

“ The food you're giving us towards the meals we make for our vulnerable seniors is making a huge difference in their lives. Thank you! ” – HARDY BAY SENIOR CITIZENS SOCIETY

# Newsletter



[nanaimoloavesandfishes.org](http://nanaimoloavesandfishes.org)

SUMMER 2020

**LOAVES & FISHES**  
COMMUNITY FOOD BANK



## Announcement

### COVID-19 UPDATE

Thanks to the incredible support of our community, from Victoria to Port Hardy we have been keeping up a reliable food supply for households and organizations in need across Vancouver Island.

SINCE JANUARY 2020

**FOOD 4 ALL**  
VANCOUVER ISLAND

**129,486** <sup>lbs</sup>  
**OF FOOD**



**VALUED AT**  
**\$334,778**  
to other nonprofits  
throughout Vancouver Island



**830,056** <sup>lbs</sup>  
**OF FOOD**



**VALUED AT**  
**\$2,146,094**  
to households



IN THE LAST 12 MONTHS...

**FOOD 4 U**  
FOOD RECOVERY PROGRAM

**LOAVES & FISHES**  
COMMUNITY FOOD BANK



WE HAVE SOURCED AND PROVIDED

**1,740,534** <sup>lbs</sup> OF FOOD  
TO HOUSEHOLDS

**345,914** <sup>lbs</sup> OF FOOD  
TO OTHER NON-PROFITS

# Spotlight on Volunteers

## EMPTIES 4 FOOD SORTING



While it isn't the most glamorous job, sorting empties has become one of our most worthwhile fundraisers. The money we earn from this program gives us a consistent source of revenue to cover the expenses of providing food.

If you're interested in joining our team we'll be happy to hear from you. See our website:



 [www.nanaimoloavesandfishes.org/volunteering/volunteering-during-covid/](http://www.nanaimoloavesandfishes.org/volunteering/volunteering-during-covid/)

# Donor of the Month

IslandSavings **THRIFTY FOODS**

## DEPOT SCHEDULE

### NANAIMO

**MONDAY**  
Loaves and Fishes Food Bank 5 - 7PM

**TUESDAY**  
Alliance Church 1 - 2:30PM

**WEDNESDAY**  
Loaves and Fishes Food Bank 10AM - 2PM

**THURSDAY**  
Loaves and Fishes Food Bank 1 - 3PM  
The Neighbourhood Church 6:30 - 8PM

**FRIDAY**  
Salvation Army Church 1 - 2:30PM

**SATURDAY**  
Generations Church 11AM - 12PM

### NORTH ISLAND / PORT HARDY

**WEDNESDAY**  
St. Columba's Anglican-United Church 1 - 2PM

August 12<sup>th</sup> & 26<sup>th</sup> / September 9<sup>th</sup> & 23<sup>rd</sup>

October 7<sup>th</sup> & 21<sup>st</sup> / November 4<sup>th</sup> & 18<sup>th</sup>

December 2<sup>nd</sup> & 16<sup>th</sup>



Loaves & Fishes Food Bank  
210 Fry Street Nanaimo, B.C. V9R 4Z1  
T. 250.754.8347

Member of:  Associate Member of: 

Thanks to the generosity of our community and the help of these terrific sponsors.

**FOOD 4 SUMMER  
FOOD DRIVE**

Food 4 Summer raised **1,722 Lbs** of food and **\$18,911.20** this year!

➔ [islandsavings.ca](http://islandsavings.ca)  
➔ [thriftyfoods.com](http://thriftyfoods.com)



A \$10,000 gift from Island Savings towards Food 4 Summer!



## EMPTIES 4 FOOD EMPTIES RECOVERY PROGRAM

Updated list of our Empties 4 Food bin locations:

ALLIANCE CHURCH .....	1609 Meredith Road
CASSIDY FARM MARKET AND DELI .....	3251 Island Highway
CHRIST COMMUNITY CHURCH .....	2221 Bowen Road
COUNTRY GROCER CHASE RIVER .....	82 Twelfth Street
DELICADO'S RESTAURANT (DOWNTOWN) .....	358 Wesley Street
GENERATIONS CHURCH .....	1300 Princess Royal Avenue
HAMMOND BAY BAPTIST CHURCH .....	4960 Hammond Bay Road
JOHN'S BEDROOMS .....	1707 Bowen Road
LANTZVILLE .....	7187 Lantzville Road
LOAVES AND FISHES WAREHOUSE .....	210 Fry Street
MARANATHA CHURCH .....	6553 Portsmouth Road (back parking lot)
MILNER GROUP PCWM RECYCLING FACILITY .....	4299 Biggs Road
NANAIMO AND AREA LANDFILL .....	1105 Cedar Road
NEIGHBOURHOOD CHURCH .....	4951 Rutherford Road
OCEANSIDE CHURCH .....	2304 Jingle Pot Road
REAL CANADIAN SUPERSTORE .....	6435 Metral Drive
SAINT PHILIP ANGLICAN CHURCH .....	1797 Cedar Road
7-ELEVEN .....	6201 Blueback Road
7-ELEVEN .....	2875 Departure Bay Road
THRIFTY FOODS .....	5801 Turner Road
TRIPLE T PARTY RENTALS .....	3251 Shenton Road
VIU STUDENT RESIDENCE .....	4 University Crescent



REGIONAL RECYCLING  
[WWW.REGIONALRECYCLING.CA](http://WWW.REGIONALRECYCLING.CA)