

HEALING PATHWAY MINISTRY

The Healing Pathway Ministry follows the Christian tradition of Jesus in healing. Teams of trained volunteer Healing Pathway Practitioners facilitate the healing of body, mind, emotions and spirit. The quiet space of the Healing Room provides a sanctuary for those who come to experience God's love, peace and healing. The practitioners offer energy healing sessions at Knox, in homes (by request) and at Forward House



CONTACT US

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Rainbows

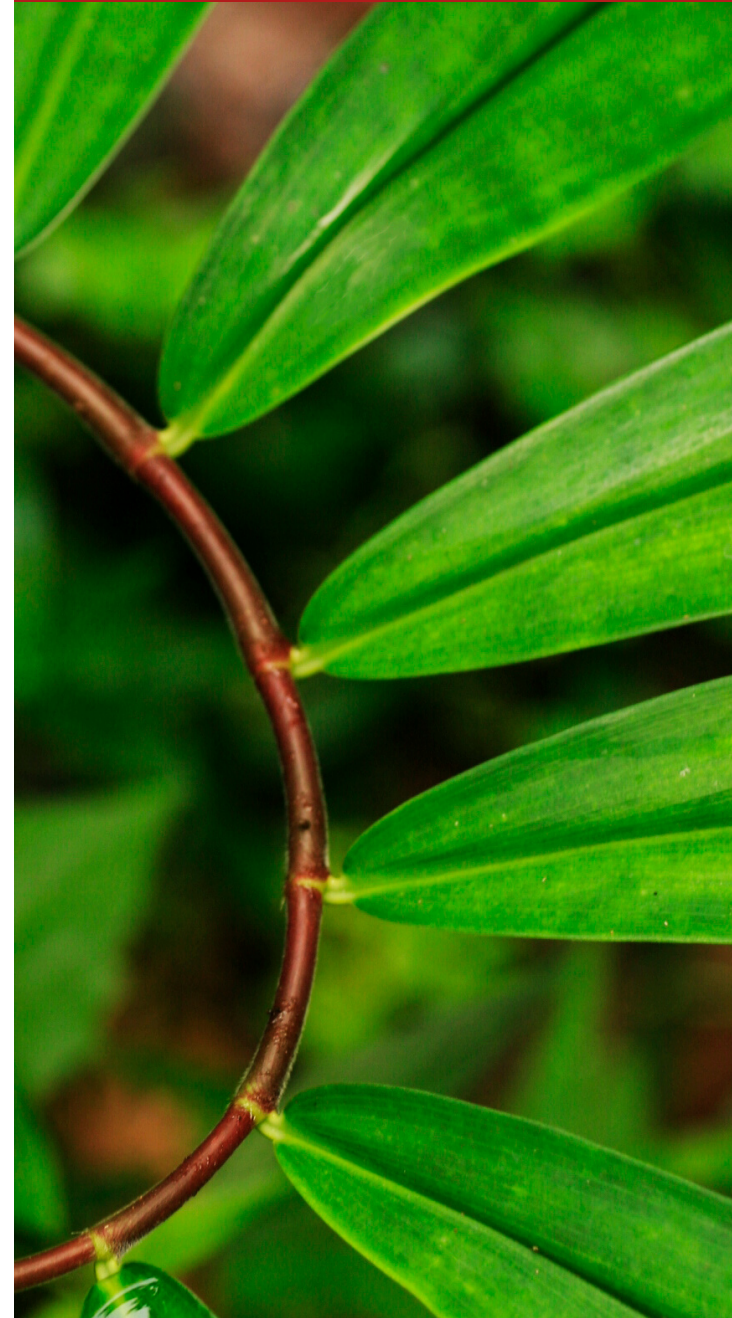
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Pastoral Visits & Grief Groups

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HEALING & PASTORAL CARE

A KNOX MINISTRY TEAM



PRAYER CHAIN

At Knox United Church volunteers pray for the healing and well-being of others. The need may be physical, mental, or emotional. If anyone desires prayers for themselves or others, they may contact our church office.

Permission must be granted by the person needing prayers; and confidentiality is assured.

COOKIES CUZ WE CARE

Cookies Cuz We Care is a day when 4000 home baked cookies are delivered to people in our congregation, and community. The visit (with a festive cookie tray in hand) may be made as a gesture of welcome, appreciation or support. It is a fun filled day where we all come together for Christmas joyfulness!

PRAYER SHAWL GROUP

This group makes prayer shawls, lap blankets, and fidget quilts for the Healing and Pastoral Care teams to distribute. They also make cold weather accessories for the homeless.

PASTORAL CARE TEAM

The Pastoral Care team at Knox helps us to connect and care for one another in the concerns and celebrations of our lives. Pastoral Care team members turn loving care into action for those experiencing loss, grief, loneliness or illness.

CONNECT HOW WE DO IT: CARE

- Phone calls and visits to those who are shut-in or in hospital
- regular visits to those in care homes
- welcome newcomers
- deliver home-cooked meals, scripture cards, prayer shawls,
- arrange pastoral contact with the minister.

IN THIS TOGETHER

In This Together is a peer-based group for anyone who would like to improve their mental health. One hour meetings include a time to be listened to and a time for conversation.

Confidentiality of those who attend is respected. Our name comes from "We are all in this together". God strengthens us as we are listened to by others with similar experiences to our own. New members are welcome. The group meets Mondays, 1:30- 2:30 p.m.

RAINBOWS

Rainbows is a facilitator led support group for children ages 5 to 18 who are experiencing a loss through separation, divorce or death. Meeting once a week in a confidential and safe environment, this program gives them the tools to move forward, providing reassurance that they are not alone in their journey. The group meets Thursday evenings, 6-7:30 p.m.

GRIEF GROUP

The Good Grief Group meets for a 6 week session to remember, reflect, support and encourage one another in the journey of grief. If you are interested in forming a group please speak to our minister.