

The Messenger

Lent to Easter 2019

Reverend's Reflections,

Christ is Risen! The Lord is risen, indeed! Alleluia!

And just like that, we move from the anguish of Holy Week to getting our heads and hearts around a new reality and a deeper understanding of resurrection. Easter is a celebration of our coming to know anew that Christ is risen but what does that even mean? Theologian, Walter Brueggemann writes:

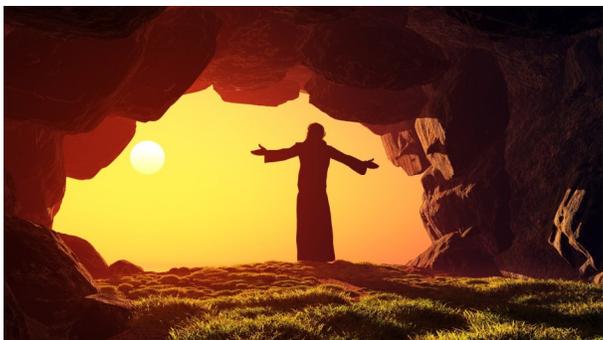
"Easter is not just an ancient oddity. Easter is a rather unsettling way in the world that continues to have socioeconomic, political and human implications. Easter is not a 'spiritual' event, but a surging of power that touches all of life. The Easter question for us is not whether you can get your mind around the resurrection, because you cannot. Rather the question is whether you can permit on the horizon new healing power in an armed, fearful world, new risk, new life, leaping dancing, singing, praising the power beyond all our controlled powers."

(The Threat of Life by Walter Brueggemann, 1996).

Each time I read this quote, I feel like adding my, "Yes!" to the choral cadence of Brueggemann's words and the deep truth they convey.

Sometimes, it is difficult for us to say what Easter means for us and for our faith lives. Attempts to articulate our heart's truth may sound trite or ring hollow, as often happens when we venture toward sacred. To speak of mystery means that we, at least in part, let go of our ability to analyze or contain that which is beyond our understanding. Being willing to at least consider the option of opening ourselves to healing power in a world shaped by fear and violence, is to side with the one created the world and called it good. To keep, day by day, looking for that goodness and expanding it is one of the ways we live into the promise of resurrection.

Christ
is
Risen!



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Reverend's Reflection, Christ is Risen continued

The surging power that reached into the tomb of death and brought forth life is also reaching into our lives and realities and helping us to see how there is possibility for something new. The colours of spring that greet us in springtime Victoria seem vividly illustrated in this E. E. Cummings poem:

I thank You God for most this amazing
day: for the leaping greenly spirits of trees
and a blue true dream of sky; and for everything
which is natural which is infinite which is yes

(i who have died am alive again today,
and this is the sun's birthday; this is the birth
day of life and love and wings and of the gay
great happening illimitably earth)

how should tasting touching hearing seeing
breathing any-lifted from the no
of all nothing-human merely being
doubt unimaginable You?

(now the ears of my ears awake and
now the eyes of my eyes are opened)

As we dance and sing, or stumble and crawl, depending on the present veracities that shape our lives this Easter season, may our ears and eyes be open to this most amazing day, the promise it represents and the mystery it celebrates. Christ is Risen! The Lord is risen, indeed!

Alleluia!



Warden's Corner

The Parish Council for 2019-2020 had its first meeting in March and meets the third Tuesday of each month. Twelve parishioners have volunteered to assist with many aspects associated with our active parish. Meetings have moved to a time that allows people to come after their work day finishes. Many from last year's council have returned but we have a couple people new to council too. The wardens are grateful for their commitment to the life of the parish.

The Shrove Tuesday Pancake supper was thoroughly enjoyed and we wanted to try something new this year that would bring us all together for another shared meal before too many months passed. It was decided to offer a Maundy Thursday supper of soup and bread prior to Maundy Thursday evening service. This simple supper parallels "The Last Supper" Jesus shared that same evening so many years ago. The significance of that meal forms our practice as Christians and we thought this would be a wonderful addition to our Holy Week. Volunteers stepped forward to offer pots of soup and fresh bread.



The Outdoor Project is moving forward now that Spring arrived. A Town Hall meeting is planned for May 5. Tours of the outdoor space will precede a "Show and Tell" of various designs for the Labyrinth and Outdoor Worship Area. This meeting will follow the 10:30 service and people are encouraged to come and bring a sack lunch. This is a parish wide project and we hope to have everyone feel a part of the decision making.

Submitted by Christine Eschman

Guild Goings On

April has already been a busy month for the Women's Guild. On April 9th, the Guild had its monthly meeting and they prepared dinner for the Men's Group [BAC] on the 15th. On April 17th, a Funeral Reception was for the family and friends of Inez Matthews. March was also busy with two funeral receptions. Thank you to the parish members who helped support these important events.

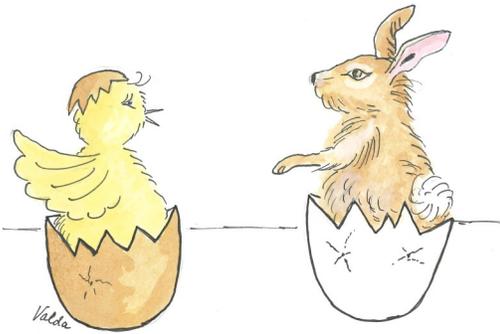
Memorial Receptions within the Parish have historically been coordinated by the Women's Guild and are considered an important ministry. Set-up, shopping, serving, clean-up, supply of refreshments and sweets are always provided. Other requested items, such as sandwiches, are ordered and costs for ordered items are handled by the family. If there is a special need, the Guild covers these costs as well. A donation to the Guild [from the family] is suggested for receptions so that this service can continue to be offered. Volunteers are needed to make sure that this valuable ministry can carry on. Help is needed with baking as well as all the physical work required to make the reception happen. Please watch for a "sign-up" sheet at the back of the Church or email me at englishres@shaw.ca if you are able to help in some way.

Spring Donation Decisions were made by the Guild at the April meeting and plans are well underway for the "Plants and More" Sale on May 11th. An application has been submitted for the next Smile Card Fund-Raising Project of new stairs and rock-walls in the parking lot; so we hope to start our new fund-raising at the beginning of May.

Please enjoy chocolates provided by the Guild on Easter Sunday as you "Dress The Graves" after the 10:30 service and thank you to the Altar Guild for the supplied small bouquets of beautiful flowers so that this can happen.

Please remember to enjoy our spring flowers that abound in our Church Grounds. They are special and one of our many gifts!

Submitted by Lenore English



Art by Valda Kitching



Art by Valda Kitching

Fall Sale Donations

Garden and plant-themed items of all kinds are needed so that we have lots to sell at our upcoming sale May 11th!

We are looking for any plant-themed or related items including tools, garden furniture, ceramic pots, gardening books, kitchen-ware decorated by plants, floral jewelry and more. Vintage items are particularly popular.

Indoor and outdoor plants can be dropped off on May 9th & 10th.

Please make sure all items are in good saleable condition.

Drop off donations on the church hall stage or the outside covered alcove on the side of the hall.

Need Pick-up help?

Call Lenore English at 250-479-5613 or email: englishres@shaw.ca

St Michael and All Angels Anglican Church Grounds

Annual Plants and More Sale

Saturday, May 11, 10am-1pm

Featuring hanging baskets, dahlia tubers, tomato plants, bedding plants, perennials, heritage plants, rhubarb, shrubs, pots, garden accessories, vases, books, tools. Refreshments: Egg Mc-Michaels, donuts, muffins, coffee and more.



4733 West Saanich Road, Victoria BC V8Z 3G9

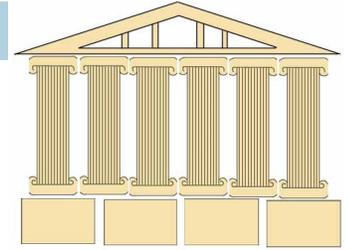
Proceeds support the Woman's Guild and Children's Community charities

Next Guild Meeting

The next Guild Meeting will be May 14th at noon. All parish ladies are encouraged to attend.

Faith In Foundation

Faith in Foundation is comprised of the ongoing ministries that support and uphold the work we do, including the work of the Finance Committee, the church office, Parish Council, Buildings and Grounds, Communication, and...We are blessed with fine teams who care for each of these areas with expertise and skill and keep everything running smoothly and our facilities well maintained



During the Annual Vestry Meeting on February 24th, the following slate of parish council members were approved:

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- | | |
|---|---|
| <ul style="list-style-type: none">• Margaret Eagle (2nd year)• Gerry Norie (3rd Year)• Nancy Whysker (2nd Year)• Helen Love (2nd Year)• Brian Goddard (1st Year)• David Bulinckz (1st Year)• Peter Goddard (1st Year - retired treasurer) | <p>Wardens:</p> <ul style="list-style-type: none">• Christine Eschman• Stan Willow <p>Treasurer:</p> <ul style="list-style-type: none">• Lanny Hubbard |
|---|---|
-

Returning “new” to Council in 2019

Brian Goddard, and wife Angela with two children Rachel and Tristan, has been a member of St. Michael’s all of his life. Being Baptized, Confirmed, and Married at St. Michael’s. Brian’s hobbies include gardening (selling flowers in the summer), chickens for eggs and Rachel’s miniature horses.

Brian has been cutting the grass at St. Michael’s since the early 80’s with any other buildings and grounds tasks thrown his way (he changes the high lights in the church!). He was a server/crucifer for the church ministers in the 80’s and 90’s, and on council in the early 90’s. He has worked at Butchart Gardens for over 30 years.



Brian and Angela Goddard



David and Leeanna Bulinckz

David Bulinckz was born in Victoria and grew up in the Royal Oak/Glanford neighbourhood attending Sunday School at Saint Christopher’s. Through his career as a banker he and wife Leeanna moved around BC and the Yukon, but always returned to Victoria. They now have three children and six grandchildren, two Mila and Stanley, whom you know better than him!

Both David and Leeanna operate their own businesses, he in Investments and Insurance and Leeanna in Medical Research and Treatments.

This is David’s second appointment to the council and he is hoping to use his skills to assist in doing God’s work.

Tour, Tea & Evening Song

Christchurch Cathedral sent an invitation to all Parishes to come and be guinea pigs for their new tour of the Cathedral and on the First Sunday of Lent a group of us from St. Michael's went to be their first tour.



Art by Valda Kitching

We soon learnt that really it should perhaps be renamed the Cathedral of Birds! During construction of the current and third Cathedral, a robin chose to nest at the top of the newly installed pillar. The workmen did not want to disturb the mother and built around it until all the birds had all fledged. Now a little stone bird is perched in its place. The first Baptism was conducted before completion and the windows were propped in place waiting for installation. As the Baptism began, a white bird flew in and perched on the top of the window until the baby had been signed with the cross, then flew out again!

Following the tour we enjoyed a lovely friendly tea as we gave our feedback. The afternoon was rounded off with Evensong dedicated to the late Mary Oliver. It was led by our very own Dawna Wall, who shared readings with Annalise.

A perfect ending to a lovely afternoon and I can thoroughly recommend visiting Christchurch if you have not been.

Submitted by Catie Oates-Hill

Education Committee

Why Trash Matters

Can you answer the following questions?

- Do you know how much trash Greater Victoria generates?
- Do you know best ways to reduce household trash?
- Do you know what plastics are compostable?
- Do you know about water protection and drinking water?

Come to the educational session in the Church Hall on Saturday morning May 25th from 10am to noon and learn the answers and more.

The education committee is please to present an important, informative, educational and entertaining session on Trash and why managing it conscientiously should matter to all of us. Our speakers, Kayla Siefried, Site Manager, the Victoria Compost Education Centre and Avril Gilmour Ford, the CRD Environmental Services Education Liaison, will share their knowledge and experience, bringing to us the latest information on what we as individuals can do realistically to protect our environment

PLEASE JOIN US --- COME, ENJOY & LEARN

Submitted by Linda Dryden

Other Events Coming Soon:

- Pastoral Care
- Food Safe Level 1
- Indigenous Reconciliation, a First Nations Perspective.
- Anglican 101
(see poster on page 15)



Elizabeth Prouse, Linda Dryden and Ricky Love, our persistent members of the walking club at Tod Inlet Park

Psalm 24: "The earth is the Lord's and all that is in it"



Faith In Action

Faith in Action embraces all of the ways that we seek to share our faith through word and deed. Our support of mission and outreach work and commitment to organizations that help to meet the needs of our brothers and sisters in our local context and around the world are all part of how we live our faith in action.

God Bless, Stan Willow

2019 Outreach Campaigns

Campaign	Sponsor	Dates
PWRDF	Gaye Stone	March 3 rd to April 14 th
Sisters of St. John	Nancy Wysker	May 5 th to June 9 th
South Island Counselling	Sally Tucker	September 1 st to 29 th
Threshold Housing	Helen Love	October 20 th to November 17 th
Christmas help	Peter Goddard	December 1 st to 22 nd

Primate's World Relief & Development Fund

PWRDF was established in 1958 in response to the Springhill mining disaster in Nova Scotia. It is an Anglican Church of Canada Agency, which in the year 2000 was recognized officially by the Canadian Federal Government. PWRDF is supported by Anglican parishes within Canada, thus connecting Anglicans through established partnerships, to communities around the world, to assist developing projects, response to global emergencies and act for positive change.

During the campaign, ongoing projects in each of the continents will be given particular attention.

(<https://pwrdf.org/>)
Contact: Gaye Stone
hgyestone@gmail.com



The Sisters of St. John the Devine

Founded in 1884, the Sisterhood is a contemporary expression of the religious life for women within the Anglican Church of Canada. Home base in BC is at St John's House in Victoria. The House is the rectory of St Peter's Lakehill Anglican Church and is next door to the church.

The Sisters are a committed praying presence in our Diocese. Intentional prayer, hospitality and mission are at the heart of their life. They are open and responsive to the needs of the church and the contemporary world continually seeking the guidance of the Holy Spirit in their life and ministry. Their non-denominational outreach and good works are numerous; they go where they are needed, do charitable deeds for others and ask for nothing in return. They lead retreats, workshops and Quiet Days, provide spiritual direction, pastoral care and opportunities for young women interested in exploring or pursuing a spiritual life. They serve on Diocesan committees when invited and assist with inner city challenges when possible.

<https://ssjd.ca/>
Contact: Nancy Wysker nandenwhy@shaw.ca

South Island Counselling

South Island Centre was established as a registered charity in 1975. Since then, more than 15,000 people in the Capital Region District of Victoria, BC have received mental health counselling at the Centre. Our commitment to providing counselling to every person – regardless of their ability to pay – is a lifeline to many low-income clients who cannot afford help.

We are funded in part by the Province of British Columbia, City of Victoria, United Way of Greater Victoria, Coast Capital, Catholic Foundation of Vancouver Island, St. Lukes, and Harbourside Rotary Club. The majority of funds however come through client fees, course fees, and individual donations..

<https://www.southislandcentre.ca>
Contact: Sally Tucker sgtuckey100gmail.com

Putting the Action in Faith In Action



As we start the spring season, we have much to be thankful for within our church and family lives. We strive to practice our Christian values as part of our daily lives. Being kind and thoughtful of others, as we wish ourselves to be treated, is part of the Christian faith. I was struck by the Sunday sermon by Rev. Juli Mallett. She spoke of the largess within our lives; what do we really need and how are our brethren faring? This made me think of my giving and how I can contribute to the church family and my community. We are a fortunate congregation and our offerings attest to that.

I often reflect of the coffee I buy when out and about, the meals I have in restaurants, and the other perks in my life. My experiences when I deliver to the food bank, visit StreetHope or just walk the streets of Victoria cause me to consider that I could do more to be an active Christian. I strive to balance volunteering and donating to meet the needs that I feel are most important. I have worked in several war-ravaged lands and observed firsthand what the uses and abuses that can occur from donated foods, money and materials. Because I often saw misuse of donations abroad, I now focus whole heartedly on local initiatives. PWRDF is one charity that does spend donations well. Terry and I regularly contribute to it as a worthwhile and effective charity. Money is only one part of our service to the local community.

Perhaps volunteering for some of our parish activities and events might fit the bill for you. For example, one day a month hosting a Sunday coffee hour or participating as a reader or greeter during a service will be possible. Any way to contribute in our church life is a service in the eyes of all. Regardless of our financial position, we all have time and talent to invest.

In the next few years we will be participating in the Dioceses Transforming Futures Program which was unanimously approved at the last Synod. The money raised for this stewardship campaign should not affect our regular giving or other charitable offerings. It is a separate initiative from parish offerings. Much more on this program will be announced as the Transforming Team proceeds.

Stewardship is defined as “a response to the mission of God. These practices are properly framed in terms of whether or not they contribute to what God desires in and for the life of the world.” <https://www.anglican.ca/gifts/foundations/stewardship/>

As our parish community grows in numbers, we gratefully look for assistance with the weekly church activities. Assistance may look like hosting coffee fellowship, volunteering for activities such as parish dinners, Sunday School, Alter Guild duties or participation in weekly church services. Please seriously consider what you can offer to our St Michael’s family as part of your Christian life and fellowship.

Submitted by Stan Willows

Volunteering Opportunities at St Michael’s



This spot in the Messenger advertises opportunities for service within the Parish. If anyone is looking for help in our outreach and parish activities, this is the place to put out the call.

Help Wanted

I am looking for one or two people interested in assisting in collecting the food bank donations on a weekly basis and delivering the items to St. John the Divine one monthly. The schedule is flexible and can work around your schedule. If I can get a couple of volunteers, we can spread out the task and make it a simple and occasional task.

If you are interested in this service opportunity, please email Stan Willow at irms2@telus.net, or the church office.

What is a Deacon?

Our intern, Matthew Cook is in formation to be a deacon in the Anglican Church. Here are his reflections on what that means for him and for the church.

Most people know what a priest is. The priest is the person at the front. They lead the congregation in worship, shepherd them along, and consecrate the vessels. It's the consecration part that makes the priest's role unique – they are the conduit for the Holy Spirit to reside in the bread and wine made body and blood.

Deacons are a different shade of the Trinity; whereas priests are more of the spirit the deacons are of the flesh – the earthly Christ. This is reflected in the traditional roll that the deacons played in the early church; they were the ones who would go out and seek those members of the community who couldn't make it to Sunday morning deliver them the sacraments, and see what their earthly needs were, they would then take this news back to church and maintain connections with the wider community.

The word deacon itself is quite revealing about the nature of this ministry. Derived from the Greek word *diákonos* (διάκονος), it is a standard ancient Greek word meaning "servant", "waiting-man", "minister", or "messenger". One commonly promulgated speculation as to its etymology is that it literally means "through the dust", referring to the dust raised by the busy servant or messenger.[1] The exemplar of all these definitions is of St. Stephen, the first deacon of the church, who was martyred giving testimony to the coming of God's kingdom. In this St. Stephen was delivering a message from God to His people, and trying to serve them as he was waiting the coming of the Kingdom (Chapter 7 of Acts).



Art by Valda Kitching

My day job is about housing people on income assistance, so I spend a lot of time meeting with folks on the margins, and I take those experiences and theologize them for Sunday mornings. In this I do the bridge ministry that defines the diaconate, but I'm also looking for other avenues for this type of ministry to flourish. Now between a full-time job and a family, my time is strained, but one of the things that Dawna has suggested is that I set some time aside after the service to listen to the ideas of parishioners for what their visions of outreach are, and see what can happen when we conspire together. The word conspire has an interesting etymology as well, from the Latin *conspirare* meaning "to agree, unite, plot," it literally means "to breathe together." So a conspiracy of ministry would be how we might, together, breathe life into the world.

Pastoral Care

As a parish community, we share our faith and friendship with our congregation. As the cycle of the church unfolds, so does our lives. Unfortunately, grief strikes our community members from time to time through serious illness, the loss of a family member or the passing of a valued member of our congregation.



Usually, there are family and friends available to help ease the pain of these events. Sometimes, that role falls upon the parish. At present we have three pastoral assistants who help Dawna support our parishioners in their time of grief or illness. At times, we need more pastoral care than we have resources.

The St Michael's Pastoral care team is a group of volunteers who provide a ministry of care to those who are unable to attend regular church services due to poor health or lack of transportation. We seek to provide this service as we realize people can easily feel rejected and forgotten once they can't meet with church family as they did earlier in their life. We want people to know they are still appreciated and cared for by our St Mike's family. The Pastoral care team also visits those members of the congregation who have lost loved ones and seek solace and support.

If you are interested in assisting our pastoral care team in providing assistance to our fellow parishioners, please email the office and we can arrange your attendance at a Pastoral care seminar. Your interest in providing a kind word and shoulder to our "family" is appreciated.

Women's Retreat

On a dark and stormy weekend, 40 women from the Islands and Inlets of the Diocese of BC gathered to contemplate and delve into the mystery of God's blessings in the different seasons of our lives. As faith detectives we explored our stories amid the narratives of Biblical women and men – the setting, characters, plot and sub-plots and always the presence and faithfulness of God.

The grace for meals, was taught to the group by Danelle Barnard and was especially fitting for our beautiful Vancouver Island home:

'Neath these tall green trees we stand
Asking blessings from thy hands
Thanks we give to thee above
For our health and strength and love

The words gave expression to the setting, theme and character of the weekend, as participants sought to see the mystery and scope of their own stories within the overarching theme of God's saving love.

Facilitators, Annalise Wall and Dawna Wall, guided our conversations around mystery and Elizabeth Welch, chaplain for the weekend, shaped the worship in ways that helped participants explore in prayer and song, the mystery of being fearfully and wonderfully made.

A mystery dinner theatre was woven into the Saturday evening banquet and appearances by various well-known detectives made for a festive and enigmatic atmosphere. Hercule Poirot, Vera, Sherlock Holmes, Mary Russell were a few of the well-known personages spotted at Shawnigan Lake.

St. Michael's was well represented by Wendy London, Christine Eschman, Deb Ayotte, Noelle Davis, Christina Knowles, Iris Bos, Dawna Wall and Annalise Wall.



Parish Photo Directory

The prophet Isaiah offers reassurance to the people of God when reminding them that they have been called by name, and that they belong to God. (Isaiah 43:1)

Many times in our lives, the reassurance of hearing our name called helps us come back to ourselves – it can be a reminder of who we are and that there is for us, a place of belonging.

In our life together as the church, we, too call one another by name. Sometimes this naming happens in a formal way at our baptism, confirmation, marriage or at our funeral. This place where naming meets sacrament is one where God's presence is made known in a profound way. There are also, less formal ways where we are called by name – invitations for a meal or an opportunity to serve in leadership, all of which are part of the process where we come to know ourselves as friends, children of God, members of a beloved community.

With many thanks to Angela Goddard's photography and Lanny Hubbard's organizational skills, the parish directory will be available very soon from the Church office.

This directory is one of the ways we come to know one another by name. As our church grows, it can be a challenging blessing to try and figure out who each person is. We hope that the pictures shared here will help put faces to names and names to faces as together, we work to be the body of Christ.

Blessings, Dawna





How Can I Keep From Singing

Tuesday, April 23, 2019
7:00 - 9:00 pm

Plant and More Sale
Saturday May 11th
10am to 1pm

**Grounds Visioning Project
Town Hall Meeting**
Sunday, May 5, 2019
12:00 - 2:00 pm
(after 10:30 Service)

**Trash Matters Education
Event**
Saturday, May 25, 2019
10:00 am - 12:00 pm

Women's Guild
Tuesday, May 14, 2019
12:00 - 3:00 pm

Weekly Events:

Meditation
Every Wednesday
10:00 - 11:00 am

Study Group
Every Wednesday
10:30 - 11:30 am

Mobility Class
Every Thursday
10:30 - 11:00 am

Walking Club
Every Friday
10:30—11am

Faith In Formation

Faith in Formation includes our worship, our Sunday School and education programs. Weekly meditation, baptismal, confirmation, marriage and funeral preparation and intergenerational opportunities for learning, including the Walk through Holy Week.



Baptisms

Water is used in many faith traditions as a cleansing ritual. In the Christian faith, the water poured over us in baptism is also a sign of our new life in Christ. The water is blessed and poured over the head of the person being baptised, as he or she is named as Christ's own in the name of God. It is a ritual of belonging and is an affirmation of each of us being created in the image of holiness and of our desire to turn away from that which negates and diminishes life.

In the Anglican Church, we baptize infants and young children as well as those who come to faith as adults seeking to be received into the household of faith through baptism.

This Easter Season at St. Michael's we will have an opportunity to share in the joy of many baptisms. On the Sunday after Easter, three of our youth will be baptized and have been preparing for this with Rev. Dawna. Their preparation included field trips to the Cathedral, Synod Office and to the beach. They saw the Bishop's trap door, met several diocesan dogs and will assist in the Holy Week services. We celebrate with each of the baptismal candidates and their families and give thanks for their faith journeys.

Easter Sunday

- ♥ Alma Jane Krakau, born November 27, 2018 to Lauren Krakau and Ray Fryer.
- ♥ Rory Edward David Shook, Born December 6, 2018 to Lindsay and Mark Hatherly

2nd Sunday of Easter

- ♥ Saskia Margaret Knowles and Paige Marlis Knowles, born April 8, 2009 to Ulla-Christina and Malcolm Knowles.
- ♥ Lauren Wistar Garland Tuckey, born October 24, 2011 to Noelle Davies and David Tuckey



Shrove Tuesday Pancake Supper

Our community came together with over 100 parishioners and families joining in our traditional supper on March 5th to feast on pancakes and fun before starting our Lenten fast.

Gerry and Don Norie, Margaret Eagle, Terry and Stan Willow along with Helen and Ricky Love joined forces to organize and host the event. Generous contributions of Schwarties Hash Browns, sausages and delicious desserts from members of the congregation and many others supported the event helping with setup and clean-up making it feel like a truly community event.

Norman McAvoy led us in a hearty rendition of the "Pancake Song" and plenty of cheer made this a memorable evening full of laughter and a little over-eating.



Terry and Dawn
enjoying a quiet chat



Stan and Ricky
flipping pancakes



Samuel & Lauren Tuckey
with full plates



Inez Matthews

In Memory

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.
John 3:16

We extend our condolences to the families of Inez Matthews and Peter Rygg who recently passed and will be dearly missed in our church and community.

A memorial for Inez was held at St. Michael's on April 17th.

A memorial for Peter Rygg is scheduled for Wednesday, April 24th at 1:30pm.



Peter Rygg

The parish came together for a simple supper of soup and homemade bread before the Maundy Thursday Service on April 18th.



Thank you to all the people who donated pots of soup, baked bread and rolls, set up tables and chairs, and helped in the kitchen. People offered help just at the time it was needed!

The significance of our supper preceding the evening service added to our walk through Holy Week.

Geoff Huggill Anniversary

The congregation gathered to help celebrate Geoff's 63rd anniversary of his ordination into the priesthood after service on April 14th with a delicious cake.





My First Greyhound Trip—“DAGTH”

Undoubtedly when you attend the choir's concert you will feel that you have 'died and gone to heaven': (henceforth to be expressed by the acronym DAGTH). But I'm not writing this article to promote that event; it's just a few days away now on Tuesday April 23rd at 7pm (admission by donation). Rather to reflect on a few of the many occasions in my life when I have felt as if I had DAGTH. How else would you feel if at heart you were a 'country boy' and at age 23 you emigrated from the grey streets and skies of London in autumn to the Okanagan in the fall, where Keats 'mellow fruitfulness' was abundantly evident. Fresh and inexpensive tomatoes, apples, corn, pears and, something new to my palate, cantaloupe (still my favourite fruit - or is it a vegetable?) spilled out of every farm stand.

My employers had found me accommodation in a lakeside motel. Not only that but they were happy to provide me with the occasional meal in return for walking their dogs. "Watch out for bears, but don't worry; the dogs will scare them away" they would assure me as I set off. As it turned out the dogs turned tail and fled for home leaving me to enjoy my first bear encounter on my own. Needless to say I was home very shortly after the dogs.

I swam in the lake almost daily up until October. Swimming was followed, after a short break, by skiing. Then another break... to my right arm after skiing off a cliff into a tree during my first skiing lesson! Then the Christmas break and my first view of the Rockies from a train bound for Edmonton. So many exciting adventures in my first few months in Canada that even with my arm in a sling I felt like I had DAGTH.

Early in January I took the Greyhound back from Edmonton to Kelowna. We arrived in Vernon bus station early in the morning and there was a rush to the station restaurant where I was refused service by the manager because of my 'long' hair. When I protested I was ignominiously manhandled (broken arm and all) out of the restaurant and into the cold waiting room. Fortunately the bus driver intervened and persuaded the manager that I was harmless and that I should be served despite my hair.



Fast forward almost 50 years to January 2019. I'm staying at one of those cheap hotel chains near Heathrow Airport and have just come down to breakfast. There's a huge dining area which could probably seat 200 people and there are plenty of spare seats, but this incredibly skinny 'kid' , male, aged around 23, with long, blonde (dyed) hair hanging all over his face and painted (but severely chipped) nails chooses to sit opposite me. My first response is to move, but having curbed my 'lower' instincts and chosen to be polite I start to chat with him and it turns out that my unwanted guest is quite harmless and charming. He chose to sit with me because he loves the pop music of the 60s and 70s and assumes that I'll be able to relate some of my first-hand experiences of that 'Golden Age'. Unfortunately, I had to disappoint him because during the 60s and 70s I was so absorbed by my 'classical' music studies that I missed most of the 'pop' scene. Despite appearances to the contrary and the assumptions of the manager of the Vernon restaurant and the 'kid' at Heathrow, I was never really part of that 60s/70s pop culture.

Continued on next page

Multi-faith Communities in our Neighbourhoods

St Michael's parishioners were in shock over the mass shootings at two New Zealand mosques Friday, March 15 that claimed over 50 lives. Our horror was echoed by members of other Christian, Muslim and other faith communities across the country as they offered condolences to the grieving families and spoke out against extremism.

Bishop Logan's letter called upon us to be instruments of change *“Attacks such as these sadly remind us of the violence that is very close to the surface of every society. It calls for us all to work even harder for peace and to support the multi-faith communities in our neighbourhoods. Change begins when we respond to racism in our communities by speaking out and not accepting it at any level of society...I ask you make it a part of your Lenten discipleship to both pray for an end to racism and practice inclusivity and acceptance in your own life ”*



DAGTH continued



Similar assumptions were made by the otherwise wonderful staff at the cancer clinic when I started my radiation treatment. My first radiation treatment was accompanied by "Sultans of Swing" by Dire Straits. The staff make tremendous efforts to make you feel like a person rather than just a patient, so they asked what I did for a living and when I said that I was a musician they asked what kind of music I played and when I replied 'Classical Music' they apologised for playing Dire Straits and ever since they've played Brahms, Mozart etc. while I'm being 'zapped'. Of course, because of the buzzes and beeps from the radiating machine I don't really hear the music, but since much of it is familiar I can fill in the inaudible parts myself.

Last session they played the slow second movement from Bach's 'Brandenburg Concerto No. 1'. To my mind this is one of the most exquisite pieces ever composed. It consists of a gorgeous melody which combines with itself, much in the manner of a round.



Speaking of which; when we sing the 'Trisagion' as a round does it add to or detract from the meaning of the words and their spiritual significance? This may seem like a strange question in the midst of this article but it is one that has exercised the church fathers, and no doubt mothers, for two centuries. Should church music be plain or adorned? Should there even be music in churches?

Anyway as I'm lying there being irradiated and listening to this wonderful music I forget that I even have cancer and that the treatment I am undergoing may ultimately be very effective but in the short term, probably around the time of the choir concert just a few days away now, may cause some very dire (not to mention 'diarrh) side effects. I just think about my good fortune in having such wonderful treatment facilities so close to home and having such good friends to help and pray for me. Almost 50 years after landing in Kelowna I still think I've DAGTH.

Next thing I know I'm apologising in a very Canadian way for falling asleep. "No need to apologise" says the nurse. "It happens all the time."

Submitted by Tony Booker



'How Can I keep From Singing'

Choral Works including Vivaldi's Gloria
Performed by St. Michael & All Angels' Choir
with Small Orchestra
Directed by Tony Booker

Tuesday, 23rd April at 7 pm
St. Michael & All Angels' 4733 West Saanich Road
Admission by Donation



Meditation Moments



My Favorite Hymn

I was a cradle Anglican and was lucky enough to be educated in an Anglican elementary school between the ages of five and eleven and a Moravian high school between the ages of eleven and eighteen. Both schools began each day with a hymn and with prayer and bible reading. As a result of all this repetition I know many hymns by heart and enjoy singing from memory as I look at the beautiful stained glass portrayal of Jesus which is centred immediately behind St. Michael's altar.

My favourite hymn is My Song is Love Unknown, # 184 in Common Praise, the hymnbook we currently use. I love this hymn because it tells the complete story of Christ's adult life and passion in beautiful and ancient poetry written by Samuel Crossman sometime between 1624 and 1683. The music was written by a famous and much loved British composer, John Ireland, at the end of the nineteenth century.

I especially like the fifth and sixth verses which reveal Jesus' ready acceptance of his fate, the extent of his love for us and the depth of his grief. The last two lines summarize my response to the sacrifice that Jesus made in giving his life for the sake of the world. They are "This is my friend, in whose sweet praise I all my days could gladly spend."

Submitted by Chris Bullen

The Gift

Bright and happy dawns Easter morn,
Not a soul should feel forlorn.
A promise was made so long ago
To all who follow and gladly show
That love is all -- and we should know it --
It is a blessing and God did bestow it!

Written by Valda Kitching



Hugging is Healthy

It helps the body's immune system
It cures depression.
It reduces stress.
It's rejuvenating.
It has no unpleasant side effects.

It is God's miracle drug! It is all natural, it contains no chemicals, artificial ingredients, no pesticides, and no preservatives!

Hugging is practically perfect.
There are no parts to break down,
no monthly payments, non-taxable,
non-polluting, and of course...
It's fully returnable!
Here are your hugs for the day!.



by Robert Herrick

submitted by Margaret Eagle

Planting a Spring Garden

For the garden of your daily living

Plant 3 rows pf Peas: Peace of mind, Peace of heart, Peace of soul.

Plant 4 rows of Squash: Squash gossip, Squash indifference, Squash grumbling, Squash selfishness.

Plan 4 rows of lettuce: "Let us" be faithful, "Let us" be kind, "Let us" be patient, "let us" really love one another.

No garden is complete without turnips: "Turn up" for meetings, "Turn up" for service, "Turn up" to help one another.

To conclude our garden we must have Thyme: Time for one another, Time for family, Time for friends.

Water freely with patience an cultivate with love,

There is much fruit in your garden because you reap what you sow.

Submitted by Margaret Eagle

**THE PARISH OF ST. MICHAEL'S
AND ALL ANGELS**

**WHAT DOES IT
MEAN TO BE
"ANGLICAN?"**

**A Five-Week Course Exploring Our History, Our
Teachings, Our Present, and Our Future!**

Instructor: LCdr The Rev'd John Hounsell-Drover

**Call 250-479-0540 to register or
email smaaac@telus.net**

SESSION 1 - MAY 2 | 7:00-8:30PM

ARE ANGLICANS 'PROTESTANT' OR 'CATHOLIC?'

SESSION 2 -MAY 9 | 7:00-8:30PM

WHAT DO ANGLICANS ACTUALLY BELIEVE?

SESSION 3 -MAY 16 | 7:00-8:30PM

**CAN YOU BE AN ANGLICAN AND AN EVANGELICAL?
A LIBERAL? A CHARISMATIC?**

SESSION 4 -MAY 23 | 7:00-8:30PM

**WHY DOES THE ANGLICAN CHURCH PUT SO MUCH
EMPHASIS ON PRAYER BOOKS AND WORSHIP?**

SESSION 5 -MAY 30 | 7:00-8:30PM

**WHAT HOLDS THE INTERNATIONAL ANGLICAN
COMMUNION TOGETHER?**

***All Sessions Will Take Place
In the Church Boardroom Office.***

Anglicanism



Finish with a Laugh

Thoughts to start the day

- * It's Springtime! Get outside every day. Miracles are waiting everywhere
- * A boiled egg is hard to beat.
- * All people smile in the same language

Questions to keep you thinking:

Q: Where can you learn to make ice cream treats?

A: In a sundae school!

Q: Why should you always be nice to a horse?

A: Because you should love your niegh-bour as yourself.

Q: Where do dogs go if the lose their tails?

A: The re-tail store.

Q: Why did the cat have trouble using its computer?

A: Because it kept eating the mouse!

A riddle to keep you smiling:

One-one was a race horse

Two-two was one too,

One-one won one race

And Two-two won one too!

Contributed by Valda Kitching

Planting Poppies

Dig the top 6 inches of soil to loosen it. Mix a 2-inch layer of compost into the loose soil to further improve its quality and provide trace nutrients to the growing poppy plants. Rake the top two inches of soil to ensure it's loose and crumbly after amending.

Combine one part poppy seeds with two parts sand to help prevent over-seeding. Sprinkle the seed mixture over the bed evenly. Sow approximately one seed per square inch of bed.

Cover the seeds with a one-eighth-inch layer of loose soil or peat moss. Poppies require some light to germinate.

Mist the bed with water daily or as needed so the soil remains moist near the surface. Poppies typically germinate within 15 days if the soil temperature is near 55 degrees Fahrenheit.

Thin the seedlings so the remaining plants are 6 to 10 inches apart once they grow to a 1 inch in height. Water as needed so the top 6 inches of soil remains moist.



Editor: Helen Love

The Messenger is the newsletter of St. Michael and All Angels' Anglican Church.

The Messenger is a communication means for members of the parish. It does not necessarily reflect the beliefs of the editor, or the church. While the newsletter exists for parishioners to contribute their news, opinions and views, the editor may edit articles in order to facilitate understanding and fit space.

Contributions should report on parish activities, advertise upcoming events or be original literary articles, which are church related, maximum 500 words.

Please send submissions to the church office, preferably by e-mail to smaaac@telus.net.

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Submitted by Christine Eschman