



FOLLOW

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## Sermon Notes

**Text: Matthew 28:16-20**

### Introduction

CO Mission – We are on mission together. Following Jesus is a team sport, not a lone ranger life.

Disciple = follower, learner, pupil, apprentice of a master; implies a training relationship, like an apprentice learning a trade.”

#### 1. Fan or Follower?

No matter how big of a fan you are you will never be invested body and soul into a team like the players themselves.

A follower is a disciple or a pupil. They are invested. They are committed to learning from their mentor. There is a strong relationship between the mentee and the mentor.

The cost of discipleship: Matthew 16:24-26.

“It is not that Christian ideal has been tried and found wanting. It has been found difficult; and left untried.” – G.K. Chesterton

Our basic identity should be as apprentices to Jesus, learning to live like him.

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#### 2. How do I Follow?

Following Jesus isn't about what you “have to do”. It is about what you “get to do”.

“Probably the least understood aspect of progress in Christ-likeness is the role of the body in the spiritual life.” – Dallas Willard

Practical Steps: Spiritual disciplines, Mentorship & Baptism

#### 3. Who are You Following?

2 Corinthians:12-14: “Therefore, since we have such a hope, we are very bold. We are not like Moses, who would put a veil over his face to prevent the Israelites from seeing the end of what was passing away. But their minds were made dull, for to this day the same veil remains when the old covenant is read. It has not been removed, because only in Christ is it taken away.”

Are you content from Moses or are you going to climb the mountain and hear from God himself?”

#### Conclusion

### Life Group Discussion

1. What are you a fan of? Favorite sports team? T.V. show? Author? Speaker?
2. Read Matthew 16:24-26. What is the cost to following Jesus?
  - What does it mean to “deny” ourselves? To pick up our “cross”?
3. Read Romans 12:1-2: What spiritual discipline is the easiest for you? What spiritual discipline is a constant challenge for you? What role do spiritual disciplines play in discipleship?

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4. Do you have anyone that you would consider a mentor? Has that relationship been valuable to you? In what ways?

5. Read Romans 6:1-14: Discuss baptism in your life group. Share personal experiences and reasons to be baptized.

6. Read 2 Corinthians 3:18: What role does God's presence play in discipleship?

7. Pray together:

a) Pray that God would transform our hearts to desire him

b) Pray that we would receive boldness from the Holy Spirit to make disciples

c) Other requests:

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