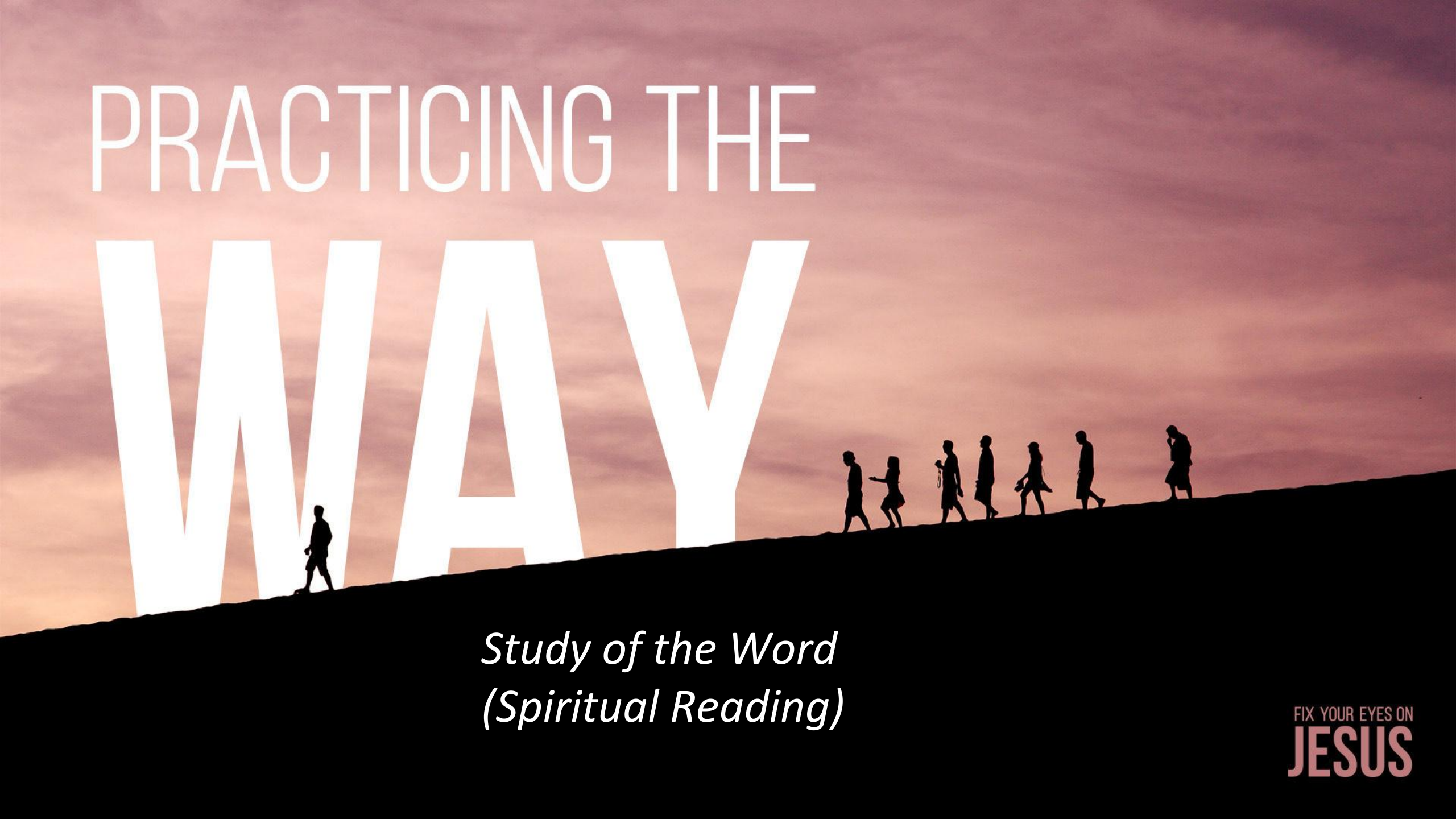


# PRACTICING THE WAY

The image features a silhouette of a group of people walking along the crest of a dark hill against a vibrant sunset sky with shades of orange, pink, and purple. Overlaid on the left side of the image is the text 'PRACTICING THE WAY' in large, white, sans-serif capital letters. The word 'WAY' is significantly larger than 'PRACTICING THE'. The silhouettes of the people are positioned along the horizon line, with one person walking towards the left and a group of about eight people walking towards the right.

*Study of the Word  
(Spiritual Reading)*

FIX YOUR EYES ON  
**JESUS**



## 2 Timothy 3:16-17

- <sup>16</sup> All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, <sup>17</sup> so that the servant of God may be thoroughly equipped for every good work. (NIV)
- <sup>16</sup> Every scripture is inspired by God and useful for teaching, for reproof, for correction, and for training in righteousness, <sup>17</sup> that the person dedicated to God may be capable and equipped for every good work. (NET)



## 2 Peter 1:20-21

- <sup>20</sup> Above all, you must understand that no prophecy of Scripture came about by the prophet's own interpretation of things.<sup>21</sup> For prophecy never had its origin in the human will, but prophets, though human, spoke from God as they were carried along by the Holy Spirit. (NIV)
- <sup>20</sup> Above all, you must realize that no prophecy in Scripture ever came from the prophet's own understanding,<sup>21</sup> or from human initiative. No, those prophets were moved by the Holy Spirit, and they spoke from God. (NLT)







# The Quiet Time

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- Information gathering (Exercise in spiritual nugget extraction)
- We exercise control (We choose what to read and why)
- We view the word as something to master to fulfill our purposes
- Sometimes we are reading to complete the assigned daily reading plan...often, as quickly as possible

# John 5:39-40

<sup>39</sup> “You search the Scriptures because you think they give you eternal life. But the Scriptures point to me! <sup>40</sup> Yet you refuse to come to me to receive this life.

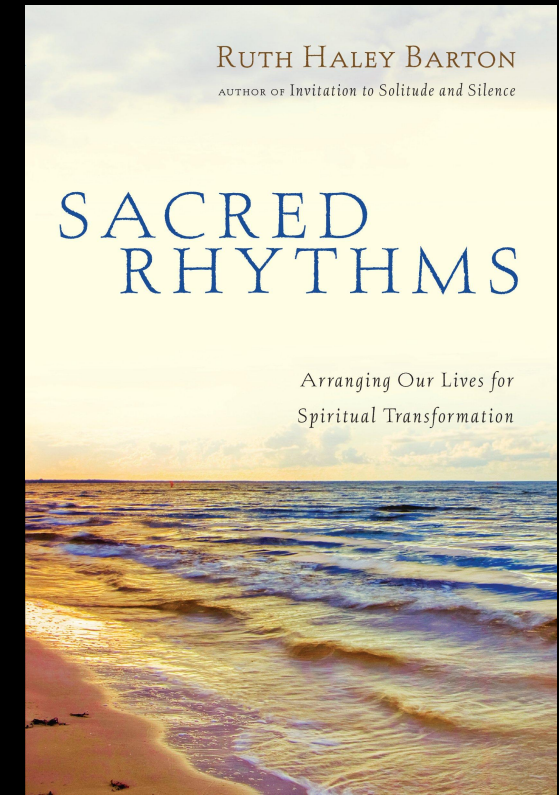
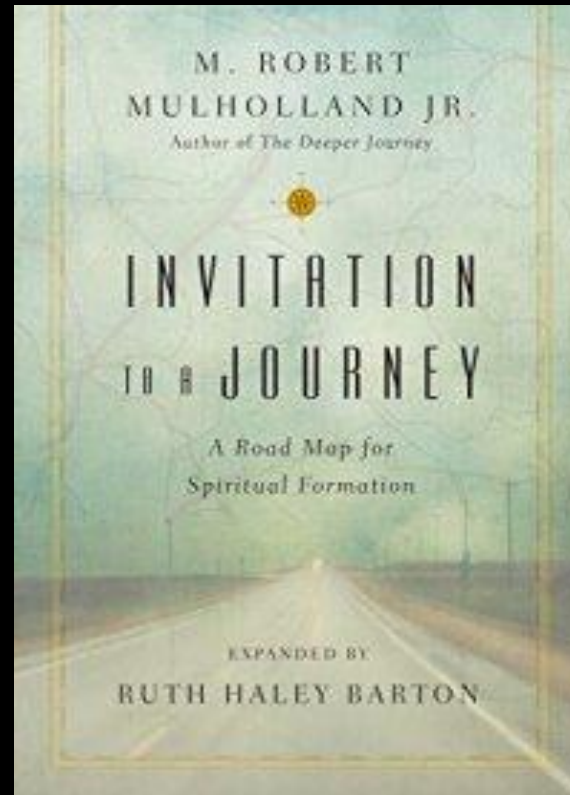
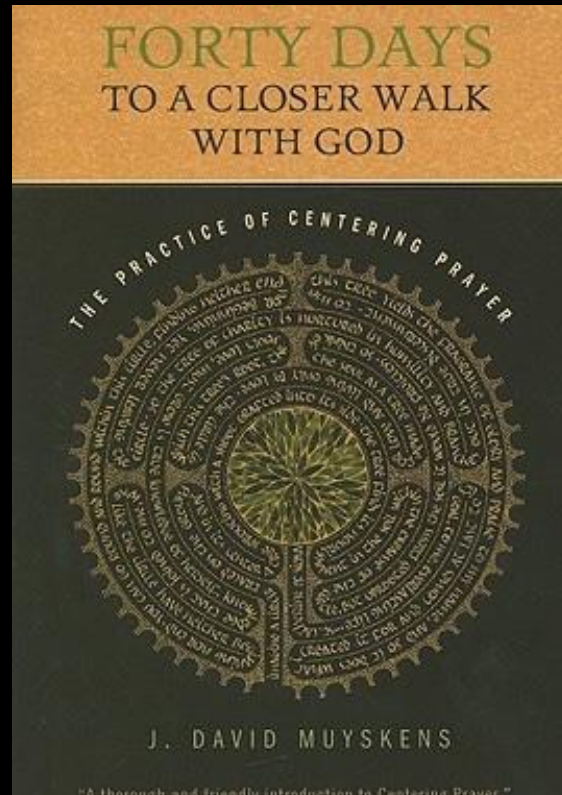




A close-up photograph of a person's hand holding an open Bible. The Bible is open to a page with dense text, likely a scriptural passage. The lighting is soft and focused on the hand and the pages. The background is blurred, showing what appears to be a wooden surface. The overall tone is contemplative and spiritual.

## The Quiet Time

- Give your consent and allow the text to have control over you.
- A time to encounter God – yielding to his “reading” of you. Read attentively, slowly, praying throughout and being aware of your inner dynamics
- Don’t approach the word with your agenda, come in with a posture of openness to God’s agenda
- Be mastered by God for the fulfillment of his purposes in us and through us



# Resources to help you Practice the Way

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An open book is shown from a top-down perspective, with the pages fanned out. The pages are a warm, yellowish-brown color, suggesting age. In the center of the book, the pages are folded to create a heart shape. The background is dark and out of focus.

# Lectio Divina (Divine or Spiritual Reading)

Jim & Lindsay Long



A photograph of a loaf of bread and a chalice of red wine on a white surface. The bread is a round, golden-brown loaf, partially broken, with some crumbs scattered on the surface. The chalice is a tall, slender glass filled with a dark red liquid. The scene is lit from the upper left, casting long, soft shadows to the right. The text "Prayer for the Lord's Supper" is overlaid in white, centered horizontally.

# Prayer for the Lord's Supper