



THE DIOCESAN POST

A SECTION OF THE ANGLICAN JOURNAL

SERVING THE DIOCESE OF BRITISH COLUMBIA

FEBRUARY 2015

Rectory to become Kindergarten School



Photo: Ed Lewis

St. Matthias Rectory undergoing major renovations in preparation for its new role as a kindergarten school

Ed Lewis

Starting in March, the rectory of St. Matthias' Church on Richardson Street, Victoria will become the new home for the

Junior Kindergarten of Christ Church Cathedral School.

For a number of years the Junior Kindergarten class has been located in the James Bay

Mission Building on Niagara Street. However the building has outlived its usefulness as a school. To continue as a school, it would have to be earthquake-

proofed. It is also too small for an increasing number of children whose parents want to enroll their children in the school program.

Christ Church Cathedral Educational Society is very grateful to Christ Church Cathedral Parish for giving it the James Bay Mission building for use as the Junior Kindergarten School for the past eight years.

An agreement has been reached with the parish of St. Matthias, and the rectory has been leased

for twenty-five years to Christ Church Cathedral. Renovations are underway and the building will be ready to receive the first children in March.

With the new location, the Junior Kindergarten enrollment

is expected to increase to 40 children. To obtain more information about enrollment, please contact Christ Church Cathedral School at cathedralschool@cathedralschool.ca or phone the office at (250) 383-5125.



Photo: Ed Lewis

Work is well under way in the basement area for the new kindergarten

Property records now digitalized

Peter Daniel, Asset Manager for the Diocese has told the Post that paper records of Church properties have now been digitalized. Included is such information as construction history; property zoning according to the municipalities where the properties are located; insurance values and records; community assessments of the property.

The database also contains pictures of property and the content photos, which are important pieces of information for insurance purposes should the need arise.

All of the data can be combined to give individual parishes and the Diocese necessary reports on church property in any part of the Diocese with the touch of a computer button or two, according to Daniel.

Plans are for all Parishes to be able to access this information over a secure internet password. Chris Pease, former Asset Manager is returning on a part time contract to assist in launching this Data Base to all Parishes, Regions and Rectors and Administrators.

At Christ Church, Alert Bay, weddings will soon be drier

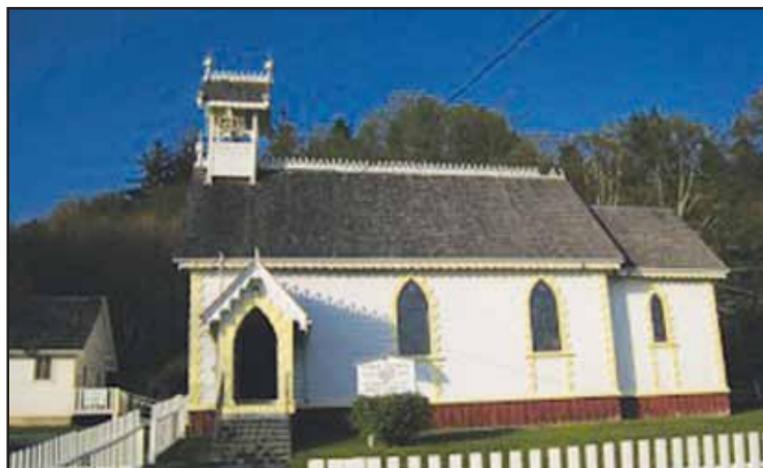
Diana Swift

There's nothing quite as sheltering as a solid roof; nothing less so than a leaky one.

Now imagine a bridal couple exchanging their marriage vows at the altar when suddenly water starts dripping on them from the roof. That, unfortunately, has been the case for several years now at Christ Church parish in the small fishing community of Alert Bay, B.C.

"The roof leaks pretty much right where the bride and groom stand. There's no insulation up there—basically it's just shingles on wood struts," says the Rev. Lincoln McKoen, Christ Church's rector.

But come the 2015 wedding season, that will no longer be a problem—thanks in part to an infrastructure grant from the Anglican Foundation of Canada (AFC). This spring, a solid new roof will grace the 1879 white wooden edifice. "The wood of the bell tower is soft and rotted as well, so that will be



Christ Church, Alert Bay

Photo: Joan Stone

completely rebuilt and the gingerbread finials replaced," says McKoen, who arrived at Christ Church four years ago from St. Peter's in the bustling automotive-industry town of Oshawa, Ont., near Toronto.

Work on the new dark-grey, slate-look metal roof, which will fit well with the 220-seat church's Pacific Northwest Victorian architecture, will get under way in early April. In addition to the \$15,000 AFC subvention, the renovations will

also be supported by a loan from the Diocese of British Columbia and generous contributions from this community on Cormorant Island off Vancouver Island's northern tip.

Alert Bay, northern Vancouver Island's oldest community, has a population of just over 1,200, three-quarters First Nations. Christ Church was founded by the Missionary Society of the Church of England to bring Anglican Christianity to the area's indigenous population.

Just down the road lie the ruins of St. Michael's Indian Residential School. Closed in 1974, the institution was Canada's largest Anglican-run boarding school for indigenous students.

"The parish here is essentially the last vestige of the Society's old Columbia Coast Mission, serving Kingcome Inlet and Port Rupert," says McKoen, whose ministry includes three other parishes. "My home church congregation here is not big enough, but my pastoral congregation working with multiple First Nations communities is very big."

In total, the roof and belfry work on Christ Church will cost a minimum of \$88,000. "The Anglican Foundation grant will allow us to get started in April as soon as the construction company can have three consecutive weeks of good weather," says McKoen. "But with all the water leaking in over the winter, we're still concerned about permanent damage."

Bishop Logan Writes

Is this the year?



the Grapefruit League. At the end of these months spring training camps begin for major league baseball.

For them it is a time of preparing, focusing, renewing themselves, working on strengths and improving where necessary. It is a time of self-examination and corporate examination. What do I need to work on in my role in this team? What do I bring to this team? Where are the areas in which I have improved in the last year and what are the areas I must focus on for this year?

The focus of the spring training camps will not end when the season begins but will be used as a time of preparation for the whole season. Regardless of how well

the team might do in the regular season, what they do in spring training sets the tone, the attitude, and the skill level for the upcoming season.

We as Christians are moving into our spring training that we call the season of Lent. The metaphor of baseball spring training works for us as we spend time in self-examination, prayer, meditation, alms giving, and fasting.

Lent is for us a time to examine our relationship with God, the church and the world in which we live. How have we used the gifts given to us by God for the building up of the body and join God's mission to the world? Where are our strengths and what are the areas we need to continue to work on?

How are we working as a team and what are the areas of teamwork that need our attention and focus during the season of Lent? What do we need to do to become more effective and efficient as a congregation?

Do we give up or take on? It seems that this is always a decision we have to make during Lent. Will I draw closer to God by giving up things during this season? Will it be like New Year's resolutions that only last a few days or, at most, weeks? Or, do we take on some work in relationship to those who have less? Do we reach out and give financially, work in a food bank or make something to share with others during this season?

When I was in parish ministry I always asked

the question, "How will this Lent be different for you as an individual and for our parish?" What will you do this year to make this a memorable Lent for you and your congregation? How will you enter into Lent this year with an expectation that God will intervene in your life anew?

It may be incomplete but it is a beginning, a step along the way for God's grace to enter and do the rest. (Oscar Romero from "A future Not Our Own").

How will this be a holy Lent for you?

The question is not whether we can live a particular way for the forty days of Lent, but will Lent enable us to live this way for the other 312 days of the year?

Bishop Logan

Is this the year that we will be different? Can we pull it together and have a better year? What do we need to look at during the months of February and March to prepare? How do we use these months to hone our skills? These are some of the questions that will be asked as baseball teams gather in Arizona for the Cactus League and in Florida for

Personnel Notes

Resignation

Bishop Logan has accepted the resignation of The Rev. D. Scott McLeod as Priest Associate at Christ Church Cathedral, Victoria, and as Coordinator of On-Line Ministries for the Diocese, effective February 15.

Scott has resigned in order to take up the position of Priest Associate at St. George's Parish

in St. Catharines, Ontario, in the Diocese of Niagara.

Death

David, the father of the Rev. Heather Robinson, Incumbent of the Parish of St. John the Baptist, South Cowichan, who died on December 9.

Our condolences are extended to Heather and her mother.

The Diocesan Prayer Cycle

Your prayers are asked weekly for
Bishop Logan McMenamie
and the following parishes:

February 1, Epiphany 4
St. David-by-the-Sea, Cordova Bay
St. Peter, Lakehill

The Rev. Canon Christopher Parsons, Incumbent

February 8, Epiphany 5
St. John the Baptist, Duncan
The Rev. Clara Plamondon, Incumbent

February 15, Last Sunday after Epiphany
St. Columba, Tofino/West Coast Mission
The Rev. Will Ferrey, Incumbent

February 22, Lent 1
St. John the Divine, Victoria
The Rev. Alastair McCollum, Incumbent

COME EARLY

arise and come
with the wise ones
to worship
the Lord

AND NOW

He is presented
as Light
to all nations,
and Friend
to all people

NEXT TIME

we watch and wait
and cannot know
the day or hour
when God will come
again

Joanna M. Weston

The Bishop's Calendar

During the next few weeks Bishop Logan will be taking part in the following events:

February

- 6 St. Luke for Fantastic Friday
- 7 St. Mary the Virgin, Oak Bay - Visioning Day
- 8 St. Mary the Virgin, Oak Bay - Parish Visit
- 14 Downtown Church Association - 25th Anniversary Prayer Service & Meal
- 15 St. John the Baptist, South Cowichan
- 17 Oak Bay Rotary Club
- 19 Finance Committee
- 21 Parish of Pender and Saturna Islands
- 26 Diocesan Council
- 28 Holy Trinity, Sooke - Induction

March

- 1 St. Paul, Nanaimo
- 19 Finance Committee
- 23-24 Provincial Council and Provincial House of Bishops
- 28 Diocesan Council

Anglican Church Women

Meeting

St. Mark's Parish
138 Hoylake Rd
Qualicum Beach

Wednesday, March 25

9:30 am – gathering; light refreshment for those from afar
10:00 am – Eucharist – free will offering

11:15 am – Speaker – TBC
12:15 pm – Bag Lunch
1:00 pm – ministry department reports, parish sharing
2:00 pm – Homeward bound



THE DIOCESAN POST

Published by the Anglican Diocese of British Columbia 10 times a year from September to June as a section of the Anglican Journal.

Editor: The Rev. S. Edward Lewis

Proofreader: Sheila Martindale

Our Address: 900 Vancouver Street, Victoria, BC V8V 3V7

Telephone: 250-386-7781

Fax: 250-386-4013

E-mail: thepost@bc.anglican.ca

www.bc.anglican.ca/~diocesanpost

The Post is printed and mailed by Webnews Printing Inc., North York, ON

Subscriptions, Change of Address, Cancellations:

Please advise your parish secretary or send your subscriptions, change of address or cancellation via writing to Diocesan Post c/o Anglican Journal, 80 Hayden Street, Toronto, ON, M4Y 3G2; or e-mail: circulation@national.anglican.ca. You can also make changes on line: visit www.anglicanjournal.com and click Subscription Centre. The Anglican Journal and the Diocesan Post are sent to members of a parish who pay for it through their

contributions to the National Church. Others: \$15.00 per year.

Submissions:

News, letters and other articles are welcome. Please limit articles to 600 words and letters to 200 words. Submissions must include name and contact information of the author. Pictures must be at least 6" X 4" with a resolution of 300 DPI and in sharp focus. Clearly and accurately identify the name of all subjects as well as the person who took the picture.

Submission Deadlines:

January issue - December 1
February issue - January 1
March issue - February 1
April issue - March 1
May issue - April 1
June issue - May 1
September issue - August 1
October issue - September 1
November issue - October 1
December issue - November 1

All material is subject to editing.

Volume 48, No 2

Saving Bethlehem

This article is reprinted from the December 1 edition of the *Island Catholic News* with the permission of its editor, Patrick Jamieson. The article speaks about the possible involvement of the Diocese with the future of the Bethlehem Retreat Centre.

Ed Lewis

By Patrick Jamieson

The signs are propitious. The pieces to the puzzle are all falling in place. The Benedictine Sisters of Nanaimo have granted an extension of time by which to raise funds and public interest. A dynamic group of motivated individuals have formed a non-profit society to assume operations and do fund raising for both ownership and operational costs.

Visionary partners have come forward to assume ownership. Meetings are being held to mobilize the project of saving Bethlehem Centre in Nanaimo on an ecumenical if not multi-faith basis. The organizers feel this project could be a powerful sign of spiritual unity in the face of these times.

Things are about halfway there. Two hundred thousand dollars have been set aside for operational costs and two of four ownership partners have been virtually secured. The next few months will tell the tale. Fund raising has begun in earnest, supporting members are required, more ownership partners are to be secured. The vision is being secured and expanded. Participation is being animated at the grassroots.

THE STORY

To start at the beginning. The Catholic order of Benedictine Sisters have been running Bethlehem Retreat Centre for twenty-seven years offering to the general public opportunities for spiritual growth and personal development in the spirit of the progressive nature of Vatican II; that massive self-renewal program of the Catholic Church beginning in the 1960s. Alumni of the centre and those who have benefited over the past two and a half decades want this to continue despite the need the Sisters have had to sell the centre the past few years.

Hence the need for the Friends of Bethlehem Centre Society and the push to raise nearly three million dollars to purchase the beautiful facility on Westwood Lake, close to Nanaimo. In an article in the Autumn edition of *Island Catholic News*, Robert Muir of Nanaimo, a member of the organizing committee, described Bethlehem as "one of the last of its kind on Vancouver Island."



Bethlehem Retreat Centre in Nanaimo

Photo: Submitted

He continues: "Following the Sisters's decision to sell the centre, Friends of Bethlehem Centre Society was formed to pursue the purchase of the centre. Gerry Herkel, of Qualicum Beach, a retired hospital administrator, chairs the society." Underlining the forward-looking vision which the society has for the future of the centre, Gerry Herkel stated: "There is a lot of room in our thinking to expand the use of the centre, introduce more programming to accommodate the changing learning needs of participants, groups and individuals, who will use the centre for emerging needs. We want to do this on a multi-faith basis, if possible."

Dale Perkins and Peter Daniel of Victoria are representative of the expanded interest and wider vision for the centre. Dale as founding member of the Victoria Multifaith Society is working his contacts among Muslims, Jews, Sikhs, Hindus and Christians.

At a recent planning meeting of the expanded committee held in Duncan, Dale, a retired United Church minister and trained community animator, pledged his time for the project and particularly to work with his Anglican counterpart Peter Daniel of Victoria.

Mr. Daniel, a developer by profession for forty years, is asset manager for the Anglican Diocese which is strongly behind the project.

"The Anglicans, lead by Bishop Logan McMenamie, have reviewed this potential transaction both at Finance Committee and Diocesan Council, and have responded favourably. They will need other financial partners to commit to the project and will review and ratify an agreement to proceed when this happens," Mr. Daniel explained.

Two point eight million dollars is required to purchase the property.

The land and facility is seen as a secure value situated as it is in a burgeoning real estate situation. Mr. Daniel's presentation to the Benedictine Sisters was seen as instrumental in their granting an extension of up to six months to secure the purchase by the new group.

The United Church of Canada is another prospective church partner. Other partners are envisioned as arising from the multi-faith associates, and possibly the Friends of Bethlehem Society (FBS) itself if it can animate enough membership financial pledges from the grassroots level.

At this point the main responsibility of FBS is to generate enough operational funds with reserves to operate the centre for the first three years while it builds up clientele usage and develops fresh programming.

The centre has been operating at a low occupancy during certain parts of the year. A substantial increase is envisioned over the first three years, which will render the centre sustainable on an ongoing basis.

SPIRITUAL VISION

The spiritual vision for the centre includes a realistic breadth suitable to these times. This includes the burgeoning 'Spiritual but not religious' category which, according to recent surveys, is the fastest growing category of spiritual seekers, and the constant users of such centres. Dale Perkins has been consistently working in this area since his retirement. He is part of a number of groups and organizations deployed by SNBRs, such as Progressive Spirituality Circle and Earth Literacy, both adult education programs nota-

bly utilized by those not associated with what has been historically connoted as an 'organized religion'. In Greater Victoria, an estimated 50 per cent of the population identify with this designation.

These were the sorts of spiritual retreatants who were utilizing Queenswood prior to its sudden closing in 2011. Queenswood was operating on a similar (and successful) development model when the owners suddenly had to sell it to deal with financial commitments in other parts of the world as a religious order.

The Queenswood Society was halfway into its three-year

development program, reporting viable returns and an increasing clientele. This would have enabled it to continue successfully when, totally unexpectedly, the rug was pulled out from under it, so to speak. The announced decision to sell precipitated a sudden drop in registrations which undermined the situation of the operations aspect of Queenswood. As a result, it had to close.

This serves as an object lesson for the need for stable ownership commitment on the part of Bethlehem. Only that would assure the stability to develop ongoing long term spiritual education programming, so much in demand in today's spiritual development market.

Readers are invited to visit the Friends of Bethlehem Centre website and sign up as members. (<http://friendsofbrc.com/>).

Organizing committee member Robert Muir summarizes the situation in these words: "The Centre has been working to find investors to purchase the property; and to find interested charitable organizations who would use the Centre to expand their programs in spiritual growth.

"The Society of Friends of Bethlehem Centre is dedicated to the historic principles of the Benedictines including commitment to hospitality and openness to all belief."



FEBRUARY AT CCC

TAIZÉ SERVICE

Friday, February 13, 6:00 - 7:00 pm in the CNJ

BENEDICTINE SPIRITUAL PRACTICE

Thursday, February 19, 7:00 - 9:00 pm

IN CONVERSATION POTLUCK SUPPER

Friday, February 20, 6:00 pm

ANNUAL GENERAL MEETING

Sunday, February 22, following 10:30 am liturgy

PACIFIC BAROQUE FESTIVAL EVENSONG

'Heav'nly Harmony' with the music of G.F. Handel & his contemporaries
Sunday, February 22, 4:30 pm

ANGLICANISM 101

Tuesday, February 24, 7 - 8:30 pm
continuing for six weeks

MASSES, MOTETS AND MADRIGALS

With CapriCCio Vocal Ensemble
Saturday, February 28, 7:30 pm

"Your Diocesan
Cathedral"

Quadra @ Rockland
Victoria BC
250.383.2714

www.christchurchcathedral.bc.ca

Reflections

The letter a reflection on Acts 9:1-2

Saul of Tarsus, a dangerous enemy of the emerging Christian movement, has been shocked and traumatized by his encounter with the risen Christ on the Damascus Road. He has been brought to a house in the city, presumably by his staff, who leave him there. He is blind, alone, and almost certainly fearful. He knows well there are many who have good cause to wish him – even to do him – harm. But to Saul’s astonishment and relief, Ananias, a courageous member of the local Christian community, comes. The visit transforms Saul’s relationship with the group.

We can assume that Saul, later choosing the name Paul, would never have forgotten this visit. While we have no record of his doing so, there must have been some occasion when Paul would have communicated his

gratitude. I have tried to imagine a letter that he might have written to express his thanks...

Damascus 35 A.D.

My dear Ananias

I had hoped to meet you in person but I hear that you have left the city and no one in the community seems to know where you have gone. I seek you for one reason, to thank you.

Ananias, you cannot imagine the state of mind I was in by the time you reached out to me. I had lost my sight. Everything I had ever believed in and worked for had been devastatingly challenged. I had been utterly convinced that the teachings of your Jesus – now, thank God, also mine – were utterly spurious and a serious threat to Judaism as I had always known and understood it. As you well know, I had

spent a number of years focusing all my energies on attacking the newly forming communities.

If you ever get this letter you will be glad to know that I can see again. I am quite convinced that recovery began with your visit. I recall hearing footsteps. I had no idea who was coming or for what purpose.

You may not remember but you touched me. You then said two words that meant everything to one in my position. After all I was alone, cut off from everything I had known, including a huge and powerful network where I had status, authority and resources. All this I had lost in one stroke – until you came.

“Brother Saul,” you said; your voice trembling with nervousness. In that moment you gave me welcome, fellowship, acceptance, and community. But then you said something

else that brought balm and order to my shattered universe. You said “Brother Saul, the Lord Jesus Christ who met you on the way here has sent me...”

Ananias, if I needed proof of the reality of what I had experienced on the Damascus Road, you gave it to me when you uttered the name of the One I now acknowledge as my Lord. Before that day the name of Jesus served only to engender in me a deep and visceral hatred. Yet when you spoke His name I found myself reacting as I would to the naming of a dear friend. In that moment I knew beyond a shadow of a doubt that what had happened to me was utterly real. I knew that He whom you named and the One who had addressed me on the road were one and the same person, offering me in the same moment both utter freedom and freely accepted slavery. From now



on I shall speak for and to Him with deeds, with the energies of every moment of my daily life.

You gave me life, my friend, and in doing so you lifted my blindness so that I could see the new life being offered to me.

Wherever you are Ananias, know that I, Paul, owe you my Christ, and by that debt I owe you everything.

Your friend forever in Christ,

Saul, now Paul, His slave.

Herbert O'Driscoll



The Primate's World Relief and Development Fund
THE ANGLICAN CHURCH OF CANADA

The Philippines and Haiti share something in common. Both have suffered tremendously in recent years from disasters caused by earthquakes and hurricanes, and both received aid from the Primate's World Relief and Development Fund (PWRDF).

The Philippines Super Typhoon Haiyan of November 2013 was the strongest hurricane ever recorded. It devastated central parts of the Philippines, resulting in 6300 deaths. But just three weeks earlier, a 7.2-magnitude



Aftermath of Typhoon Haiyan

earthquake with energy release equivalent to 32 Hiroshima atomic bombs, equally devastated the area just south of the typhoon track, killing 230 and injuring 1000 others.

An even crueler combination occurred in Haiti. During the 2008 hurricane season, Haiti was hit by no less than four full-

fledged hurricanes, *Fay, Gustav, Hanna, and Ike*, each causing torrential rains and flooding, destroying property, and resulting in almost 1000 deaths. Little more than one year later, when people and disaster relief had still not recovered from the multi-hurricane destruction, one of the most devastating earth-

quakes of modern times struck Haiti, virtually destroying the capital city of Port au Prince, killing 200,000, and possibly as many as 300,000 people.

Earthquake or hurricane, both cause human disaster, so where is the 'good news' in this that PWRDF Corner promised last month? The good news is that

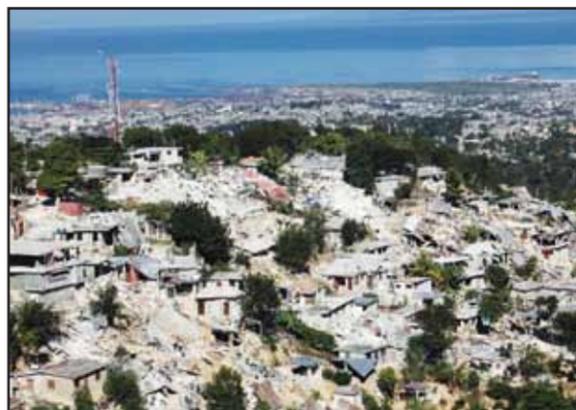
PWRDF and like-minded partners bring hope and relief aid to victims of natural or human-caused disasters, wherever they occur in the world. In each of the

cases above, PWRDF funds were immediately forwarded through the ACT Alliance (Action by Churches Together). When such disasters occur, the most critical period for relief efforts is the first

72 hours when affected people require the immediate essentials of medical aid, clean water, food, and clothing. PWRDF reacts to disasters within hours by forwarding funds to partners already there on the ground, partners such as ACT, Canadian Churches in Action (CCA), Canadian Foodgrains Bank (CFGB), and others.

In addition to disaster relief, PWRDF also provides development aid in both Canada and

overseas, even when there is no immediate disaster. However, PWRDF cannot provide aid without the donations of Anglicans from across the country.



Aftermath of hurricanes in Haiti

Our fund-raising with minimal overhead is made possible through the efforts of volunteer representatives at both the diocesan and parish levels. We have 44 parishes in this Anglican Diocese of British Columbia on Vancouver Island, but we have PWRDF Parish Representatives in less than half of these. We very much need more parish reps! If your parish does not currently have a parish representative, and if you might be interested in

serving in this capacity, please e-mail me at geoff.strong@shaw.ca or call 250-710-8011 for more information. At the same time, we are open to invitations from parishes who would like a presentation on PWRDF. Please contact me after discussing with your incumbent priest or parish executive.

Geoff Strong
PWRDF Diocesan Rep.
Diocese of British Columbia
<http://pwrdf.org/>

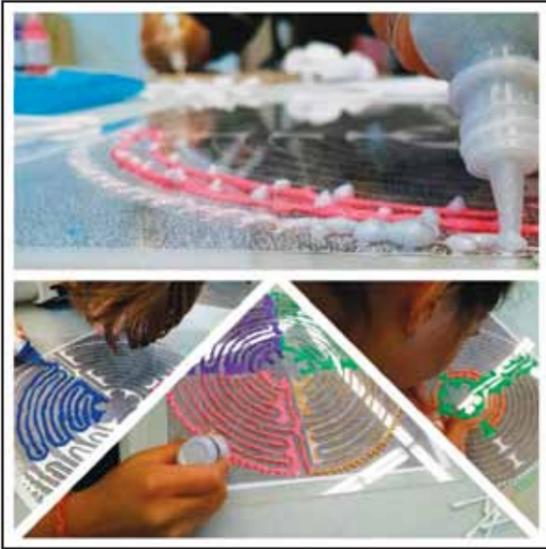
New settings for the psalms

Parishes who sing the psalms during worship may be interested in a new setting. Dave Klinger who attends St. Mark's Parish, Qualicum Beach, has composed the settings for all the psalms.

Klinger says that the settings are being used at St. Mark's and at his former parish of St. Andrew's, Calgary. The Baptist Church in Parksville is also using the settings.

The settings are available free of charge on Klinger's website at davklinger.com.

For those who wish to find out more about the settings can contact Klinger at klinger1@telus.net. His phone number in Parksville is 250-947-9755.



Anti - Kipper a column for young people

Young people make Labyrinths
at Advent Retreat
Su McLeod

On December 22, a group of young people gathered for some time and reflections; not something that you would think normally happens in these last few crazy and normally hectic days of Advent.

But these young people chose to spend the first day of their Christmas holidays on retreat with Sister Dorothy, SSJD in a Labyrinth making workshop.

Our time opened with worship setting the tone for the day. We ate lunch together and through out the day shared our experiences in making the Labyrinths. Before the day closed with worship many of the young people managed to make two finger Labyrinths: one for themselves and one to give to someone else - a parent, or a friend.

Thank you to Sr. Dorothy for leading this workshop that so thoroughly benefited those gathered.



Thank you to Jennifer LeBlanc as her ministry with Camp in the Community has come to an end. Jennifer has been the Camp administrator for the past two years and has worked alongside Su McLeod and went beyond her contract each year to help in the planning of the camps. Jennifer, Thank you!



As noted in the January issue of the *Post*, Su McLeod has moved to the Diocese of Niagara where she is the Youth Minister for that Diocese. This is her last official item for the *Post*. Again Thank You for your contributions.
Ed Lewis, Editor

Freeing up \$50 for the Anglican Foundation

Diana Swift

Let's face it. Nowadays, \$50 doesn't buy a body very much—certainly not an annual membership in most national organizations. But for a parish, just five purple Sir John A's will buy it an annual membership in the Anglican Foundation of Canada (AFC), the church's national charitable organization that funds a wide variety of projects in support of Canadian Anglicanism. In the past few years, the AFC has awarded half a million dollars in grants for diverse ministries across the Anglican Church of Canada.

Under the executive directorship of Toronto-based Rev. Canon Dr. Judy Rois, the AFC is currently running its "Free Up \$50" campaign. The goal is to get each one of the country's roughly 1,650 Anglican parishes on board with a \$50 donation. "Since the campaign began this past November, 65 new parishes have become AFC members," says Rois. "Added to the 400 existing members, that leaves just 1,185 to go!"

Rois is optimistic about expanding AFC membership. "I believe most Anglicans are ready and willing to give to their Foundation so that it can be there for them when they need it," she says. "For various reasons, I think the entry fee of \$50 a year per parish may have sim-

ply fallen off people's radar."

The AFC has been working hard to raise its profile and make people aware of its significant capacity to support Anglican ministries from infrastructure improvements to youth ministry and lots more in between.

Aware that supporting the AFC ultimately benefits their parishes, diocesan bishops are among the AFC's strongest proponents. "What goes around comes around," says Archbishop Percy Coffin, when asked why every single parish in his Diocese of Western Newfoundland is an AFC member. "The practice of each parish in the diocese being a member was started a long time ago by Archbishop Stewart Payne. He motivated the parishes by reminding them, 'As you have received funding from your Foundation, you ought to give something in return.'"

The other two dioceses in Newfoundland & Labrador (Central and Eastern) have also signed on. As Bishop David Torraville of the Diocese of Central Newfoundland puts it, "The Anglican Foundation is a way of saying that we are in this together."

Bishop Geoff Peddle of the Diocese of Eastern Newfoundland and Labrador is another staunch supporter of the AFC.

All congregations in Bishop Peddle's jurisdiction are members, and the diocese's Rev. Dr. Alex Faseruk is an AFC board member who has served on the finance committee.

Looking to the Far North, both the Diocese of Yukon and the Diocese of the Arctic purchased AFC memberships for all their parishes before Christmas 2014. "The Anglican Foundation has always been a fantastic partner with the Diocese of the Arctic," says diocesan Bishop David Parsons. "Investing in the AFC is really investing in our own family, and who wouldn't do that?"

Adds Bishop Larry Robertson of the Diocese of Yukon, "For over 35 years and within two northern dioceses, I have seen the great benefits that many parishes have received from the Anglican Foundation. I am proud to be a member and to encourage the parishes I serve to be members."

The diocese of Yukon's executive committee considered it important to support the Foundation fully through every parish's paying its membership because of the AFC's generous support over the years. "We felt that if a parish couldn't afford a membership, then the diocese would come to its aid," says Sarah Usher, diocesan adminis-

trative officer.

Rois is hopeful that other Anglican jurisdictions across Canada will be inspired by the examples of these sparsely populated dioceses in Canada's

most easterly and northerly regions. "They have really stepped up to the plate with all their parishes becoming annual donating members," she says.

Christmas at St. John's, Ladysmith Record number of dinners served

(Reprinted from the Parish newsletter)

Open Table

90 dinners were served at the December 19th Open Table. 63 men, women and children living in poverty attended the event and many 'to go' dinners were sent home to those unable to attend.

About 20 volunteers helped with filling socks, preparing the meal and assisting at The Open Table. A generous financial contribution was received from the Ladysmith Save On Foods Store. John Bradley, Store Manager has been supporting The Open Table since September 2014.

Christmas Day

It was a terrific event on Christmas Day when about 70 attended the Community Christmas Dinner served in the parish hall.

A member of the community, Jacqueline, coordinated

the event and had an awesome team of volunteers working with her, including her brother. She cooked three hams and five turkeys, potato salad, Caesar salad, gravy, dressing, broccoli, carrots, and buns. It took her two days to move in all her catering stuff.

It was a delicious meal, with lots of leftovers for people to take home.

It was the usual crowd that regularly attends Open Table. The day before several of the boys had set up the tables, which were decorated with cedar branches, colorful ribbons, mini-candles, and bags of chocolates.

Dr. John Potts led a sing along of Christmas carols, and his son read several bible passages. The event lasted about an hour. Those who attended had a great time and sang their hearts out.

Lent with Mark

Part One – Ash Wednesday, February 18 to March 7

A daily devotion for each day of Lent intended for individuals, couples and small groups, which will cover the Gospel of Mark.

These devotions have been prepared for the readers of the *Niagara Anglican* by Canon Susan Wilson and her team of commentators and are being shared with the *Diocesan Post* compliments of the Rev. Hollis Hiscock, Editor of the *Niagara Anglican*.

Bible – Use your own copy, download an app or get free Bibles from www.biblegateway.com

Plan – Clip this page of the paper and carry it with you or place in your Bible for easy access. You can also find the page on the internet by going to www.bc.anglican.ca/the-diocesan-post. There you can see the February issue of the *Post*. Click on it and scroll down to this page, and then bookmark it for your daily use.

Sundays - You will notice that there is no reading for Sundays, which traditionally were not part of Lent, so you can follow the Bible readings at Church or read any you missed during the week.

Feedback – We appreciate your comments, suggestions or questions. Contact Hollis Hiscock at editor@niagara.anglican.ca or 905-635-9463 or 710 Ashley Ave, Burlington, ON, L7R2Z3.

This special feature is also available for download from www.niagaraanglican.ca/newspaper

Introduction

As much as I love the gifted storytelling of Luke, Matthew's narrative style and John's uniqueness, I enjoy reading Mark most of all.

He has a way of telling the story of Jesus that keeps the reader focused and moving, and because it can be read easily in one sitting. Indeed, not only can it be read silently by oneself in one sitting, it can be read aloud by a small group in just under two hours; or, as was the case last year, it can be told aloud by 29 different tellers in just over two hours. A single teller can usually proclaim the whole gospel of Mark in about 90 minutes. Doing so helps us to hear the story of the life, teachings, death and resurrection of Jesus as a single narrative rather than in the small segments we hear each Sunday in church.

As we prepare for our Journey with Mark, I encourage you to first read the whole gospel, out loud and with someone else if possible, in one sitting. And then, each day, follow along with the various people, lay and ordained, near and far, who have reflected on a short passage. Journey well.

Susan Wilson

Ash Wednesday, February 18 Mark 1:1-20 Baptism, Temptation and Calling of Disciples

Mark jumps right into the story of Jesus' ministry beginning with his baptism by John. There is no doubt about who Jesus is and what he is going to be all about. A voice from the heavens confirms his identity and assures him of God's love and pleasure in him. He is tempted in the wilderness for 40 days and 40 nights, and although Mark doesn't elaborate on what those temptations are, apparently Jesus passes the test and needs angels to minister to him. Affirmed in his identity and calling, Jesus begins to gather his own disciples, whom he will teach and who will carry on his ministry after his death and resurrection.

Reflection on the purpose of our lives is one of the most significant and challenging tasks that we as human beings engage in. At points along our journeys, we are just as certain of what our identity and purpose are as Jesus appears in this opening passage. But along the way, our certainty of these things shifts and changes, grows and matures. Alas, the experience can be confusing, frustrating, depressing or exhilarating. Where are you today with that question? Do you have clarity about your life and purpose? What if you don't, where can you go for help?

Regardless of what we see as our purpose in life, or our role in the world, or our vocation in the community, everything comes back to rest on who we are in the eyes and heart of God. We are God's beloved. You are a special child of God, deeply loved by God. When we are not sure of what to do or why, it is always good to remember this truth. On the spiritual journey it is important to seek out companions on the way – a pastor, a mentor, a soul friend, a spiritual director – who will help to remind you of this truth when life gets a bit fuzzy or uncertain.

Susan Wilson, Rector, All Saints, Erin

Thursday, February 19 Mark 1:21-45 Beginning of Jesus' Ministry

Jesus worked and rested. Jesus worked and rested.

Notice the pattern? Probably Jesus learned this lifestyle from his parents and religious traditions. The Ten Commandments had recommended people should rest after working six days straight.

Mark put Jesus to work immediately after Jesus made his own commitment to God and selecting followers who would bring God's mission to fruition. Then he healed people and preached God's good news ... afterwards he found an alone place to pray, think, reflect and recharge before resuming his work. That is Mark's message to us as we study his gospel about Jesus Christ this Lent.

WORK for us may mean our daily labours, our volunteer endeavours or whatever else occupies our time, talent and resources in our every day living.

REST means what we do when we get away from our WORK to become rejuvenated physically, spiritually, mentally and emotionally.

Our REST could take place in a quiet room, in public worship, during travel or eating or any other situation where we can retreat into ourselves and be alone to communicate with God.

This Lent let Mark lead you through your WORK and REST to a new or renewed relationship with your Lord and Saviour Jesus Christ.

Hollis Hiscock, Editor, Niagara Anglican

Friday, February 20 Mark 2:1-12 Healing of Paralytic

There is a fascinating thing at work in this story. Although there were many people seeking help and healing from Jesus, the focus is on one person - the paralyzed man whose ingenious friends find a way to get him into a place where he will experience the power of being in the presence of Jesus. He says and does nothing to receive forgiveness, but simply responds to the words spoken by Jesus to him, "Your sins are forgiven ... Take up your mat and go home".

We see also the struggle of the Pharisees present; they were seeking to keep the religious institution alive and well. How often do we miss the experience of being in the presence of the Divine while seeking to maintain the status quo and the rule of law?

What about sin? It means to miss the mark. When we miss the mark, accept it with a change of heart that we are forgiven. Receiving forgiveness is truly a powerful and most liberating moment. We are realigned with our true self and can live again.

Elizabeth Heather, Rector, St. Matthias' Guelph

Saturday, February 21 Mark 2:13-17 Calling of Levi

It always strikes me, the people Jesus calls directly and they come. They just drop their current lives and come. A whole wealth of thoughts go with that; it just isn't that simple. Perhaps those were simpler times. Perhaps not. What you did for a living was who you were.

I am also struck by the polarity of the passage. On one hand there is the tax collector, reviled by his society; on the other there are the scribes being offended.

Jesus does not "call" the scribes but they are around, watching everything. Do the scribes offer him food and drink? Do they bring him home? Do they drop their lives to follow him?

Jesus' final line of the passage - that he came to call sinners, comparing himself to a physician for the sick - resonates down through time. If we are to follow Jesus, we must seek out the ones who truly need us. Christ is not just for the righteous but for those who need him. The sick in body and mind, the ones who struggle day by day to get through, to think well of themselves, the ones filled with anger, wanting to lash out. There are so many; he calls them all.

Anne Gould, Treasurer - St. Paul's Parish, Shelburne

Monday, February 23 Mark 2:18-27 Questions of Fasting and Sabbath

As I was researching my UK family and an understanding of how they lived, and what if any hardships they had to endure I ran across this story.

A councillor was walking home on a Sunday and suddenly pointed his gold topped walking stick in the direction of the river. "You two, what are you doing fishing on a Sunday? You are breaking the law. You will each pay a fine of 5s."

No amount of pleading, of hungry children and just getting enough for a family meal was listened to. The law was broken. (The Sunday Observance Act 1780 [Eight sections long.]

The disciples with Jesus, while walking through some wheat fields on the Jewish Sabbath, gathered and crushed some grains between their fingers. Immediately they

were criticised by the Pharisees for breaking the law. Jesus answered that the law was made for humanity, not humanity for the law. Almost 2,000 years of Christianity later, the British parliament had not learned that.

I am reminded that the word lent is an ancient word for spring. Springtime sees much activity underground, the plants are pushing down their roots as they prepare for new life, so Lent is a time for us to push down our roots into deeper nutritious soil of love and compassion ready for new life in Christ, where love is above law and compassion is above rule.

Easter and resurrection only come through the cross, but wood and nails could not have kept Jesus on the cross had Love not held Him there.

*Muriel Hornby, former Honorary Assistant,
All Saints' Parish, Erin*

Tuesday, February 24 Mark 3:1-19 Appointing the twelve

One theme running through this passage is Jesus' moral authority over all powers of evil. The Pharisees are condemned for their "hardness of heart" in not encouraging the healing of the man with the withered hand on the Sabbath. Their evil intentions are indicated when they go off to the Herodians, clearly a group associated with the hated Roman state, to plot against Jesus.

Great crowds are then attracted to Jesus' healing powers but it is the powers of evil, the "unclean spirits", who realize that a spiritual revolution against evil is going on, not just a wonder-worker healer in action. "Whenever the unclean spirits saw him, they fell down before him and shouted, 'You are the Son of God!'" They recognized one who operated by divine moral authority, not just good healing techniques. And they fell down before him in fear, recognizing his authority.

Finally, in choosing the 12 apostles and sending them out, Jesus sends them not only to proclaim the message of Jesus as the Son of God but to have "authority to cast out demons."

As we are called to participate in God's Mission in the world, it is good to be reminded that we are given a divine moral authority over the powers of evil in the world and we should not be afraid to invoke it. Jesus had it and God gives it to us.

Terry Brown, Co-Rector, Church of the Ascension, Hamilton

Wednesday, February 25 Mark 3:20-35 Jesus, Beelzebul and Family

True confession. When I first reviewed this segment of Mark's Gospel, the word "Beelzebul" glared at me. Not through Mark's words, through the lyrics of the singing group, Queen. Bohemian Rhapsody played in my head, "Beelzebul has a devil put aside for me." Another discussion, perhaps ...

The second word that stood out prominently was "family." Jesus exclaimed, "Whoever does the will of God is my brother and sister and mother." Family. What are your thoughts? Do you think of the nuclear family - mother, father and birth siblings - or a newer definition?

A couple of years ago, our Church borrowed a toy "Nativity Scene" from the Diocesan Resource Library. Inside were all the standard pieces, including the adoring parents, Mary and Joseph, and their lovely white-plastic baby Jesus.

Consider the definition of "family" today. In the future, will this toy company include same-sex parents gazing upon their intersexed baby? Not likely, by toy manufacturer's standards. How about you? If you were to design your manger scene, what would it look like? During this Lenten season, let us continue to consider Jesus' words: "Whoever does the will of God is my brother and sister and mother." Amen.

*Joan Dunn, Priest Associate,
Halton Cluster of Parishes, Georgetown*

Thursday, February 26 Mark 4:1-20
Parable of the Sower

In this season when gardeners are only beginning to contemplate what they want to plant in their gardens, Jesus' parable of the sower reminds us deeply of the significance of the seeds we plant not only in the ground, but also in all the lives we touch.

Jesus describes the seed as God's word, scattered by the farmers to produce a crop, and that the environment or soil of the ground makes a difference in whether or not that which was sown grows and produces a crop.

Like the soil, all souls receiving the word are subject to their environment for nurturing what is planted inside of them. It is important to listen for truth, and to not allow worries, distractions, trouble or suffering to delay or prevent spiritual growth in our lives, that we might share it with others - 30, 60 or 100 times!

What should strike us most is Jesus' statement, "Those who have ears should listen." As gardeners, in the right season we look for where we can best plant seeds in order to produce a good crop. Perhaps we need to do more listening and learning to help others cultivate their soil so that the seeds we all scatter land in good soil.

Ruth Reid, Pastoral Assistant, Youth and Family Ministry, St John the Evangelist Parish, Thorold

Friday, February 27 Mark 4:21-34
The Lamp, Growing Seed and Mustard Seed

As a former teacher of literature, I have always enjoyed the ambiguity of Jesus' parables.

In the Parable of the Lamp, we hear the well-known instruction "Don't hide your light under a bushel" with the warning that we must "pay attention to what we hear." At the end of this passage we are told that Jesus spoke in parables to all, "as they were able to hear" but he explained them to his disciples - a rather mysterious comment that seems to round out the warning to listen carefully.

The Parable of the Growing Seed and the Parable of the Mustard Seed both offer comparisons to the Kingdom of God in terms of earthly activities like planting, growth, harvesting and shelter - activities familiar to an agrarian society. These seem to be simple lessons about the importance of care and faithfulness. But they might also suggest the possibility of God's kingdom here on earth. Certainly, the stories imply the power of growth and development from the smallest of beginnings.

These parables have always suggested to me the possibility of God's kingdom here on earth and the need for each of us to contribute to its growth.

Elizabeth Hopkins, Parishioner, All Saints Parish, Erin

Saturday, February 28 Mark 4:35-41
Jesus Calms the Storm

When I read this story about Jesus it made me remember a time or two when I was much younger and still living in Upper Island Cove, Newfoundland. When I first met Mabel, who would later become my wife, my friend Ray Barrett also had a new girl named Olive and the two of us fellows decided to take the girls for a ride across the Bay (Conception Bay). It was about 3 km in a 12 foot punt (that's a row boat for mainlanders) to go from Bishop's Cove to the Mad Rock in Bay Roberts. We packed a picnic lunch and got aboard. About half way across the swell came on. Now, you must know that this swell comes into Conception Bay from the Atlantic Ocean. This swell of water out in the middle of the Bay was very frightening when you were sitting in a small row boat. Well, my buddy Ray had all the confidence and he got us to the other side just fine. Ray said that in another few hours it would be fine for our return trip. We enjoyed our picnic lunch with our gals and then got aboard the boat to head back home. We made it safely back to the Rocky Land at Bishop's Cove shore and all was well.

I think that Jesus had his hand on our boat, and on the wind and the water that day back in 1956.

Despite the somewhat scary adventure, the girls later decided to marry us and the four of us remained dear friends for more than 60 years.

What memory comes to mind when you read this Gospel story?

Douglas Mercer, Lay Reader, All Saints Parish, Erin

Monday, March 2 Mark 5:1-20
Jesus Heals a Demonic

This passage from Mark's Gospel about the healing of the demoniac speaks to me about liberation. Not a liberation theology per se, but a liberation from all that binds us body and soul, and chains us down.

The key to the story lies in a part of the question that the

possessed man puts to Jesus; "What have you to do with me, Jesus, Son of the Most High God?"

We may well ask the same question of Jesus when we are feeling chained down by our own demons. It may seem that every time we feel that we have freed ourselves all on our own the demons return, weighing us down even more.

The demons were still there after Jesus commanded them to leave the demoniac. They had only been set aside to another place until they ultimately destroyed themselves.

All Jesus asks of us is to lay all our cares at his feet and He alone will remove the chains.

This invitation is a common thread that weaves its way through the Gospels.

The most poignant to me can be found in the comfortable words of the Holy Communion as found in the Book of Common Prayer: "Come unto me all that labour and are heavy laden and I will refresh you." [Matthew 11: 28] These words can liberate us from our demons and set us free to be our true selves.

Ron Pincoe, Vocational Deacon, St Mark's Parish, Orangeville

Tuesday, March 3 Mark 5:21-43
Girl Restored, Woman Healed

A man of prominence publically requests Jesus to heal his young daughter and a woman comes silently for healing without even asking. One story embedded within another, but both about faith as well as anguish relieved by Jesus' healing touch. Jairus came to Jesus in the midst of a crowd. He humbled himself, bowing at Jesus' feet and "begged him repeatedly" to come and heal his young daughter. Jairus laid his faith out for all to see the extent to which he trusted Jesus. Then the news came that his daughter had died. We are not told if Jairus wavered in his trust because Jesus so quickly responds, "Do not fear, only believe."

Silently, without wanting anyone to know, the woman who had suffered for many years approached Jesus to gently touch his clothing hoping to be healed undetected. She was granted her unspoken request, but was not allowed to remain anonymous. Realizing she had indeed received healing she felt compelled to come forward when Jesus demanded to know who had touched him.

Like that of Jairus and the woman, our faith becomes a witness when others see it and recognize the difference it makes in our lives.

Stephanie Pellow, Rector, St. Alban the Martyr, Grand Valley and St. Paul's, Shelburne

Wednesday, March 4 Mark 6:1-13 Jesus is Rejected, Mission of the Disciples

The passage from Mark is a remarkable passage about faith. In the first part, we learn that the teaching of Jesus is rejected in his home town, Nazareth, and Jesus is amazed at the lack of faith. This should be a significant blow to Jesus because, according to Mark's account, he is becoming well known. However Jesus does not quit - instead he sends the 12 disciples out, two by two, to teach and to heal. The Holy Spirit is with them; they teach and they heal.

Rejection is part of life and God is very aware that it will occur to all of us.

The disciples must have headed out in some trepidation having seen what had happened to Jesus in Nazareth, but they went and let the Holy Spirit guide them.

Sometimes we feel that nothing will work and there is no point trying to live out our baptismal role of being the church in the world. But if we, in faith, can accept the power of the Holy Spirit, then God can and will work through us.

Rod McDowell, Vocational Deacon, St John's Parish, Niagara Falls

Thursday, March 5 Mark 6:14-29
Death of John the Baptist

Ever found yourself blurting something out without first engaging your brain? We've all done it - spoken the first thought without considering the potential consequence. As soon as the words left our mouths we wish we could roll back time and retract them. But the sad reality is, we can't and now it's time for damage control. It usually goes something like this, "Hi guys, good to see you again. You wouldn't believe how well my division has done this quarter, records sales and profits; I'll eat my shoe if anyone in the company is even close to what we've achieved. How are things in your neck of the woods? Oh, you don't say?" Suddenly you have a decision to make. Whether to lose face and in humility say you're sorry, you didn't actually mean it, OR you can choose to eat your shoe, think you are retaining the respect of others, but in reality you will be remembered for being even more foolish.

Herod chose to eat his shoe. Grieved at the thought of

losing face in front of others, he decided he had no choice other than give his daughter whatever she asked for after she danced for him and his guests. After all, that is what he blurted out that he would do, without first thinking about the potential consequence. When she later asked for the head of John the Baptist, a man whom he feared as a righteous and holy man and a man whom up to this point he had protected, he chose to value the opinions of others, above his own beliefs and values. It was a foolish decision that haunted him for the rest of his days.

As Christians we are not immune from blurting something out that we wished we hadn't, and then be challenged to set aside our own beliefs and values, in order to save face in front of others. We can choose to eat our shoe or we can stick to our beliefs and values by apologizing and retracting our words. In the long term we will avoid being haunted by our actions and we may just attract the admiration and interest of others through our Christian witness.

Brian Galligan, Rector, St Alban the Martyr Parish, Acton

Friday, March 6 Mark 6:30-44
Feeding of 5000

This well known story is like a three act play.

The first scene reveals Jesus compassion for the crowds (verse 34), not only in their hunger for that food that was nourishing their souls, but also for food to nourish their bodies.

Jesus' resolve not to send them away hungry opens the middle scene. He is calling the disciples to work with him in meeting the people's need. There is movement from invitation to charge to a pointed question and bidding, "How many loaves have you? Go and see." (verse 38)

Their bringing of five loaves and two fish opens the third scene. Jesus takes their offerings, looks up to heaven, blesses and breaks the bread, and gives it to the disciples to distribute among the people. Miraculously all eat and are filled. (verse 42)

This story moves me to give thanks ...

For all the hands across Niagara, making breakfast for kids before school, soup for the homeless, community suppers for those living in poverty.

For the Primate's World Relief and Development Fund and its abiding commitments to food aid and food security (see fredsays.ca)

For all of the world leaders who labour to eradicate extreme poverty among the nations.

Fred Hiltz, Primate, Anglican Church of Canada

Saturday, March 7 Mark 6:45-56
Jesus Walks on Water

So many of us live our whole lives in our own little boat. Understandably, as there is comfort and safeness staying there and most times we cruise along and the sailing is smooth. But at other times, a fierce wind storm arises and the sky around us turns black and we are tossed about with little sense of where we are or in what direction we are travelling. In those moments, the tempest is our only focus; we wonder how long it will last and if we will even survive.

The disciples probably thought the same thing.

Exhausted from rowing against the adverse waves, they frantically searched the horizon for a break in the storm; for hope and relief. When a figure appeared out of the darkness moving toward them, they cried out in terror, "It's a ghost!" Fear often makes us see things not as they really are.

Jesus came to them, walking on the water, coming to calm their fear and ease the storm. He tells them "Take heart, it is I; do not be afraid." He got into their boat, the winds ceased, peace and calm resumed.

When the storms arise in our lives, and they will arise, it does not matter how big our boat is. What matters is where we are looking. Do we focus on the turbulent seas, the crashing waves and wicked winds threatening to capsize us OR do we search the horizon for Jesus to come and get into our boat with us?

Jesus does come to us. He comes to us and enters our boat and calms the waters, and by doing so, he calms our hearts also. We don't need to expend our energy rowing in circles or bailing water. We need to wait and keep watch and trust that Jesus will come to us.

Don't look at the storm. Look out into it and watch for Jesus making his way to you. He brings you peace and calmness. He enters your boat and never leaves you alone. And for that, we too are "utterly astounded."

Holly Klemmensen, Postulant, Diocese of Niagara

Part two will be in the March Issue of the Post.



Mid-Life Directions Workshop

a process for personal and spiritual growth in midlife for women and men

Mid-life: a crisis of negative feelings, a world falling apart or an exciting opportunity for new beginnings. Mid-life transition can begin in our 30s and go on into our 60s or later. This workshop leads each person into a process of discovery of the "Self within" that needs to emerge in the second half of life with help from:

the insights of Judeo-Christian spirituality,
the insights of Jungian psychology,
the experience of the participants and facilitator

Both men and women welcome.

Facilitated by Barb Baillie, M.T.S, MAPPC
(Certified Midlife Directions Consultant)

Saturday, February 28

and March 14, 2015

9:00 am - 5:00 pm

bring bag lunch

Fee: \$200 (includes manual)

Register at South Island Centre For Counselling and Training: 250-472-2851

Or email: courses@southislandcentre.ca

TRI-REGION ANNUAL WOMEN'S GATHERING

Saturday, March 14

This year hosted by Holy Trinity Church, North Saanich
(Corner of Mills Rd and West Saanich Road)

10:00 am Holy Eucharist,

The Rev. Canon Penelope Black presiding

11:00 am speaker: Karen Wilson, Hospital Chaplain

Lunch provided by the Holy Trinity ladies

Concluding with "sharing" and socializing

Please contact Katharine Ellis with the names of those attending, including any Allergy-related food requirements, by March 7, 2015.

Both buildings are handicap-accessible.
250-477-4366 or dkellis@uvic.ca



South Island Centre

for Counselling and Training

3821A Cedar Hill X Road, Victoria, BC

(At the Old Rectory of St. Luke's Church, Cedar Hill)

We offer affordable Christian counselling for many different concerns, including relationships, grief and loss, spiritual direction, trauma, anxiety/depression, and many more.

Contact us at:

250-472-2851 or info@southislandcentre.ca

Visit our New website at:

www.southislandcentre.ca

Sunday Serenade

Eighth Season!

SUNDAY AFTERNOON CONCERTS

2:30pm @ ST. MARY'S ANGLICAN CHURCH
1973 Cultra Ave. @ East Saanich Rd., Saanichton

Feb. 8, 2015

Island Ukeleles

TICKETS: \$15, Children 12 and under free

Tickets/information

250-652-5392 sueandjohn@shaw.ca or
250-652-1611 stmarys.saanichton@shaw.ca

Tickets available at the door



Sisters of St. John the Divine

St. John's House, British Columbia

3937 St. Peter's Road

Victoria, B.C. V8P 2J9

phone: 250-920-7787; fax: 250-920-7709

website www.ssjd.ca

email: bchouse@ssjd.ca

Spring Retreats and Workshops

Lenten Preparation

Saturday, February 7 9:30 am - 4:00 pm

This is a time to spend some quiet time with God as you prepare for Lent.

Addresses will precede meditation times.

Donation appreciated. Bring your own lunch.

Please register by January 30

Preparing to Rejoice in God's Love

Fridays, February 20 - April 10th

(Holy Week - Tuesday morning)

9:30 am - 11:00 am followed by Eucharist

With resources from the Thomas Merton Society, Bishop Barry Jenks will lead this Lenten, Holy Week and Easter course. In conversation, as well as times of silent reflection participants will consider themes of 'turning, seeking, sorrowing and praying' as aspects of faithful living.

Space limited. Register by February 6

Cost: minimum of \$20 to cover the book.

Lenten Retreat

Saturday, February 21, 10:00 am - 3:00 pm

A variety of styles of prayer will be offered for you to choose from as you begin Lent.

Bring your own lunch. Donation appreciated

Please register by February 14

Three Day Silent Retreat

Details to come

Rosary Workshop

Saturday, March 7, 9:30 am - 4:00 pm

This is a time to learn about the Anglican rosary, make one and spend some time praying with the rosary.

Bring your own lunch. Donation appreciated

Please register by March 1

Gardening Day

Friday, April 17

Come and join us tend the garden.

Lunch provided

To register for an event please call or email:
Telephone: 250-920-7787 Email: bchouse@ssjd.ca
Register early, or event may have to be cancelled



RECYCLE YOUR POST

SHARE IT
WITH A FRIEND

Award-winning Canadian Red Cross "RespectED" training: Prevention In Motion Safe Church Education Winter 2015



South Island

March 23-24 - Church of the Advent, Colwood
7:00 pm - 9:00 pm For TWO evenings. Phone: 250 474-3031

Mid Island and North Island

February 7 - Christ Church, Alert Bay

9:30 am - 2:30 pm

Please bring a bag lunch. Phone: 250 974-5844

March 14 - St John the Baptist Church, Duncan

10:00 am - 2:30 pm

Please bring a bag lunch. Phone: 250 748-9712

March 14 - St. Peter's Church, Campbell River

10:00 am - 2:30 pm

Please bring a bag lunch. Phone: 250 286-161

Purpose: Developing the knowledge and skills necessary to understand, prevent, and respond to, violence against children, youth, and vulnerable adults.

Key topic areas include: Power, misuse of power, violence, abuse, bullying, harassment, child protection legislation, human rights, organizational policies, receiving disclosures, intervention, reporting, treatment, and risk management. This training will highlight the issues and identify strategies for keeping vulnerable people safe while continuing to build a community of trust and love.

Contact host parish to register
Registration closes the Sunday prior to each workshop date.

Sponsored by the Anglican Diocese of BC
and offered in partnership with the Canadian Red Cross



WOMEN'S SPRING WEEKEND CAMP PRINGLE APRIL 17 - 19

"HOMEMADE BREAD"

Facilitator: The Rt. Rev. Dr. Logan McMenamie

Spiritual Leader: The Rev. Nancy Ford

Leader of Music: Diane Bell

Cost: \$150.00 (\$50 cancellation fee)

Registration deadline March 25

Registration forms can be obtained from your parish office or:
Brenda Dhaene, 2291 Calais Road, Duncan, BC V9L 5V2
e mail: birish@shaw.ca telephone 250-748-7183

Food!

A Retreat on Pender Island
February 20-22nd '15
with the Rev. Cathy Campbell

Friday Evening

Celebration of Our Food Culture
Listening to Local Growers

Saturday

Meals, Manna and the Banquet
*Stories that Nourish
Stories about Mission*

Saturday Evening

A Banquet

Sunday Morning

A Banquet of Another Sort
Rev Cathy Campbell, Presiding

Details and registration at penderandsaturna.org

