up on small slights, issues, and problems that, in the end, never amount to much?
3. Read Philippians 4:8-9,13. Paul outlines some big thoughts he encourages every Christian to think about. How would your life be different if you spent much of your time thinking about what Paul urges you to think about?
4. According to the passage in Philippians, God's presence becomes more real when you change what you think about. Why do you think God links what you think about to a greater sense of his presence? Have you seen that happen in your life?
5. How would your life be different if you thought bigger, purer thoughts, and refused to dwell on small things?

### **Moving Forward**

Take some time to put this whole series together. What will it mean for your future if you take every thought captive, identify the source, stopped making excuses, and instead played back bigger, better, purer thoughts?

How will you accomplish this?

### **Changing Your Mind**

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Philippians 4: 8