

KNOX eNews: LIFE & WORK OF THE CHURCH

For more information www.kucparksville.ca
July 5, 2020 edition

WORSHIP AND ARTS MINISTRY

WILD EARTH CHURCH THIS SUNDAY IN KNOX'S BACKYARD

We invite you to join us for Wild Earth Church on the back lawn of Knox on Sunday at 11:00 a.m. We will need you to pre-register by emailing Jennifer at minister@kucparksville.ca since there is only room for up to 5 small group circles of 9 people. To prepare for Wild Earth Church, you will need to prepare your spirit by taking a walk or a sit by the ocean, in the forest, at the labyrinth at the Community Beach, on your favourite hiking trail or walk or a time of contemplation in your backyard. Be prepared to share how and where you experienced the presence of the Divine in creation. Please bring your lawn chair and sit at a 6-foot radius from each other in the assigned spots. Note there will be no singing or recitation of the Lord's prayer aloud in this gathering due to COVID restrictions.

THANK YOU TO THE CONGREGATION. I was overwhelmed and humbled by the farewell parade this past Thursday. Your incredible generosity and thoughtfulness shone through with your presence, cards, vase, flowers, memory box and purse. Thank you for the love, encouragement and appreciation shown and given to me. It was wonderful to see so many of you in person after all these months. I will miss you all. – Jenny.

VIDEO vs AUDIO Which one did you choose? Tell us about your choice at admin@kucparksville.ca We will publish the best answers in the eNews.

Just to let you know --- I have been appreciating the Sunday services from Knox, the opportunity to sing and to hear Jennifer's messages. Always appreciate my Parksville contact! Thanks to all Sandra V.

KNOX CRISIS TEAM

WHO is on the Knox Crisis Team?

Jennifer Ferguson	Don Emerson	Shane Conn
Megan Hurd	Jan Jamieson	Jeanette Mossing

CONTACT EMAIL: crisis@kucparksville.ca

SOCIAL JUSTICE & OUTREACH MINISTRY

THE GLOBAL VILLAGE NANAIMO seasonal Fair-Trade Store is now open at 4750 Rutherford Road - Nanaimo North Town Centre. Our hours are 11 am - 4 pm, Monday thru Saturday This store is a not-for-profit social enterprise that sells only fair trade goods, including soaps, scarves, greeting cards, coffee/tea, housewares, gift items, accessories and baskets. The Spring Store is only open until June 20, 2020. For more information send an email to gynanaimo@gmail.com, or go to globalvillagenanaimo.com or connect with us on Instagram or Facebook.

FUN, FAMILY, FRIENDS & FOOD MINISTRY

THE GATHERING PLACE – Thank you to all that took the time to bring a lawn chair, pick up a coffee and come to the Community Park for some fellowship. Let's do it again! Weather permitting, come and join us for some conversation at the Parksville Community Park, (Labyrinth area) 10:00 am, Tuesday, July 7th. There is always room in our circle for one more! See you there!



"The first un-zoom gathering since COVID. A windy, but beautiful time with 14 people in attendance"

Photo courtesy of Jan K.

SACRED SPACES MINISTRY

JOIN THE TEAM –Linda Nelson is taking care of the Meditation Garden assisted by Myrt Omnes and Jan Lucas and Nona Klontz weeding the entire property. I know that Jan could use some help. Give her a call and join the team. They meet on Tuesdays but check with Jan and she will let you know. Also, Ted Gough is watering the plants on Mondays. I need more volunteers to do watering so please call me if you can help. Margaret Warburton, Co-Lead, Sacred Spaces, 250-951-0538

STEWARDSHIP & FINANCE MINISTRY

FALL FAIR TEAM, ITEMS FOR SALE – Please note the attachment that was emailed with eNews which contains items for sale that were donated to Knox to be sold at our Fall Fair. Funds from the on-line sale will be used to support the work of the church. Thank you for your support!

SMALL SUMMER CONCERTS AT KNOX - Knox is extremely excited to announce our return to hosting small concerts over the summer months. We have partnered with Ground Zero Productions to present a series of concerts (all Knox and BC Provincial Guidelines for COVID-19 safety measures will be strictly followed) over the next 3 months. We will have a

variety of music available and are pleased to be able to present live, local, and BC-based musicians doing what they love to do again. Our first small concert is Friday, July 10th and will feature a Rockabilly type band from the lower mainland called "Rooster Tooth". There will be two shows, one at 5:00 and one at 7:30. Tickets are very limited and available only on the Ground Zero Acoustic Lounge website (gzalounge.com). Tickets for this show are \$25.00 each. Stay tuned for more details on future concerts at Knox!

GROUNDZERO/KNOX PRESENTS ...

FRIDAY
10
JULY

TICKETS
\$25
LIMITED SEATING!

ROOSTER TOOTH
LIVE MUSIC IS BACK!

WITH... Rooster Tooth

at KNOX UNITED CHURCH
345 PYM ST, PARKSVILLE BC
Two showtimes - 5 pm & 7:30 pm
TICKETS AVAILABLE ONLY AT WWW.GZALOUNGE.COM

PLEASE NOTE: NON-MEDICAL MASKS ARE REQUIRED TO BE WORN

HEALING AND PASTORAL CARE MINISTRY

HEALING MINISTRY- The Healing ministry is **not** taking appointments until further notice. This decision was made to protect our clients and practitioners at this uncertain time. However, if anyone requires a healing treatment during the shut-down they can call Bruce at 250.248.3119 and he will be willing to provide you with a modified distance prayerful healing session.

COMMUNICATIONS MINISTRY

FOR THE LOVE OF ONE ANOTHER:

Please Wash Your Hands

Keep Your Distance

2 METRES
(6 FEET)

Wear a Mask

MINISTRY & PERSONNEL MINISTRY

Rev. Jennifer Ferguson: Monday-Friday, days off are Saturday & Sunday. (If you would like to meet with her for pastoral care via phone call or FaceTime, please call her to make an appointment at **250.927.6061** or email minister@kucparksville.ca

Knox United Church Staff Email Addresses Follow this link to the Knox Website: www.kucparksville.ca/pages/contact-us

Knox United Church Council 2018-19 For a list of Council Members and Team Leaders, <https://www.kucparksville.ca/about/our-leadership-13>

CURRENT STAFF HOURS - A reminder that as Council and congregants we need to be mindful of Jane and Karen's reduced hours and recognize that they cannot always respond to last-minute requests. Please plan for congregational emails, slideshows, worship services and zoom bookings.

Jane works Mondays 9-10:00 a.m., Wednesday noon-4:00 pm and Thursdays 10:00-1:00 pm. Karen works a couple of hours Monday through Thursday. Please try to respect their Friday, Saturday, and Sundays off. Jane will be working Canada Day July 1st and taking Monday, July 6th off instead.

Jennifer's days off during COVID are usually Saturday and Sunday but this week is her usual Friday and Saturday. Jennifer will be taking Friday off instead of July 1.

SPIRITUAL FORMATION MINISTRY

BIBLE STUDY VIA ZOOM – Our last Bible Study of this academic year will take place via zoom at 10:30 on Wednesday, July 8th. Bible study will resume on Wednesday, August 19th at 10:30.

COUNCIL NEWS

COUNCIL NEWS for June 24 Extra Meeting: Council approved the use of the Sanctuary and Lounge for **Community groups**. During this stage, the capacity of the Sanctuary is 50 people and the Lounge is 15 for Community groups. This allows small performances such as those co-sponsored with Ground Zero in the Sanctuary. Groups such as AA and OA can meet in the Lounge.

Church groups are bound by Stage I of the Regional UC plan and can't yet meet in such large groups and due to cleaning costs. Since the BC government guidelines have changed recently, we hope that our guidelines will change soon.

In the meantime, Thank God it is summer! We can meet outside with backyard church and gathering for a visit and coffee in the park.

Following is an update on Council Membership:

EXECUTIVE

Minister	Jennifer Ferguson
Council Chair	Don Emerson
Council Vice-Chair	Dana Goedbloed
Council Secretary	Chelsea McDonald
Treasurer	Brenda Astle

Trustee Rep	Andrew Slack
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MINISTRY TEAM LEADS

Communications	Marg Conn
Fun, Family, Friends & Food	Gayle Haughn
Healing & Pastoral Care, Co-Leads	Mary Allison Bell Linda Nelson
Ministry & Personnel	Harvey Diamond
Sacred Spaces Co-Leads	Ian Ward Margaret Warburton
Social Justice & Outreach	Diane Jones
Spiritual Formation	Stephen Torrence
Stewardship & Finance	Ron Pepper
Worship & Arts	Shirlene Donnelly

UNITED CHURCH OF CANADA

GENERAL COUNCIL 44: POSTPONED UNTIL 2022 – Due to concerns around COVID-19, the decision has been made to postpone General Council 44, previously slated for July 2021, in Calgary, AB, to 2022. Commissioners came to this decision at a special electronic meeting held on June 20, 2020; [read the full news piece](#). [Read the full details](#)

BLACK LIVES MATTER The General Council Executive [issued a statement](#) on June 18, 2020, confirming unequivocally that Black Lives Matter to the United Church of Canada. The Executive acknowledges racism as a sin and admits that the church has not confronted adequately the racism within its churches and councils. The letter is in response to the tide of Black Lives Matter demonstrations sweeping across the continent and is part of the church's continuing response to the last hours of the 43rd General Council in August 2018, when many clergy and members spoke about their painful encounters with racism within the church.



United against Racism

CELEBRATING PRIDE IN THE UNITED CHURCH

While the United Church's official Pride Sunday may have come and gone, there is still time to celebrate Pride month within your communities! Check out the many prayers, liturgies, blogs and other resources on our dedicated [Pride webpage](#)



UNITED CHURCH OF CANADA

30 CHURCH HACKS TO MANAGE CHANGE With all the change and the subsequent adaptations currently happening, we all need to be learning how to manage change personally and collectively.

So the [Disciples of Christ](#) and [EDGE](#) decided to team up to do an immersive session on managing change. The session included a psychotherapist, a community hosting expert, church planting with the Disciples and [Embracing the Spirit](#) all talking about managing change!

Here are some of the hacks:

- Recognize, make space for, and honour your feelings
- Get comfortable with discomfort
- Nurture relationships with individuals holding divergent views
- Embrace a growth mindset
- Check your ego
- Remain open to feedback
- Embrace vulnerability rather than perfection
- Recognize that change occurs incrementally
- Stop, breathe, repeat
- Make space for pacing – be graceful
- Give permission through action
- Let the cream rise
- Embrace a beginner's mind
- Do it wrong, then do it again
- Resist the urge to revert

