

# KNOW YOURSELF

A SHORTCUT TO WHO YOU REALLY ARE

## Part 3 – Forgotten Masterpiece

If you were designed by God and sin marred that design, how do you push past those limits to reach your potential? The answer is through the redemptive work of Jesus. Following Jesus doesn't just change eternity, it changes your present. The path to spiritual and emotional health is the key to redeeming the image of God in you.

**Scripture:** Ephesians 2:1-10

**Bottom Line:** Differences aren't deficiencies; sometimes they're design.

### Discussion Questions

1. Which part of your personality do you think has the most potential to generate good in your relationships and in the world?
2. Review the list below and reflect with the group on the ways your personality reveal the character and heart of God:
  - Type One – The Perfectionist – God's perfection
  - Type Two – The Helper – God's selflessness
  - Type Three – The Performer – God's glory
  - Type Four – The Romantic – God's creativity
  - Type Five – The Investigator – God's omniscience
  - Type Six – The Loyalist – God's loyalty
  - Type Seven – The Enthusiast – God's childlike joy
  - Type Eight – The Challenger – God's power
  - Type Nine – The Mediator – God's peace
3. How does what we've learned so far in the series emphasize what Paul is trying to teach us about God in Ephesians 2:1-10?
4. Paul makes an outstanding claim in verse 10: you are God's masterpiece, his poem. It's the same word in Greek that was used to describe God's work in creation. What difference does it make to you that you were created by God with a purpose in mind?

5. The healthier you become, the more you take on all the traits described in the Enneagram. Which of the other Enneagram types also describe aspects of your personality?

### **Moving Forward**

Having spent three weeks on this topic, in what ways do you think your self-knowledge has grown because of what you've learned about God? Similarly, in what ways has your knowledge or understanding of God grown because of what you learned about yourself?

### **Soul Care: meditation check-in**

What are you learning in regular time of meditation? Are you getting into a routine or do you need to continue to tweak your approach to these quiet times? What feelings accompany your times of meditation? Is this something you'll maintain as a regular part of your spiritual rhythms?