



Stuff Christians Do

spiritual practices that help you grow





TUESDAYS | 6:00-7:00AM or 7:00-8:00AM
JANUARY 8, 15, 22 & 29

The Lord's Supper

1 Cor. 11:23-26

Helpful Books

- **Appointment with God – JB Phillips**
- **A Holy Meal – Gordon T. Smith**
- **The Meal Jesus Gave Us – Tom Wright**

The Lord's Supper

1 Cor. 11:23-26

The Lord's Supper as a *REMINDER*





PASSOVER

Communion

Remembering His sacrifice.



At one time we too were foolish, disobedient, deceived and enslaved by all kinds of passions and pleasures. We lived in malice and envy, being hated and hating one another. But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, whom he poured out on us generously through Jesus Christ our Savior.

Titus 3:3-7

The Lord's Supper as a *REMINDER*



The Lord's Supper as NOURISHMENT



Reformers' Convictions on Communion



- 1) Nothing we do earns God's favor or forgiveness.
- 2) Grace and Forgiveness have been offered to human beings based on Jesus once-for-all sacrifice.
- 3) Jesus is not physically present in the bread

Communion as Nourishment



1) I am inadequate, needy and hungry.

Communion as Nourishment



- 1) I am inadequate, needy and hungry.
- 2) God sent Jesus to satisfy my spiritual hunger and quench my thirst.

I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.

John 6:51

I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

John 6:35

Communion as Nourishment



- 1) I am inadequate, needy and hungry.
- 2) God sent Jesus to satisfy my spiritual hunger and quench my thirst.
- 3) Through faith, I am nourished by Jesus' resurrection life each time I participate in the Lord's Supper.

Roman Catholics teach that in the Lord's Supper the bread and the wine are converted into the actual flesh of Christ. But this is the shadow of the truth; namely that in the Lord's Supper the physical life of Jesus Christ is imparted to us as well as his spiritual blessing. It would do us no good if we could actually eat the flesh of Christ; it would be profane cannibalism. But if we can receive that which lies back of His flesh, His vital strength into our being, that is all we need. And that is the real substance of the resurrection body. He is the embodiment of life and power, and by the Holy Ghost He imparts to us that life and power as we worthily receive the sacrament and discern Him in it.

A.B. Simpson

The Lord's Supper as NOURISHMENT





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