

- Psalm 71:1-8
- ¹ In you, LORD, I have taken refuge; let me never be put to shame. ² In your righteousness, rescue me and deliver me; turn your ear to me and save me. ³ Be my rock of refuge, to which I can always go; give the command to save me, for you are my rock and my fortress. ⁴ Deliver me, my God, from the hand of the wicked, from the grasp of those who are evil and cruel.
- ⁵ For you have been my hope, Sovereign LORD, my confidence since my youth. ⁶ From birth I have relied on you; you brought me forth from my mother's womb. I will ever praise you. ⁷ I have become a sign to many; you are my strong refuge. ⁸ My mouth is filled with your praise, declaring your splendor all day long.

- Growing Old with God (vs 1-8)
- Becoming Part of God's Plan (vs 9-24)
- Faith's cry for help (vs 1-4)
- Testimony of experience (vs 5-8)

Faith's cry for help

• ¹ In you, LORD, I have taken refuge; let me never be put to shame. ² In your righteousness, rescue me and deliver me; turn your ear to me and save me. ³ Be my rock of refuge, to which I can always go; give the command to save me, for you are my rock and my fortress. ⁴ Deliver me, my God, from the hand of the wicked, from the grasp of those who are evil and cruel.

 "How sweetly the declaration of faith in this first verse sounds, if we read it at the foot of the cross, beholding the promise of the Father as yea and amen through the Son; viewing God with faith's eye as he stands revealed in Jesus crucified." - Spurgeon

- Testimony of experience
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- The first word of testimony is, "You have been my hope."
- Jeremiah 17:13a
- 13 LORD, you are the hope of Israel;

- The second word of testimony is "You have sustained me from birth."
- Jeremiah 1:5
- 5 "Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations."
- Romans 8:29
- ²⁹ For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.

 "If we are strong, it is in God, if we are safe, our refuge shelters us; if we are calm, our soul hath found her stay in God." - Spurgeon

• 8 My mouth is filled with your praise, declaring your splendor all day long.



- 9 Do not cast me away when I am old; do not forsake me when my strength is gone. ¹⁰ For my enemies speak against me; those who wait to kill me conspire together. ¹¹ They say, "God has forsaken him; pursue him and seize him, for no one will rescue him." ¹² Do not be far from me, my God; come quickly, God, to help me. ¹³ May my accusers perish in shame; may those who want to harm me be covered with scorn and disgrace.
- 14 As for me, I will always have hope; I will praise you more and more. 15 My mouth will tell of your righteous deeds, of your saving acts all day long— though I know not how to relate them all. 16 I will come and proclaim your mighty acts, Sovereign LORD; I will proclaim your righteous deeds, yours alone.

- 17 Since my youth, God, you have taught me, and to this day I declare your marvelous deeds. 18 Even when I am old and gray, do not forsake me, my God, till I declare your power to the next generation, your mighty acts to all who are to come.
- 19 Your righteousness, God, reaches to the heavens, you who have done great things. Who is like you, God? 20 Though you have made me see troubles, many and bitter, you will restore my life again; from the depths of the earth you will again bring me up. 21 You will increase my honour and comfort me once more.

• ²² I will praise you with the harp for your faithfulness, my God; I will sing praise to you with the lyre, Holy One of Israel. ²³ My lips will shout for joy when I sing praise to you — I whom you have delivered. ²⁴ My tongue will tell of your righteous acts all day long, for those who wanted to harm me have been put to shame and confusion.

- A plea not to be forsaken in old age (vs 9-13)
- Having hope always (vs 14-16)
- A prayer to share the works of God (vs 17-18)
- God will deliver out of troubles (vs 19-21)
- A promise to abound in praise (vs 22-24)

- A plea not to be forsaken in old age
- 9 Do not cast me away when I am old; do not forsake me when my strength is gone. 10 For my enemies speak against me; those who wait to kill me conspire together. 11 They say, "God has forsaken him; pursue him and seize him, for no one will rescue him." 12 Do not be far from me, my God; come quickly, God, to help me. 13 May my accusers perish in shame; may those who want to harm me be covered with scorn and disgrace.

- Psalm 92:12-14
- 12 The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; 13 planted in the house of the LORD, they will flourish in the courts of our God. 14 They will still bear fruit in old age, they will stay fresh and green,



• "What should I be doing now, however old I am, to prepare for old age?" The fact is, you will be then what you are becoming now. If you are not becoming a person of faith now, you will not be a person of faith then. If you are a negative, grumpy person now, you will not be a positive, cheerful person then. If you aren't developing a walk with God now, you won't have one then. - Steven J. Cole

Having hope always

• 14 As for me, I will always have hope; I will praise you more and more. 15 My mouth will tell of your righteous deeds, of your saving acts all day long— though I know not how to relate them all. 16 I will come and proclaim your mighty acts, Sovereign LORD; I will proclaim your righteous deeds, yours alone.

- I will praise you more and more.
- I will testify about God's acts





- A prayer to share the works of God
- 17 Since my youth, God, you have taught me, and to this day I declare your marvelous deeds. 18 Even when I am old and gray, do not forsake me, my God, till I declare your power to the next generation, your mighty acts to all who are to come.

• A sacred conservatism is much needed in these days, when men are giving up old lights for new. We mean both to learn and to teach the wonders of redeeming love, till we can discover something nobler or more soul satisfying; for this reason we hope that our gray heads will be found in the same road as we have trodden, even from our beardless youth. - Spurgeon

God will deliver out of troubles

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