

## **KNOX eNews: LIFE & WORK OF THE CHURCH**

For more information [www.kucparksville.ca](http://www.kucparksville.ca)  
**April 12, 2020 edition**

### **WORSHIP & ARTS MINISTRY**

**EASTER SUNDAY COMMUNION** - I know we are all feeling the strange disconnection from our family of faith especially for Easter Sunday. Even though we are in our respective homes, as a way of reminding ourselves that we can still commune together, we are inviting you to share in Holy Communion with one another as you listen to the audio Easter worship service on our website. Before you listen to the sermon please arrange to get something to drink whether it is a glass of water or juice or pop or cup of coffee or tea or glass of wine (if you are listening later perhaps) and something to eat whether a cracker or potato chip or bread or muffin or cinnamon bun (whatever you choose). We will all eat together as we are reminded of the love of Christ, and his call to be his resurrected body in this world. For those of you who are not able to connect to the weekly audio, please join us at that hour and read through the Easter worship service at 10:00 a.m. knowing that we are all sharing this holy meal together.

**SUNDAY SERVICE/ONLINE CHURCH** - Our online church service will be offered each week which you can find on the Knox website at [www.kucparksville.ca](http://www.kucparksville.ca) and then click on Sermons and then click on the most recent sermon by date. You may not all be able to listen at 10:00 a.m. on Sunday because of too many listeners at once but you can worship any time thereafter. People have requested a song leader to lead the singing, but our Knox Crisis Team and Council have deemed it too risky to have more than Jenny and I leading the worship at this time. People have also requested a video recording, but we cannot do live streaming or make a video recording and you wouldn't want to see Jenny and me up there by ourselves anyway...it's very lonely without all of you sitting and singing in person so please join us in cyberspace.

**CHOIR NEWS** - The Knox Choir has continued to "meet" on Wednesday nights at 7:00 pm (our usual rehearsal time). We "meet" online through the computer program Zoom. Connecting and using the program has proved to be a little challenging for some choir members with older computers and those who are not so familiar with using their computer.

It has been wonderful for those who could log in. With this program, we can see each other and talk to each other. It's so nice to still have "human" contact.... seeing each other adds to the human connection that we all need.

### **NEW - KNOX CRISIS TEAM**

#### **KNOX CRISIS TEAM – *NEW* Members Update and Contact Info**

##### **WHO is on the KNOX CRISIS (COVID) TEAM (KCT)?**

- Jennifer Ferguson, Minister
- Don Emerson, Vice-Chair of Council
- Shane Conn, Congregant
- Megan Hurd, Respiratory Therapist
- Janice Jamieson, Registered Nurse
- Jeanette Mossing, Registered Nurse

Should you have any questions, concerns or suggestions, please email [crisis@kucparksville.ca](mailto:crisis@kucparksville.ca)

#### **MESSAGE FROM THE KNOX CRISIS TEAM – BC211**

BC211 is a non-profit organization that specializes in providing free information and referral regarding community, government and social services in BC.



BC211 matches seniors who need support with non-medical essentials and to volunteers in their community who are willing to help.

BC211 offers services to seniors in the areas of Mental Health, Counselling, Elder Abuse, Health Conditions, Housing, Food and basic Goods, Home Support, and Transportation

For more information telephone 211 OR go to the bc211 website <http://www.bc211.ca/>

#### **KNOX CRISIS TEAM DELIVERY TEAM**

Need help with picking up prepaid groceries and prescriptions? Contact your Knox Caller or Brian Stubbings at [stuwil48@shaw.ca](mailto:stuwil48@shaw.ca) and he will arrange to have one of our Knox Delivery Team will be able to assist.

## SOCIAL JUSTICE & OUTREACH MINISTRY

There are **GREEN SHOOTS OF OPTIMISM** in our community, despite the gloom of the Corona 19 Virus. We had news last week, that Greta Hogan from SOS has found a new home for a lady that had lived on our Knox Property. Our friend is very grateful to Knox for our continued support throughout her various challenges, and she wanted us to know that. Also, a young couple who stayed at St. Anne's, and at the warming shelter at the Conference centre have also moved into accommodation. We are grateful that some progress has been made. Knox also helped four families who came to us for food, last week. Knox has decided to continue supporting Manna monthly, giving the \$75.00 usually used to provide sandwiches, to buy canned goods and other necessities. We will restart the sandwich-making 2X monthly when it is safe to do. The OHEART group are working behind the scenes to find solutions for a future winter shelter and alternative solutions to Homelessness. Diane Jones, a member of SJO and Kairos, will report the news to the congregation.

If these continued issues of poverty and homelessness in our community are going to be addressed and resolved, we need to continue to join with other community organizations to help raise awareness. We invite anyone interested in these concerns to join us in supporting Knox's Discretionary Fund, (which provides food coupons and crisis relief for church members and people who walk in off the street, OHEART (an ecumenical group working together to create a safe, welcoming and caring environment offering temporary overnight cold weather shelter). This is the group that set up the Assisi House at St. Anne's', B.C. Housing, Kairos, SOS, Manna, the Salvation Army, Springwood School lunch program and our local Foodbank (Salvation Army). Our hope and encouragement in these challenging times come from knowing the difference all our combined efforts are making.

We are all in this together, think of ways you can help the less fortunate. Grow a bigger garden-donate your surplus, fruit and veggies. Support local farms, knit or crochet for the Church Bazaar or donate items to Manna. Talk to your neighbours (6ft. apart) and most of all Stay Safe and Healthy. We can create more green shoots of hope in our Community. Thank you, from SJO, God Bless and HAPPY EASTER!

Charity addresses and locations:

- Manna Homeless Society, Box 389 Errington, B.C. VOR1V0
- Salvation Army donations, P.O. Box 1874 Island Highway, Parksville, B.C. V9P2G5 or online: [salvationarmy.ca/donate](http://salvationarmy.ca/donate)

- Ministers' discretionary fund: Knox United Church, 345 Pym Street, Parksville, B.C. V9P1C8

## FUN, FAMILY, FRIENDS & FOOD MINISTRY

**HOT CROSS BUNS** - I usually bake some Easter Bread for Easter but today I made some Hot Cross buns and maybe the Easter Bread will come later in the week. I hope all my virtual guests will enjoy them as much as I enjoyed making them! I find that baking helps me keep my sanity! If you would like my recipe, I would be happy to talk and share. Happy Easter to All! Keep safe and stay healthy! Gayle Haughn



**ATTENTION ALL CRAFTERS** – For anyone looking for something to do during our “shut-in” stage, United Church Women will be participating in Knox's Perfect Gift Christmas Craft Fair on November 14. We would gratefully appreciate donations of hand-made knitting, sewing and craft items. Examples are toques, mitts, socks, slippers, hats, potholders, placemats, Christmas ornaments, or any other hand-made craft items you enjoy making! Stay safe. Blessings, UCW.

## SACRED SPACES

**GARDENING VOLUNTEERS** - Spring is here again and soon we will need volunteers to maintain the grounds at Knox. If you would like to help in any of the following areas, please call me. Weeding, Watering, Pruning. If you would like to choose one area in which to work or one day of the week, please state your preference. I am looking forward to your phone call. Margaret Warburton 250-951-0538  
[warburton59@shaw.ca](mailto:warburton59@shaw.ca)

## STEWARDSHIP & FINANCE MINISTRY

### KNOX 16<sup>th</sup> ANNUAL FALL FAIR August 29, 2020

Plans are still underway for the 2020 Fall Fair. I am looking for team leaders for GARAGE SALE, CHRISTMAS & CRAFTS, SPORTING GOODS, FURNITURE etc. Please contact me if you can help in any way. Thanks, Margaret Warburton, 250.951.0538,  
[warburton59@shaw.ca](mailto:warburton59@shaw.ca)



## HEALING AND PASTORAL CARE MINISTRY

**PASTORAL CARE** - Jennifer continues to meet with people for pastoral care Monday through Thursday via phone or Face Time if you have an iPhone, so please email her to make an appointment and she would be more than happy to connect with you.

**HEALING MINISTRY**- The Healing ministry is **not** taking appointments until further notice. This decision was made to protect our clients and practitioners at this uncertain time. However, if anyone requires a healing treatment during the shut-down they can call Bruce at 250.248.3119 and he will be willing to provide you with a modified distance prayerful healing session.

**PRAYER SHAWL GROUP** on Facebook. All are welcome to join us on our Facebook group. Share your projects, tips, encouragement and humour. In the search space, type "*Knox Prayer Shawl Group*". See you there!

## MINISTRY & PERSONNEL MINISTRY

**NEW** - Rev. Jennifer Ferguson: **Monday-Friday, days off are Saturday & Sunday.** (If you would like to meet with her for pastoral care via phone call or FaceTime, please call her to make an appointment at **250-927-6061** or email [minister@kucparksville.ca](mailto:minister@kucparksville.ca)

### Knox United Church Staff Email Addresses

Follow this link to the Knox Website: [www.kucparksville.ca/pages/contact-us](http://www.kucparksville.ca/pages/contact-us)

### Knox United Church Council 2018-19

For a list of Council Members and Team Leaders,

<https://www.kucparksville.ca/about/our-leadership--13>

## SPIRITUAL FORMATION MINISTRY

I was so saddened by the news of Tom Cmikiewicz's death yesterday and feeling for the family and how much they have had to deal with lately. In prayer, (and experiencing the Spring, new beginnings around us) got me thinking about other Springs. I offer a small vignette of Alabama.

This is a perfect time to share our stories. I would love to hear about Springs that you have experienced, wherever you have lived. Please submit to [jandumonde@gmail.com](mailto:jandumonde@gmail.com)

## SOUTHERN SPRING

I miss the scent of southern pine,  
Wisteria on braided vine,  
Entwining round the balustrade,  
It's purple splendour there displayed.

And the dusky damp of red mud,  
Deposits from the latest flood,  
When the Tombigbee cleared it's bed  
Through soy and cotton fields did spread.

Warm twilights, when wood smoke floats by,  
As Kerry, my collie and I,  
Walk by the river, startle a doe.  
Our last steps lit by firefly glow.

*Jan du Monde*

## COMMUNICATIONS

**KNOX PHOTO DIRECTORY** – Please send errors, omissions, changes to Colleen Welsh, [marketingkuc@gmail.com](mailto:marketingkuc@gmail.com) We will send out update pages and will make corrections for our next printing.

**SOCIAL MEDIA** – Would you like to work with us on social media? We would appreciate help with our Facebook page and groups. We can make more groups on Facebook for your team, group or special interest. If you are familiar with other platforms like Instagram, Snapchat, etc., bring it on! Can you suggest any good sites for Seniors? Contact Marg Conn, [communicate@kucparksville.ca](mailto:communicate@kucparksville.ca)

**UNITED CHURCH BROADVIEW MAGAZINE SUBSCRIPTIONS** – It's time to renew your Broadview subscription (June 2020 – June 2021). The cost for one year is \$25, which is the reduced group rate for churches. To help make the process easier, please contact Cathy McNeil at [catbob@shaw.ca](mailto:catbob@shaw.ca) or 250.248.1259. The order will be submitted in April. Cheques should be made payable to Knox United Church and should be left in the church mail slot while the church is closed.

**WEBSITE *NEW PAGE*** Have you visited the website recently? You will find a new page entitled “**ONLINE CHURCH**” Here is the link <https://www.kucparksville.ca/pages/online-church> When you click on this it gives you four links to choose from: **ONLINE CHURCH, MINISTER’S MESSAGE, DAY BY DAY** and **ON-LINE KIDS ZONE.**

In **DAY BY DAY**, we share attachments with something uplifting, funny or informative, even videos and music.

**ON-LINE KIDS ZONE** has games, videos, puzzles, word games and other fun ideas for kids and parents to share.

PLEASE CHECK US OUT. If you would like to contribute an article for consideration or have any comments, please email me at <http://marketingkuc@gmail.com/> Thanks and stay safe!  
Colleen Welsh, Marketing for Knox United

### COUNCIL NEWS

STAY TUNED FOR FUTURE UPDATES

### OUR KNOX FAMILY

**SAD NEWS** - It is with deep sadness that we share with you the news of Tom Cmikiewicz’s passing. Tom died of smoke inhalation when their family home caught fire Monday morning. We are thankful that Marlene was away visiting family. Our love and thoughts go out to Marlene and their families. It has been a time of deep loss for Marlene who is also grieving the passing of her little grandson Jonathan. We surround her with our love and prayers and pray for Christ’s peace to enfold her.

**SAGE ADVICE** Submitted by Maureen Loudon

Let’s try to remember that we all process things differently.

Some people are falling apart right now, and that’s OK.

Some people will hold it together until this is all over, then crumble. That’s OK, too.

Some people won’t know exactly how this has affected them for a long time.

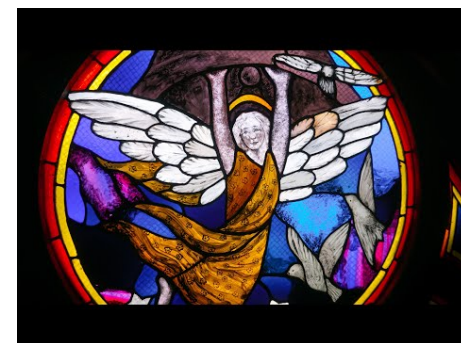
It’s all OK.

Everyone is different,

And we’re all just doing the best we can.

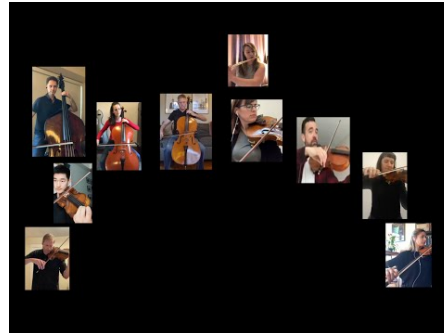
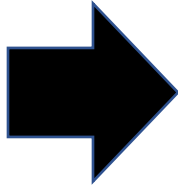
**SMALL ACTS CAN MAKE A BIG DIFFERENCE** In these difficult times, small acts can make a big difference. Every day at 1 pm Heather Jean Jordan rings the bells of St. George In the Pines as a symbol of hope and community for the town of Banff. Submitted by Jennifer.

**Click on the video to the right and prepare to be inspired.**

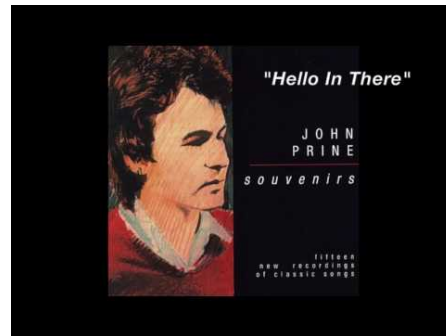
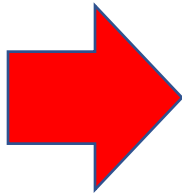


**INSPIRATIONAL SPRING MUSIC** Submitted by Karen G. The Toronto Symphony Orchestra performing *Appalachian Spring* together, but apart.

Click on the video to the right



**JOHN PRINE** One of America's Greatest Songwriters sings his song "Hello in There"



**COVID-19, the Lighter Side...**

**COVID-19 TIME MANAGEMENT** – "All is well here. It's amazing how little time I have to do what I should" Submitted by Cathy McNeil.

**IMPORTANT GROCERY STORE REMINDER**

**NO CLOTHES, NO SERVICE!**

Submitted by Jan J.



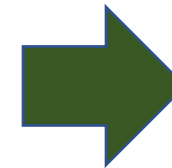
**TODAY'S SMILE...I KID YOU NOT!** Submitted by Jo Dunn.

(hit control key and left-click on your mouse on the following link)

<https://www.facebook.com/joe.kuebler1/videos/10223482566279075/UzpfSTc3NjA5MDQyMToxMDE2MzY5NjA0MDYxNTQyMg/>

**THE STORY OF MY LIFE IN LOCK-DOWN** or "Herman, what are you doing?" German Cartoon. Too near the truth. Can any of you relate to this one? Submitted by June and Bruce McIntyre

Click on video right



**THE PERILS OF SELF ISOLATION** This just in... new information about the stresses and strains of self-isolation reports that people are going crazy from being in lock-down!

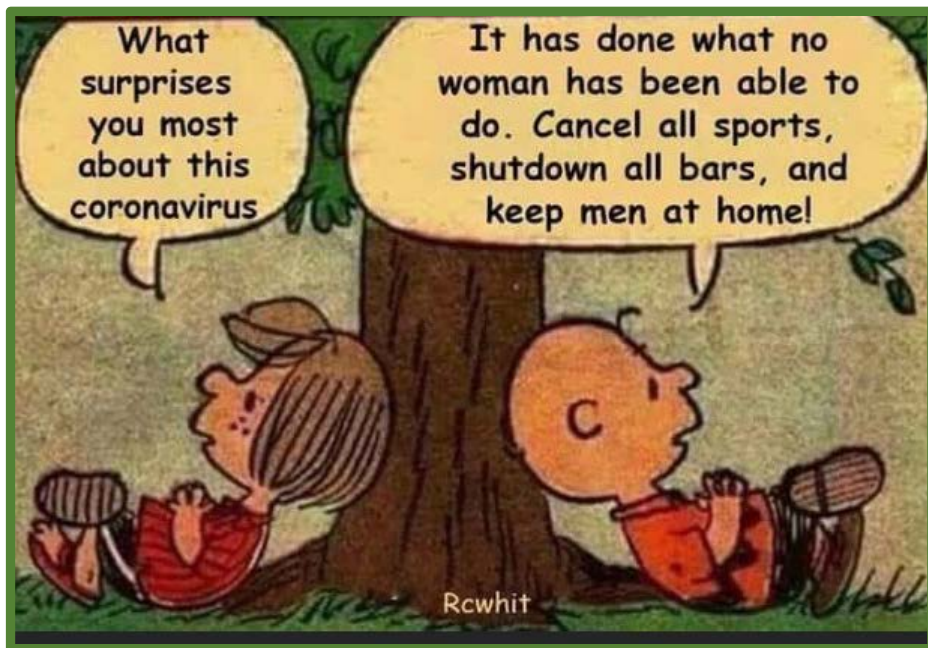
It was strange because I had just been talking about this with the microwave and toaster and all of us agreed that things are getting bad.

I didn't mention anything to the washing machine as she always must put a different spin on everything, and certainly not to the fridge as he is acting cold and distant.

In the end, the iron calmed me down. She said everything will be fine, which surprised me because she's usually the first one to apply unnecessary pressure and get steamed up over nothing!!! I think she might have been sneaking off to the medicine cabinet,

I was talking to the toilet earlier this morning and he flushed my optimism away so not going to talk to him again! Submitted by Shane Conn, KUC Special News Correspondent

**CAN'T BEAT THE WISDOM OF CHARLIE BROWN** Submitted by  
Bruce and June McIntyre



**COVID-19 TOILET PAPER CHRONICLES**

**Raw toilet paper for sale \$20**



**Some assembly required**

Submitted by  
Jan J.

**UNITED CHURCH OF CANADA**

**MODERATOR'S EASTER MESSAGE**



**MODERATOR'S EASTER LIVESTREAM WORSHIP ON APRIL 12, 2020**

Join us on Easter Sunday for a special live stream Holy Communion service with Moderator Richard Bott at noon PDT. Bruce Harding and other musicians will be leading us in worship through music, and the Rev. Michael Blair will offer a reflection on scripture.

You are encouraged to participate while you view, using your communion elements. Everyone is invited to bring bread (cracker, cookie, muffin, tortilla, bannock, etc.) and some water, wine, or juice to share in communion.

This Easter Livestream worship will be broadcast on:

- Zoom (maximum capacity of 500 people)
- And the United Church of Canada's YouTube Channel <https://www.youtube.com/user/unitedchurchofcanada>