



CHRIST CHURCH CATHEDRAL

Vancouver, BC · *Open Doors, Open Hearts, Open Minds*



The Last Sunday
After Epiphany

FEBRUARY 23, 2020

CATHEDRAL VISION | We envision a Cathedral which is radically inclusive, restlessly inquisitive, intentional, and inspired. This is a place that is called to lead and to serve, in communion and in community, with healing, reconciliation, and love, living out Christian mission. Together, we look to the power of Christ for the transformation of each person, this city, and the world. We recognize our history and traditions, while seeking renewal and growth. Curious and adaptable, this chorus has room for all voices. Whoever you are, wherever you come from, whomever you love, and regardless of what you may bring or are searching for, you are welcome here.



WELCOME! Thank you for joining the Cathedral community for worship during the *Last Sunday After Epiphany*. You are welcome to this historic Anglican Cathedral Church on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Nations located in the heart of Vancouver.

If you have any questions about the Cathedral, its ministries or congregations, please speak with a member of the Greeting Team, someone wearing a Cathedral name badge, or a member of the clergy. If you enjoyed the sermon this week, audio versions and sermon texts are available at www.thecathedral.ca or can be delivered to your email inbox through the Cathedral's weekly email newsletter.

Please help us to be stewards of our resources by returning unused connection cards, bulletins and envelopes to the front desk for re-use or recycling. Thank you!

CATHEDRAL SERVICES & DAILY READINGS

MONDAY, FEBRUARY 24

12:10PM Eucharist—*Philip Lindel Tsen, Bishop of Honan, 1954 & Paul Shinji Sasaki, Bishop of Mid-Japan & Tokyo, 1946*
Daily Reading • Mark 4:26-32

TUESDAY, FEBRUARY 25

12:10PM Eucharist—*Feria*
5:30PM Shrove Tuesday Pancake Dinner (*see page 17*)
6:30PM Centering Prayer (*see page 19*)
Daily Readings • Mark 9:30-37

WEDNESDAY, FEBRUARY 26

Ash Wednesday

7:30AM Eucharist & Imposition of Ashes
12:10PM Choral Eucharist & Imposition of Ashes
6PM Simple Supper (*see page 17*)
7:30PM Choral Eucharist & Imposition of Ashes—*Music: Cathedral Choir with Rupert Lang, Organist & Director of Music*
Daily Readings • Isaiah 58:1-12; Psalm 51:1-17
2 Corinthians 5:20b — 6:10
Matthew 6:1-6, 16-21

THURSDAY, FEBRUARY 27

7:30AM Eucharist & Community Breakfast
12:10PM Eucharist—*George Herbert, Priest & Poet, 1633*
Daily Reading • John 21:15-17

FRIDAY, FEBRUARY 28

12:10PM Eucharist—*Lenten Feria*
Daily Reading • Matthew 9:14-17

SATURDAY, FEBRUARY 29

9:10AM Eucharist—*Lenten Feria*
Daily Reading • Psalm 86:1-6

SUNDAY, MARCH 1

The First Sunday in Lent

8AM Holy Communion
Preacher: The Rev. Helen Dunn
9:30AM BTT | Bible, Tea & Toast (*see page 19*)
10:30AM Choral Eucharist
Preacher: The Rev. Helen Dunn
Music: Cathedral Choir with Rupert Lang, *Organist & Director of Music*
5:30PM St. Brigids Eucharist
Preacher: The Rev. Marnie Peterson
8PM Gregorian Chant: The Service of Compline
Officiant: The Rev. Dr. Marilyn Hames
Schola: Men's
Daily Reading • Genesis 2:15-17, 3:1-7
Psalm 32
Romans 5:12-19
Matthew 4:1-11

8am Holy Communion

THE BOOK of COMMON PRAYER

Welcome

Collect for Purity page 67

Summary of the Law page 69

Collect of the Day
Presider

Let us pray.

All

Almighty God,
on the holy mount you revealed to chosen witnesses
your well-beloved Son, wonderfully transfigured:
mercifully deliver us from the darkness of this world,
and change us into his likeness from glory to glory;
through Jesus Christ our Lord
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

First Reading Exodus 24:12-18

Response Thanks be to God!

Psalm 99 page 456

Gospel Reading Matthew 17:1-9

Homily Andrew Stephens-Rennie

Nicene Creed page 71

Offertory Sentence

Intercession

Confession & Absolution page 76

Thanksgiving & Consecration page 78

The Communion

The Lord's Prayer page 85

Prayer after Communion page 85

Blessing & Dismissal page 86

Response Thanks be to God!

Please join us at coffee hour after the morning service

10:30am Sung Eucharist

THE BOOK of ALTERNATIVE SERVICES

Gathering of the Community

Cathedral Parish Announcements

Introit We wait for thy loving kindness, O God William McKie

Presider In this time and place,
we gather on the unceded ancestral lands
of the Musqueam, Squamish and Tsleil-Waututh nations.
All **From many places and peoples we come to this house of prayer.**

Presider In this time and place,
we meet in the presence of the living God.
All **The living God who creates us and all that is.**

Presider In this time and place,
the risen Christ stands in our midst.
All **The risen Christ who accompanies us and all people.**

Presider In this time and place,
God's Holy Spirit breathes in and through us.
All **The Holy Spirit who transforms us and all life.**

Presider In this time and place,
together, one people of God.
All **In the name of God, Source of all being,
Eternal Word and Holy Spirit. Amen.**

Opening Hymn Praise, My Soul (*CP 381*) Text: ps. 103. para. Henry Francis Lyte (1793–1847), alt.;
Music: John Goss (1800–1880); Final verse arr. Rupert Lang

1. Praise, my soul, the King of heaven;
to his feet your tribute bring;
ransomed, healed, restored, forgiven,
evermore his praises sing.
Alleluia, alleluia, praise the everlasting King.
2. Praise God for her grace and favour
to our forebears in distress;
praise God, still the same for ever,
slow to chide and swift to bless:
alleluia, alleluia, glorious in her faithfulness.

High voices 3. Mother-like, she tends and spares us;
well our feeble frame she knows;
in her hands she gently bears us,
rescues us from all our foes:
All alleluia, alleluia, widely as her mercy flows.

Low voices 4. Frail as summer's flower we flourish;
blows the wind and it is gone;
but, while mortals rise and perish,
God endures unchanging on:
All alleluia, alleluia, praise the high eternal one.

All 5. Angels, help us to adore him;
you behold him face to face;
sun and moon, bow down before him,
dwellers all in time and space.
Alleluia, alleluia, praise with us the God of grace.

Collect
Presider

Let us pray (*silence*)

All Almighty God,
on the holy mount you revealed to chosen witnesses
your well-beloved Son, wonderfully transfigured:
mercifully deliver us from the darkness of this world,
and change us into his likeness from glory to glory;
through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

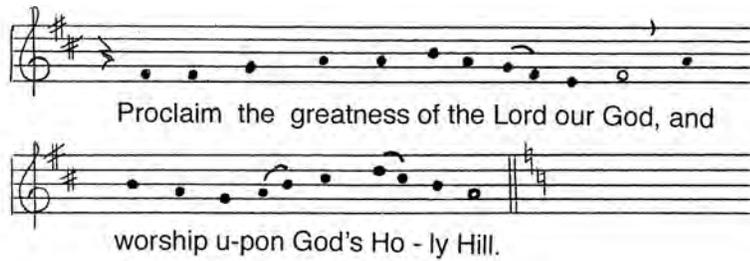
Proclamation of the Word

First Reading Exodus 24:12-18

After the reading the reader will say:

Reader Hear what the Spirit is saying to the church.

All Thanks be to God.



You are king O Lord, and the people tremble:
you sit enthroned upon the cherubim, and the earth is quaking.

You O Lord are great upon your holy mountain:
you are exalted over all the nations. *Antiphon*

Let them praise your great and terrible name:
holy are you and mighty, a king who delights in justice.

You have established equity:
you have dealt justice and righteousness in Jacob. *Antiphon*

Moses and Aaron among your priests,
and Samuel among those who call on your name:
these called to you O Lord;
and you answered. *Antiphon*

You spoke to them out of the pillar of cloud:
they kept your teachings and the law that you gave them.

You answered them O Lord our God:
to them you were a God who forgives,
though you punished their offences. *Antiphon*

Second Reading 2 Peter 1:16-21

After the reading the reader will say

Reader Hear what the Spirit is saying to the church.

All **Thanks be to God.**

Please stand & join in the singing of the hymn.

Hymn

O Spirit of the Living God (CP 40)

Text: James Montgomery (1771–1854), alt.;
Music: William Knapp (1698–1768); WAREHAM



1 O Spir - it of the liv - ing God, in all the
2 Give tongues of fire and hearts of love to preach the
3 Be dark - ness at thy com - ing, light; con - fu - sion,
Choir 4 O Spir - it of the Lord, pre - pare all the round
All 5 Bap - tize the na - tions; far and nigh the tri - umphs



full - ness of thy grace, wher - ev - er hu - man
rec - on - cil - ing word; give power and unc - tion
or - der in thy path; souls with - out strength in -
earth its God to meet; breathe thou a - broad like
of the cross re - cord; the name of Je - sus



foot hath trod, de - scend on our re - bel - lious race.
from a - bove wher - e'er the joy - ful sound is heard.
spire with might; bid mer - cy tri - umph o - ver wrath.
morn - ing air, till hearts of stone be - gin to beat.
glo - ri - fy, till ev - ery kin - dred call him Lord.

Reader

The Lord be with you.

All

And also with you.

Reader

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Before the Gospel

Glory to you, Lord Jesus Christ.

Gospel

Matthew 17:1-9

After the Gospel

Praise to you, Lord Jesus Christ.

Sermon

Andrew Stephens-Rennie

Silence for Reflection

The Apostles' Creed

Presider

All

Let us confess the faith of our baptism, as we say,
I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

 *Prayers of the People*

In the *Anglican Cycle of Prayer* we pray for the Iglesia Anglicana de la Region Central de America. In the *Diocesan Cycle of Prayer* we pray for Melissa Skelton our Archbishop and Metropolitan; our companion diocese, the Episcopal Diocese of Northern Philippines and

the Rt. Rev. Brent Alawas; our companion parish, All Saints Cathedral, Bontac, Philippines and the Very Rev. Padi Luc; and St. David (Delta) and St. Chad (Vancouver). In our Parish we pray for Endowment Fund Administrators.

Presider

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept

Presider

All

Most merciful God,
We confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All

Amen.

The Peace

You are invited to greet those around you in the name of Christ.

Celebration of the Eucharist

The Offertory

During the singing of the hymn you are invited to make a financial offering to further God's mission through the work of the church using the enclosed envelope or by texting "Give" to 639.739.0843 and following the instructions; tax receipts are issued annually for gifts totalling \$20 or more. Your financial gifts together with the bread and wine are brought forward and presented at the Altar as a sign of thanksgiving to God from whom all blessings flow.

Offertory Hymn

Alleluia! Sing to Jesus (CP 374)

Text: William Chatterton Dix (1837–1898);
Music: Rowland Huw Prichard (1811–1887);
Verse 4 & 5 arr. Rupert Lang; HYFRYDOL

1 Al - le - lu - ia! Sing to Je - sus! His the
scep - tre, his the throne; al - le - lu - ia!
his the tri - umph, his the vic - tor - y a - lone.
Hark! The songs of peace - ful Zi - on thun - der
like a might - y flood; Je - sus, out of ev - ery
na - tion, hath re - deemed us by his blood.

2. Alleluia! not as orphans are we left in sorrow now;
alleluia! he is near us, faith believes, nor questions how.
Though the cloud from sight received him, when the forty days were o'er
shall our hearts forget his promise, "I am with you evermore"?
3. Alleluia! Bread of heaven, thou on earth our food, our stay;
alleluia! here the sinful flee to thee from day to day;
Intercessor, Friend of sinners, earth's Redeemer, plead for me,
where the songs of all the sinless sweep across the crystal sea.

Choir 4. Alleluia! King eternal, thee the Lord of lords we own;
alleluia! born of Mary, earth thy footstool, heaven thy throne.
Thou within the veil hast entered, robed in flesh, our great high priest;
thou on earth both priest and victim in the eucharistic feast.

All 5. Alleluia! Sing to Jesus! His the sceptre, his the throne;
alleluia! his the triumph, his the victory alone.
Hark! The songs of peaceful Zion thunder like a mighty flood;
Jesus, out of every nation hath redeemed us by his blood.

Prayer over the Gifts

Presider

God of mercy and grace,

All

the eyes of all wait upon you,

and you open your hand in blessing.

Fill us with good things at your table,

so that we may come to the help of all in need,

through Jesus Christ, our redeemer and Lord. Amen.

The Great Thanksgiving

Presider

The Lord be with you.

All

And also with you.

Presider

Lift up your hearts.

All

We lift them to the Lord.

Presider

Let us give thanks to the Lord our God.

All

It is right to give our thanks and praise.

Presider

Blessed are you, gracious God, creator of heaven and earth,
because in the mystery of the Word made flesh
you have caused a new light to shine in our hearts,
to give knowledge of salvation in the face of your Son Jesus Christ our Lord.
Now with angels and archangels and the whole company of heaven,
we lift our voices to proclaim the glory of your name.

Sanctus

Choir

Presider

Holy God, holy and mighty, holy and immortal:

you we praise and glorify, you we worship and adore.

You formed the earth from chaos; you encircled the globe with air;

you created fire for warmth and light; you nourish the lands with water.

You moulded us in your image, and with mercy higher than the mountains,

with grace deeper than the seas, you blessed the Israelites

and cherished them as your own.

That also we, estranged and dying, might be adopted to live in your Spirit,

you called to us through the life and death of Jesus.

In the night in which he was betrayed, our Lord Jesus took bread,
and gave thanks; broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:
This cup is the new covenant in my blood, shed for you and for all people
for the forgiveness of sin. Do this for the remembrance of me

Together as the body of Christ, we proclaim the Lord's death until he comes.

All

Christ has died.

Christ is risen.

Christ will come again.

Presider

With this bread and cup we remember your Son,
the first-born of your new creation. We remember his life lived for others,
and his death and resurrection, which renews the face of the earth.
We await his coming, when, with the world made perfect through your wisdom,
all our sins and sorrows will be no more.

All

Amen. Come, Lord Jesus.

Presider

Holy God, holy and merciful, holy and compassionate,
send upon us and this meal your Holy Spirit,
whose breath revives us for life, whose fire rouses us to love.
Enfold in your arms all who share this holy food.
Nurture in us the fruits of the Spirit,
so that we may be a living tree, sharing your bounty with all the world.

All

Amen. Come, Holy Spirit.

Presider

Holy and benevolent God, receive our praise and petitions,
as Jesus received the cry of the needy, and fill us with your blessing,
until, needy no longer and bound to you in love,
we feast forever in the triumph of the Lamb:
through whom all glory and honour is yours,
O God, O Living One, with the Holy Spirit,
in your holy church, now and for ever.

All

Amen.

The Lord's Prayer

Cantor
As our Sa - viour Christ has taught us, we now pray,
All
Our Fa - ther in hea - ven, hal - lowed be your Name,
your king - dom come, your will be done, on earth as in hea - ven.
Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who sin a - gainst us.
Save us from the time of tri - al, and de - liv - er us from e - vil.
For the king - dom, the power, and the glo - ry are yours,
now and for ev - er. A - men.

Breaking of the Bread

Presider

We break the bread of life,
and that life is the light of the world.

All

God here among us,
light in the midst of us,
bring us to light and life.

Presider

The gifts of God for the people of God.

All

Thanks be to God.

Choir

Benedictus

Rupert Lang

During Communion

Agneau de Dieu

Rupert Lang



Share the Gifts

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread. If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation then you are invited to share the cup of the new covenant. The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup. Extend one hand if you wish to receive a wafer. Both wine and unfermented grape juice are served, grape juice is administered from the copper chalice. Gluten-free wafers are available upon request in the East alcove.



Prayer and Laying-on of Hands for Healing

We invite those wishing particular prayer for themselves or on behalf of someone else, or to share in a prayer of thanksgiving for blessings received, to come to the front of the line to receive the bread and wine. Immediately after receiving, go to the prayer station. Give your first name and in a low voice briefly state your prayer need. The prayer team will lay hands gently on your shoulders and after a short silence, they will pray quietly for you.

While the communion is being administered, we respectfully ask that you keep the silence — this is a time for quiet prayer and meditation.

Sending Out of the Disciples

Prayer after Communion

Presider

Holy God,

All

we see your glory in the face of Jesus Christ.

May we who are partakers of this table

reflect his life in word and deed,

so that all the world may know his power to change and save.

We ask this in his name. Amen.

Doxology

Presider

Glory to God,

All

whose power, working in us,

can do infinitely more than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Closing Hymn

Go To the World (CP 598)

Text: Sylvia G. Dunstan (1955–1993);
Music: Charles Villiers Stanford (1852–1924);
Verse 3 arr. Stanford; ENGELBERG

1 Go to the world! Go in - to all the earth. Go
 2 Go to the world! Go in - to ev - ery place. Go
 Choir 3 Go to the world! Go strug - gle, bless, and pray; the
 All 4 Go to the world! Go as the ones I send, for
 preach the cross where Christ re - news life's worth, bap - tiz - ing
 live the word of God's re - deem - ing grace. Go seek God's
 nights of tears give way to joy - ous day. As ser - vant
 I am with you till the age shall end, when all the
 as the sign of our re - birth. Al - le -
 pres - ence in each time and space.
 church, you fol - low Christ's own way.
 hosts of glo - ry cry, "A - men!"
 lu - ia! Al - le - lu - ia!

Dismissal
All

Let us go forth in the name of Christ.
Thanks be to God.

Postlude

The service of the Church into the World — begins again this week.

Please join us in the Parish Hall following the service for coffee & tea.

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**ANNUAL GENERAL VESTRY MEETING TODAY!
FEBRUARY 23, 2020 FOLLOWING THE 10:30AM EUCHARIST
CHRIST CHURCH (PARISH) CATHEDRAL**

This is your invitation to participate in the Cathedral's Annual General (Vestry) Meeting today Sunday, February 23, 2020 following the 10:30am Eucharist, commencing on or about 12:45pm. A light lunch will be served in the Parish Hall prior to the meeting for those attending Vestry 2020.

Canons (laws) of the Anglican Diocese of New Westminster state that those eligible to vote at Vestry meetings are all baptized persons age 16 or over who are accustomed worshippers within the parish and whose names have been on the membership roll of the parish for at least the three months preceding the Vestry meeting. If you are not certain of whether your name is on the membership roll or not, please contact Director of Parish Administration, Vincent Carey by email at vincent@thecathedral.ca or phone 604.682.3848, ext. 34.

The Annual Report and Guide to Vestry are available online at www.thecathedral.ca/vestry or hardcopies are available from Narthex Greeters and at Reception.

**AT THIS YEAR'S MEETING THE AGENDA
WILL INCLUDE THE FOLLOWING ITEMS:**

1. Opening Prayer, Approval of Agenda, Appointment of Vestry Clerk
2. Minutes of Vestry, February 24, 2019
3. 2019 in Review
 - a. Reception of Annual Report
 - b. Looking Back and Looking Ahead
4. Report of Nominating Committee and Elections by way of omnibus resolution
5. Financial Report
 - a. Adoption of Audited 2019 Financial Statement
 - b. Appointment of 2020 Auditor
 - c. Presentation and Adoption of Budget 2020
6. Resolutions
 - **Must be received in the Cathedral Office, in writing by February 16, 2020 at 4pm**
7. Any other business
8. Votes of Thanks
9. Adjournment and Closing Prayer

Copies of the Cathedral's *2019 Annual Report* and the *Guide to Vestry* are available now or online at www.thecathedral.ca/vestry.

Please make every effort to attend this gathering of the congregation on February 23, 2020. It is an important time to celebrate the gifts God has given us, review the year past and consider plans to further the mission of God in this place.

On behalf of the Cathedral Wardens & Trustees:

Liz McCausland (*People's Warden*),
Emily Pritchard (*Rector's Warden*),
Mike den Haan (*Associate Warden*),
Jane Hope (*Associate Warden*),
Kevin Smith (*Trustee*),
Tegan Smith (*Trustee*),
Cheryl Slusarchuk (*Treasurer*),
Gary Kenwood (*Associate Treasurer*),
David Smith (*Associate Treasurer*)

Blessings,



The Reverend Canon Dr. Richard LeSueur,
Interim Priest-in-Charge, Christ Church Cathedral

Cathedral CHRONICLE

Please make your Chronicle submissions online at www.thecathedral.ca/chronicle-submissions.
If you have any questions please contact Jennifer at communication@thecathedral.ca or 604.682.3848, ext. 26.

IF YOU ARE VISITING TODAY... and are interested in becoming either a *Member* or a *Friend of the Cathedral*, you are invited to fill in the Cathedral connection card, add it to the collection plate or hand it to a greeter. Find out how you can participate by speaking to a member of the welcoming team.

ASSISTANCE: ASL INTERPRETER for the deaf community communicates the 10:30am service from in front of the ambo.

LOOP SYSTEM in the nave and chancel, simply adjust the settings of your personal hearing device.

LARGE-PRINT BOOKS & BULLETINS are available from greeters prior to the 10:30am service.

KNEELER CUSHIONS are available in the Narthex for those who wish to kneel in prayer.

CHILDREN & YOUTH: Activities for children of all ages are available during the 10:30am service. Details can be found on the Youth Page.

TODAY AT THE CATHEDRAL

At the 10:30am Choral Eucharist we welcome the Cathedral Choir with Rupert Lang, *Organist & Director of Music*. At 5:30pm at St. Brigid's we welcome Ben Dobyons on piano. At 8pm join us for *Gregorian Chant: The Service of Compline* with Women's Schola.

Collection & Burning of Old Palm Crosses

Today is the final day to drop off any Palm Crosses which you received on Palm Sunday last year. These old palms will be burned today to make the ashes that will be used for the Imposition of the Ashes on Ash Wednesday, February 26. Please drop off your old Palm Crosses in the baskets that will be set up in the Narthex and Parish Office. Palm Crosses will be collected until 5:30pm today and will be burned at the 5:30pm St. Brigid's service.

CATHEDRAL NEWS & NOTES

Socks for Maundy Café Guests

So many people are coming through the Cathedral's Maundy Café this winter with wet feet that we're running low on socks. If you're able to donate ***NEW*** socks to the Cathedral—preference for long socks

in men's and women's sizes—or you can donate towards us purchasing some, that would be AMAZING! Please bring your donations to the Cathedral Office or Maundy Café. Thank you for being part of this Cathedral community and helping in this way!

The Collective Knitting Basket

Did you know... studies show that some people are better able to take in information when their hands are busy? If this is you, you're in luck! The Cathedral has a way to keep hands busy while taking in sermons. In the Narthex you will find baskets with wool and knitting needles. Please feel free to borrow needles and wool during a service. Knit as many rows as you can during the service and then return the needles and whatever you've knit to the basket at the end of the service. We will turn these bundles of knitting into scarves to give out to people in need of warm woolies during the winter months. If you wish to knit something larger—like a prayer shawl—please contact Bonny Amor at bonnyamor@telus.net or Judy Loken at arcticjude@hotmail.com at the Prayer Shawl Ministry.

Prayer Shawl Wool Donations Needed

The Prayer Shawl Ministry is in need of bulky/chunky yarn donations for our Prayer Shawl knitters to carry on knitting dearly needed and loved prayer shawls for people in physical, emotional, and spiritual need. If you don't have spare yarn but you would like to support this ministry please make a donation to the Cathedral Parish Ministry Fund. Please see Bonny Amor for more information. All are welcome.

CATHEDRAL EVENTS

Shrove Tuesday Pancakes & Ash Wednesday

The beginning of Lent is just a week away and there are two events coming up to mark the last day of the season of Epiphany and the start of Lent.

On Tuesday, February 25 at 5:30pm there will be a Shrove Tuesday Pancake Dinner in the Parish Hall. Dinner is by donation, if you're able. Suggested donation is \$5 per person or \$20 per family. Please RSVP at PancakeDinner2020.eventbrite.ca or by calling the Parish Office, so we know how many pancakes to make! (Note: In many cultures, Shrove Tuesday was the day to use up all the rich ingredients that could not be used during Lent. Pancakes were one item that could be made with those ingredients)

Wednesday, February 26 is Ash Wednesday and there will be three services at the Cathedral that day: 7:30am, 12:10pm and 7:30pm. At 6pm, a simple supper of soup and bread will be served. All are welcome.

Contemplative Prayer & Song

On Thursday, February 27 join the Cathedral's St. Brigid's community at 7:15pm (7:30pm start) at St. Margaret's Cedar Cottage (1530 East 22nd Avenue, Vancouver) for an hour-long experience of prayer using the ancient prayer practices of *lectio divina*, and Taizé-inspired chant.

This experience is for those seeking intimate connection with God as we dwell in and focus on the presence of God's spirit with and amongst us as we listen, pray and sing. This gathering offers an opportunity to enter more deeply into connection with the divine.

Guest Preacher Tony Campolo

On Sunday, March 8 Tony Campolo will be guest preacher at the 10:30am and 5:30pm services at the Cathedral. Tony Campolo is professor emeritus of sociology at Eastern University and a former faculty member at the University of Pennsylvania. For 40 years, he led the Evangelical Association for the Promotion of Education. More recently, Dr. Campolo has provided leadership for the progressive Christian movement, *Red Letter Christians* as well as, for the Campolo Centre for Ministry, a program which provides support to those the church has called to full-time ministry.

CATHEDRAL VOLUNTEERING

A Big Thank You to All Our Volunteers!

Thank you to all our volunteers for their dedication and generous gift of time to the Cathedral Community, which makes it possible for the Cathedral to function daily. Please know that we appreciate each and every one of you and that you are a blessing to us all. Thank you!

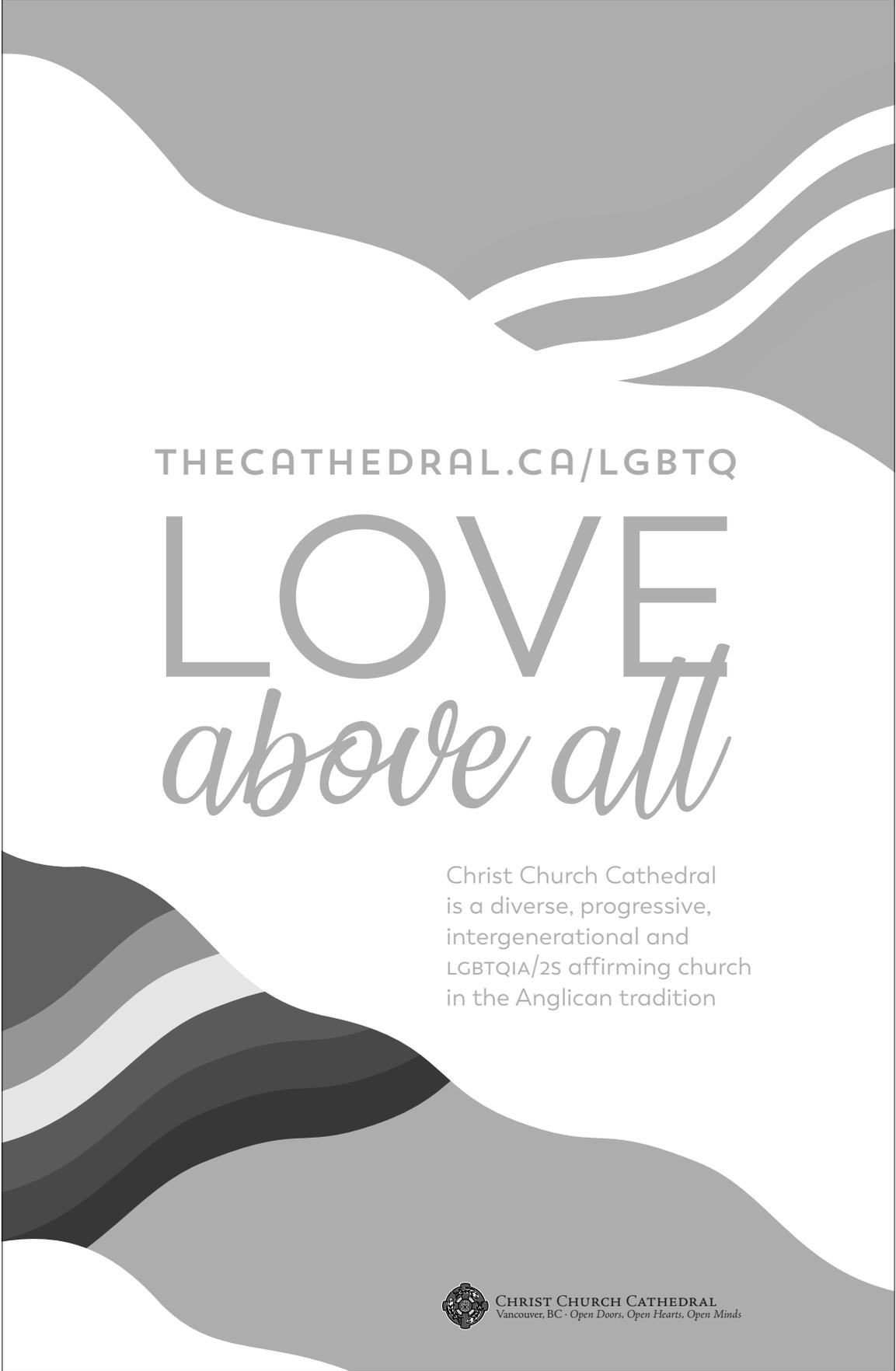
If you are interested in volunteering at the Cathedral please contact Nicky Seppala on Thursdays at reception (604.682.3848) or by email at volunteer@thecathedral.ca.

CONNECTING AT THE CATHEDRAL

Giving Was Never Easier!

You can make a gift to support the ministries of Christ Church Cathedral on your smart phone! Just go to the App Store, choose the app "tithe.ly" — from the store, download, enter your information and voilà — you can connect directly to the Cathedral and make your gift in whatever amount.

Prefer to give by text? You can do that too! Text the word "give" to 639.739.0843 (the Cathedral's Tithe.ly text giving phone number) and follow the instructions on the screen. Thank you for your support!



THECATHEDRAL.CA/LGBTQ

LOVE *above all*

Christ Church Cathedral
is a diverse, progressive,
intergenerational and
LGBTQIA/2S affirming church
in the Anglican tradition



CHRIST CHURCH CATHEDRAL
Vancouver, BC · Open Doors, Open Hearts, Open Minds

CHRISTIAN FORMATION, PRAYER & EDUCATION

LENT LECTURE SERIES

AT CHRIST CHURCH CATHEDRAL

RITUAL
AS GOD'S GIFT
TO HUMANITY

Tuesday Evenings | 6:45pm
Thursday Mornings | 10:30am

March 3 & 5 | Dr. Paula Pryce
March 10 & 12 | Dr. Paula Pryce
March 17 & 19 | Rabbi Adam Stein
March 24 & 26 | Monte Tugwete
March 31 & April 2 | Dr. Lynn Szabo

What's the use of ritual in a fast paced world? Why would anyone want to say the same prayers day in, day out? The Cathedral has invited a few people with different experiences of ritual to help explore this apparent mystery. This lecture series will run through Lent. There are two dates to choose from every week: Tuesday evenings at 6:45pm or Thursday morning at 10:30am. The same lecture will be offered in both time slots. No registration required. All are welcome. Mark your calendars to hear these speakers:

Dr. Paula Pryce is an anthropologist whose research focuses on ritual in monastic communities. Recently, she published the book *The Monk's Cell: Ritual and Knowledge in American Contemplative Christianity*. Paula is a parishioner at Christ Church Cathedral and will be introducing the lecture series over the first two weeks.

Rabbi Adam Stein is the associate rabbi at Beth Israel Congregation in Vancouver. He is passionate about theatre, photography, and technology. When it comes to ritual, Rabbi Adam is passionate about praying the Psalms.

Monte Tugwete has observed ritual in action across the globe. Monte is also a Cathedral parishioner and has lived in Zimbabwe, the US, and Canada. He wants to explore why we do ritual in society. Does ritual change us?



Morning Prayer at the Cathedral

Wednesday, February 26 – Thursday, April 9
Monday – Friday | 9:30am

Are you looking for a way to deepen your spiritual life this Lent?

How about trying out Morning Prayer at the Cathedral? Starting on Ash Wednesday, February 26 and continuing throughout Lent, Morning Prayer will happen at 9:30am, Monday to Friday, in the Chancel. We will follow a very simple liturgy with a Psalm, a Reading, Prayers and Silence. This form of morning prayer is used in several Christian churches. Start your day with us in prayer and let us prepare ourselves together for beautiful mystery of Easter.

NOTE: Please use the lower level, Burrard Street entrance and the back stairs to access the Chancel.

BTT | Bible, Tea & Toast | Young Adult Bible Study

Sunday Mornings | 9:30am – 10:20am

On Sundays in 2020, join in reading each Sunday's Gospel over a light breakfast from 9:30am – 10:20am. Bible study will follow the lectionary and is led by the Rev. André Stephany (mostly) and is intended for those who consider themselves young adults (under 35ish). Coffee, tea and a light breakfast of toast, jam and peanut butter is included. No registration required. Please contact André at andre@thecathedral.ca for more information.

Centering Prayer

Tuesday Evenings | 6:30pm – 7:30pm

Centering Prayer is a silent prayer practice aimed at settling one's attention upon the presence of Christ within. All are welcome to participate on Tuesday evenings—February 25 is next—in this simple healing practice reaching back to the early years of Christian faith. Join us from 6:30pm – 7:30pm in Room B. We pray in silence for 30 minutes and there is opportunity afterwards for group reflection. Please contact Luke Primus for more details at lukasprimus@gmail.com.



THE FACES OF ST. BRIGID'S

February 1 was St. Brigid's Day and at the Cathedral it was celebrated on Sunday, February 2 by the St. Brigid's congregation. To continue celebrating this Saint and the Cathedral congregation dedicated to her, throughout February different members of the St. Brigid's congregation will share what drew them to this unique faith community and why they have made it their spiritual home.

PHOTO Tris White Photography

RACHEL | St. Catherine of Sienna once wrote, "Be who God meant you to be and you will set the world on fire." By that logic, Rachel—a cradle Anglican who grew up in William's Lake, BC—has been on the right track from the beginning of her life in the church.

She was baptized at an Easter Vigil service just before her first birthday. The priest—who was concerned the new fire might not light as readily as it should—added a little bit of lighter fluid... as did his wife, the warden, the server and the sacristan. When the fire was lit, it exploded into a "chrysanthemum of fire," which gave her priest second degree burns on his hands. The flames from her baptism day remain on the lintel of the church to this day.

Rachel remained a member of that parish in Williams Lake, and was deeply involved in the church life. She was on the parish council as the youth representative, she was sent to the diocesan council and was the representative to the General Synod in 2004, when she was 17.

As often happens when one grows up in a small town, Rachel became deeply interested in leaving Williams Lake. She ended up in Vancouver, studying acting and film history at Capilano University. Then, as one does when one lives in Vancouver, she ran out of money,

and spent the next ten years out in Fort McMurray. She remembers doing a lot of weird stuff while she was out there; including, but not limited to, starting on the professional performance poet track.

It was while she was living in Fort McMurray that Rachel discovered St. Brigid's. It was the year of the Fort McMurray wildfire, and she ended up displaced with her sister and nephew. After the fires there were no jobs to be had in Fort McMurray and she ended up moving back into her parent's basement, looking for work, and occasionally flying down to Vancouver for job interviews. It was during one of these brief visits that she came to St. Brigid's for the first time, by chance.

It happened to be the feast of Christ the King and Trans Day of Remembrance. At St. Brigid's the two were interwoven. The result was that it opened up for Rachel a new way of understanding what Jesus might ask of Christians in today's world. It was the first time she can remember hearing the story of Christ "as if he were also a member of that community [i.e. the LGBTQIA/2S+ community], and specifically the community that is most at risk." This deeply inspired her and challenged her, and she "couldn't get enough." And they haven't been able to get rid of her yet...

To read the full story...
Come to Vestry!



CHRIST CHURCH CATHEDRAL CHILDREN, YOUTH AND FAMILIES MINISTRY

Anne Kessler, *Children, Youth & Family Ministries Coordinator* (youth@thecathedral.ca)

Children's Church happens Sunday mornings for children ages 1 – 4, grades K – 3 and grades 4 – 7 (see below for today's details). We begin downstairs at 10:30am, and rejoin parents and the whole community for the Eucharist. All children, including visitors and guests, are welcome to join us. The youngest group (aged 1 – 4) meets in the Lounge for Nursery with our nursery staff. The K – 3 and 4 – 7 groups meet for Godly Play.

Godly Play is a Montessori-based faith formation program that engages children in Biblical and liturgical stories, making-meaning, creativity and prayer while immersed in a supportive community of peers and adults.

Children's Church Today!

The Nursery is open in the Lounge for those aged 1 – 4.

Today the **grades K–3** group meets in the Godly Play Room and the **grades 4–7** group will meet in the Park Room. Both groups will be hearing the Lent Ashes story.

The space to the right of the Altar is open with carpets, books and toys for parents who want to stay in the service with their children. This is an unsupervised space so please keep an eye on them. Kids are welcome to take books, items for colouring, or toys back to their seats – just make sure to return them afterwards! Activity packs are available at the entrance.

Join the Weekly eNewsletter by sending an email Anne at youth@thecathedral.ca for more children's and youth info, straight to your email.

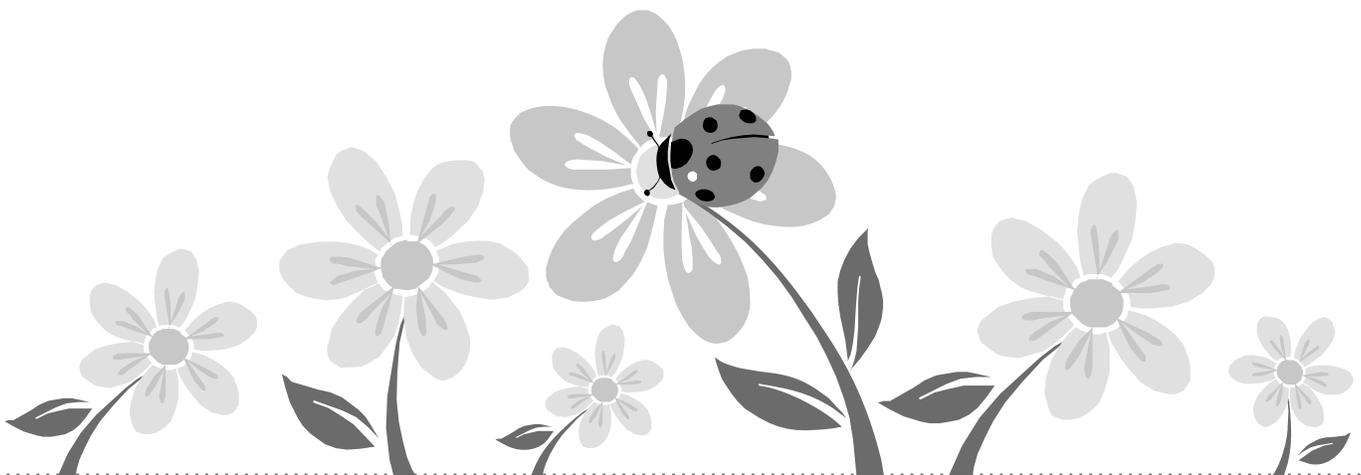
Youth Group

Junior Youth Group (grades 4–7) is now scheduled on a few dates a year. The next meet up will be in late spring.

Senior Youth Group (grades 8–12) meets every second Friday from 6pm–9pm. We meet next on Friday, February 28.

Family Lunch

Family Lunches are open to all Cathedral families and happen after the 10:30am Sunday service about once a month. Join us for lunch on March 8. Lunch is provided, just bring yourself!



Notes from the Rev. Jeffrey Preiss

FEBRUARY 23, 2020

“Greetings, O cross! Greetings indeed! I know well that, though you have been weary for a long time, planted and awaiting me, now at last you can rest. I come to you, who I have known. I recognize your mystery, why you were planted. So then, cross that is pure, radiant, full of life and light, receive me, I who have been weary for so long.”¹

We are at a point of liturgical transition when one season changes to another—we will go from the period after Epiphany and Ordinary Time to the season of Lent. The colours that are present in our Cathedral community will change. The hymns sung should have a different feel. Our readings from Sacred texts will shift their focus.

The marking of the cross on our foreheads on Ash Wednesday reminds us that we are but dust and to dust we shall return. With this mark, we begin our journey to the cross on Golgotha in which Christ was crucified, and finally to the empty cross left standing after the Resurrection.

The cross will tie and stitch together this liturgical season.

I am particularly drawn to the cross during the season of Lent. It has been a constant companion of mine—even during my undergraduate years when I claimed not to be a Christian, a crucifix still hung visibly on my wall. A symbolic reminder of the path I have been called to journey on as a Christian. I wear a cross—sometimes even a crucifix—around my neck. We (my fiancé and I) have at least two crucifixes on our apartment wall. And, I frequently move my arm across my body to make the sign of the cross.

I have fond memories of my mother and maternal-grandmother marking my forehead with the sign of the cross—whether they knew it or not, reminding me that in the words of Baptism, I have been marked as Christ’s own forever. The cross is the mark I place on a person’s forehead and on the palm of their hands when I anoint them with Holy Oil in my diaconal ministry.

The cross has been and continues to be a symbol of oppression and liberation.

I invite you this Lent to join me in spending time reflecting upon the cross or crucifix. Either spiritually or physically, stand at the foot of the cross and explore what this particular symbol means for you, how you relate to it, and how it relates to God.



¹ Apocryphal Acts of St. Andrew, cited in *The Cross: History, Art and Controversy*, 41.

CATHEDRAL DIRECTORY

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Anna Wall** — Custodial Team

Nicky Seppala, Volunteer Lay Ministries Coordinator
— volunteer@thecathedral.ca

On Call Pastoral Emergencies — ext. 54

Lily Groves, Rosemond Cooper — Nursery Attendants

**Emily Pritchard, Liz McCausland, Mike den Haan,
Jane Hope** — Wardens

Tegan Smith, Kevin Smith — Trustees

John Ross — Secretary to the Corporation

Cheryl Slusarchuk — Treasurer

Gary Kenwood, David Smith — Associate Treasurers

Members of Christ Church Cathedral



New to the Cathedral? Thinking about making this your home parish? To be a member here means that you have a vote at our Annual Vestry Meeting (usually held in February), and you will receive regular Cathedral communications (including *Contact Magazine*). You would also be invited to be part of a Liturgy of Inclusion and a newcomers luncheon.

You may request a membership form 2 ways:

- speak to the Receptionist in the Parish Office
- or email our Director of Parish Administration, Vincent Carey, at vincent@thecathedral.ca

Once the form is complete, please forward to Vincent's attention and he will ensure that you are officially added as a new member. Unfortunately, we are not able to automatically make someone a Parishioner, this is something which you must request, and you may only be a member of one Parish. We look forward to welcoming you soon!

- *Cathedral Clergy, Staff & Leaders*



Friends of Christ Church Cathedral

Who are we? The Friends of the Cathedral are supporters of Christ Church who are unable to attend services regularly. Many of us are visitors or belong to another parish. We receive a subscription to *Contact Magazine*.

How do we help? We foster enthusiasm for Christ Church Cathedral and assist in beautifying it in every sense through our financial support. Significant gifts from Friends have helped to restore and conserve the Cathedral's heritage building and to fund the compassionate care of Vancouver's homeless and hungry population.

Join us! You are invited to sponsor the Cathedral's mission and ministry with an annual donation.

Contact us! Please contact Kathy Irwin if you have any questions or would like to arrange to make a donation: kathy@thecathedral.ca or 604.682.3848.

8AM | HOLY COMMUNION | MINISTERING THROUGH LITURGY

<i>Presider</i>	The Rev. Helen Dunn	○	<i>Lay Administrator</i>	Murray Reinhart
<i>Preacher</i>	Andrew Stephens-Rennie	○	<i>Offering</i>	Vaughn Pridmore, Marilyn Anderson
<i>Reader</i>	Murray Reinhart	○	<i>Welcoming Team</i>	Marilyn Anderson, Gavin Oliver
<i>Server</i>	Carol Mundt	○		

10:30AM | CHORAL EUCHARIST | MINISTERING THROUGH LITURGY

<i>Presider</i>	Canon Dr. Richard LeSueur	○	<i>Ministers of Communion</i>	The Rev. Stuart Mennigke, Andrew Stephens-Rennie, Canon Dr. Richard LeSueur, The Rev. Dr. Linda St. Clair, The Rev. Dr. Marilyn Hames, The Rev. Alisdair Smith
<i>Preacher</i>	Andrew Stephens-Rennie	○	<i>Lay Administration</i>	Jim Riva, Kathy Irwin, Panos Pappas, Susan Wade, Anne Christian, Judy Loken, James Conklin, Kate Walker, John Ross, Jacki Ross
<i>Announcements</i>	Jane Hope	○	<i>Healing Team</i>	Andrea Gailus, Sheena MacIntyre, Cynthia Turley, Colin Miles
<i>Godly Play</i>	The Rev. Alisdair Smith, The Rev. Jessica Schaap, Neale Adams, Anne Kessler	○	<i>Breadmaker</i>	Ginger Shaw
<i>Readers</i>	Jacki Ross, John Ross	○	<i>Altar Guild</i>	Carol Longman, Diana Alley, Mary Lewis
<i>Intercessor</i>	Bill Orr	○	<i>Welcoming Team</i>	David Barbour, Ken Dunion, Charlotte Forseth, Ed Friesen, Jae Bun Henry, Jon Paul Henry, Donna Marlatte, Darlene Leigh, Pamela Mehmi, Jane Dittrich, Howard Teasley
<i>Deacon</i>	The Rev. Dixie Black	○		
<i>Sacristan</i>	Ann Kowalchuk	○		
<i>Servers</i>	Terry Love, Sam Walton, Sophie Walton	○		
<i>MC</i>	Pamela Dalziel	○		
<i>Music</i>	Cathedral Choir with Rupert Lang, <i>Organist & Director of Music</i>	○		
<i>Interpreter</i>	Lisz Keallen	○		

5:30PM | ST. BRIGID'S

<i>Presider</i>	The Rev. Marnie Peterson
<i>Preacher & Deacon</i>	The Rev. Jeffrey Preiss
<i>Greeters</i>	Katie McCann, Richard Douglas
<i>Servers</i>	Tannis Hugill, David Hayes
<i>Music</i>	Ben Dobyns, <i>pianist</i>

8PM | COMPLINE

<i>Officiant</i>	The Rev. Neil Gray
<i>Server</i>	Darcy Nickerson
<i>Greeters</i>	Howard Teasley, Alida Postman
<i>Schola</i>	Women's



CHRIST CHURCH CATHEDRAL
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