

# beyond your current **mind**



## **Part 3 - The Healing Freedom of Forgiveness**

Without forgiveness, there is no Christianity. That reality has driven Christians to adopt a view of forgiveness that can seem extreme and unreasonable, but it is at the core of following Jesus. And it is the pathway to freedom.

**Scripture:** Mark 2:1-12, Matthew 6:12-15, John 20:21-23

### **Discussion Questions**

1. When someone has hurt or offended you, how do you naturally react? (Do you lash out in anger, retreat in silence, seek revenge?)
2. Read the parable in Matthew 18:21-35. What are your observations about the story? How would you summarize the main point of this teaching?
3. On Sunday, Pastor Dave said, forgiven people forgive people. How does accepting forgiveness in our own lives help us to be prepared to forgive others?
4. What are some characteristics in someone's life that might indicate that they haven't accepted forgiveness?
5. Are there aspects of forgiveness that you find really hard to embrace? How do you think the ideas of forgiveness and justice work together? What is the difference between forgiveness and reconciliation?

### **Moving Forward**

Encourage one another to reflect on and respond to these 3 questions in their own lives:

Is there anything I need to confess?

Is there anything I need to release?

Is there anyone I need to forgive?

If you are comfortable, share your reflections with the group and pray for one another as you work towards forgiveness and reconciliation.