



ST. CATHERINE'S NEWSLETTER

Summer 2016

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Message from The Rev. Keith Gilbert our Interim Priest

As the words of that lovely old hymn phrase, "...time like an ever rolling stream bears all our years away"... In July it will be 50 years since I sailed from my native Australia, on what was then, an unplanned two year odyssey. Travelling in the U K, Europe and Scandinavia, including living and working in Iceland, before emigrating to Canada in 1967, for a one year working holiday, or so I thought.

Here I am five decades later as your Interim Priest -in-Charge.

This is now the third time that the Bishop has recalled me since retiring from St. Agnes in 2011.

Previous parishes have included, St. Paul's, Vancouver, St. Anne's Steveston, St. Stephen's West Vancouver, St. James Vancouver. In retirement, I have served at St. Mary's East Vancouver, and St. Laurence Coquitlam, and now locally. For many years I have called the North Shore home and like the area very much, (now with one remaining cat) I find this to be a beautiful part of God's creation, as it allows for wonderful opportunities to be out doors. I have the use of a remote cabin up near Pemberton, which is totally off the grid, it is there that I refresh my soul on days off.

Cont...

Next Newsletter Deadline

September 15, 2016

Please send items to

Susan Kimm-Jones at
SEKJ@shaw.ca

or Heather Luccock at
hjluccock@shaw.ca

Services at St. Catherine's
Sunday, 8:00 a.m. and 10:00 a.m. Eucharist
Mid-week - Wednesday Contemplative Eucharist 10:00 a.m.

Message from The Rev. Keith Gilbert Cont..

As I am working on a half time basis, my dedicated days of work are Sunday through Wednesday, and Sharon's quarter time work makes up what is essentially, a 3/4 time appointment for the next 18 months or so as we together, with you, work towards developing a Parish Profile leading to the arrival of the next Rector.

In early June the Parish Council will be on a retreat as we begin this intentional ministry. Later it is my hope that there will be a Parish Retreat, and other meetings to help us to mutually develop a vision of who and what we wish St. Catherine's Capilano to become.

Your warm welcome of myself, and Sharon, is much appreciated.

"If seeds in the black earth can turn into such beautiful roses, what might not the heart of man become in its long journey toward the stars?"

G.K. Chesterton
quoted in "Return
to Chesterton" by
Maisie Ward

From the Assistant Interim Priest, Rev. Sharon Salomons

Thank you to all for the warm welcome you have given to Keith and myself as we enter into this community as priests among you. As you know my time at St Catherine's is a quarter-time - that is about 10 hours per week. This is why you will not see me every Sunday. My agreement with St Catherine's is that I will be here at least two Sundays each month and at least one weekday - generally a Thursday or Friday, as well as meetings on other days as required.

You may wonder where else I spend my time.... I also work in a half-time position as a Spiritual Care Practitioner for Vancouver Coastal Health in the Home Hospice Palliative Care Program for Vancouver. I work closely with community health nurses caring for patients at end of life who wish to stay in their home - at least as long as possible. Additionally I am a registered clinical counsellor and do provide some counselling at St Mary's Anglican Church in Kerrisdale and at St Margaret's Anglican Church in East Vancouver. As you can see I have enough on my plate! I have been ordained now for 14 years and served at St Philip's Dunbar as Assistant Curate, and as Rector of All Saints, Mission. In terms of my personal life, I live in Burnaby with my husband Peter and our cats. I make pottery in my spare time, go kayaking in the summer and love to eat spicy food and drink red wine!

I am pleased to be appointed here at St Catherine's and look forward to getting to know more of you and to the work that we will do together in this interim period.

The Reverend Sharon Salomons

Our Wardens

Monica Macdonald, Bishop's Warden, Tony Dodd, People's Warden
Vivian McGie, Associate Warden

The wardens are working on ensuring that St. Catherine's is transitioning into a renewed and vibrant church. We have been meeting regularly with our Interim Priests Keith and Sharon to resolve issues that have upset the balance of our parish. We are also working closely with our Treasurer, Urmilla, to ensure that parish finances are on firm fiscal ground.

Over the past few months we have attended various seminars at the Synod office relating to our positions. The 2016 Parish Council will be attending an all day retreat there on Sat., June 11. The facilitator will be reviewing information gathered from last year's cottage meetings.

The Milleraies Big Band benefit dance in April raised \$460 for Turning Point Recovery Centre. A cheque will be presented to them later this month.

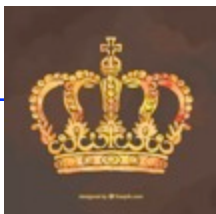
It remains our privilege to work as your wardens. With Keith's and Sharon's help and guidance we, along with your Parish Council, will work towards discerning what God's plan is for us in this place at this time.

Coffee & Conversation with a Royal Twist

The next Coffee & Conversation will be on **Tuesday, June 21** at 10:30 a.m. in the Mary Pellatt Room.

We will be celebrating the Queen's 90th birthday with tea and scones!

Everyone welcome and if you have some pieces of Royal memorabilia please bring it along



Prayer Shawl Ministry

Mary Savage

Anyone interested in the Prayer Shawl Ministry please contact Mary Savage or Phyllis Mittlestead by leaving a message at the office or in person at coffee hour.

If you wish to make a prayer shawl or a "mini prayer shawl" we have patterns available for you.

If you know of someone in distress who would benefit from receiving a prayer shawl please contact one of our clergy.



**Do You Enjoy a Cup of Coffee after Church?
If so**

VOLUNTEERS ARE NEEDED

Volunteers are urgently needed for after church coffee time.

Thanks to Daphne Lakes who is retiring after many years of service and to Peggy Trendell Jensen and her family for their years of service. Peggy is leaving St. Catherine's as she is taking on a new direction in her life. The following people are thanked for their continuing service:

Elizabeth Barratt, Alison Watt, Barbara Ashby, Lois and Duncan
MacGregor, Lynn Spence, Julia Hadrill, Ivy Howes, Gillian
Holland, Laura Cooney, Roslyn Jackson, Jill Dennison, (off till Sept),
Gaynor Stone, Penny Zuk, Donna and Gary Stewart, Marjorie and
Brian Fitzgerald, Mary Savage and Phil Severy

The coffee hosts work in teams and are usually on duty once every two months.

Please contact Kirsty Milligan if you can take on a Sunday.

kirstyamilligan@yahoo.ca



Pastoral Care – Tony Dodd

We now have Rev. Sharon Salomons attending our meetings. Since our last newsletter, we have had three memorials, and two home communions. Our usual visits at Evergreen House are on Tuesday and the last Sunday of each month taken by Bonnie Grundy. We still would like volunteers to assist Bonnie on that Sunday.

CARD MINISTRY. Please contact Heather Luccock at 604-985-6570 or email hjluccock@shaw.ca if you someone who is sick, or recovering from surgery, or needs prayer.

For hospital or home visits please contact Tony Dodd at 604-985-7057 or email ajdodd@shaw.ca
CONFIDENTIALITY is maintained between the Pastoral Care Team and parishioners involved.

PWRDF -Fort McMurray Fire Relief



Donations can be made in the following ways:

On-line

Go to <http://pwrdf.org/donate>

By Phone: For credit card donations contact: Jennifer Brown
416-924-9192 ext. 355; 1-866-308-7973
Please do not send your credit card number by email or fax.

By Mail: Please make cheques payable to **PWRDF**, and send to:

The Primate's World Relief and Development Fund

The Anglican Church of Canada
80 Hayden Street
Toronto, Ontario M4Y 3G2

Please watch for updates on PWRDF's response to the situation at www.pwrdf.org.

Syrian Refugee Family

Peggy Trendell-Jensen

Honada, Said and their children are working terrifically hard to learn English. The children are each taking themselves to school now, and are loving being involved with their new friends. Nour, the daughter, also loves her teacher at Windsor - Heather Peacock! I am helping the parents with their English in the afternoon and can see how much effort they are putting into it, even when they are tired at the end of a long day.

Unfortunately, we have had no recent news regarding Ali, the 24-year-old blind man who is currently in a Kenyan refugee camp. We continue to hold him in our prayers and hope he will arrive soon.

For Shannon Muir's interesting news updates on the comings and goings of our sponsored family, please visit <http://restrefugee.blogspot.ca>

Used Stamps for the Canadian Bible Society - Lois Macgregor

Used Canadian and International postage stamps that members of the congregation continue to save for the Canadian Bible Society are still welcomed. Proceeds from the sale of the stamps are used by the Society for their Prison Ministry.

Please leave at least a quarter inch of paper around the stamps when removing them from envelopes or packages so that the perforations will not be damaged. Your envelopes or bags of used stamps may be left in the box in the bottom drawer of the small wooden cabinet outside the church office. Your participation in this on going recycling project is appreciated. Thank you.

Outreach News

Phyllis Mittlestead

The collection of toiletries was most generous again this year and was distributed between the Outlook Homeless Shelter, the Women's Safe House, Turning Point Women's Recovery House, Youth Safe House and Harvest Project.

Also, we continue to deliver many dozens of home-made cookies to the Homeless Shelter monthly on the fourth Tuesday.

Another successful Craft & Bake sale on Mother's Day raised \$400 for "On Eagles Wings", our ministry in the far north, thanks to Bev London and her Bears.

On Eagle's Wings Mini Craft Fairs

THANK YOU!

We really appreciate your support for one of our Outreach projects...ON Eagle's Wings. On the second of three mini craft fairs, we are happy to report that \$400 was raised.

We are already working on items for the final mini craft fair to be held in November.

One of the featured items will be pine cone trees. More surprises to delight you are in the works.

The Team...Phyllis, Sandra, Nancy, Judith and Bev.

Summer Maintenance Program 2016 at St. Catherine's

John Luccock & Randy Williams

Once again, we are pleased to announce that St. Catherine's is able to hire two students to work on our maintenance projects for up to 10 weeks. This program is sponsored by the Federal Government's initiative to hire students for the summer months. The Federal Government pays minimum wage and St. Catherine's tops it up to \$12.00 an hour.

For the past eight years, with the support of the Federal Government and generous donations from our Parishioners, we have kept our buildings, both inside and out, along with our grounds, in a presentable manner. During that time, every area of the church facilities has been painted both inside and out except our East outside. We will be completing that area this summer.

We look forward to having our two students on board in the next week or two. Thank you to Parishioners and the "Federal Government Student Work Program" for making this possible.

Community Thanksgiving Dinner

Vivian McGie and Susanne Stockdill

While we're willing it to be summer, it might seem a bit soon to be thinking about Thanksgiving! But it's never too early to mark important dates in your calendar. Our annual Community Thanksgiving Dinner will be held on Sat., October 8 at 6:00 p.m.

This is a wonderful community outreach event that serves a hot homemade turkey dinner with all the trimmings to people who are less privileged and/or alone. We extend invitations to the Lookout Shelter, Harvest House, North Shore Neighbourhood House, John Braithwaite Community Centre, Open Door Society, Turning Point Recovery Centre, North Shore Mental Health Association, the Senior's Hub, the North Shore Multicultural Society, and our local First Nations community.

As we get closer to October, we will be making requests for volunteers to help with advertising, making food, providing rides, helping to serve meals, etc. Thank you for your continued support of this much anticipated event.

Messy Church - Gaynor Stone

Messy Church has continued to meet on the 4th Thursday of the month and May celebrates its 2nd birthday.

This has catered for pre-school children and their families although it is also open to families who attend St Catherine's church. The Messy Church values are about being Christ-centred, for all ages, based on creativity, hospitality and celebration. Families who perhaps feel they can't commit to worshipping on a Sunday morning are accessing the St Catherine's church family in this way.

Each month, we meet for songs, crafts, a Bible based story and dinner between 5 and 6.30pm. Numbers of attendees have declined of late but the energy and enthusiasm in each session continues. A big thank you goes to St Catherine's pre-school for Marion's preparation of the craft activity each session and for the wonderful volunteers in the kitchen. We continue to run on a donation basis to provide cover for materials.

On Wednesday June 8th we held our final session before the summer break with a hot dog BBQ. We are currently in the process of deciding how Messy Church will continue in the fall as we evaluate its development to date.

Preschool News

Marion Porter, Developmental Resource Teacher

Our Easter Services were on April 7 and 8, each followed by a lovely tea in the gym with cucumber sandwiches, strawberries, cookies and, of course, - a cup of tea. Everyone had a wonderful time listening to the children sing in the Church

Now that the nicer weather is here our classroom themes are becoming more summer-like. As we look around the neighbourhood there is a lot of construction happening. Why not bring it into the classroom and have the children engage in designing and building structures. Another theme is Sea Life and we will be going to Hawaii for a Luau. We are looking forward to the arrival of our Painted Lady Butterfly kit on May 18. A glass aquarium will be their home for about 3-4 weeks. This will be the third time we have watched caterpillars turn into butterflies. The children can watch this amazing change happen in the Tree House Room. When they are ready we take them outside into the Memorial Garden and release them into the flowers.

We will wrap up the school year with Graduation parties for the 4's and picnics at Mahon Park for everyone on the 20th and 21st of June. Our Summer Program starts July 4 and our theme this year is "Camping & Critters".

Our Rainbow and Tree House rooms are so much brighter these days, thanks to the twenty new windows which were installed during our Spring Break. There are some with screen and push open windows. It is nice to be able to open them and not spend time trying to send a bee or fly back the way they came.

Have a great summer, see you in September!

A Moment of Reflection For The Summer

"He changest the times and the seasons; He removes kings and raises up kings; He gives wisdom to the wise and knowledge to those who have understanding " Daniel 2:21

How often we take the beauty of the earth for granted, depriving ourselves of the joy and wonder and adoration of God that results from our taking a long look at the perfections of His creation. Take a moment today to see God's world anew by looking at it in a way you haven't done before.

From "Reflections" by Ric Ergenbright

Newsletter Mailing

If you would rather receive this newsletter by email or wish to be taken off our mailing list, please let us know at sekj@shaw.ca or hjluccock@shaw.ca
