

## **KNOX eNews: LIFE & WORK OF THE CHURCH**

For more information [www.kucparksville.ca](http://www.kucparksville.ca)

**March 29, 2020 edition**

**CHURCH CLOSURE** -As of Thursday, March 19, 2020, Knox United Church is closed due to the concerns surrounding the COVID-19 virus and all scheduled events are cancelled until the National and Regional United Church and Province deem it to be safe for people to gather again. **WATCH THIS SPACE FOR NEWS ABOUT OUR NEW ONLINE WORSHIP** and as our Knox e-NEWS transforms into more of a community newsletter over the next weeks in this in-between time until we are safe to reconnect with one another in person.

### **WORSHIP & ARTS MINISTRY**

**VIRTUAL WORSHIP AT KNOX** - We will not be open for public worship Sunday mornings at 10:00 am until it has been deemed safe by the Province and our National and Regional churches, however, that doesn't mean we still can't worship together in our own homes every Sunday at 10:00 am in the weeks to come. Sandy will be recording Jenny playing hymns so please sing along to her music and Jennifer will be leading us in prayers and scripture and encouraging us in a reflection and blessings. You will all receive the bulletin each week to print off at home along with your E-news to follow along and participate. We aren't sure if you all click on the sermon tab and listen to the audio recording on Sunday at 10:00 am if we will crash the system or how many can access the recording at once so if you can't access the recording at 10:00 Sunday be aware that you could listen at a different time when it is convenient for you. Please trust that whenever you choose to light your candle at home and worship with us that, because God is always in the eternal NOW, we will all be connected by the Spirit in worship. For those 3 folks who are not on a computer, they will still be receiving a bulletin and E-news also from our wonderful deliverers and can worship and sing and pray at home.

Despite not being able to gather as a community, I trust we will all continue to walk safely in the beauty and wonder of God's creation. We will continue to be filled with awe, giving thanks to the glory of God. And we will all be praying for one another and the healing of the world—that is holy worship!

## **NEW - KNOX CRISIS TEAM**

A team of people has been formed under the direction of Council to help organize a communication process that will assist us in keeping connected and caring for one another throughout this time when we cannot worship or gather as a faith community. We have a Knox Crisis Coordinating Team, a Delivery Team, and a Phone Calling Team. We are currently still putting a Phone Calling Team together who will be responsible for calling 10-12 people in the congregation each week to ensure our congregation knows they are cared for, connected, and healthy.

If you would be willing to be a caller, please let Shane Conn know that you would be willing to help. Shane can be contacted by email at [msconn@shaw.ca](mailto:msconn@shaw.ca)

Members of the Knox Crisis Team are as follows:

Don Emerson  
Meg Hurd  
Jan Jamieson  
Shane Conn  
Jennifer Ferguson

### **SOCIAL JUSTICE & OUTREACH MINISTRY**

#### **APPEAL FOR HELP:**

Dear community of Knox:

Social Justice and Outreach hope that everyone is coping as well as can be expected in these trying times. Knox has always been generous, to the community, and during these times there is a great need. Donations to the Salvation Army are down and the demand for their services is up and will probably continue to rise.

The soup kitchen is still making individual meals and handing them out to people, Mondays, Tuesdays, Wednesdays and Fridays. They are keenly looking for items that can go into lunch style bags. The Thrift Shop across from the Beach Club is accepting donations for the Soup Kitchen. Such items as fruit cups, puddings, tuna snacks, etc. would be appreciated.

Other ideas to help the Salvation Army would be to donate at your grocery store or contribute your grocery points to the Salvation Army. If you are not able to go out at all, cheques could be mailed for the

Salvation Army to P.O Box 1874 Island Highway, Parksville, V.I. B.C. V9P2G5. You can specify if you want the proceeds to go to the Food Bank or the Soup Kitchen. Or you can donate online by going to <https://parksvillesalvationarmy.ca/donate/>

Another way of helping those in need is to send donations to Knox United to the Ministers' Discretionary Fund, whose funds for Grocery vouchers are also down. Also, Manna is helping as much as they can, but it is difficult to serve with the Safe Distancing rules in place and they are awaiting directives from the health care officials. However, they could also use donations to buy canned goods. Their address: Manna Homeless Society Box 389 Errington, B.C. V0R 1V0.

Thank you, everyone, for considering these ideas. --Jan Lucas for Social Justice and Outreach

**UPDATE ON MANNA COLLECTION** Dear Knox Friends, Jennifer mentioned in her service last Sunday, that we were going to have a food drive on Friday to collect cans for Manna. After much consideration of the pros and cons, we have decided to cancel it. That way, people won't have to come out unnecessarily, and risk of infection by doing extra shopping and social interaction. Instead, we are suggesting donating at your grocery store, donating your grocery points, or donating to the Salvation Army online, or sending the Salvation Army a cheque, or dropping off foodstuffs for the soup kitchen at The Salvation Army Thrift Shop across from the Beach Club, or donations could be sent to Knox for the Ministers' discretionary fund (used to buy food vouchers), or donations could be sent to Manna.

Sorry for any inconvenience this may have caused.

Wishing you good health and blessings. Jan Lucas for SJO

### **HONOURING OUR UNIQUE BLUE-JEWEL PLANET AND THE WATERS WITHIN US! WORLD WATER DAY MARCH 22, 2020**

Our planet Earth is unique in all of GOD'S creation. It is the ONLY water planet and we, her inhabitants, reflect this by having bodies that are made up of approximately 70% water! As we serve, bless and honour our global waters, so do we serve, bless and honour ourselves because our relationship with Earth is reciprocal. One has an impact on the other. So as our world's soil and water become polluted with plastics, so do our human bodies! The build-up of microplastics in oceans is reflected in the shocking levels of microplastics that are showing up in human cells and bloodstreams. There is **NO SEPARATION BETWEEN**

**US and our MOTHER!** Presently this measurable indicator within the physical body is rising to reflect the overproduction of plastics, it's overuse in the household, food preparation and serving, the over milling of polyester fabrics ...not to forget it's irresponsible

**DISPOSAL** in our lands and oceans -. Last year I noticed a change in the texture of a RED ROSE teabag that I was brewing. After emptying and drying the bag, I performed a "burn test" on it and recognized the residue as "plastic beading". (this test is one that has been used to identify fibre content in the clothing industry). So, in shock, I shared the information with the Green Team, friends, family and started to make changes in my own home. Here's how I...

\*Switched to a stainless steel 8 cup coffee percolator.

\*Use loose tea now instead of teabags.

\*Purchased a small tea ball and a silver hinged tea scoop for guests.

\*Replaced a small plastic kettle and with stainless.

\*Got rid of my two-cup plastic coffee brewer.

**FINAL THOUGHTS** - You may have cream and sugar with your hot beverages but say "NO" TO MICRO!!!! --Blessings Delaine Walsh

### **FUN, FAMILY, FRIENDS & FOOD MINISTRY**

**VIRTUAL JOY** - What a change we face in our world! I took a break for a bit and thought when I came back, I would be in full swing making plans for the Spring Fling. Well, of course, that is not happening, but I am happy to be reaching out to several people by telephone and/or email. I am a social person so I need my people fix and anyone else out there that feels the same give me a call and just maybe we can find something to laugh about. Even from my own home, I can be a Joy Maker! -- Gayle Haughn

### **STEWARDSHIP & FINANCE MINISTRY**

**ARROGANT WORMS REFUNDS** If you purchased Arrogant Worms tickets locally and are still in need of a refund, please hold onto your tickets until the church reopens. Please contact our facility coordinator Karen Freeman at [facility@kucparksville.ca](mailto:facility@kucparksville.ca) if you have any questions.

### **CANCELLED -THE GREATER VICTORIA POLICE CHORUS**

The Greater Victoria Police Chorus, scheduled to perform at Knox on Sunday, April 19<sup>th</sup>, has been cancelled. Due to concerns regarding COVID-19, they are cancelling their tour but did say that they very much enjoy playing at Knox and hope to be back here soon.

Due to the cancellation of the concert, we will not be delivering posters for the event during the week of March 29<sup>th</sup>. Many thanks to those who volunteered to help with this.

### 16th ANNUAL KNOX FALL FAIR, August 29, 2020 – UPDATE

We would like the congregation to know that we are in the process of making plans for the August 29th Fall Fair. Recruiting for team leads is taking place so you may get a phone call asking you where you can help. We will not be picking up donations for at least a month or more due to COVID-19 which requires all of us to stay in our homes whenever possible. Please read your Knox e-News advising you of any change in plans regarding the Fall Fair. If you are interested in helping please call Gerry Garnett 250-752-8916 Beth Brown 250-586-7080 Margaret Warburton 250-951-0538

## HEALING AND PASTORAL CARE MINISTRY

**HEALING MINISTRY-** The Healing ministry is **not** taking appointments until further notice. We will reassess at the beginning of April. This decision was made to protect our clients and practitioners at this uncertain time.

## MINISTRY & PERSONNEL MINISTRY

**Rev. Jennifer Ferguson: Monday-Thursday, days off are Friday & Saturday.** (Please note Jennifer's schedule varies with meetings etc. If you would like to meet with her for pastoral care via phone call or FaceTime, please call her to make an appointment at **250-927-6061** or email [minister@kucparksville.ca](mailto:minister@kucparksville.ca)

### Knox United Church Staff Email Addresses

Follow this link to the Knox Website: [www.kucparksville.ca/pages/contact-us](http://www.kucparksville.ca/pages/contact-us)

### Knox United Church Council 2018-19

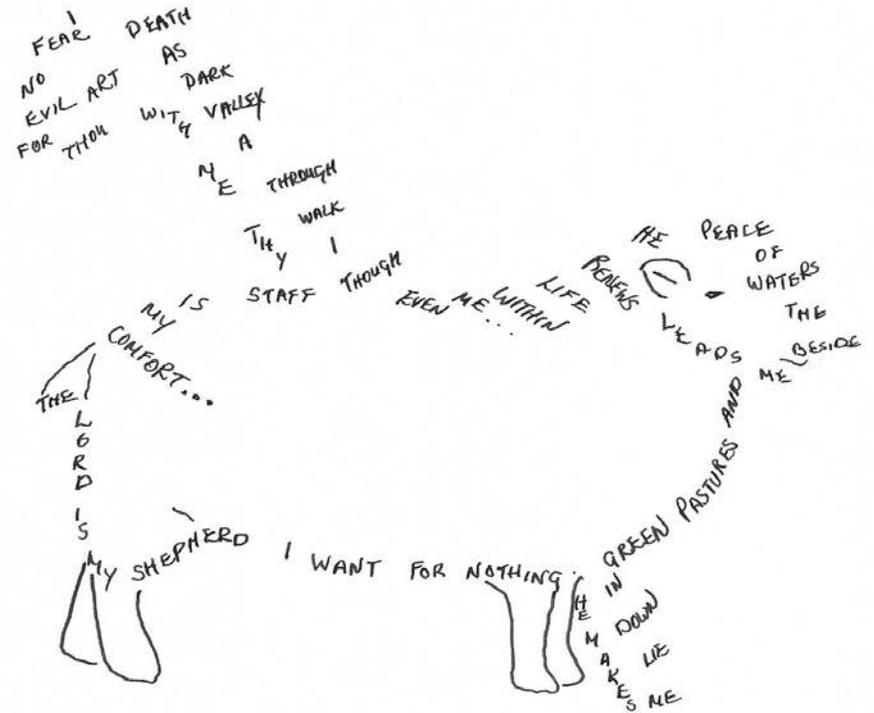
For a list of Council Members and Team Leaders, <https://www.kucparksville.ca/about/our-leadership--13>

## SPIRITUAL FORMATION MINISTRY

Have you checked out our Knox website recently? We now have a page devoted to ONLINE CHURCH! On this page is a link called ONLINE KID ZONE. For this Sunday you will read about a very special project called Heart of Hope. Please go to the site with your children

and join us in this visual reaching out... Here is the link - [On-Line Kids Zone](#)

Continue to check as we upload games and puzzles and other fun stuff.



**CONCRETE POETRY** Here is an example of concrete poetry. Enjoy!

Jan du Monde, Spiritual Formation

## COMMUNICATIONS

### UNITED CHURCH BROADVIEW MAGAZINE SUBSCRIPTIONS

It's time to order or renew your United Church Broadview subscription (June 2020 – June 2021). The cost for one year is \$25, which is the reduced group rate for churches. To help make the process easier, please indicate your wishes to Cathy today. The order will be submitted in early April. Please contact Cathy McNeil at [catbob@shaw.ca](mailto:catbob@shaw.ca) or call 250.248.1259. Checks should be made out to Knox and can be dropped off in the church mail slot while the church is closed.

We wish to extend **A BIG THANK YOU** to Cathy McNeil who has stepped in to coordinate the Broadview subscriptions. Cathy is generous with her time and talent. We wish Sharon Ainslie a strong recovery from her surgery and gratitude for her work with Broadview.

**THESE DAYS DEVOTIONAL** - During the closure of the Church, the Library is also inaccessible so some of you may be missing reading the **These Days** booklets. If you have internet please know you can subscribe and read these booklets using this link [These Days](#)

**KNOX eNews – TEAM LEADS** When sending Knox eNews items to Jane, [admin@kucparksville.ca](mailto:admin@kucparksville.ca) for the eNews, please send a copy to Colleen Welsh, [marketingkuc@gmail.com](mailto:marketingkuc@gmail.com) for the website, and Marg Conn, [communicate@kucparksville.ca](mailto:communicate@kucparksville.ca) for the Facebook page. We appreciate the advance notice. The submissions deadline is 3 pm Wednesdays.

**WEBSITE -NEW PAGE** During the present health emergency and while we are not allowed access to the church, we are making every effort to communicate with everyone and keep you informed. The latest addition to the Knox website is a tab entitled ONLINE CHURCH. When you click on this it gives you two links to choose from - one is MINISTER'S MESSAGE and the other is Day by Day. Each day we plan to have an attachment with something uplifting, funny or informative. If you would like to contribute an article for consideration, please e-mail me at [marketingkuc@gmail.com](mailto:marketingkuc@gmail.com). Thanks & stay safe!  
Colleen Welsh, Marketing for Knox United

## COUNCIL NEWS

STAY TUNED FOR FUTURE UPDATES

## OUR KNOX FAMILY

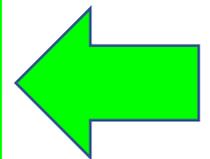
**THANK YOU** – Our grateful thanks from Cherie Caleb and myself to all the people of Knox who so faithfully prayed for our little Jonathon during his lengthy illness with brain cancer. Without everyone's prayers and kind thoughts and words, it would have been so much harder to get through. It is painful dealing with his death, but we know he is with our God and fully healed now and that makes our grieving a little more bearable. Blessings to everyone and to you Jane who gave so much warmth and love during this ordeal. –Marlene Cmikiewicz.

**FREE - HP** LaserJet print cartridge 130G Black CF 350G for HP LaserJet Pro MFP M176 MFP M177 \$90 value. Box opened (wrong cartridge) so the store would not return. Myrt Omnes 1.306.221.8211 (March 22, 2020)

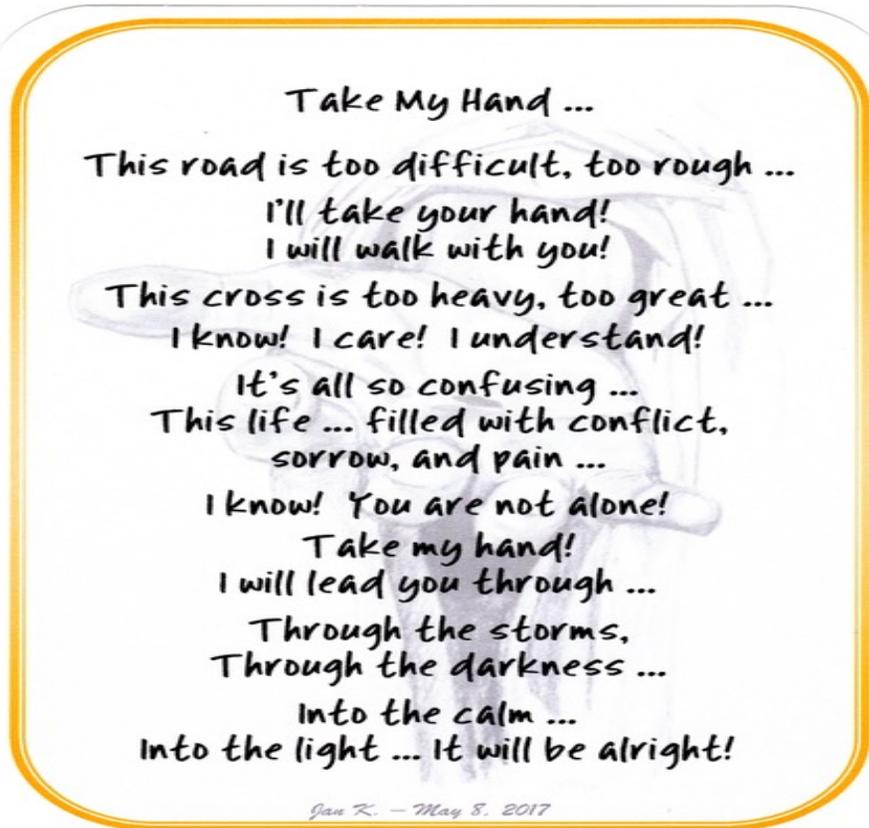
**KNOX NETWORK CALLERS: ANECDOTES** The callers are fielding a variety of questions, warm responses and lots of chuckles. Two of their comments are: MW noted that in the calling "a lot of good is coming out of something terrible". DK: "The first day I was lazy and called two people. That was so much fun that the second day I called all the rest on my list."

### INSPIRATIONAL VIDEO

Please click on the following video to enjoy Vivian Zwodeski's submission "One Pair of Hands" by Elvis Presley



**INSPIRATIONAL POETRY** The following poem was written by our very own Jan Korvemaker back in May 2017, but she says "I always come back to it when I am struggling or feeling discouraged! We may be in the middle of the storm of all storms right now, but there is always hope somehow, and what is so important and so very needed right now!"

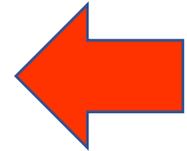


**COVID-19 THOUGHTS** "God is always at work. This is a time for prayers. Love. Kindness. COVID-19 is dangerous, and we all need to learn that it is harmful. We are not alone. We live in this world together. Send love to each other. Over text. Over email. Over the phone. Through our hearts and prayer. Let us love one another. Let's keep each other safe through isolation. Encourage each other to be loved in different ways. Let God do His work." -Jenn Warburton

**ON A LIGHTER NOTE than COVID-19...** The following video was a submission by Bruce and June McIntyre. "*The First Day of Catholic School*" by the late and great Dave Allen.



Click on the video to the left.



**GOOD FOR A LAUGH...** The following video was submitted by Jan Reinson. Her thoughts are that we all need a good laugh right now. Thanks, Jan!



Click on the video to the left

