

YOU SAY

I can figure it out.
I'm too tired.
It's impossible.
Nobody loves me.
I can't forgive myself.
It's not worth it.
I'm not smart enough.
I'm not able.
I can't go on.
I can't do it.
I can't manage.
I'm afraid.
I feel all alone.

GOD SAYS

I will direct your steps.
I will give you rest.
All things are possible.
I love you.
I forgive you.
It will be worth it.
I will give you wisdom.
I am able.
My grace is sufficient.
You can do all things.
I will supply all your needs.
I have not given you fear.
I will never leave you.

SCRIPTURE

Proverbs 3:5-6
Matthew 11:28-30
Luke 18:27
John 3:16
Romans 8:1
Romans 8:28
1 Corinthians 1:30
2 Corinthians 9:8
2 Corinthians 12:9
Philippians 4:13
Philippians 4:19
2 Timothy 1:17
Hebrews 13:5