





ST. PAUL

ANGELICAN CHURCH

THE

CONTACT

Connecting with your parish family • August 2020

CLARA'S CORNER

When I close my eyes and try to imagine what things were like back at the end of February: I recall that we were starting Lent and we were eagerly preparing for Easter. I open my eyes and I look around and I am quickly reminded of where we are many months later. Much has changed and we have all had to re-orient how we even do the simplest of tasks like getting groceries or going to the doctor, and now in the ways we are preparing to worship together starting in September. We have learned that we can worship together even when we are dispersed. We have discovered that we can connect and reach out to the larger community around us without anyone actually crossing the threshold of our church. That's amazing! It's a new way of connecting and interacting with the world around us – and certainly not something we had imagined.

We are slowly learning a new or different way. We often hear it as a "new reality". That could mean a lot of things. It could mean, don't

look back, look to the future and accept that things will be different. It could also mean grief and a sense of loss – life isn't going to be the same and we feel a lament rise up in our hearts and grieve what was. At other times, it might feel a bit like – don't worry we just have to get through this stage and then we will be fine and everything will get back to the way it was.

What we discover in these in between times is that we move between lament and hope. Both of these things can be true at the same time. It is okay to long for what was, and it is good to remain hopeful. We are reminded that hope from a place of faith is not about saying: It's going to be just fine. We know that hope is much more than that. Hope reminds us that God is with us regardless of what is happening and that God is not finished with us or our world. We may not know what the future will bring, but we trust that God is with us. A new reality invites us to continue to walk this journey, living into the changes

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that come our way, while looking forward to whatever this new reality will be. We know that God is already there with us, giving us the ability to grieve when we need to while trying to remain hopeful: to dream the dream and to be creative with whatever these new circumstances call of us. Let's walk gently with each other as we look ahead to the Fall, to re-opening the church for worship, and as we continue to be church and to be a beacon of light to each other and the community around us.

EPISCOPAL ELECTION

On September 26, 2020, the diocese will come together (electronically) to elect our 14th diocesan bishop.

Our parish will be holding an Episcopal Election information night over Zoom on September 10th from 7pm—8pm. More information will be sent out as it becomes available.

PRAYER FOR SYNOD

written by Herbert O'Driscoll)

Lord Jesus,

May your Wisdom be our wisdom;

Your Vision, our vision;

Your Will, our will:

*That we may seek, find, and call
one who will*

Shepherd your people,

Nurture reconciliation,

Love your creation,

*And speak hope to the church
and the world*

In Your Name,

Amen.

A NOTE OF THANKS

Thanks so much to my church family for the phone calls, prayers, & cards sent in the recent passing of my Sister, Maureen. A "HUGE THANKS" TO St. Paul's Prayer Shawl Ministry for the beautiful prayer shawl in memory of my sister, Maureen. I will treasure it & will be used often.

God Bless,

Deb Aasen

WORSHIP

Below you will find a blend of in-person, recorded, and online worshipping options. We continue to use Zoom for our various ministries. As of September 6th we will reopen our worship space to limited occupancy in-person services.

To pre-register for in-person services **please call:** 250 753 2523
or email: admin@stpaulsnanaimo.ca

We are moving towards livestreaming the service for synchronous worship. In the interim the service will be recorded live, and then uploaded later in the day. Zoom coffee hour will be at 2PM so that all those attending, in person or online, can have an opportunity to gather in fellowship.

In-Person Worship Services

**preregistration required*

Holy Communion —BCP
8 AM Sunday

Holy Eucharist—BAS
10:30 AM Sunday

Online Worship Services

Morning Prayer:
Monday-Friday 8:30 AM — Zoom

Contemplative Prayer:
Monday nights 7:00 PM — Zoom

Holy Eucharist —BAS
Recording posted Sunday Afternoon
In service livestream TBA

Zoom Coffee Hour:
2PM on Sundays — Zoom

BEAUTIFUL BIRD BATH

Two years ago Mrs. Bowles moved from her long-time home In Departure Bay. She asked her helpers to ensure that her well-loved birdbath be given to St. Paul's for one of the Gardens. I happened to be the closest neighbour who also had a vehicle in which to transport a concrete birdbath.

The birdbath was stored at St. Paul's until Brian Humber could do the research required to restore the birdbath. Brian has done a terrific job of painting and re-sealing the birdbath. It has been placed in the St. James Garden for use by the inner city birds who frequent the Gardens.

A formal dedication and blessing of this gift is planned although a date has not yet been set.

-Lee Grimmer



SEASON OF CREATION

The Season of Creation begins on September 6th, and runs through the Feast Day of St. Francis on Sunday, October 4th.



Mark your Calendars

for a Zoom blessing of the animals on that October 4th in the afternoon. More information to come.

SEASON OF CREATION PRAYER

Loving God, we thank you for the gift of life in all its diversity and beauty.

Lord Jesus Christ, crucified and risen, we praise you that you came to redeem all of creation.

Holy Spirit, we rejoice that you breathe in the life of the world. Grant us faith and courage to deny ourselves, take up our cross and follow Jesus as caretakers of, and justice-seekers for, your beautiful and bountiful creation.

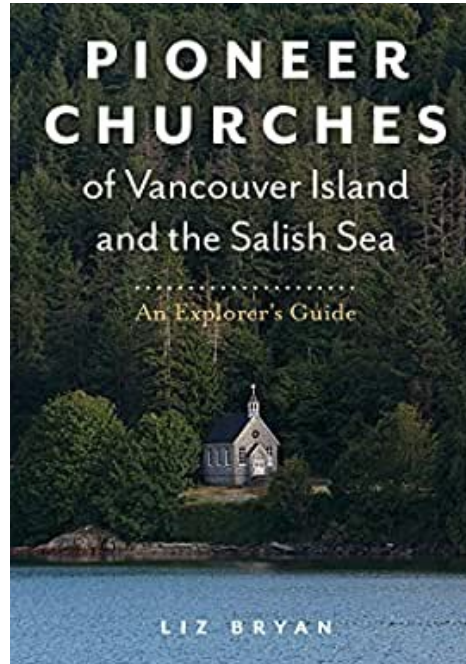
For the blessing of your people, the sustaining of the earth and the glory of your name

Through Christ our Lord, Amen.

PARISH FUNDRAISER

Our parish has been included in this special heritage book. There are a limited number of copies available for purchase. At only \$25, this book will make a lovely Christmas gift.

Call the office to reserve a purchase!



TREASURER'S REPORT

As of this writing, the last report available is for July 31, 2020.

7 months' Income	\$147,401.39
7 month's Expenses	\$151,724.60
Deficit for the	
Year to date	\$ (4,323.21)
Deficit forward, Jan 1/20	\$ (3,394.23)
Total deficit, July 31/20	<u>\$ (7,717.44)</u>

This time last year, our deficit was over \$56,000.00, so we are doing relatively well. Our balance has been helped by the receipt of \$9,445.18 in Government Wage Subsidy. Our expenses are mostly under budget as we are not using the building much, but our offerings are under budget by about \$19,000.00. Many thanks to all who keep their offerings up to date.

- Sue Gueulette, Treasurer

BACKPACK BLESSING CUT OUT



You are
brave,
loving,
kind,
and true.

May your hands be blessed as you write and draw and work and play. May you lend a helping hand. May you know you can learn and grow in so many ways. May your heart love as you make friends and treat others with respect and care. May your health be blessed as you live and move and play. Amen.



WHAT TO EXPECT WHEN REOPENING

St. Paul Anglican Church – Re-Opening September 2020

What Can I Expect When I Come to Church?

- Occupancy of worship space is limited. You are required to reserve a spot ahead of time. Please call the office at 250 753-2523 or email: admin@stpaulsnanaimo.ca during the week to reserve your spot. **Reservations cannot be made over the weekend.** Services: Sun 8am, 10:30am. (11am Wed Service may be available later in Sept).
- Entrance and exit at the church will be at the wheelchair ramp door at the parking lot. The front main doors will be locked and not accessible.
- As you enter the glass doors, a greeter will be there to open the door for you, welcome you and invite you to sanitize your hands. You are strongly encouraged to wear a mask.
- The greeter will take your name & contact info for Public Health contact tracing. If you did not register for a spot we cannot guarantee entry at that service. Refusing to give name and contact info unfortunately will result in asking the person to leave.
- If you are unwell, PLEASE STAY HOME! Symptoms are listed on the door of the church. Please do not come in if you have any symptoms. **Love your neighbour as yourself.**
- The upper level meeting rooms/office area and lower hall are not open on Sundays. Please stay on the church level and go directly to the narthex (front entrance) where another greeter will show you where to sit.
- The two washrooms on the church level are available if necessary. Only one person at a time in each washroom. Use only the designated stall in the washroom. The washroom will be sanitized after each use, and then thoroughly cleaned after every service.
- There will be individual bulletins on the table in the narthex along with the offering plate where you can place your offering as you enter the worship space (nave). The offering plate will not be brought up or passed around during the service. Pick up the bulletin as you enter and when you leave, place your bulletin in the recycle box in the front entrance unless you are taking it home with you.
- All hymnals/prayer books and cushions have been removed. If the pews are too hard for you – consider bringing your own cushion to use and take home with you for cleaning. Unfortunately there will only be 2 of the arm chairs available at the back of the church at each service due to the limitations of maintaining 6 feet (2 m) distancing and the need to deep clean the fabric.
- There will be NO congregational singing or a choir. Our organist is happily ready and able to play throughout the 10:30 Sunday service.
- During communion, the greeter will direct individuals or family units up one at a time to stand at the Chancel step to receive communion bread from a clergy.
- There will be no procession or recession with the cross before or after the service.
- After the dismissal, the Liturgical Ministry team will exit through the Vestry and will greet you as you leave the building through the parking lot glass door.
- We are not able to offer coffee/social hour or food at any service/gathering at this time.
- The greeter will direct you out of the worship space one at a time to allow enough space between parishioners as they exit through the glass parking lot door. You will be invited to sanitize your hands as you leave, and the greeter will open the door for you.

Be Kind, Be Gentle, Be Safe - Dr. Bonnie Henry

WARDEN'S REPORT

Firstly, I would like to pay tribute to Caroline and Lee Grimmer who are soon to step down as our groundskeepers. Caroline's involvement with volunteering at the church has stretched back over some twenty-five years. She was building manager prior to Brian Humber and undertook or oversaw a myriad of tasks such as organizing removal of all manner of unpleasantness such as snow, garbage, and any graffiti as soon as it appeared. She also kept a photographic record of any major repair including the new roof, which she had assisted in planning. The final report on the roof to the Anglican Foundation, who had given us a small grant, included a booklet with Caroline's pictures of the whole process which was deemed the most informative report they had ever received! I believe Lee's involvement with the gardening began when the St. James' Memorial garden was relocated to St. Paul's almost a decade ago. On behalf of us all, I offer both Caroline and Lee our deep felt thanks and appreciation for their many labours. We are currently in the process of transferring our bookkeeping to a computer-based system. Don Gillett has been hard at work setting up QuickBooks on a new laptop in anticipation of running, with Sue Gueulette's assistance, parallel paper and computer records. This is in anticipation of being paper-free come Vestry time when Sue is stepping down in her role as bookkeeper, again after many years.

Now that we are able to gain limited access to the church, we are able to begin inviting quotes from qualified and experienced decorators on re-

painting the interior of the church. Our plan is retain the current blue colour, but in a slightly lighter shade. As we edge closer and look forward to returning to worshipping in the church building once again, Charles Harman and Alicia Vanin are hard at work co-ordinating equipment so that we can either record or live-stream services. This is so that many of those who may not be able to attend in person may still participate remotely.

Thank you to those who have expressed a willingness to take over the gardening. We would like, if possible, to assemble a small team for this, and if you are interested and able to help please do speak up. If you are willing to assist as a greeter, there is a need for more at the 8.00 a.m. service and the Wednesday service when it begins.

-Tony Browning, Warden

PWRDF APPEAL

PWRDF Pledges \$25,000 to Beirut Explosion Response

PWRDF stands in solidarity with the people of Lebanon, and we pray for all who are responding to this disaster. Many people are still missing and tens of thousands have lost their properties. Hospitals, schools, universities and clinics have been badly damaged. The explosion has added to the already present trauma of economic and political challenges, and the impact of COVID-19. PWRDF has been in contact with partner the Middle East Council of Churches (MECC) to express our sorrow, solidarity and prayers. PWRDF is pledging \$25,000 to the ACT Alliance appeal for Beirut.

PWRDF APPEAL CONT.



Photo: Balkis Press/ABACAPRESS.COM

HOW TO DONATE:

• Online

Please visit our online donation page at <https://pwrdf.org/give-today/> and make your gift in Emergency Response, indicating **Beirut Explosion** in the message box.

• By Phone

Call 1-866-308-7973 toll-free (please leave a message and we will return your call), or 416-822-9083 to speak immediately with someone who can process your donation over the phone. Please do not send your credit card number by email or fax.

• By Mail

Please make cheques payable to: **PWRDF Beirut Explosion** and send to:

The Primate's World Relief and Development Fund

The Anglican Church of Canada
80 Hayden Street
Toronto, Ontario M4Y 3G2

Anglicans in Canada are praying, acting, and giving to those affected by the **Beirut** crisis.

Please watch for updates on PWRDF's response to the situation at: www.pwrdf.org.

NEWS



FROM OUR REGION

A Prayer as I put on my mask:
Creator,
As I prepare to go into the world,
Help me to see the sacrament
In the wearing of this cloth –
Let it be “an outward sign
Of an inward grace” –
A tangible and visible way of living
Love for my neighbors,
As I love myself.
Christ,
Since my lips will be covered,
Uncover my heart,
That people would see my smile
In the crinkles around my eyes.
Since my voice may be muffled,
Help me to speak clearly,
Not only with my words,
But with my actions.
Holy Spirit,
As the elastic touches my ears,
Remind me to listen carefully –
And full of care –
To all those I meet.
May this simple piece of cloth be
Shield and banner,
And each breath that it holds,
Be filled with your love.
In your name and in
In the name of love
I pray.
May it be so, May it be so.

Visit us on Facebook!
[FB.com/stpaulsnanaimo](https://www.facebook.com/stpaulsnanaimo)



Check out our website!
stpaulsnanaimo.ca



Join our email list!
Email: admin@stpaulsnanaimo
to receive our weekly Friday File!



WHAT'S UP IN THE DIOCESE

EPISCOPAL ELECTION INFORMATION NIGHT

September 10th , 7PM on Zoom

LIVING OUR VISION IN PLACE

September 2nd, 3PM on Zoom

EPISCOPAL ELECTION

September 26th, online

ORDINATION TO THE PRIESTHOOD

September 20th, 4:30 PM,
livestreamed from the Cathedral

CONTACT US

PARISH OFFICE HOURS:

Monday—Thursday *by appointment*
9AM—12noon

OFFICE PHONE:

250 753 2523

EMAIL:

admin@stpaulsnanaimo