

GATHERING IN THE SPIRIT

(Please note: * indicates please rise in body or in spirit
VU refers to the red hymn book; MV is the coil bound book)

Music for Meditation

Welcome and Announcements

Invitation

**Only you O God, and you alone,
the broken heart console.**

**Only you O God, and you alone,
the wounded world make whole.**

- words: Susan Briehl; music: African American Spiritual

Opening Prayer

***Hymn Come and Journey With Me** [back of bulletin]

SHARING THE GOOD NEWS

Opening to the Word

**Listen to the word which God has spoken,
listen to the One who is close at hand,
listen to the voice which began creation,
listen even if you don't understand.**

- words and music: Iona Community

Scripture reading: Mark 8: 27-37

God's Word is Life!

All: Thanks be to God

Listen to the word ...

Reflection

Confession

Assurance

Come back to me, with all your heart.

Don't let fear keep us apart.

**Trees do bend, though straight and tall;
so must we to others' call.**

refrain:

**Long have I waited for your coming home to me
and living deeply our new life.**

The wilderness will lead you

to your heart where I will speak.

**Integrity and justice with tenderness
you shall know.**

refrain ...

**You shall sleep secure with peace;
faithfulness will be your joy**

refrain ...

words and music: Gregory Norbet, OSB

RESPONDING WITH OUR WHOLE HEARTS

Sharing the Peace of Christ

Offering our Gifts

Take, O take me as I am.

Summon out what I shall be.

Set your seal upon my heart and live in me.

MV 85 words: John Bell, Graham Maule; music: John Bell

Great Thanksgiving [see insert]

Communion Songs

**Bread of life, hope of the world, Jesus Christ our brother:
feed us now, give us life, lead us toward one another.**

- words and music: Bernadette Farrell

Bread for the journey, food for the way.

Cup of God's blessing, tomorrow, today.

-MV 202 words and music: Bruce Harding

GOING OUT TO SERVE

***Hymn VU 121 Tree of Life**

***Commissioning and Blessing**

*** Sung blessing**

**In love you summon, in love I follow,
living each day for your tomorrow.**

**Christ to release me, Christ to enfold me,
Christ to restrain me, Christ to uphold me.**

- words and music: John Bell

Come and Journey With Me

**Come to the song, come to the dance.
Bring all you are, bring all you be.
Come with your voice, come with your heart.
Come and journey with me.
Come and journey with me.**

**Come let the sun fill up your eyes.
Take the time to look around,
and love, just love, and walk with each other.
Come and journey with me.
Come and journey with me.**

**Come and see, come and be.
Be all you are and all you can be,
and leave all behind and calm your mind.
Come and journey with me.
Come and journey with me.**

- words and music: David Haas

James Bay United Church

*Following in the way of Jesus
on the journey inward
and the journey outward*

**March 4, 2018
Lent 3**

*If any want to become my followers,
let them deny themselves
and take up their cross and follow me.
-Mark 8.34*

This is more gentle than it sounds.
To deny yourself
is not to punish yourself,
and not to live in denial,
to turn your back on who you are,
but the opposite.



TUNING INTO YOURSELF A three hour vocal workshop designed to facilitate and create space for each individual to re-discover their voice and their comfort within a circle of singers. We'll start with warm-ups, some basic vocal technique, and sing, sing, sing. Sunday, March 25th 1:30 - 4 pm in the downstairs hall. Sliding scale \$20-40. Contact Louise n'ha Ruby [250-732-5356](tel:250-732-5356)

Please add your name to the on-line Church Directory.

This directory is safe and private (not available to the wider web) and helps us keep the church community connected with contact information that is always current. Each individual/family creates and manages their own contact information, profile photo and preferences. You can login to access the directory from your computer or mobile device. It's easy, just click on [join](#) at the very top of the website. Problems with posting your photo? Email the photo to adamsna@shaw.ca and Nola Adams will add the photo to your profile. We're looking forward to seeing you!

Our minister, Karen Dickey, is available for conversation!

Maybe you wish to know more about James Bay United, or maybe you've been walking around with a question or an idea and it's time to engage it a little more, or perhaps you'd value getting to know Karen and her to know you, *whatever!* ... just know Karen would WELCOME the connection. To set up a time and place, speak to her in person or jot a note kdickey@shaw.ca or phone [250 384 5821](tel:250-384-5821).

Finding a home for your heart here at James Bay United Church? Some people choose to take the step of becoming a member as a way of outwardly saying YES! to what they are already experiencing inside – a spiritual awakening or re-awakening; a desire to grow in faith, in hope and in love; an eagerness to be part of helping this congregation be home for the hearts of others. If this speaks to you, please speak to Karen to talk more about the why and what and how of membership.

Scripture Reader: Judy Krzesowski

Ushers & Greeters: Paul Barker and Sylvia Scott

Communion Servers: Nola Adams, Paul Barker, Bev McLean Duncan McLean and Christine Wilson

Cup & Conversation: Cheryl Caldwell and Aleksa Harkness

Please remember in prayer: Joyce, Laurie, Julia, Lee Dennis, Asher and his parents Adam and Anna, Dallas, Judith, Kathleen and Larry Gilbert, Lorraine, Alan, Pat, Leyla, Jeanne Miller, Pam Brown, and Kara Taylor.

CHURCH OFFICE HOURS THIS WEEK

Open Tuesday, Wednesday and Friday 9 am – 12 noon

For Pastoral care emergencies please contact:

Rev. Karen Dickey at 250-592-5931.

THIS WEEK AT JAMES BAY UNITED CHURCH

Flowers in the Sanctuary are gratefully declined during the season of Lent. And then we invite a big splash for our celebration of Easter.

Tuesday, March 6 – OUTREACH 9am – 11:30

Location: Front Office Reception

Tuesday, March 6, 10-11:30am *Weird Church* book study continues. Downstairs hall. Introduction and chapter 1

Wednesday, March 7, 7-8:30 pm *Weird Church* book study continues. Downstairs hall. Introduction and chapter 1

Wednesday, March 7

James Bay Children's Chorus 4pm

Friday, March 9

James Bay United Church Thrift Shop

Open 10am – 2pm



ANNOUNCEMENTS

Thrift Shop Request: Very occasionally we find ourselves hoping for – well – donations. We're particularly looking for small pieces of gently used furniture. At the next instance of foul weather, please check out the crawl space, garage, Nana's attic, your sister's closet, or the dog's house to see if there's something that could be passed along. You'll be doing your community a great service by giving back and keeping unused furniture and other goods out of the landfill.

Open for donations Wednesday through Friday, 9 to 11:30am. Please call if you have questions.

SMILE CARDS are a fundraising programme offered by Thrifty Foods. For us, it's a way to raise money for our Tuesday morning outreach programme. You "load up" your card with however much money you want to put on it and Thrifty foods then donates 5% of that amount to JBUC. You can use the card over and over, adding more to it when the balance gets low. It's good for purchasing anything in the store (except other Smile cards). There is no cost to you or the Church and your points for Air Miles and credit cards are not affected. If you would like to know more or to get a card, please talk to Kathie Putt.

New in the James Bay United Church library this week

What Do You Buy the Children of the Terrorist Who Tried to Kill Your Wife, A Memoir by David Harris-Gershon. In 2002, Jamie Harris Gershon was seriously injured when a bomb exploded at Hebrew University in Jerusalem. She suffered burns over 30% of her body, and the two friends with whom she was sitting were killed. The first half of this book explores the physical wounds that healed and the psychic wounds that did not. The catalyst for the journey to reconciliation was the author's discovery that the man responsible for planting the bomb in the cafeteria was the only member of his Hamas cell to express remorse to his Israeli interrogators. The terrorist had a name. He is, Harris-Gershon realizes, a human being. This leads to a re-examination of the historical narrative he had been taught and to considering for the first time the Palestinian narrative as well. Ironically, he came to re-think Palestinian humanity because he was directly affected by Palestinian terror.

Guess Who's Coming for Dinner on St Patrick's Day?

Save the date, March 17, dinner at 5:30.

Registration deadline March 11.

Questions, call Marg or Doug 250 658-6206



Under the Direction of Christine Chepyha & Gordon Miller

SingYourJoy IN Concert!

Friday, March 23, 2018 - 7pm, Dave Dunnet Community Theatre (at Oak Bay High School) 2121 Cadboro Bay Road Victoria, BC - General Admission: \$20

SingYourJoy has been delighting Victoria audiences with their enthusiastic choral performances for 7 years. And we are excited to perform this year's concert on the amazing stage of the Dave Dunnet Community Theatre! Join these fabulous young adults as they share their truth, their voices and their SONGS on Friday March 23rd. (ONE SHOW ONLY)

SingYourJoy is Victoria's Young Adult Chorus under the direction of Christine Chepyha and Gordon Miller.

All tickets are \$20, and every seat is exceptional in this great performance space.

Tell your Truth / Find your Voice / Sing YOUR Song!

TICKETS are now available - get yours today!

<https://www.eventbrite.ca/e/singyourjoy-in-concert-tickets-42652127662>



Our Place Society would like to thank all of you who participated in this year's **Coldest Night of the Year walk and fundraiser.**

There were over 200 walkers and together we raised over \$43,000. Participants had so much fun, it was such a great community event. Mayor Helps kicked off the walk and it finished with a chili dinner sponsored by Whole Foods.

We hope to see you all next year and thanks again for your strong support. Much appreciated!

Great Thanksgiving

The Holy One is here!

God's Spirit is with us!

Let us open our hearts.

Let us celebrate Christ in our midst.

Let us give thanks. **Deep thanks! Soaring praise!**

We are right to praise you, faithful God!

You answer our failure with grace;

you guide our wayward steps toward home.

You are mending for the broken, belonging for the outcast,
strength for the weak, and pardon for the sinner.

You reveal your kindness in every sorrow,

your mercy even in death.

And so, with all that is seen and unseen, with all the faithful of every time and place, we join our voices to sing your praise:

Holy, holy, holy, God of power and might, heaven and earth are full, are full of you glory. Hosanna in the highest.

Blessed is the one who comes, who comes in your name. Hosanna in the highest.

Now, O God, we remember Jesus.

[silence...]

He fasted and prayed; he was tempted and tried.

He relied on you for everything.

He confounded the haughty and gave hope to the humble.

He was betrayed and deserted. He died between thieves, was buried in a borrowed grave.

And you gave him new life. He lives even now, our healer and friend.

He loved us well, loved us to the end, and loves us still.

Even on the night of betrayal, he ate supper with his friends.

As he lifted the bread to bless it, it was as though his whole life was gathered up in that loaf. He thanked you.

"My body," he said. He broke it to share with his friends. "Take this," he said, "and eat it. Let it become part of you. Every time you do this remember me."

Then he lifted the cup ... as though it was brimming with his whole life. "My life is poured out for the forgiveness of sin," he said. "I am the vine, you are the branches. Apart from me you can do nothing. Drink this all of you. Remain in my love."

We remember also and hold in the light of your love all those in need of your saving grace. God of all life, hear the prayers of our hearts

...

Holy Spirit, come! Make all things new.

Bless this bread which you have given and human hands have made.

Let it become for us the bread of life.

Bless also this cup, fruit of the vine and work of human hands.

Let it become for us the cup of salvation.

Bless us also who eat and drink, that in this sharing we may know the living Christ who is with us now, and to the end of the age.

Nourish us by these gifts to be willing servants in your world until the kingdom comes, and every creature beholds it.

We pray in the name of Jesus, who gives us these words to pray:

Our Father....