

**Simple.**

## **Ephesians 3:14-15**

**For this reason I bow my knees  
before the Father, from whom  
every family in heaven and on earth  
is named...**

## **Ephesians 3:16**

**...that according to the riches of his  
glory he may grant you to be  
strengthened with power through  
his Spirit in your inner being...**

## **Ephesians 3:17**

**...so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love...**

## **Ephesians 3:18**

**...may have strength to  
comprehend with all the saints  
what is the breadth and length and  
height and depth...**

## **Ephesians 3:19**

**...and to know the love of Christ  
that surpasses knowledge, that you  
may be filled with all the fullness of  
God.**

## **Ephesians 3:20-21**

**Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.**

**Simple.**



# Healthy followers of Jesus:

## 1. Grow

**“The irony of the gospel is  
that the only way to be  
worthy of it is to admit you’re  
completely unworthy of it.”**

**Tim Keller**

**Simple.**

**Healthy followers of Jesus:**

**2. Grow together**

**Simple.**

**Healthy followers of Jesus:**

**3. Grow together in love:**

**Love is both our style and our substance.**

**Serve the  
World**  
(Join a Team)

**Love God**  
(Worship  
Service)

**Love  
Others**  
(Life Group)

**Simple.**



## **Ephesians 4:11**

**And he gave the apostles, the prophets, the evangelists, the shepherds and teachers...**

## **Ephesians 4:12**

**...to equip the saints for the work  
of ministry, for building up the  
body of Christ...**

## **Ephesians 4:13**

**...until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ...**

## **Ephesians 4:14**

**...so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.**

## **Ephesians 4:15**

**Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ...**

## **Ephesians 4:16**

**...from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.**

**Simple.**