ST. HILDEGARD'S SANCTUARY



Advent Quiet Day

Take time for silence and reflection in this season of expectation.

The day will include prayer, poetry, and a variety of creative contemplative practices including making a woolen ornament or small vessel with wet-felting techniques. Facilitated by the Rev'd Melanie Calabrigo and Artist-in-Residence Sandra Vander Schaaf.

Saturday, December $8 \sim 10:00 \text{am} - 3:00 \text{pm}$

St. Faith's Anglican Church ~ 7284 Cypress St. (at W. 57th Ave.)

Tea & treats provided. Bring a bag lunch. Restaurants and stores in proximity, if needed.

Cost \$40 or as able, sliding scale.

Ticket link and more information at EVENTS at: www.sthildegards.com or email sthildegards@icloud.com or call 604-404-1574.