

Church Announcements



Forest Bathing Wednesday May 8 4:00pm

Join Rob Brockley to practice prayer in a way you may never have experienced. It's called 'forest bathing', which encourages immersion in the wonder and beauty of the natural world a contemplative stroll in the woods. By doing so, a typical Gabriola forest can become a place where the veil between heaven and earth is especially thin. We'll take a quiet walk in the lovely woods behind Rob and Susan's house.



Support Seniors Workshop Thursday May 9 1:30-3:00

Join Lori Amdam, a RN from Nanaimo, as she presents a workshop on how all of us can support seniors, especially with social isolation. This informative meeting will present a Neighbourhood Tool Kit, which will show us how to organize ways to reach out as faith communities to be of service to seniors in need. This workshop is not just for people who may be able to provide some support, but also for people who may need support. "Compassionate Gabriola", an umbrella grass-roots organization, whose members have been meeting at Christ Church for a number of months, is interested in providing support for people, not necessarily for hospice or grief work, but in ways in which we can be the neighbour or friend for people (not necessarily seniors) who need someone to give them a hand for tasks that are difficult for them. We hope to see you on May 9. Refreshments will be served.