

# **RESET BUTTON**



## **Part 2: Close Some Tabs**

Do you ever feel like you're living at less than your full capacity? The energy we have is limited and if we want to be at our best, we need to be willing to do what it takes to fuel ourselves physically, mentally and spiritually.

**Scripture:** Matthew 12:1-8

## **Discussion Questions**

Our Life Groups ministry takes a break through the months of July & August.