

Space for God Eat, and Live

PREPARATION

And this is what God has testified:

He has given us eternal life, and this life is in his Son. 1 John 5:11

CONFESSION

They stubbornly tested God in their hearts, demanding the foods they craved.

They even spoke against God himself, saying, "God can't give us food in the wilderness." Psalm 78:18-19

WORSHIP

But he commanded the skies to open; he opened the doors of heaven. He rained down manna for them to eat; he gave them bread from heaven. They ate the food of angels!

God gave them all they could hold. Psalm 78:23-25

MEDITATION & CONTEMPLATION—John 6:41-51*

Then the people began to murmur in disagreement because he had said, "I am the bread that came down from heaven." They said, "Isn't this Jesus, the son of Joseph? We know his father and mother. How can he say, 'I came down from heaven'?"

But Jesus replied, "Stop complaining about what I said. For no one can come to me unless the Father who sent me draws them to me, and at the last day I will raise them up. As it is written in the Scriptures, 'They will all be taught by God.' Everyone who listens to the Father and learns from him comes to me. (Not that anyone has ever seen the Father; only I, who was sent from God, have seen him.)

"I tell you the truth, anyone who believes has eternal life. Yes, I am the bread of life! Your ancestors ate manna in the wilderness, but they all died. Anyone who eats the bread from heaven, however, will never die. I am the living bread that came down from heaven. Anyone who eats this bread will live forever; and this bread, which I will offer so the world may live, is my flesh."

IN SOLITUDE AND/OR COMMUNITY

Read	Slowly, several times.
Reflect	What does the text say?
Respond	How does it relate to my life?
Rest	I welcome God's healing and renewal.

ANCHORING PRAYER

I listen to You LORD, and You teach me.

REVIEW OF THE HEART

What has God taught me recently?

What have I complained to God about?

WISDOM

Then the Lord said to Moses, "I have heard the Israelites' complaints. Now tell them, 'In the evening you will have meat to eat, and in the morning you will have all the bread you want. Then you will know that I am the Lord your God.'" Exodus 16:11-12

"You gave them bread from heaven when they were hungry and water from the rock when they were thirsty. You commanded them to go and take possession of the land you had sworn to give them. Nehemiah 9:15

TESTIMONY *What is God saying to me?*

INTERCESSION *Prayers for the Church, for others, and for me.*

BENEDICTION

All honor and glory to God forever and ever!

He is the eternal King, the unseen one who never dies;

he alone is God.

Amen.

1 Timothy 1:17

SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and

Speak and act from a listening heart.

Actively serve in community with others.