

KNOX e-NEWS: LIFE & WORK OF THE CHURCH

For more information www.kucparksville.ca

March 15, 2020 edition

WORSHIP & ARTS MINISTRY

PASS THE PEACE, NOT THE GERMS: Extra Safety in Anxious Times. Passing the Peace to one another during worship often means handshakes and even hugs. During cold/flu season why not offer alternative gestures such as:

- folding hands in a prayer gesture and slightly bowing to others
- raising your hand gently in a sign of blessing
- exchanging elbow bumps works too

COMMUNION SERVERS NEEDED for April 5 (Palm Sunday) and June 28. We need 10 communion servers on these dates. Just show up at Jennifer's office at 9:40 am on the day of communion for instructions. Sign-up sheets are on "the wall" at the church. Thank you!

SOCIAL JUSTICE & OUTREACH MINISTRY

THE GREEN TEAM is participating in Citizens for Public Justice's Give It Up for The Earth campaign, which asks people to pledge to reduce greenhouse gas emissions during Lent. Postcards for mailing to the Federal Minister of the Environment will be available in the Narthex following today's Service".

GREEN TEAM CHALLENGE Reduce your driving speed. Follow the speed limit. Did you know that 90 KM is the optimum speed to reduce your gas usage? Any higher and your car is not as efficient.

FUN, FAMILY, FRIENDS & FOOD MINISTRY

TUESDAYS AT THE GATHERING PLACE...

9:30- 1:00 am Good Morning Coffee Break \$2.00 Coffee, tea & delicious baked goods

Noon - 2:00 pm What's for Lunch! \$10.00 Entrée, dessert & coffee

3:00-5:00 pm Youth after school Drop-In \$2.00 Snacks, refreshments, ping pong & games

The Gathering Place

Chalkboard Special \$10

Lunch MENU

Tuesday, March 17, 2020

Shepherd's Pie (beef)

Green Salad

Chocolate Guinness Cake

GOOD NEWS FOR THE GATHERING PLACE: Our application for a grant to continue funding Gathering Place was successful. We are to receive \$30,250. up to June 2021. In the response received from ProVision, the committee had little hesitation in agreeing to the grants and considered this to be a "creative new approach to community ministry" that they were happy to support. Come along any Tuesday - it's a great way to meet and talk with folks from Knox, and others who are starting to attend regularly. Drop-in for coffee, snacks, lunch, and camaraderie!

STEWARDSHIP & FINANCE MINISTRY

KNOX PRESENTS...THE ARROGANT W... SUN. MAR.15 2:30 pm This Canadian musical comedy... any musical genres and has sold more than 160,000... Their most recent offering is SPACE... songs released in 2014 that bravely tackle... Politicians, Yoga Pants and Uncomfortable... are in school lesson plans, in textbooks and even... the Space Shuttle. On earth or in space, everyone digs these... ns.

SOLD OUT!

IN APRIL KNOX PRESENTS... THE GREATER VICTORIA POLICE CHORUS

SUN. APRIL 19th 2 - 4 pm Tickets \$20 advance | \$25 at the door at Parksville and Qualicum Beach Mulberry Bush Bookstores, at Close to You Ladies Fashions in Parksville and Eventbrite.ca



FALL FAIR PLANNING MEETING FOR VOLUNTEERS INTERESTED IN HELPING THE COORDINATORS'

Tuesday, March 24 at 7:00 pm in room 4. Come and find out what happens at a Planning Meeting for our 2020 Fall Fair. **All interested parties are welcome!**

SATURDAY, AUGUST 29, 2020 16th ANNUAL FALL FAIR

Note the new date for our 2020 Fall Fair. Please mark your calendar, you don't want to miss out on all the FUN.

DO YOU HAVE A PICKUP TRUCK

OR VAN? We need your help with the 2020 Fall Fair. Call me at 250-951-0538, Margaret Warburton



HEALING AND PASTORAL CARE MINISTRY

"IN THIS TOGETHER" - Knox's emotional health, peer support, group meets every **Monday, 1:30 pm – 2:30 pm**, in room 6. We extend an open invitation to anyone who wants support in a time of emotional or mental health challenge. A desire to improve is the only thing you need to participate.

HEALING MINISTRY- The Healing ministry is **not** taking appointments until further notice. We will reassess at the beginning of April. This decision was made to protect our clients and practitioners at this uncertain time.

MINISTRY & PERSONNEL MINISTRY

Rev. Jennifer Ferguson: Monday-Thursday, days off are Friday & Saturday. (Please note Jennifer's schedule varies with meetings etc. If you would like to meet with her for pastoral care, please call her to make an appointment at **250-927-6061** or email **minister@kucparksville.ca**

Knox United Church Staff Email Addresses

Follow this link to the Knox Website: www.kucparksville.ca/pages/contact-us

Knox United Church Council 2018-19

For a list of Council Members and Team Leaders,

<https://www.kucparksville.ca/about/our-leadership--13>

SPIRITUAL FORMATION MINISTRY

BASICS OF FAITH AND BEYOND – Wednesday afternoons from **1:30-4:00** until **March 25th** At the end of the 8 sessions participants can decide if they would like to be:

1) Baptized if they haven't already,

2) Decide to become members of the United Church and be confirmed if they haven't already,

3) Transfer their membership from another Church,

4) Reaffirm their faith at a worship service on **Sunday, April 26th**. If you don't want to have a public affirmation of your faith, any participants are welcome to come just to enjoy the discussions with one another.

It is not mandatory to attend all 8 classes. Any questions can be directed to Jennifer.

DROP-IN BIBLE STUDY - With Jennifer, Wednesdays at 10:00 am. With those gathered, we will delve into the scripture to be discussed in Worship for the upcoming week and discover how it applies to our own lives. All perspectives and insights are welcome.

GOD TALK – A new opportunity on Sundays, after church. Grab a coffee in the lounge and make your way to the chapel to continue the conversation begun in the reflection where we will delve into the scripture, reflection and theme of the day.

THAT WE MAY BE ONE is the theme of the annual, worldwide retreat day coordinated by Contemplative Outreach. **Sat. March 21, 9:30-2:30 pm at Knox.** A day of prayer dedicated to the whole making in ourselves, our relationships and our world. We'll explore the themes of "The Self and Evolving Consciousness" and "Christian Non-Duality". Our mini-retreat will include 2 periods of centering prayer, 2 video talks by Fr. Thomas Keating, time for personal reflecting and small group conversation. Tea and coffee will be provided. Bring your lunch. Suggested donation \$10. A contribution of any amount according to your means is appreciated.

COMMUNICATIONS

THE WALL is a Knox Community board. You are welcome to post items that relate to the life and work of Knox. If it is a Knox activity or is happening at Knox, you can post it there in the relevant Ministry section. If you would like help with making room, making posters, poster supplies, or resizing information please contact Marg Conn.

THE KNOX PHOTO DIRECTORY is published! On Sunday, March 15, you can buy your copy for \$5.00 to help defray the cost of production.

I would like to thank the generous people who worked on our Directory Team. The Registration Desk people with their friendly greetings were

Gillian Stewart, Wayne Larson, Kathy Larson, Marg DeHart, Alison Kermack, Barbara Strumecki, Donna Kennedy, Eleanor Knudson, Beth Brown, Dawn Smith, Gayle Haughn, Margo Pearson, Jean Ormiston and Gayle Armstrong.

Cathy McNeil brought her experience with previous directories. She spent many hours and days scheduling. Barb Roberts shared her expertise and entered new data on the church program. Our photography team was Don Emerson, Nicole Aube and Shane Conn. Don shared his expertise, took photos and edited for the others. Colleen Welsh was our Creative Designer. She also compiled and printed the Directory in house.

We give thanks to these people and celebrate that this Directory will help to build community.

COUNCIL NEWS

COUNCIL RETREAT MARCH 2, 2020 MESSAGE TO THE CONGREGATION will be sent in a *SEPARATE ATTACHMENT* to *today's e-NEWS*

OUR KNOX FAMILY

CELEBRATION OF LIFE CANCELLED. The family of Beryl Hamilton has made the tough decision to cancel the planned Service of Celebration and Remembrance that was scheduled for Saturday, March 14th at Trinity United Church. With the ongoing news of the coronavirus, the family felt it was inappropriate to proceed with the gathering. We will advise if a future service is planned. Family contact: Murray Hamilton Email: murrayhamilton@shaw.ca

REQUEST FOR HELP A memorial service for Ileana Wood is planned for Saturday, March 21st at 2 pm. Any contributions of sweets would be gratefully accepted. Also, if anyone wishes to help with the reception, please contact me at 250-468-9318 or email me at sjlucasr@yahoo.ca

Thanks, from Jan Lucas.

NOEN SNAKKER NORSK...ANYONE SPEAK NORWEGIAN? Free to a good home. Martha Pow has a series of 6 books that she feels certain that someone that speaks Norwegian would love. See her after church on Sunday for more details.

UNITED CHURCH OF CANADA



A PASTORAL LETTER to the Members of the Pacific Mountain Regional Council

At the invitation of Premier Horgan, Treena and I joined with other United Church ecumenical and interfaith leaders for a call today with other government officials. The purpose was to provide an update regarding the COVID-19 virus and to respond to questions from participants.

We are deeply grateful to Premier Horgan, Minister Adrian Dix and Dr. Bonnie Henry, Provincial Health Officer, for taking the initiative and then giving their time to connect with Faith Communities to work together to keep people rightly informed and protected. It was clear that that they understand and respect the role that communities of faith play in the lives of their constituents, and they see us as partners with them in protecting the most vulnerable ones among us. The science shows that the most vulnerable ones among us. The science shows that the most vulnerable to infection are senior citizens and those with pre-existing medical conditions. Their message to us all was clear – *be cautious and stay connected.*

Be cautious-The same cautions apply in this or any flu season:

- *Don't panic*
- *Stay home if you show or feel any symptoms of illness*
- *Wash your hands thoroughly with soap and water*
- *Sneeze or cough into your sleeve*
- *Keep some physical distance from others*

Stay Connected – This means that we need to find more ways to stay connected to one another this season without always meeting together in the same place. We can help each other, especially our elderly

members, stay connected by calling them on the phone and checking in.

Additional up to date information can be found at [http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-\(novel\)](http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-(novel))

We trust that each Community of Faith will continue to live life and take precautions based on the needs of the wider community. Our interfaith and ecumenical neighbours are dealing with particular challenges so let us support them in prayer and whatever ways we can as they exercise their faiths.

May the peace which passes all understanding keep your hearts and minds in the knowledge and love of God especially today.

--The Rev. Jay P. Olson, President and Treena Duncan, Regional Executive Minister.

You can also find this letter on the home page of our regional council <https://pacificmountain.ca/>

KNOX COMMUNITY NEWS

OCEANSIDE CONCERT CHOIR PRESENTS "Brahms' Requiem"

Sunday, April 5, 2020, 2:30 p.m.
at Knox United Church.

Guest soloists: Andrea Sciotte Rodall, Michael MacKinnon
With the Nanaimo Chamber Orchestra, Faire Wynds Woodwind Quintet and Ballenas Timpanist, Theo Coldwell-Fraser

Advance Tickets \$20 at Mulberry Bush Bookstores or \$22 at the door.

Parksville & District Musical Association
Oceanside Concert Choir
Directed by Ann Barber
Soprano: Andrea Sciotte Rodall Baritone: Michael MacKinnon
Nanaimo Chamber Orchestra & The Faire Wynds Woodwind Quintet
Timpani: Theo Coldwell-Fraser (Ballenas)

Johannes Brahms'
A GERMAN REQUIEM

Sunday, April 5, 2020, 2:30 p.m.
Knox United Church
345 Pym St. N, Parksville
Advance Tickets \$20 at Mulberry Bush Bookstores
\$22 at the door

BERWICK ARROWSMITH
MOVING & STORAGE

KNOX CALENDAR March 8 – March 15, 2020

for the monthly calendar go to <https://www.kucparksville.ca/events/calendar>

Sunday, March 15

Worship Service	10:00 am – 11:00 am	Sanctuary
God Talk	11:30 am – 12:30 pm	Chapel
The Arrogant Worms	2:30 pm – 4:30 pm	Sanctuary
Blessing Circle	6:30 pm – 8:30 pm	All Rooms

Monday, March 16

Line Dancing	10:00 am – 12:00 pm	Rooms 1 & 2
Centering Prayer	11:00 am – 11:45 am	Sanctuary
Newcomers Lunch Prep	1:00 pm – 4:00 pm	Kitchen
In This Together	1:30 pm – 2:30 pm	Room 6
Tone Chimes	4:00 pm – 5:30 pm	Sanctuary
Oceanside Consort Singers	7:00 pm – 9:00 pm	Rooms 1 & 2
Handbell Choir	7:00 pm – 8:30 pm	Sanctuary

Tues, March 17

The Gathering Place	9:30 am, 12:00 & 3:00 pm	L/K
Healing Ministry	9:30 am – 11:30 am	Room 6
Healing Ministry	1:30 pm – 3:30 pm	Room 6
Council Meeting	7:00 pm – 9:30 pm	Lounge
Community Choir	7:00 pm – 9:15 pm	Sanctuary
AA	7:30 pm – 8:30 pm	Rooms 1 & 2
OA	7:30 pm – 8:30 pm	Room 5

Wed, March 18

Healing Ministry	9:30 am – 11:30 am	Room 6
Drop-in Bible Study	10:00 am – 12:00 pm	Chapel
Newcomers Luncheon	12:30 pm – 1:30 pm	Lounge
Healing Ministry	1:30 pm – 4:00 pm	Room 6
Membership Class	1:30 pm – 4:00 pm	Lounge
Knox Choir	7:00 pm – 9:00 pm	Sanctuary

Thursday, March 19

OA	10:30 am – 1:00 pm	Room 5
Rainbows	6:00 pm – 7:30 pm	All Rooms

Friday, March 20

Saturday, March 21

United in Prayer Day	9:00 am – 3:00 pm	L/K
Ileana Wood Memorial Service	2:00 pm – 5:00 pm	S/L/K

Sunday, March 22

Worship Service	10:00 am – 11:00 am	Sanctuary
God Talk	11:30 am – 12:30 pm	Chapel
Sounds of Spring Concert	2:30 pm – 4:30 pm	Sanctuary