



PERSONAL CARE KITS

SOME IMPORTANT GUIDELINES TO REMEMBER

- Be sure to shop for light- or medium-weight towels, which
 are easier for kit recipients to hand wash and air dry, take
 up less storage space and are considerably less expensive
 than the fluffier towels we may prefer to use.
- · Please give new items only.
- Please do not donate items with any religious symbols, messages or your group's name.
- Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.
- Do not add other items or leave out any of the items listed.
- All items should be new and in good condition.
- Do not enclose the kit or any of its contents in plastic bags.

INCLUDE THE FOLLOWING IN EACH PERSONAL CARE KIT

ONE light-weight bath-size towel (between 20" x 40" and 52" x 27"), dark color recommended
TWO or three bath-size bars of soap equaling 8 to 9 oz., any brand, in original wrapping
ONE adult-size toothbrush in it's original packaging*
ONE sturdy comb, remove packaging
ONE metal nail clippers (attached file optional), remove packaging

* Toothbrush multi-packs may be used by sealing an individual toothbrush in a business-size envelope; no plastic bags or wrap

HOW TO PACK YOUR KITS OF CARE

- Fold the towel in half width-wise. Place the rest of the items in the towel, fold and roll so nothing falls out, and secure with yarn, ribbon, string or rubber bands.
- Pack completed kits, like items together, in boxes.
 Label contents in LARGE, BLOCK LETTERS on the outside of the boxes.
- Use strong cartons secured with packing tape, not to exceed 40 pounds.
- Do not use plastic or paper bags to pack donations.
- Include the name and address of your group or congregation on each box and label the contents