



7-Cooler Heads Prevail

1 Samuel 25

1. What insight, principle or observation from this week's message did you find to be most helpful, eye opening or troubling? Please explain.
2. Usually when we are hungry, aggravated, tired and emotional, we don't make the best decisions, often they are filled with H.A.T.E. How have you seen this true in your own life?
3. Read the story of David, Nabal and Abigail in 1 Samuel 25. Do you think David was justified in his response? Why or why not?
4. How did Abigail get David to see beyond the offense? How might this help you in your H.A.T.E. moments?
5. There was a part of David (the Saul part) that had to die before he could be the king God wanted. How is this true of you, and in what ways specifically might it be true for you?
6. David's life was on a bad trajectory, what outside of him and inside of him kept him from living it out?
7. Is there any part of your life that is on a trajectory right now, and this is your David moment, and it's time to change trajectories? Share with the group what it is and how they can help you and be an Abigail in your life.
8. Pray for each other.