A YEAR OF... BEING MORE FULLY HUMAN IN A TIME OF UNCERTAINTY

IMAGINE...

...Having a whole year to explore how to be more fully yourself, as alive as God created you to be, despite the uncertainty that life brings. 2019 will be just such a year at St John's!

The year will feature the following:

- Having a Bishop in Residence for four, three-week periods throughout the year, who will preach and teach, make connections in the community, be available for pastoral counsel, provide informal worship, and host meals. Possible topics include – Christian Community; How to Pray in an Age of Uncertainty; Confession; Climate Change.
- A preaching series and events focused on the environment and ecology, spirituality and scripture.
- Exploring and experiencing a variety of Christian spiritual practices and relating them to everyday life. For example, learning to pray the labyrinth and then going for a meditative hike in Gatineau Park.
- Creating a prayer corner in the church that is available during Open Doors and at other times for individual quiet reflection.

- Exploring connection, sharing events, liturgy and resources with other Anglican churches in Ottawa Centre, in order to be stronger together.
- Enhancing pastoral care, sharing our stories, and spending time together socially.

It is going to be a very exciting and fulfilling year! Keep checking our website to see what is happening.



PASTORAL CARE IN THE PARISH

MONDAY, JANUARY 14TH 7 PM ~ CHOIR ROOM

Come and learn about formal and informal pastoral care in the parish, as a new Pastoral Care Team is developed at St John's. Verna Nuttel, of the Ottawa Pastoral Care Training Course, will be our speaker and guide.



READING & WRITING OUR LIFE STORIES

THURSDAY, JANUARY 17TH 10.30 AM ~ HALL

Thursday AM is a gathering of folks on the 3rd Thursday of each month, at which lively conversation is enjoyed over coffee, tea and cookies. On alternating months there is a theme, and in January our life stories will be explored by appreciating each other's first-person accounts, sharing what some have already written, and getting going on writing your own story! Please share written texts ahead of time for consideration in the programme, by submitting them to Maura (via email or copy) before January hard (maura.beecher@gmail.com).



BETH'S SABBATICAL ADVENTURES

WEDNESDAY, JANUARY 23RD 7 PM ~ HALL

Our Rector will show slides and share stories from her sabbatical trip to England and Scotland in May/June 2018, and reflect on reconciliation, connection, soul-time and pilgrimage.

HEARTBEAT OF THE CHURCH

SUNDAY, JANUARY 27TH NOON ~ CHAPEL/NAVE

September 2018 marked the 125th anniversary of the Anglican Church of Canada's General Synod. Our Primate is calling all of us, coast to coast to coast, to come together, form Conversation Circles, and join in dialogue, reflection, and prayer. What is the heartbeat of the church? Are we in sync with the gospel we are called to embody? In what do we rejoice? Over what must we repent? To what should we aspire? These are some of the questions we will explore in small conversation circles of 5 people. At the end of the two hours, each circle will have the opportunity to write their heartfelt prayer for the church and share it online. Come, get to know one another, and share in faith! Bring your lunch - coffee, tea and juice will be provided.



RECTOR'S PUB NIGHT

Monday, February 11[™] 6.30 pm ~ Army Officers' Mess

Enjoy a night of meeting others from St John's in a beautiful venue (right across the street from the church at 149 Somerset Street), over refreshments and snacks. All are welcome! Drinks are at your own cost, and if you are able to make a donation to defray costs, thank you! Please observe the Mess' custom of not wearing blue jeans.



TO REGISTER/MORE INFO

Contact the Church Office or sign up on the bulletin board.

Laura Macdonald, Administrator Monday to Friday ~ 9 am to 1 pm (613) 232-4500 laura@stjohnsottawa.ca www.stjohnsottawa.ca 154 Somerset Street West Ottawa, ON, K2P 0H8

WINTER 2019

EDUCATIONAL,
SPIRITUAL &
COMMUNITY BUILDING
OPPORTUNITIES



