**Sermon Notes for July 12, 2020**

**Westview Baptist Church**

**Resilience**

Resilience -- the ability to grow from adverse events and find meaning in them.

**The context of faith**

*Recall the former days when, after you were enlightened, you endured a hard struggle with sufferings, sometimes being publicly exposed to reproach and affliction, and sometimes being partners with those so treated. For you had compassion on those in prison, and you joyfully accepted the plundering of your property, since you knew that you yourselves had a better possession and an abiding one. Therefore do not throw away your confidence, which has a great reward. For you have need of endurance, so that when you have done the will of God you may receive what is promised. For, “Yet a little while, and the coming one will come and will not delay; but my righteous one shall live by faith, and if he shrinks back, my soul has no pleasure in him.” But we are not of those who shrink back and are destroyed, but of those who have faith and preserve their souls. (Hebrews 10:32–11:1 ESV)*

*And the LORD answered me: “Write the vision; make it plain on tablets, so he may run who reads it. For still the vision awaits its appointed time; it hastens to the end—it will not lie. If it seems slow, wait for it; it will surely come; it will not delay. Behold, his soul is puffed up; it is not upright within him, but the righteous shall live by his faith.” (Habakkuk 2:2–4 ESV)*

**The Nature of faith**

*Now faith is the assurance of things hoped for, the conviction of things not seen. (Hebrews 11:2 ESV)*

*Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. (Hebrews 12:1–3 ESV)*

**1. Saving Faith**

**2. Experimental Faith**

*Peter got out of the boat and walked on the water and came to Jesus. But when he saw the wind, he was afraid, and beginning to sink he cried out, “Lord, save me.” (Matthew 14:29–30 ESV)*

**Examples of faith**

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**1. Resilient people are committed to finishing strong.**

**2. Resilient people run inspired by a big picture view of life.**

**3. Resilient people run free of the weight of the past.**

**4. Resilient people run confidently because they have trained to go the distance**

**5. Resilient people run in the company of the happy few.**

Gordon Macdonald, *The Resilient Life*

*They who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint. (Isaiah 40:31 ESV)*