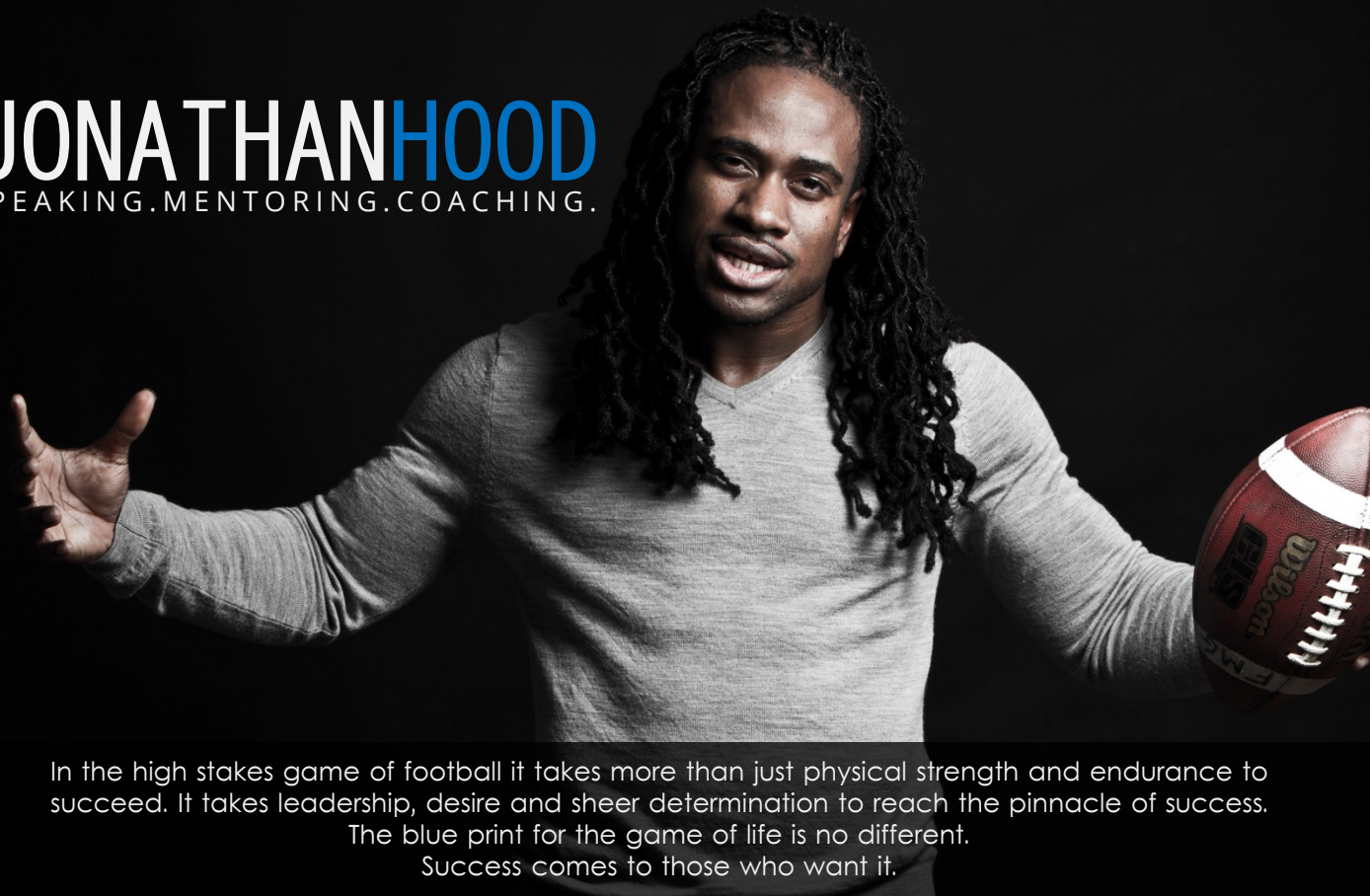


JONATHAN HOOD

SPEAKING.MENTORING.COACHING.



In the high stakes game of football it takes more than just physical strength and endurance to succeed. It takes leadership, desire and sheer determination to reach the pinnacle of success. The blue print for the game of life is no different. Success comes to those who want it.

MOTIVATIONAL CONSULTANT

As a motivational consultant, I work with youth and professionals to help them realize their true potential. I do speaking engagements, one-on-one coaching and group seminars that are engaging and interactive.

FORMER CFL PLAYER

In 2008, I was drafted to the Edmonton Eskimos, where I played for one year. I later joined the Hamilton Tiger-Cats for 3 years followed by the Toronto Argonauts for 2 years. I was a hard hitting linebacker and dominated in the Special Teams, also serving as a Captain on my team and performing at the top of the league in special team tackles.

SPORTS PSYCHOLOGY MASTERS DEGREE

I graduated from the University of Western Ontario with a Masters Degree in Sports Psychology.

SUCCESSFUL ENTREPRENEUR & PHILANTHROPIST

After graduating from the University of Western Ontario, I recognized the need for more intentional leadership for youth in many of our at-risk neighborhoods. In 2011, I launched a non-profit organization called AHEAD OF THE GAME. Through the organization, we run a mentorship program that provides youth with the guidance and support they need to dream big and reach their true potential.

CORPORATE SPEAKING

As a young entrepreneur, Jonathan operates a small business called Ahead of the Game Training where he coaches business owners and executives to shift to a higher level of influential leadership. With a unique combination of humour, wit, insight and passion, Jonathan helps professionals at all levels actualize, broaden and accelerate their corporate and personal vision. His reputation has elevated him to be considered as one of the next great motivational speakers of this generation.

SPEECH TOPICS

- The Importance of Persistence
- Unlocking the DNA of a Champion
- Realizing Your Vision for Your Life
 - Preparing to Win
- Goal Setting & Achievement

AREA OF EXPERTISE

- Corporate Leadership
- Teamwork/Group Dynamics
- Vision/Goal Setting & Action Planning



"I want to engage my audience in giant POWERsations leaving them feeling empowered, supported, resourceful and equipped to unlock the DNA of a champion inside of them."
– Jonathan Hood.

JONATHAN'S PROGRAM OFFERINGS

EXECUTIVE TEAM COACHING

Designed to bring your team's leadership to the next level, this 6-12 session training program is focused on sharpening the leadership skills of the executive team in areas such as Communication, Leading By Example, Vision, Goal Setting, Organization and Motivation.

ONE-ON-ONE COACHING

Discover the keys to becoming a better leader with 6-12 customized, one-on-one training sessions with Jonathan. See areas like Vision, Goal Setting and Motivation in a whole new light as Jonathan helps you tap into your greatness.

TRAINING & LEADERSHIP WORKSHOPS

Get your team moving and engaged with fun, interactive 1-2 hour workshops. Topics cover areas like Identity, Vision, Communication and Conflict Resolution, and include effective high-energy activities such as *8 Squares of Vision*, *Toilet Paper Mummies* & *Marshmallow Towers*.

FACULTY AND/OR STAFF LUNCH & LEARN

Invigorate your next staff or faculty lunch-and-learn with interactive 30-60 min. coaching sessions that your whole team will enjoy. Cover topics like Effective Communication in the 21st Century, Creating a Winning Culture in the Workplace, Leading the Field or Championship Principles of Teamwork.

SPEAKING ENGAGEMENTS FOR AN EVENT

Let Jonathan deliver a keynote address at your next event that will both captivate and inspire your audience or guests. Events include but are not limited to:

- Staff Appreciation/Development
- Faculty Celebrations
- Frosh Week Events
- Convocation Speech

TRANSITIONING INTO UNIVERSITY COURSE

6-8 session bi-weekly course aimed at easing the transition from high school into university for first year students. Topics include: Intro to University, Creating a Vision for Your University Career, Budgeting for Success, Taking Advantage of Free Resources (grants, scholarships & job opportunities), Learning How to Learn, Building Great Study Habits, Life After University.

Further details on all of Jonathan's offerings can be found at www.jonathanhood.ca

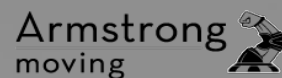


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COMPANIES:



TESTIMONIALS:

"Jonathan Hood is a tremendously inspiring and motivating force! He is passionate and committed about connecting you to your best Champion Life. His refreshing methodologies and tools produce results because he is dedicated and compassionate about helping others. When a coach has the ability to encourage their lessons to be practiced outside of the classroom, that's a job well done. When a coach has instilled their lessons without the ask to be lived on a daily basis, that's powerful. That's what Jonathan can do for you..."

- TSC Provisioning Services Technical Support Centre, Bank of Montreal (BMO)

"I have a deeper understanding of who I am, what I want and even more importantly, who I am not! I'm also learning and developing creative strategies to meet powerful people, all because of your help!"

- Satisfied Client

MEDIA APPEARANCES:



STAYCONNECTED



JONATHAN HOOD | @JHOOD41



You Tube



Jonathanhood.ca | aheadofthegame.ca | info@aheadofthegame.ca | 647.981.4263