



Life Group Questions (Micah 7)

1. Read Micah 7 together. What stands out to you from this passage? What questions come to mind? What stood out to you from Sunday's message?
2. Micah 7 is an example of lamenting. Have you ever lamented? What was that experience like? Why do you think most Christians avoid lamenting?
3. The Bible is full of examples of lamenting. Read the following 4 psalms of lament:
 - Psalm 10
 - Psalm 13
 - Psalm 22
 - Psalm 77
4. What was similar in each of these psalms? How did the lament begin? How did it end?
5. Why is it always important to remind yourself of God's character, attributes and faithfulness? Have you ever found yourself "stuck" in lament or sorrow or grief? How did you get yourself out?
6. What in the world right now is worth lamenting over? What is your own life is worth lamenting over? Have you avoided expressing grief or sorrow over certain things? What would it look like to biblically lament over these things?

Spend some time in prayer together. This may be an opportunity to lament. Cry out to God the despair and sorrow in your heart. BUT, do not stay there. Pray and thank God for his faithfulness and love and grace and mercy towards you.