



**Tuesdays, 9:15-11am**

**Ladies' Bible Study**

**Tuesdays, 11:15-12:30pm**

**Food Bank**

**Wednesdays, 7-8pm**

**Prayer Meeting**

**Sat., March 9, 8-9am**

**Men's Prayer & Breakfast**

**Sat., March 23, 10-noon**

**Clothing Loft**

**Mon., March 25 Final day for Mission Trip Registration & Deposit**

**Sat., April 6, 10-11:30am**

**Women Connected**

Online Sacred Pathway Quiz:

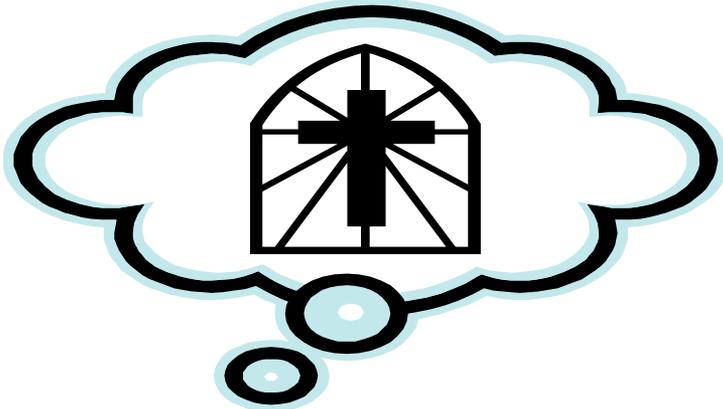
<http://northpoint.org/care/pathways/>

Explanation of Pathways and printable Quiz:

<https://irpcdn.multiscreensite.com/2988a589/files/uploaded/Sacred%20Pathways%20New%20.pdf>



Sheridan Park Family Church



## Living The Larger Christian Life: Renewing our Thoughts

**Sunday March 10, 2019**

9:00-10:00am Prayer in the Downstairs Fireside Room

10:30am Service

Speaker: Pastor Keith Piquette

*This month's elder is Daryl Bendle.*

**Welcome!**

We are so glad you are joining us this morning. We would love to greet you personally at our Welcome Table. Please pick up an information sheet about our various ministries or visit our website: [www.spfamilychurch.ca](http://www.spfamilychurch.ca).

**THE FAMILY ROOM** is available for parents of children who need a temporary space away during the service yet close enough to easily slip back in. The room is located on the drum-side overflow at the back of the upper auditorium. Please feel free to check it out.



Sermon Summary: Mar 10, 2019

**The Larger Christian Life:**  
**Renewing Our Thoughts**

- Spiritual disciplines begin with our thoughts.
- We are what we think.
  - When we think about something it becomes easier to think about it and to act on it (Galatians 6:8).
- We are what we think; therefore, we change ourselves through being aware of our thoughts and changing them.
  - Most people don't give any thought to their thinking.
  - Most people think their thoughts are private and off limits to God.
- The Bible tells us that God knows our every thought, and we need to be aware of our thoughts and change them for the better (Phil. 4:8, 2 Cor. 10:5).
- Our thoughts are affected by what we are exposed to.
  - Our minds are like tofu.
  - Our minds are definitely influenced by our fallen world around us but the Bible tells us to fight this.
    - We accomplish this by doing our best to change what we are exposed to.
- Scripture memorization is one of the best spiritual disciplines for transforming our thinking and transforming our thinking is the first step towards living a transformed life.
  - You need to practice the Scripture memorization in a way that engages you according to your own personality and likes.

**The Larger Christian Life: Renewing Our Thoughts**

1. What insight, principle, or observation from this weekend's message did you find to be most helpful, eye-opening, or troubling? Explain.
2. Do you ever think about what goes through your mind when you're waiting or driving? What things do you usually think about?
3. Read Colossian 3:1-17 and jot down anything that comes to mind.
  - a. How has this passage influenced your understanding?
  - b. How does this passage correlate to the message this week?
  - c. Look more closely at verses 2, 10, and 16. What is the theme?
4. In the message it was stated that "we become what we think." Do you agree or disagree with this statement? Why or why not?
5. It was taught that we can change our thinking by being aware of our thoughts and actively changing them. However, most people do not practice this because they do not give thought to their thinking or they feel their thoughts are private and off limits to God. Do you ever think about your thinking? If so, is it easy or hard to do?
  - a. Does what you think about matter? If so, to what degree?
  - b. Do you ever act as though your thoughts are off limits to God?
6. It is a well-known fact that our thinking is influenced by the things we are exposed to. Can you remember a time when it was very evident that your thinking was directly influenced in either a negative or positive way by your surroundings?
  - a. What are some things that influence your thinking the most?
  - b. Can you identify any choices you can make to minimize the worldly influences and to maximize the Godly influences?
7. Scripture memorization is one of the first spiritual disciplines we have discussed and is essential to renewing our minds. What is your experience with memorizing Scripture and what are your thoughts about it?

**This Week's Challenge:** This week take a few minutes to think of a creative way you could memorize Scripture that is enjoyable and engaging; then set out to memorize at least one verse, that is significant to you, using that technique.