

Discussion Guide Part 9

July 1, 2018

Finding Rest



1. Read [Ruth 3](#)

2. Undoubtedly Naomi’s plan to make Boaz aware that Ruth was available was daring, replete with risks and presumptuous to say the least. What were some of the risks involved in Ruth going to Boaz at night? _____

3. In Ruth 1:9 and in Ruth 3:1, it is interesting that within these passages that marriage is called “rest”. The Hebrew word “rest” comes from a root word meaning “security”. How does a healthy marriage provide security for both husband and wife? _____

4. The Hebrew concept of marriage as described by Ruth, i.e., “spreading your wings over your servant” is a powerful image of the role of a godly husband. What does this indicate about the longing of a godly wife? How would you rephrase that in your own words?

5. Naomi showed incredible trust in Boaz. (“ . . . he will tell you what to do;”¹ and “. . . the man will not rest but will settle the matter today.”²) If Boaz is used by the Holy Spirit to show us a type of Christ, how is your confidence in our Savior bolstered by this analogy?

6. Pastor Jim suggested that “rest” was the main point. Particularly that “rest” would be found in Ruth’s kinsman-redeemer. Ron Hubbard writes: “Ruth need expend no more effort, because (*ki*) *the man will not relax his efforts*. A man of his word, Boaz would deny himself respite until his promised obligation was done . . . Boaz would leave no loose ends; he would completely settle this affair.”³ How does this apply to the Christian in view of his or her Savior – our Kinsman-Redeemer? _____

7. Pastor Jim said, “Often times as Christians, a lack of rest is the result of hoping in the wrong things.” Are you able to pinpoint some areas where you struggle with peace and security? In those cases what might you really be hoping in? _____

¹ [The Holy Bible: English Standard Version](#). (2016). (Ru 3:4). Wheaton: Standard Bible Society.

² [The Holy Bible: English Standard Version](#). (2016). (Ru 3:18). Wheaton: Standard Bible Society.

³ Hubbard, R. L. (1988). [The Book of Ruth](#) (p. 227). Grand Rapids, MI: Wm. B. Eerdmans Publishing Co.

8. Augustine wrote in Chapter 1 of his testimony entitled “The Confessions”, these words: “Great are You, O Lord, and greatly to be praised; great is Your power, and of Your wisdom there is no end. And man, being a part of Your creation, desires to praise You — man, who bears about with him his mortality, the witness of his sin, even the witness that You resist the proud, — yet man, this part of Your creation, desires to praise You. You move us to delight in praising You; for You have made us for Yourself, and our hearts are restless until they rest in You.” What praise would you offer to God — the God whom you have come to for “rest”?
