



CHRIST CHURCH CATHEDRAL

Vancouver, BC · *Open Doors, Open Hearts, Open Minds*



The Sixth Sunday After Pentecost & the Summer Festival of Sacred Music

JULY 12, 2020

CATHEDRAL VISION | We envision a Cathedral which is radically inclusive, restlessly inquisitive, intentional, and inspired. This is a place that is called to lead and to serve, in communion and in community, with healing, reconciliation, and love, living out Christian mission. Together, we look to the power of Christ for the transformation of each person, this city, and the world. We recognize our history and traditions, while seeking renewal and growth. Curious and adaptable, this chorus has room for all voices. Whoever you are, wherever you come from, whomever you love, and regardless of what you may bring or are searching for, you are welcome here.



WELCOME!

Thank you for joining the Cathedral community online for worship during
The Sixth Sunday After Pentecost & the Summer Festival of Sacred Music.

This service takes place on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tseil-Waututh Nations in the heart of Vancouver.

If you have any questions about the Cathedral, its ministries or congregations, please visit our website at thecathedral.ca.

CATHEDRAL SERVICES & DAILY READINGS

MONDAY, JULY 13

Henry, Missionary Bishop in Finland

Daily Readings • 1 Corinthians 4:9-13;
 Psalm 96; Mark 4:30-32

TUESDAY, JULY 14

Feria

Daily Readings • Isaiah 7:1-9;
 Psalm 48; Matthew 11:20-24

WEDNESDAY, JULY 15

Feria

Daily Readings • Isaiah 10:5-7, 13-16;
 Psalm 94:5-15; Matthew 11:25-27

THURSDAY, JULY 16

Feria

Daily Readings • Isaiah 26:7-9, 12, 16-19;
 Psalm 102:12-22; Matthew 11:28-30

FRIDAY, JULY 17

Feria

Daily Readings • Isaiah 38:1-6, 21;
 Psalm 6; Matthew 12:1-8

SATURDAY, JULY 18

Feria

Daily Readings • Micah 2:1-5;
 Psalm 10:1-9, 18-19; Matthew 12:14-21

SUNDAY, JULY 19

*The Seventh Sunday After Pentecost
 & the Summer Festival of Sacred Music*

8AM Morning Prayer | In Person
Officiant & Preacher: The Rev. André Stephany
**Pre-Registration is required*

10:30AM Choral Eucharist | Livestream
Presider: The Rev. Dr. Christopher A. Pappas
Preacher: The Rev. André Stephany
Music: Guest Musicians with
 Rupert Lang, *Director of Music*
ASL interpretation provided

5:30PM St. Brigid's Evening Prayer | Zoom
Officiant & Preacher: The Rev. Helen Dunn
Music: Ben Dobyns, *pianist*

8PM Night Prayer | In Person
Officiant: The Rev. Helen Dunn
**Pre-Registration is required*

Daily Readings • Genesis 28:10-19a
 Psalm 139:1-11, 22-23
 Romans 8:12-25
 Matthew 13:24-30, 36-43

* Pre-Registration is via Eventbrite.
 Please go to the [Worship this Sunday page](#)
 on the Cathedral's website for the links.

10:30am Choral Eucharist

THE BOOK of ALTERNATIVE SERVICES

Gathering of the Community

<i>Introit</i>	Kyrie <i>Missa in Simplicitate</i> (Mass for Solo voice)	Jean Langlais
<i>Presider</i>	In this time and place, we gather on the unceded ancestral lands of the Musqueam, Squamish and Tsleil-Waututh Nations.	
<i>All</i>	From many places and peoples we come to this house of prayer.	
<i>Presider</i>	In this time and place, We meet in the presence of the living God.	
<i>All</i>	The living God who creates us and all that is.	
<i>Presider</i>	In this time and place, The risen Christ stands in our midst.	
<i>All</i>	The risen Christ who accompanies us and all people.	
<i>Presider</i>	In this time and place, God's Holy Spirit breathes in and through us.	
<i>All</i>	The Holy Spirit who transforms us and all life.	
<i>Presider</i>	In this time and place, Together, one people of God.	
<i>All</i>	In the name of God, Source of all being, Eternal Word and Holy Spirit. Amen.	
<i>Collect</i>		
<i>Presider</i>	Let us pray (<i>silence</i>)	
<i>All</i>	Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.	

Proclamation of the Word

First Reading

Genesis 25:19-34

Reader

Hear what the Spirit is saying to the church.

All

Thanks be to God.

Canticle

You Are A Seed of the Word

Text & Music: Marty Haugen (1950-); BRING FORTH THE KINGDOM

The musical score is written in G major (one sharp) and 4/4 time. It features a Cantor part and an All part. The lyrics are as follows:

Cantor
1 You are a seed of the Word, O peo- ple: bring forth the
2 We are a blest and a pil - grim peo - ple bound for the

All
king - dom of God! Seeds of mer - cy and seeds of jus - tice
king - dom of God! Love our jour - ney and love our home - land:

All
grow in the king - dom of God!
love is the king - dom of God!

Refrain
Bring forth the king - dom of mer - cy, bring forth the
king - dom of peace; bring forth the king - dom of jus - tice,
bring forth the ci - ty of God!

Second Reading

Romans 8:1-11

Reader

Hear what the Spirit is saying to the church.

All

Thanks be to God.

Please stand

 *Prayers of the People*

Please respond to “Hear our prayers,” with “**Be the light upon our path.**”

In the *Anglican Cycle of Prayer* we pray for the Anglican Church of Papua New Guinea. In the joint *Anglican & Evangelical Lutheran Churches in Canada Cycle of Prayer* we pray for Bishop Larry Kochendorfer, the people and rostered ministers of the Synod of Alberta and the Territories and the National Anglican & Lutheran Worship Conference. In the *Diocesan Cycle of Prayer* we pray for Melissa Skelton our Archbishop and Metropolitan; Linda Nicholls our Primate; Susan Johnson the National

Lutheran Bishop in Canada; Gregory Mohr the Evangelical Lutheran Bishop in British Columbia; our companion diocese, the Episcopal Diocese of Northern Philippines and the Rt. Rev. Brent Alawas; our companion parish, All Saints Cathedral, Bontac, Philippines and the Very Rev. Padi Luc; and the Diocesan Primate’s World Relief and Development Fund Unit (PWRDF) and the Diocesan Ecumenical Multifaith Unit (EMU). In our Parish we pray for ASL Interpreters.

Presider

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
welcoming sinners and inviting us to this table.
Let us confess our sins, confident in God’s forgiveness.

Silence is kept

Presider

All
Most merciful God,
**We confess that we have sinned against you in thought, word and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us,
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.**

Presider

Almighty God, have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.

All

Amen.

The Peace

*Please do bow with your hands folded across your heart
and say, “Peace be with you” as a sign of this important greeting.*

Celebration of the Eucharist

The Offertory

You are invited to make a financial offering to further God's mission through the work of the church by texting "Give" to 639.739.0843 and following the instructions; or by clicking on this link www.thecathedral.ca/donate. Tax receipts are issued annually for gifts totalling \$20 or more. Your financial gifts matter and together with the bread and wine they are presented in spirit at the Altar as a sign of thanksgiving to God from whom all blessings flow.

If you are participating in this worship from another church please give generously to your local parish.

Offertory Hymn

Dieu, Nous Avons Vu

Text: Didier Rimaud (1922–); tr. Ronald Johnson (1913–)
& Brian A. Wren (1936–); Music: Jean Langlais (1907–1991)

The musical score is written on four staves in G major (one sharp) and 4/4 time. The first staff begins with a treble clef, a key signature of one sharp (F#), and a common time signature (C). It features a series of rests followed by a melodic phrase labeled "Refrain". The subsequent staves contain the main melody with lyrics underneath. The lyrics are: "God, your glory we have seen in your Son, Full of truth, full of heavenly grace; In Christ make us live, his love shine on our face, And the nations will see in us the triumph you have won." The score includes various musical notations such as eighth notes, quarter notes, and a triplet of eighth notes in the final staff.

1. In the fields of this world is good news God has sown,
And sends us out to reap till the harvest is done.
2. He has trampled the grapes of new life on his cross;
Now drink the cup and live; he has filled it for us:
3. He has founded a kingdom that none shall destroy;
The corner-stone is laid; go to work, build with joy!

Prayer over the Gifts

Presider

Father,

All

your word creates in us a yearning for your kingdom.

**Receive all we offer you this day, and keep us in your peace;
for the sake of Jesus Christ the Lord. Amen.**

The Great Thanksgiving

Presider The Lord be with you.

All **And also with you.**

Presider Lift up your hearts.

All **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

All **It is right to give our thanks and praise.**

Presider We give you thanks and praise, almighty God,
through your beloved Son, Jesus Christ, our Saviour and Redeemer.
He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary
and shared our human nature. He lived and died as one of us,
to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering,
to bring release to those who place their hope in you;
and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross,
that he might shatter the chains of evil and death,
and banish the darkness of sin and despair.

By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name.

Sanctus Soloist (*Missa in Simplicitate*)

Jean Langlais

Presider Holy and gracious God, accept our praise,
through your Son our Saviour Jesus Christ;
who on the night he was handed over to suffering and death,
took bread and gave you thanks, saying,
“Take, and eat: this is my body which is broken for you.”

In the same way he took the cup, saying,

“This is my blood which is shed for you.

When you do this, you do it in memory of me.”

Remembering, therefore, his death and resurrection,
we offer you this bread and this cup, giving thanks that you have made us worthy
to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church.
Gather into one all who share in these sacred mysteries,
filling them with the Holy Spirit and confirming their faith in the truth,
that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son,
with the Holy Spirit in the holy Church, now and for ever.
Amen.

All

The Lord's Prayer

Presider

All

As our Saviour taught us, let us pray,
**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.**

The Breaking of the Bread

Presider

All

Behold what you are, the Body of Christ.
May we become what we receive.

Presider

All

These are the gifts of God for the People of God.
Thanks be to God.

During Communion *Agnus Dei (Missa in Simplicitate)*

Jean Langlais



Share the Gifts

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in Communion. Please place your hand over your heart and say, "Come Lord Jesus, come."



Prayer & Laying-on of Hands for Healing

Our usual practice of having prayer stations for those who wish to receive healing prayer is temporarily suspended at the request of the Archbishop. If you have a special intention for which you wish to receive prayers, please email your prayer request to reception@thecathedral.ca.

*While the communion is being administered, we respectfully ask that you keep the silence—
this is a time for quiet prayer and meditation.*

Sending Out of the Disciples

Prayer after Communion

Presider

Living God,

All

in this sacrament we have shared in your eternal kingdom.

May we who taste this mystery

forever serve you in faith, hope, and love.

We ask this in the name of Jesus Christ the Lord. Amen.

Doxology

Presider

Glory to God,

All

whose power, working in us,

can do infinitely more than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus,

for ever and ever. Amen.

The Blessing

Dismissal

Deacon

Let us go forth in the name of Christ.

All

Thanks be to God.

The service of the Church into the World — begins again this week.

*Do you miss Coffee Hour after the service?
See page 14 for information on our new Coffee Hour!*

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If you enjoyed this morning's service,
please go to
— thecathedral.ca/donate —
to make a donation to help us continue
this important ministry.
Thank you!

.....

Unleashing Prayer

JULY 9, 2020

Since the 1970s the Cathedral has had a team of people involved in the ministry of Healing Prayer. At certain services team members would be available at the time of communion. After receiving the Eucharist, members of the congregation could approach the team members and be prayed for—and with.

“This is not what [some faith traditions] call ‘faith healing,’” said long-time team member Jenny Birtwell.

Often people requesting Healing Prayer are dealing with physical illness. This type of prayer “supports traditional medicine, and helps people accept whatever stage they’re in, helps them find peace with whatever their situation is,” Birtwell explained.

For people who are accustomed to walking up to a Healing Prayer team member during a Thursday or Sunday service at the Cathedral, part of the power of this type of prayer comes from knowing that someone is praying for you. COVID-19 brought in-person worship to pause along with the opportunity for in-person Healing Prayer. But prayer—as many will quickly point out—cannot be confined to a building.

About a month into the so-called “pandemic lockdown” it became clear no one would be attending in-person services anytime soon, but messages and emails were coming in steady to the Cathedral’s *Prayerlink*, with requests for prayers. Vicar Helen Dunn approached the Healing Prayer team with the idea of taking their ministry online.

On Thursdays at noon members of the Healing Prayer ministry gather on Zoom for a short service, focused on holding up in prayer everyone who has asked for prayers. The various prayer requests that have come in

are divided into categories: people with cancer, people in long term care homes, the COVID-19 situation, anyone who died recently, troubled areas of the world, and prayers of thanksgiving.

Ministry coordinator Andrea Gailus explains, “We begin by reading a Psalm, then each member on the call takes turns with offering the prayers in different categories. We are encouraged to add to the offered names with anything we might be aware of.”

Among the names that get added are the names of people who normally seek out Healing Prayer in person during services, but don’t formally send in prayer requests to the *Prayerlink*.

“It takes about 45 minutes and is a highlight of the week to be able to offer our ministry again in this way, as it will be a very long time before we can gather in the alcove as prayer teams on a Sunday morning,” said Gailus.

While the team members get their nourishment being able to continue their ministry, they have no doubt the people they are praying for are feeling the effects of this weekly prayer.

“If you know you’re being prayed for, your body can do wonderful things,” says Birtwell, explaining why she continues with this ministry in this new form.

If you would like to request prayers for yourself or someone else, please email reception@thecathedral.ca with your prayer request. In case of emergency, please contact one of the clergy and they will forward your prayer request.



Summer Festival OF SACRED MUSIC

AT CHRIST CHURCH CATHEDRAL'S 10:30AM
LIVESTREAMED SERVICE ON SUNDAYS THIS SUMMER 2020

JULY 5 EARTH REJOICES

Angelic sounds from members of the Vancouver Children's Choir

12 DIEU, NOUS AVONS VU | GOD, YOUR GLORY WE HAVE SEEN

Featuring the music of Jean Langlais

19 MARCUS MOSELY & FRIENDS

Songs of Freedom

26 ODE TO JOY

A celebration of Beethoven's 250th Birthday

AUGUST 2 BORN THIS WAY

Pride Sunday with soloist Willy Miles Grenzberg

9 MY JOY, MY LOVE, MY HEART

Sacred art song by Vaughan-Williams and Barber

16 O MARIA, TU DULCIS

Marian music from the 17th century by Chiara Margarita Cozzolani

23 DER FRIEDE SEI MIT DIR

Music for peace and comfort by J.S. Bach and his uncle, J.C. Bach

30 GOD IS LIGHT

Contemporary choral music by Cecilia McDowall



The Summer Festival of Sacred Music

JULY 12, 2020

How shall we sing the Lord's song in a foreign land?

Just like every facet of life inside and outside the Cathedral, things look a little different this year. Every spring we look forward to planning two months of exciting, diverse, and often elaborate music to feature throughout the summer. While this year will be equally exciting and diverse (perhaps even more so!), we have adapted to new guidelines. As a result, the 2020 Festival can be thought of as a study in chamber music!

So, what can we expect from this study in Sacred Chamber Music? Expect music that will continue to resonate with everyone. The Vancouver Children's Choir will be represented by a quartet of soloists, we will hear a 19th century French Mass setting for solo voice, and Marcus Mosely & Friends will present

Songs of Freedom. In celebration of Beethoven's 250th birthday, we'll discover sacred arrangements of favourite chamber works, and we'll hear just how much can be accomplished with much sparser writing.

An important and unique feature of this year's Festival is that it will be available via livestream on the [Cathedral's website](#) and [YouTube channel](#). We invite you to continue to join us at the 10:30am livestreamed Sunday services throughout July and August for this marvellous Cathedral tradition. We will experience the joy and the sorrow, and the comfort and the consolation that Sacred Music in this space can bring.

The Summer Festival of Sacred Music continues today, in your home, and ours. This Sunday we are excited to feature the music of Jean Langlais.

Rupert Lang, *Director of Music*
Jacob Gramit, *Co-Artistic Director*
of the Summer Festival of Sacred Music



Music Notes from Rupert Lang

JULY 12, 2020

I have been an avid fan of French Organ/Choral music for many years—from Baroque to present day. **Jean Langlais** (1907–1991) was no exception. I was particularly struck by his *Messe Solonnelle*, sung in liturgy at John's College, Cambridge way back in the 1970s, when contemporary French music became very popular in England.

Blind at the age of 2 due to glaucoma, Jean Langlais was later sent to the National Institute for Blind Children in Paris, where he began organ lessons. Later he was accepted at the Paris Conservatoire, studying organ with Marcel Dupré, composition with Paul Dukas, and improvisation with Charles Tournemire. Remaining in Paris he followed in the footsteps (pedal steps?)

of Cèsar Franck and Tournemire serving as *Organiste du Grand Orgue de la Basilique Sainte-Clotilde* for 43 years (1945–1988)! During his career Langlais became very popular as a concert organist, frequently touring both Europe and the US. He also went back to the National Institute for Blind Children to teach.

The *Missa in Simplicitate* (1953) we hear today is unique, composed for solo voice or unison choir and organ. Like other organists of his day, Gregorian chant plays a critical role in his compositions, along with a polymodal harmonic language—not surprising with Dupré and Dukas as teachers. Both are evident in this well-crafted mass setting.

Cathedral CHRONICLE

Please make your Chronicle submissions online at thecathedral.ca/communications-requests.

If you have any questions please contact Alicia & Jenn at communication@thecathedral.ca or 604.682.3848, ext. 26.

CATHEDRAL CONNECTIONS

Morning Prayer via Zoom

Monday – Friday | 9:30am

Are you looking for a way to deepen your spiritual life? How about trying out *Morning Prayer* at the Cathedral? Every weekday morning at 9:30am the Cathedral holds *Morning Prayer*.

We will follow a very simple liturgy with a Psalm, a Reading, Prayers and Silence. This form of regular, daily prayer is used in several Christian churches. All are welcome to start the day in prayer with us. This is happening online via Zoom. Please contact André at andre@thecathedral.ca for more information and to join the Zoom session.

Godly Play | Children, Youth & Families

Sunday Mornings | 9:30am

The Cathedral's *Godly Play* program continues on Zoom throughout the summer. *Godly Play* is our Montessori-based Sunday School program, aimed at ages 4–12. We have *Godly Play* at 9:30am on Sundays via Zoom. During the week a pre-recorded Godly Play story will be shared via [St. Andrews-Wesley United Church's YouTube](#) so you can watch on your own time with your kids!

To take part in Sunday morning *Godly Play*, or to sign-up for the weekly Children, Youth & Families Ministry eNewsletter, please email Anne at youth@thecathedral.ca.

BTT | Bible, Tea & Toast via Zoom

Sunday Mornings | 9:30am – 10:20am

Are you between the ages of 18 and 39½? Do the Sunday readings leave you with questions and wonderings? Join the Rev. André Stephany for a bit of *Bible, Tea and Toast* before the 10:30am service. The session will involve reading and reflecting on one of the readings

from the lectionary (mostly) as we enjoy our morning coffee or tea and breakfast. Please contact André at andre@thecathedral.ca for more information and to join the Zoom session.

Coffee Hour after the 10:30am Service

Sunday Mornings | 11:45am – 12:30pm

One of the elements of gathering in person that we all miss is *Coffee Hour* after the 10:30am Sunday service. Now, every Sunday you can take part in a virtual *Coffee Hour* from 11:45am–12:30pm to catch up with familiar faces and meet new ones too! All are welcome!

Please email Helen at helen@thecathedral.ca to receive the Zoom link.

White Fragility Book Club

Sunday, July 26 & August 2 | 2pm – 3pm

Sunday, August 9 | 2pm – 4pm

At the Cathedral, we continue to talk as a faith community about how we are called to respond to racism. Recently, the Rev. Helen Dunn invited a cohort of white women at the Cathedral to read Robin DiAngelo's *White Fragility*, to consider and (un)learn together the particular ways that we, as white women, participate in racism.

Donna Wong-Juliani, Artistic Associate and long-time parishioner, will run a second cohort of the book club concurrently with people of colour from the Cathedral who wish to join Donna in reading *White Fragility*. Donna's and Helen's groups will meet together for the third session to discuss their learnings.

The *White Fragility* book clubs will meet Sunday, July 26 and August 2 from 2pm–3pm and August 9 from 2pm–4pm on Zoom.

For more information, please email Helen at helen@thecathedral.ca or Donna at dwj@thecathedral.ca.

You can read more about the impetus behind this book club by [clicking here](#) and reading Helen's June 5 Reflection titled, *Calling All Karens*.

St. Brigid's Bible Read-a-Long

Monday Evenings | 7pm – 8pm

On Monday evenings from 7pm–8pm the St. Brigid's congregation meets for a *Bible Read-a-Long*. Our aim is to read through the New Testament, beginning with the book of Acts.

Each week we are introduced to the book that we will read by sharing 2 or 3 points about who wrote the book, where they are geographically and what was happening at the time it was written, in order to help us locate what we are reading.

You are invited! This Read-a-Long happens using Zoom. We would love to have you join us each week or just for a few of them. For more information and to join the Zoom session please contact the Rev. Marnie Peterson at marnie@thecathedral.ca.

Centering Prayer Via Zoom

Tuesday Evenings | 6:30pm – 7:30pm

Centering Prayer is a silent prayer practice aimed at settling one's attention upon the presence of Christ within. All are welcome to participate via Zoom on Tuesday evenings in this simple healing practice reaching back to the early years of Christian faith. Join us from 6:30pm–7:30pm. We pray in silence for 30 minutes and there is opportunity afterwards for group reflection. Please contact Luke Primus for more details at lukasprimus@gmail.com. (Zoom session at <https://zoom.us/j/870708945>, password required)

The Psalms:

Interpretations from Two Faith Traditions

Tuesday Evenings | 7:30pm – 9pm

The Psalms are an important section of scripture that is shared by Jewish-Christian sacred books. This summer Rabbi Adam Stein and the Rev. Helen Dunn will host a four-week study of *The Psalms*. Adam and Helen will present perspectives from the Jewish and Christian faith traditions and invite conversation around the Psalms and these two perspectives. The series starts Tuesday, July 21 and continues on July 28,

August 4 and August 11 on Zoom. The sessions begin at 7:30pm until 9pm. Please register for the series at thepsalms.eventbrite.ca. NOTE: the sessions are connected and registration is for the full series.

Wondering Wednesdays via Zoom

Wednesdays | 12 noon – 12:45pm

When big things happen in our lives and in the world, many people start asking big—and small—questions about life and faith. On Wednesdays, the Rev. Alisdair Smith hosts *Wondering Wednesdays*, a 45 minute, on-line session to help us all explore these questions. Alisdair will have guests who offer a reflection and there will be time for Q&A and lots of wondering out loud. Please contact Alisdair at alisdair@thecathedral.ca for more information and to join the Zoom session.

Healing Prayer on Zoom

Thursday Afternoon | 12 noon

The Cathedral's Healing Prayer team continues to hold people in prayer during this time of COVID-19. Every Thursday, members of the ministry meet over Zoom.

If you have a friend or family member or someone in the community who you would like the Healing Prayer team to remember, please:

- Ask the person whom you wish to pray for if their name can be added to the Cathedral's prayer list
- Email reception@thecathedral.ca with the name of the person and one or two sentences generally describing the prayer request. For example: *John Smith, prayers for healing after surgery; Healthcare workers at Haro Park, prayers for strength and safety; Janet Jones, prayers for recovery from illness.*

If you are interested in becoming a member of the Cathedral's Healing Prayer ministry, please contact the Rev. Helen Dunn at helen@thecathedral.ca.

COMMUNITY NOTICES

Transforming Questions: An Introduction to the Christian Faith in the Anglican Tradition

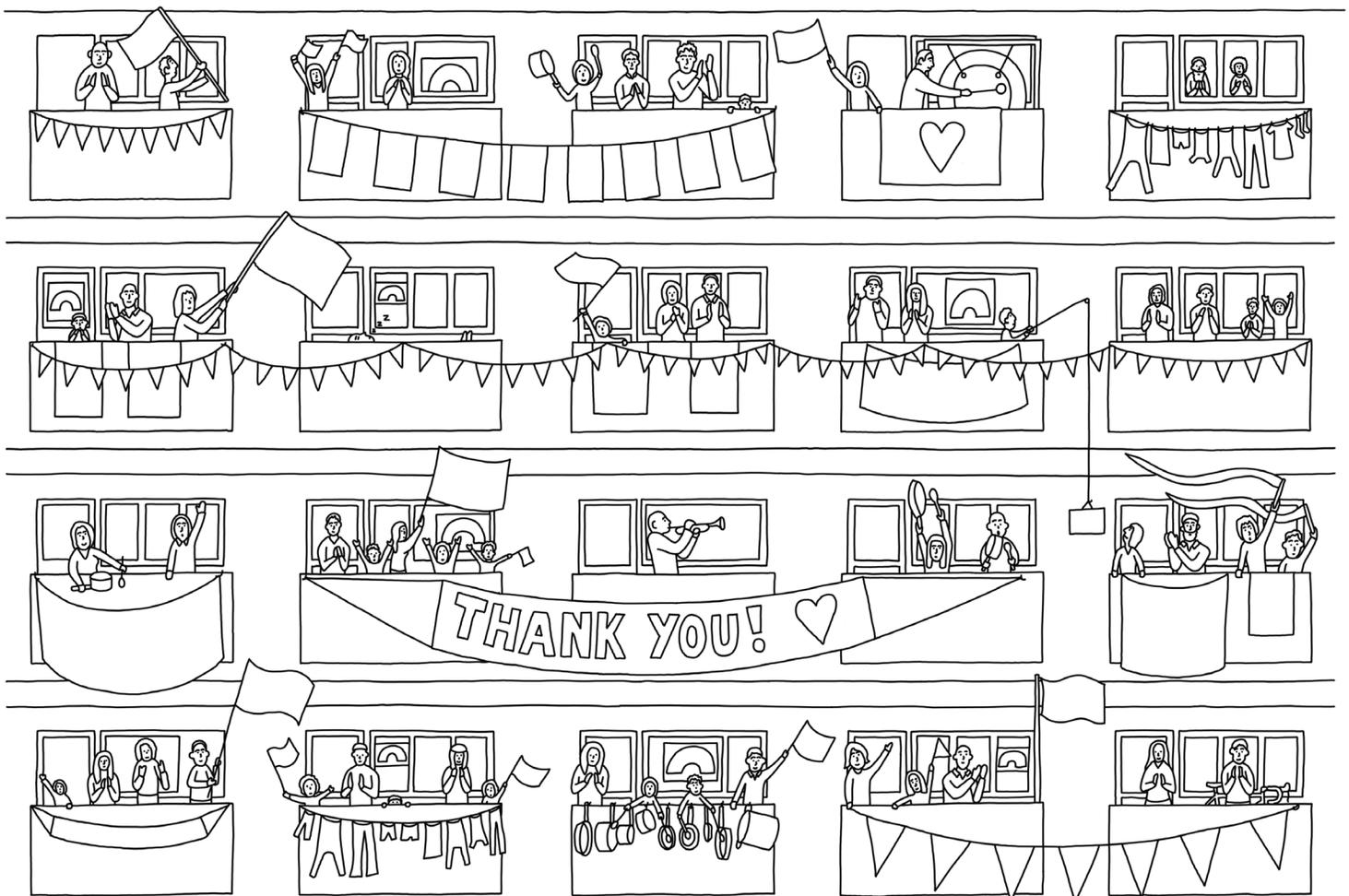
Thursday Evenings | 7pm – 8:15pm

In 11 sessions, we will seek to move deeper by engaging in some of faith's most basic questions. Let's gather for prayer, hear a presentation, and then join in

small-group discussion. Through listening and sharing, we will wrestle with these foundational questions in each other's company. As we do so, we will learn more about ourselves, one another, and the Jesus we are seeking.

Hosted by the Rev. Jessica Schaap, *Diocesan Missioner for Christian Formation* the program is for adults (16+) preparing for baptism, confirmation, reception into the Anglican Church, or reaffirmation of baptismal vows; those exploring faith for the 1st or the 50th time.

Transforming Questions begins Thursday, July 16 and runs through to September 24 on Zoom. The sessions are 60–75 minutes. Sessions are related to and build upon one another, so this is not a drop-in course. Please register in advance as you are encouraged to attend all of the sessions. You can request to be in a small group with someone you know. Please register online at https://zoom.us/meeting/register/tJctceyhrD0qGtzB0WcjHw8qLEnP_8Lh5sVD



CartoonChurch.com

Communications Requests Form!

Please use the Cathedral's online Communications Request Form to let the Cathedral community know about upcoming news and events. By filling in the form at thecathedral.ca/communications-requests you will provide the Cathedral's communications team with all of the information needed to share this announcement with relevant audiences.

The Cathedral's Communications Request Form covers publication in the weekly Chronicle, eNewsletter, on the website Events Calendar and social media.

Please don't email us your submissions, as they often get lost or forgotten in our inbox. Contact Jenn and Alicia at communication@thecathedral.ca if you have any questions. Thank you!



eNewsletters! Sign Up Today!

Are you signed up for the Cathedral's eNewsletter? Want to be up to date on what's happening at the Cathedral? Sign up for our weekly eNewsletter, *In Between Sundays*, and you will receive all the latest news from the Cathedral and the latest sermons. Sign up online at thecathedral.ca and just click on the button on the bottom of the page. Or [click here](#) and subscribe.

Are you signed up for St. Brigid's eNewsletter? Sign up online at stbrigid.ca and stay in the loop! A regular email update is sent out to members and friends of our community to let them know what's going on. Just fill out the form in the right-hand sidebar on the St. Brigid's website to find out what's coming up at St. Brigid's, and how you can get involved.

Please email Alicia at communication@thecathedral.ca if you have any questions.

Subscribe to the Cathedral's YouTube Channel!

Did you know the Cathedral has a YouTube Channel? All of the online worship services and video sermons are available on this channel at Christ Church Cathedral Vancouver, as well as special video updates and much more. To explore all of the Cathedral videos, [click here](#). Once you're redirected, click the "subscribe" button and you will be notified whenever we post new videos. Enjoy!

Supporting Cathedral Ministries

While in person gatherings are suspended, the Cathedral's ministry has not stopped. New ways continue to be developed to allow ministries to continue their work. Your support is just as vital now as ever before, and there are several easy ways to make a contribution.

If you normally support the Cathedral by leaving a donation in the collection plate, please consider signing up for automated giving if you are able. Sign up for automated giving at thecathedral.ca/donate or by calling Vanessa Ho, Finance Administrator at 604.682.3848, ext. 21.

You can also make a gift to support the ministries of Christ Church Cathedral on your smart phone! Just go to the App Store, choose the app "tithe.ly" — from the store, download, enter your information and voilà—you can connect directly to the Cathedral and make your gift in whatever amount you wish.

Prefer to give by text? You can do that too! Text the word "give" to 639.739.0843 (the Cathedral's tithe.ly text giving phone number) and follow the instructions on the screen.

Thank you for your support!

Notes from the Rev. Marnie Peterson

JULY 12, 2020

Do you have a summer reading list? Or maybe a summer podcast list?

Are there books that you have been squirreling away so that you can find a seat outside somewhere and lose yourself in?

I am one of those people who buys books and then adds them to the pile of books that I fully intend to read soon; some, I get to them quickly, while others can stay in that pile for a while.

I do the same thing with podcasts. I subscribe to podcasts that sound interesting or have a great sounding topic and then I let them pile up on my phone, fully intending to get to each one. Though truthfully, I am more caught up on podcasts than I am books, because I can listen to those while I walk my dogs or clean my bathroom or pull weeds from my garden.

Well, this seems like the summer to get through these piles. It has become pretty clear to me that I am going to spend my vacation time at home and what better way to spend my days off than to get through those books and podcasts that I was sure would be of interest?

So, I thought I might share my lists with you, and I would love to hear what you are reading or listening to as well.

THE BOOK PILE

There are too many here for me to get through them all while I'm off, but this is what's in the pile on my little reading table.

- *White Fragility* by Robin DiAngelo
This book is getting all kinds of traction and for good reason. It feels to me like an opportunity to continue working on how I might become an anti-racist and also acknowledge where my behaviours and unconscious thinking contributes to racism in the world around me.
- *Talking to Strangers* by Malcolm Gladwell
I just really like Malcolm Gladwell. You'll also see that I subscribe to his podcast. He's a great story-

teller, he's smart and his observations about humans are often very insightful (in my opinion).

- *The Gospel of Breaking* by Jillian Christmas
I hadn't heard of this author before but the following was written about this book: "Christmas extracts from family history, queer lineage, and the political landscape of a racialized life to create a rich, softly defiant collection of poems." And that just sounded really good to me.
- *Dominion: How the Christian Revolution Remade the World* by Tom Holland
This book is big and it's about exactly what the title says. Tom Holland is a historian and he looks at the impact that Christianity has had on the world.

THE PODCAST PILE

Here I've included links so that you can check these podcasts out yourself. But I can tell you that I love listening to all of them.

- *Revisionist History* <http://revisionisthistory.com/>
- *Planet Money*
<https://www.npr.org/podcasts/510289/planet-money>
- *Hidden Brain*
<https://www.npr.org/podcasts/510308/hidden-brain>
- *The Moth* <https://themoth.org/podcast>
- *Science VS*
<https://gimletmedia.com/shows/science-vs>
- *The Secret Life of Canada*
<https://www.cbc.ca/radio/podcasts/documentaries/the-secret-life-of-canada/>
- *The Confessional*
<https://www.stitcher.com/podcast/prx/the-confessional-with-nadia-bolzweber>

Marnie

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— volunteer@thecathedral.ca

Prayerlink — ext. 54

Lily Groves, Rosemond Cooper — Nursery Attendants

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Members of Christ Church Cathedral



Do you live in the Vancouver area and are thinking about making the Cathedral your home parish? Becoming a registered member means that you have a vote at our Annual Vestry Meeting (usually held in February), and you will receive regular Cathedral communications (including *Contact Magazine*). You would also be invited to be part of a Liturgy of Inclusion and a newcomers luncheon.

To request a membership form, email Director of Parish Administration, Vincent Carey, at vincent@thecathedral.ca

Once the form is complete, please forward to Vincent's attention and he will ensure that you are officially added as a new member. Unfortunately, we are not able to automatically make someone a *Parishioner*, this is something which you must request, and you may only be a member of one Parish. We look forward to welcoming you soon!

• *Cathedral Clergy, Staff & Leaders*



Friends of Christ Church Cathedral

Who are we? The Friends of the Cathedral are supporters of Christ Church who are unable to regularly attend services in person. Many of us are visitors or belong to another parish. We receive a subscription to *Contact Magazine*.

What do we do? We foster enthusiasm for Christ Church Cathedral and assist in beautifying it in every sense through our financial support. Significant gifts from Friends have helped to restore and conserve the Cathedral's heritage building and to fund the compassionate care of Vancouver's homeless and hungry population.

Join us! You are invited to sponsor the Cathedral's mission and ministry with an annual donation.

Contact us! Please contact Finance Administrator Vanessa Ho if you have any questions or would like to arrange to make a donation at 604.682.3848, ext. 21 or email vanessa@thecathedral.ca.

10:30AM | CHORAL EUCHARIST | MINISTERING THROUGH LITURGY



Presider The Rev. Marnie Peterson

Preacher The Rev. Dr. Christopher A. Pappas

Reader & Intercessor Hugh Alley

Deacon The Rev. Jeffrey Preiss

MC Ann Kowalchuk

ASL Interpreter Lisz Keallen

Music Jacob Gramit, *Soloist* with
Rupert Lang, *Organist & Director of Music*



CHRIST CHURCH CATHEDRAL
Vancouver, BC · *Open Doors, Open Hearts, Open Minds*

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