

KNOX e-NEWS: LIFE & WORK OF THE CHURCH

For more information www.kucparksville.ca

February 23, 2020 edition

WORSHIP & ARTS MINISTRY

PANCAKE SUPPER PANCAKE SUPPER FEBRUARY 26th

Begin Lent with a combined Shrove Tuesday/Ash Wednesday pancake supper at 5 pm, followed by Service of Ashes at 6:15 pm.

SOCIAL JUSTICE & OUTREACH MINISTRY

FEBRUARY, BLACK HISTORY MONTH is a time to honour and celebrate the contributions of Black people in Canada whose history in Canada is part of the history of the United Church. In 1907 Union Congregational Church formed in Montreal when Black railway porters and their wives came together to worship with dignity. Because of legal segregation Black people could not worship as equal participants in other congregations. Nowadays many congregations in diverse parts of Canada do not reflect their Black community. Thanks to MISSION AND SERVICE a group called The Journeys of Black Peoples in the UCC was formed which strives for integration, offering help to those who come from outside the church to find a home and sanctuary within the church.

THE RAINBOW WINDSOCK will be flying on Sundays during the month of February to celebrate Knox becoming an Affirming church in 2013.

THE GREEN TEAM CHALLENGE Use recycled paper and recycle it afterwards.

FUN, FAMILY, FRIENDS & FOOD MINISTRY

BOARD GAME CAFÉ

Sunday Feb 23rd 3-5 pm

If you are looking for a community-feel, fun place with refreshments plus board games to play, you've gotta check this place out! Everyone welcome.

On Tuesday, February 25th, join us from 9:30-11:30 am for the *Good Morning Coffee Break*. \$2 for coffee, tea & delicious baked goods

From noon to 2 pm join us for lunch. \$10 includes entrée, dessert and coffee

From 3-5 pm Youth After School Drop-In \$2 snacks, refreshments, ping pong and games

The Gathering Place

Chalkboard Special \$10

Lunch MENU

**Tuesday, February 25,
2020**

Ham & Cheese Puff Pie

Green Salad

Peanut Butter Cookies

Chocolate Chip Cookies

OMG...GMO FEBRUARY ALREADY!
A HOME GROUP FOR ALL GRUMPY MEN

DATE: FEBRUARY 25

MORE INFO: grumpymenonly@gmail.com



DINNER ON THE GO Friday, Feb.28th at 4:30pm

Sign up sheets are now located on the wall giving you the opportunity to sign wherever you prefer. Hosts are required for appetizers and entree's (both hosted in your home) and/or dessert (which is hosted at the church). When you sign up please indicate your area and how many people you can accommodate in your home, if you have mobility issues (m), or food allergies (f). With all that information we hope to be able to figure out the logistics. **CHECK THE WALL AND SIGN UP TODAY! LET'S HAVE ANOTHER FUN EVENT!**

SISTERS UNITED POTLUCK LUNCH on **Monday March 2nd** features a fascinating presentation by Laurene Ebbett of the *Gardens of England, Wales & Ireland*. **Gather @ 11:30 am; lunch @ noon, presentation @ 1:00 pm. All women are welcome.**

*The Gardens
of
ENGLAND
WALES
&
IRELAND*



STEWARDSHIP & FINANCE MINISTRY

KNOX PRESENTS...THE ARROGANT WORMS SUN. MAR.15 2:30 pm

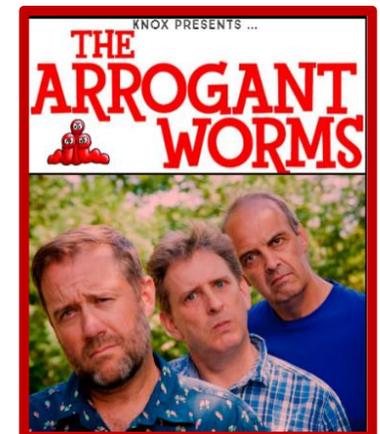
The Arrogant Worms have sold more than 160,000 copies of their 13 albums. Their most recent offering is SPACE, a collection of 16 new songs released in 2014 that bravely tackles the hard issues like Local Politicians, Yoga Pants and Uncomfortable Chairs. Their songs are in school lesson plans, in textbooks and even played on the Space Shuttle. On earth or in space, everyone digs these Worms.

Tickets \$30 available by clicking the link:

<https://www.eventbrite.ca/e/the-arrogant-worms-tickets-84646787821>

POSTER KITS

Beth Brown will be in the narthex after Sunday service to hand out the poster kits

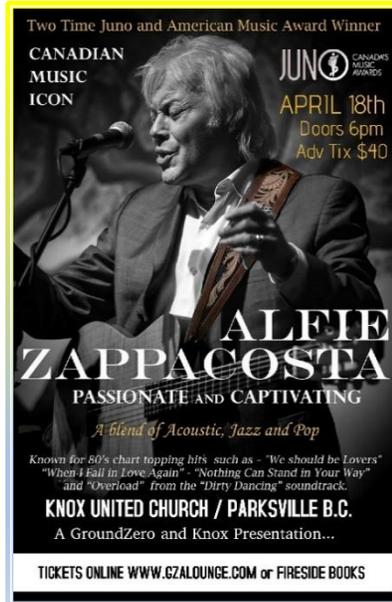


IN APRIL KNOX PRESENTS...

A GroundZero & Knox Presentation...
Two Time Juno and American Music Award Winner and Canadian Music Icon
ALFIE ZAPPACOSTA
Passionate and Captivating
A blend of acoustic, jazz and pop
SAT. APRIL 18th 7 pm Doors 6 pm
Tickets \$40/advance \$45/door
Tickets available at Fireside Books
or online at www.gzalounge.com



Listen to Alfie perform
"Adilina" by clicking on the
video to the left



THE GREATER VICTORIA POLICE CHORUS

SUN. APRIL 19th 2 – 4 pm Tickets \$20 advance | \$25 at the door
at Parksville and Qualicum Beach Mulberry Bush Bookstores,
at Close to You Ladies Fashions in Parksville and at Eventbrite.ca



ANNUAL FALL FAIR 2020 We are looking for people to do pick-ups for our 2020 Fall Fair. If you have a vehicle that is suitable for doing pick-ups of donations, we need your help. Pick-up trucks or vans are ideal. We only accept furniture that can be lifted by one person. Donations are stored at the Curling Club until the Fair. The more volunteers we have the less work per volunteer. Thanks, Margaret Warburton 250-951-0538

HEALING AND PASTORAL CARE MINISTRY

"IN THIS TOGETHER" - Knox's emotional health, peer support, group meets every **Monday, 1:30 pm – 2:30 pm**, in room 6. We extend an open invitation to anyone who wants support in a time of emotional or mental health challenge. A desire to improve is the only thing you need to participate.

HEALING MINISTRY- Give yourself the gifts of peace, healing and compassionate care...Knox's Healing Ministry is part of the national Healing Pathway program. Volunteer practitioners are trained to provide a safe, channel of loving Divine energy. "The foundation of the program lies in the long tradition of healing within the Christian faith. The aim of healing is to restore balance and harmony within the energy system and thus enable the self-healing of the individual." Call the church office at **250-248-3927** to book a healing session for one hour: Tues. morning, or afternoon, and Wed. mornings. Appointments are by donation.

THE PRAYER SHAWL GROUP The Prayer Shawl Group is up and stitching! We are meeting twice a month, **the 2nd Tuesday, 10 a.m. in the Gathering Place for coffee, visiting and stitching.** We also meeting on the 4th Tuesday, room 5 for housekeeping –yarn sorting, labelling, sharing tips etc. Thanks to our generous donors, we have lots of yarn for you to use. Please join us. Marg Conn, Ronine Sharp

MINISTRY & PERSONNEL MINISTRY

Rev. Jennifer Ferguson: Monday-Thursday, days off are Friday & Saturday. (Please note Jennifer's schedule varies with meetings etc. If you would like to meet with her for pastoral care, please call her to make an appointment at **250-927-6061**, or email minister@kucparksville.ca

Knox United Church Staff Email Addresses

Follow this link to the Knox Website: www.kucparksville.ca/pages/contact-us
Knox United Church Council 2018-19

For a list of Council Members and Team Leaders,
<https://www.kucparksville.ca/about/our-leadership--13>

SPIRITUAL FORMATION MINISTRY

BASICS OF FAITH AND BEYOND – What do you believe now? Faith is a dynamic process and what we believed as children doesn't always make sense to us as adults, so it is important for our spiritual maturation that we wrestle with our questions, doubts and new understandings and insights. On **Wednesday** afternoons from **1:30-4:00** beginning **February 5-March 25th** Jennifer will be offering a class for newcomers and anyone else interested in exploring topics such as Theology, the Nature of God, the Person of Jesus, Prayer and Spirituality, Human Suffering, the Purpose of the Church, as a way of helping us to sort out what it is, we believe now.

At the end of the 8 sessions participants can decide if they would like to be:

- 1) Baptized if they haven't already,
- 2) Decide to become members of the United Church and be confirmed if they haven't already,
- 3) Transfer their membership from another Church,
- 4) Reaffirm their faith at a worship service on **Sunday, March 29th**. If you don't want to have a public affirmation of your faith, any participants are welcome to come just to enjoy the discussions with one another.

Please register with the office if you would like to attend. It is not mandatory to attend all 8 classes. Any questions can be directed to Jennifer.

DROP-IN BIBLE STUDY - With Jennifer, Wednesdays at 10:00 am. With those gathered, we will delve into the scripture to be discussed in Worship for the upcoming week and discover how it applies to our own lives. All perspectives and insights are welcome.

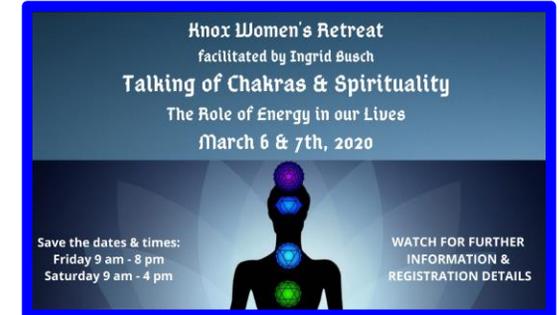
GOD TALK – A new opportunity on Sundays, after church. Grab a coffee in the lounge and make your way to the chapel to continue the conversation begun in the reflection where we will delve into the scripture, reflection and theme of the day.

KNOX WOMEN'S RETREAT MARCH 6 & 7, 2020

“Talking of Chakras and Spirituality - the Role of Energy in our Lives”

We have 20 spaces and registration forms are now available at the office. Please note you cannot register without payment to Jane by cash or cheque only. The cost is \$70 per person and includes dinner on Friday evening as well as coffee break snacks both days. You bring a bag lunch and water for both days.

Ingrid Busch will be the facilitator for this fascinating & enlightening retreat. Don't miss out - register today.



COMMUNICATIONS

CALLING ALL MINISTRY TEAMS Are you planning a Knox event and would like a poster designed, or want it up on our website? If so, please contact me with the details and I will be pleased to assist in any way that I can. If you don't tell me, I won't know. So, let's communicate! My e-mail is: marketingkuc@gmail.com Colleen Welsh - Marketing & Website Administrator

OUR KNOX FAMILY

WANTED TO RENT – Retired, quiet, responsible, active lady looking for long-term rental in Parksville for Spring 2020. One bedroom, bright, walk-in, separate entrance suite, above ground. No pets, non-smoker. Prefers unfinished and open with laundry facility. Need parking for one vehicle. Please call Brenda Riley at 250.586.4300 (Feb 2, 2020)

KNOX CALENDAR
February 23 – March 1, 2020

for the monthly calendar go to: <https://www.kucparksville.ca/events/calendar>

Sunday, February 23		
Worship Service	10:00 am – 11:00 am	Sanctuary
God Talk	11:30 am – 12:30 pm	Chapel
Board Game Café	3:00 pm – 5:00 pm	Lounge
Monday, February 24		
Line Dancing	10:00 am – 12:00 pm	Rooms 1 & 2
Green Team	10:00 am – 12:00 pm	Lounge
Centering Prayer	11:00 am – 11:45 am	Sanctuary
In This Together	1:30 pm – 2:30 pm	Room 6
Tone Chimes	4:00 pm – 5:30 pm	Sanctuary
Oceanside Consort Singers	7:00 pm – 9:00 pm	Rooms 1 & 2
Handbell Choir	7:00 pm – 8:30 pm	Sanctuary
Tues, February 25		
The Gathering Place	9:30 am, 12:00 & 3:00 pm	L/K
Healing Ministry	9:30 am – 11:30 am	Room 6
Healing Ministry	1:30 pm – 3:30 pm	Room 6
Community Choir	7:00 pm – 9:15 pm	Sanctuary
AA	7:30 pm – 8:30 pm	Rooms 1 & 2
OA	7:30 pm – 8:30 pm	Room 5
Wed, February 26		
Ash Wednesday		
Healing Ministry	9:30 am – 11:30 am	Room 6
Drop-in Bible Study	10:00 am – 12:00 pm	Chapel
Healing Ministry	1:30 pm – 4:00 pm	Room 6
Membership Class	1:30 pm – 4:00 pm	Lounge
Pancake Supper	5:00 pm – 8:00 pm	Lounge
Service of Ashes	6:15 pm	Sanctuary
Knox Choir	7:00 pm – 9:00 pm	Sanctuary
Thursday, February 27		
Book Study	10:30 am – 12:00 pm	Lounge
OA	10:30 am – 1:00 pm	Room 5
Cold Weather Shelter	12:00 – 3:30 pm	Rooms 1 & 2
Rainbows	6:00 pm – 7:30 pm	All Rooms
Friday, February 28		
Manna Sandwich Making	10:30 am – 12:00 pm	Kitchen
Dinner on the Go	4:30 pm – 10:00 pm	Multiple
Saturday, February 29		
Sunday, March 1		
Worship Service	10:00 am – 11:00 am	Sanctuary
God Talk	11:30 am – 12:30 pm	Chapel
Pacific Baroque Festival	12:00 pm – 5:00 pm	Multiple

UNITED CHURCH OF CANADA

**MODERATOR'S LENT
MESSAGE 2020**

Ash Wednesday isn't only about lament and death, it is also about celebrating life because the two are so deeply intertwined. For the 40 days of Lent, you are invited to join in celebrating life each day.

Click on the video to hear more.



KNOX COMMUNITY NEWS

SHROVE TUESDAY PANCAKE BRUNCH

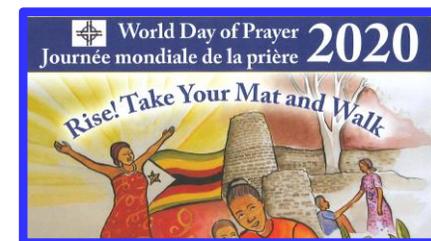
February 25th 11:30 to 1:30 pm at St. Mary's Anglican Church 2600 Powder Pt. Rd Nanoose Bay. All Welcome!

Admission by donation. For more info please call 250-468-5684 or email admin@stmarynb.ca

LENTEN FILM SERIES a 6-week **Retrospective** planned at Trinity United Church (Nanaimo Ecumenical Centre). Led by Phyllis Thompson and the Rev. Foster Freed, it will be held Tuesdays, March 3 to April 7, from 1 – 4 pm
Titles in order: *A Company of Strangers*, *The Butterfly*, *Joyeux Noël*, *Paper Clips*, *Of Gods and Men*, and *Babette's Feast*. All welcome, no charge; refreshment and discussion follow each movie.

WORLD DAY OF PRAYER

Thursday, March 5th 1:30 pm
St. Columba Presbyterian Church
921 Wembley Road
Everyone is welcome!



**WANTED: PART-TIME HOME &
COMMUNITY SUPPORT
WORKER**

- 20 hours a week, consisting of 5 afternoons
- Working with a young adult female with Cerebral Palsy who is in a wheelchair and is G-tube fed

Full job posting details on poster board outside of the Knox Office.