

Morning Prayer – Monday, June 1, 2020
Celtic Daily Prayer – The Northumbria Community

Opening Words (*as candle is lit*)

Blessed are those who weep, for their tears will be wiped away (Matthew 5:4)

Prayer of Awareness

Light
golden light
fresh from the source.
Colours, creation's colours,
calling our senses.
Life, life in its oneness,
life in its manifold oneness
all from You.
You are the Sun from whom the morning shines
You are the River in whom each life-form flows
each face, each race,
each cell within our ever-living soul.
This new day we greet You.

(Be still and aware)

Scripture and Meditation

Wait for God. Be strong and let your heart take courage. (Psalm 27:14)

(Be still and aware)

Where your treasure is there your heart will be also. (Matthew 6:21)

(Be still and aware)

Remember God deep in your soul with humility and reverence. (Quran – The Heights 7.205)

(Be still and aware)

Poem – “A Small Needful Fact” by Ross Gay

Is that Eric Garner worked
for some time for the Parks and Rec.
Horticultural Department, which means,
perhaps, that with his very large hands,
perhaps, in all likelihood,
he put gently into the earth
some plants which, most likely,
some of them, in all likelihood,
continue to grow, continue
to do what such plants do, like house

and feed small and necessary creatures,
like being pleasant to touch and smell,
like converting sunlight
into food, like making it easier
for us to breathe.

PRAYERS FOR OTHERS, THE WORLD, AND ONESELF

Prayer for the Life of the World

For the freshness of this new day
thanks be to you, O God.
For morning's gift of clarity
its light like the first day's dawn
thanks be to you.
In this newborn light
let us see afresh.
In this gateway onto what has never been before
let our soul breathe hope
for the earth
for the creatures
for the human family.
Let our soul breathe hope.

(Be still and aware)

Prayer of Blessing

On this day
the blessing of heaven.
On this day
the blessings of earth.
On this day
the blessings of sea and of sky.
To open us to life
to ground us in life
to fill us with life
and with wonder.
On those we love this day
and on every human family
the blessings of heaven
the blessings of earth
the blessings of sea and sky

Spiritual Exercises:

- 1) The prayers began with Matthew 5:4 "Blessed are those who weep" Reflect on times when you've wept. Reflect on being with people when they were weeping. How was God present to you in those times?
- 2) Draw, collage, paint or make art in some way that expresses your feelings at this time.

Sources

Prayers: *Praying with the Earth: A Prayerbook for Peace* by John Philip Newell. Eerdmans, 2011.

Poem: *from Split This Rock's The Quarry: A Social Justice Poetry Database.*