

# **Announcements**

## **Sunday, September 30, 2018**

### **This Week...**

**Monday - Healing Pathways Ministry - 1:00 - 4:00 pm**

**Thursday - Bible Study - Chapel - 10:00 - 11:30 am**

**Thursday - Choir Practice - Sanctuary - 7:00 - 8:30 pm**

**Friday - Youth Group - Sanctuary - 7:00 - 9:00 pm**

### **Themes for Worship**

Themes for Worship sheets are available on the literature table in the foyer.

### **Bible Study**

Join us on Thursdays from 10:00 – 11:30 a.m. No biblical knowledge required. All are welcome.

### **Okotoks United Church School Lunch Program**

The School Lunch Program has made arrangements with the Okotoks Bottle Depot to have bottles donated to the program. If you are recycling your bottles and cans please consider directing funds to the Okotoks United Church School Lunch Program. Thank-you.



### **Healing Pathways Ministry**

The Healing Pathways Ministry will provide sessions on the first and third Monday of each month from 1 to 4pm. Please contact Gisela Dyck at 403-938-2506.

## Congregational Care Team

Reaching out, supporting, encouraging and compassionately caring for one another is part of being a faith community. Sometimes, regardless of age or life stage, we all need help and support to get through life's challenges. And so, we serve one another through kindness, humility, patience and gentleness - always aware of God's great love. Our Congregational Care Team invites you to reach out for our confidential spiritual and compassionate care, contact [okcongregationalcare@telus.net](mailto:okcongregationalcare@telus.net) or contact the church office at 403 938-4357.



## Food Bank Facts

Please check Okotoks Food Bank Facebook page/website on Wednesdays. Each week the most needed items are updated - check out What's Needed Wednesdays!

## It's Time to Sing!

We would love to have you come sing with us. Practices are held Thursday nights at 7:00 pm in the Sanctuary at the church. All are welcome, no matter your musical ability. We love to just have fun!



## QiGONG Tuesdays

Please join us on QiGong Tuesdays, to enhance your wellness and to experience the restorative moving meditative practice of QiGong. Starting October 2nd from 10:00 - 11:00 am in the Chapel. A practice group will meet in the Chapel for weekly sessions. Suitable for every level of fitness. Every "body" is welcome! For more information please contact Jen at [nlightnwellness@gmail.com](mailto:nlightnwellness@gmail.com).

## Kids' Ministry

Just a reminder, children under the age of 4 need a parent/adult to join them up in our Sunday School. Thank-you for your cooperation.



### Schedule for September/October

September 30 - Creation 1 Day & Night  
October 5 - Youth Group  
October 7 - Creation 2: Sky and Water  
October 14 - Creation: Land, Plants, Trees  
October 14 - Youth Group  
October 21 - Creation 4: Sun, Moon, Stars  
October 28 - Creation 5: Birds of the Air, Fish of the Sea

## Jacket Racket

Free winter clothing exchange, starting Oct. 20th  
Donations can be dropped off at :  
Sobeys  
Better Than Home Coin Laundry  
Foothills Cleaners  
Okotoks Recreation Centre  
Here at the Church

For those of you who'd like to volunteer to help out with this year's Jacket Racket sign up sheets will be posted on the bulletin board in the foyer in a few weeks.

## Upper Room

The September/October issue of the Upper Room are available on the literature table in the foyer at a cost of \$3.00 per issue.