

FBC Kelowna Weekly Home Study Guide

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We're worshipping a little differently these days. This is a guide for how you can give your attention to God in your homes.

We're asking you to gather as a family and take a deep breath as you dive deep and reflect on the strength that God gives you.

Step 1: Music.

Focus on God through music. Choose one, or a few, of the songs listed here.

Contemporary: All who are thirsty <https://www.youtube.com/watch?v=jrnvSf2dX18>

Hymn: As the Deer <https://www.youtube.com/watch?v=5rrXC5uKVb4>

Kids: God is for me

https://www.youtube.com/watch?v=ZmMFCMiT-ac&list=PL_k-IsPh7WyOb4dItMRwUEl428tn6WjFd&index=2

Step 2: Scripture

Turn to God's word to see what he's saying to you.

Read: Psalm 42

Step 3: Pray

Seek God through prayer.

Pray for our local community as well as the entire global community as we are in an extended moment of holding our breath and waiting for what is next. Pray that we are able to maintain a sense of wholeness and peace in the midst of physical isolation. Pray for the elderly who are unable to go out or are in extended care homes. Pray for the young people that they would not suffer greatly during this time. Pray for our essential workers! Pray that as we dive deeply into who God is, that the hardships we are facing don't overwhelm us.

Step 4: Benediction

Close your time together with this:

'May all who seek you rejoice and be glad in you; may those who long for your saving help always say, "The Lord is great!"

Psalms 40:16

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