



Lament and Hope
A memorial for those who have died of overdose
Tuesday, November 3, 2020

Within the Christian church this is All Saints and All Souls a solemn time when we remember all who have died. We feel that it is important to remember all those who have died from Overdose. Some may have no-one to remember them, others are deeply missed by friends and loved ones. It is difficult for families, friends, and caregivers to mourn during the Pandemic. The healing discovered in sharing grief can be hard to find. This memorial is an opportunity to take the time to remember, reflect and seek hope in the silence, the words shared, music and the solidarity with all who have been touched by their deaths.

Welcome

Welcome to the Cathedral Church of the Anglican Diocese of British Columbia. Here we respectfully acknowledge that we gather to worship on the traditional lands of the Esquimalt and Songhees Nations.

Prayer may be understood as an out look, a sustained energy, a mindful awareness and a compassionate caring.

Prayer Nancy Ford

Poem: Birthday 2020 Adela Torchia

Prayer Nancy Ford

Poem: Keep away the rain Evan James

Silence

Reflection Nancy Ford

Poem: On Death by Kahlil Gibran

David Mensink

A Mourner's Kaddish - Meditations before Kaddish Ross Bliss

Silence

Prayer Nancy Ford

Conclusion

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Thank you to all who participated in the memorial. A special thank you to Mark McDonald and Kate Newman for their technical and musical expertise.



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