



# CHRIST CHURCH CATHEDRAL

Vancouver, BC · *Open Doors, Open Hearts, Open Minds*



The Fifth Sunday  
After Epiphany

FEBRUARY 9, 2020

**CATHEDRAL VISION** | We envision a Cathedral which is radically inclusive, restlessly inquisitive, intentional, and inspired. This is a place that is called to lead and to serve, in communion and in community, with healing, reconciliation, and love, living out Christian mission. Together, we look to the power of Christ for the transformation of each person, this city, and the world. We recognize our history and traditions, while seeking renewal and growth. Curious and adaptable, this chorus has room for all voices. Whoever you are, wherever you come from, whomever you love, and regardless of what you may bring or are searching for, you are welcome here.



**WELCOME!** Thank you for joining the Cathedral community for worship during *The Fifth Sunday After Epiphany*. You are welcome to this historic Anglican Cathedral Church on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Nations located in the heart of Vancouver.

If you have any questions about the Cathedral, its ministries or congregations, please speak with a member of the Greeting Team, someone wearing a Cathedral name badge, or a member of the clergy. If you enjoyed the sermon this week, audio versions and sermon texts are available at [www.thecathedral.ca](http://www.thecathedral.ca) or can be delivered to your email inbox through the Cathedral's weekly email newsletter.

*Please help us to be stewards of our resources by returning unused connection cards, bulletins and envelopes to the front desk for re-use or recycling. Thank you!*

## CATHEDRAL SERVICES & DAILY READINGS

<p><b>MONDAY, FEBRUARY 10</b></p> <p>12:10PM Eucharist — <i>Feria</i></p> <p>Daily Reading • Mark 6:53-56</p>	○	<p><b>SUNDAY, FEBRUARY 16</b></p> <p><i>The 6th Sunday After Epiphany</i></p> <p>8AM Holy Communion</p> <p>Preacher: The Rev. Helen Dunn</p>
<p><b>TUESDAY, FEBRUARY 11</b></p> <p>12:10PM Eucharist — <i>Feria</i></p> <p>6:30PM Centering Prayer (<i>see page 15</i>)</p> <p>Daily Readings • Mark 7:1-13</p>	○	<p>9:30AM BTT   Bible, Tea &amp; Toast (<i>see page 15</i>)</p> <p>10:30AM Choral Eucharist</p> <p>Preacher: The Rev. Helen Dunn</p> <p>Music: Cathedral Choir with Rupert Lang, <i>Organist &amp; Director of Music</i></p>
<p><b>WEDNESDAY, FEBRUARY 12</b></p> <p>12:10PM Eucharist — <i>Feria</i></p> <p>Daily Reading • Mark 7:14-23</p>	○	<p>5:30PM St. Brigids Eucharist</p> <p>Preacher: The Rev. Marnie Peterson</p>
<p><b>THURSDAY, FEBRUARY 13</b></p> <p>7:30AM Eucharist &amp; Community Breakfast</p> <p>12:10PM Eucharist — <i>Feria</i></p> <p>Daily Reading • Mark 7:24-30</p>	○	<p>8PM Gregorian Chant: The Service of Compline</p> <p>Officiant: The Rev. Peggy Trendell-Jensen</p> <p>Schola: Men's</p> <p>Daily Reading • Deuteronomy 30:15-20 Psalm 119:1-8 1 Corinthians 3:1-9 Matthew 5:21-37</p>
<p><b>FRIDAY, FEBRUARY 14</b></p> <p>12:10PM Eucharist — <i>Cyril &amp; Methodius, Apostles to the Slavs, 869, 885</i></p> <p>Daily Reading • Matthew 28:16-20</p>	○	
<p><b>SATURDAY, FEBRUARY 15</b></p> <p>9:10AM Eucharist — <i>Thomas Bray, Priest &amp; Missionary, Founder of SPG &amp; SPCK, 1730</i></p> <p>Daily Reading • Psalm 102:15-22</p>	○	

# *8am Holy Communion*

THE BOOK of COMMON PRAYER

*Welcome*

*Collect for Purity* page 67

*Summary of the Law* page 69

*Collect of the Day*

*Presider*

Let us pray.

*All*

Merciful Lord,  
grant to your faithful people pardon and peace,  
that we may be cleansed from all our sins  
and serve you with a quiet mind;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.

*First Reading*

Isaiah 58:1-12

*Response*

Thanks be to God!

*Psalms 112:1-10*

page 478

*Gospel Reading*

Matthew 5:13-20

*Homily*

Canon Dr. Richard LeSueur

*Nicene Creed*

page 71

*Offertory Sentence*

*Intercession*

*Confession & Absolution* page 76

*Thanksgiving & Consecration* page 78

*The Communion*

*The Lord's Prayer* page 85

*Prayer after Communion* page 85

*Blessing & Dismissal* page 86

*Response* Thanks be to God!

*Please join us at coffee hour after the morning service*

# 10:30am Sung Eucharist

THE BOOK of ALTERNATIVE SERVICES

## Gathering of the Community

### *Cathedral Parish Announcements*

*Introit* Kyrie (Office of Holy Communion – *Collegium Regale*) Herbert Howells

*Presider* In this time and place,  
We gather on the unceded ancestral lands  
of the Musqueam, Squamish and Tsleil-Waututh nations.  
*All* **From many places and peoples we come to this house of prayer.**

*Presider* In this time and place,  
We meet in the presence of the living God.  
*All* **The living God who creates us and all that is.**

*Presider* In this time and place,  
The risen Christ stands in our midst.  
*All* **The risen Christ who accompanies us and all people.**

*Presider* In this time and place,  
God's Holy Spirit breathes in and through us.  
*All* **The Holy Spirit who transforms us and all life.**

*Presider* In this time and place, Together, one people of God.  
*All* **In the name of God, Source of all being,  
Eternal Word and Holy Spirit. Amen.**

*Opening Hymn* As a Fire Text: Ruth C. Duck (1947–); Music: American trad. melody,  
arr. Compilers of *Common Ground*, 1998

1. As a fire is meant for burning  
with a bright and warming flame,  
so the Church is meant for mission,  
giving glory to God's name.  
Preaching Christ, and not our customs,  
let us build a bridge of care,  
joining hands across the nations,  
finding neighbours everywhere.
2. We are learners; we are teachers;  
we are pilgrims on the way.  
We are seekers; we are givers;  
we are vessels made of clay.  
By our gentle, loving actions,  
we will show that Christ is light.  
In a humble, listening Spirit,  
we will live to God's delight.
3. As a green bud in the springtime  
is a sign of life renewed,  
so may we be signs of oneness  
'mid earth's peoples, many-hued.  
As a rainbow lights the heavens  
when a storm is past and gone,  
so may we reflect the radiance  
of God's new and glorious dawn.

Collect  
Presider

Let us pray (*silence*)

All

Merciful Lord,  
grant to your faithful people pardon and peace,  
that we may be cleansed from all our sins and serve you with a quiet mind;  
through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.

## *Proclamation of the Word*

First Reading

Isaiah 58:1-12

Reader

Hear what the Spirit is saying to the church.

All

Thanks be to God.

Please join the choir in the singing of the Antiphon.

Psalm 112

Setting: Peter R. Hallock



Their descendants will be mighty in the land;  
the generation of the upright will be blessed.  
Wealth and riches will be in their house,  
and their righteousness will last for ever. *Antiphon*

Light shines in the darkness for the upright,  
the righteous are merciful and full of compassion.  
It is good for them to be generous in lending,  
and to manage their affairs with justice. *Antiphon*

For they will never be shaken;  
the righteous will be kept in everlasting remembrance.  
They will not be afraid of any evil rumours;  
their heart is right; they put their trust in the Lord. *Antiphon*

They have given freely to the poor,  
and their righteousness stands fast for ever;  
they will hold up their head with honour. *Antiphon*

Reader

The Lord be with you.

All

And also with you.

Reader

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Before the Gospel

Glory to you, Lord Jesus Christ.

Gospel

Matthew 5:13-20

After the Gospel

Praise to you, Lord Jesus Christ.

Sermon

Canon Dr. Richard LeSueur

*Silence for Reflection*

Please stand & join in the singing of the hymn.

Hymn

You Are Salt for the Earth (CP 502)

Text & Music: Marty Haugen (1950–);  
BRING FORTH THE KINGDOM

The musical score is written in G major (one sharp) and 4/4 time. It features three parts: Choir and All. The lyrics are as follows:

*Choir*  
1 You are salt for the earth, O peo-ple: salt for the  
2 You are a light on the hill, O peo-ple: light for the  
3 We are a blest and a pil-grim peo-ple bound for the

*All*  
king-dom of God! Share the fla-vour of life, O peo-ple:  
ci-ti-ty of God! Shine so ho-ly and bright, O peo-ple:  
king-dom of God! Love our jour-ney and love our home-land:

*All*  
life in the king-dom of God!  
shine for the king-dom of God!  
love is the king-dom of God!

*Refrain*  
Bring forth the king-dom of mer-cy, bring forth the  
king-dom of peace; bring forth the king-dom of jus-tice,  
bring forth the ci-ti-ty of God!

*The Apostles' Creed*

Presider

All

Let us confess the faith of our baptism, as we say,  
I believe in God, the Father almighty, creator of heaven and earth.  
I believe in Jesus Christ his only Son, our Lord. He was conceived by  
the power of the Holy Spirit and born of the Virgin Mary. He suffered  
under Pontius Pilate, was crucified, died, and was buried. He descended  
to the dead. On the third day he rose again. He ascended into heaven, and is  
seated at the right hand of the Father. He will come again to judge the living  
and the dead. I believe in the Holy Spirit, the holy catholic Church, the  
communion of saints, the forgiveness of sins, the resurrection of the body,  
and the life everlasting. Amen.

## *Prayers of the People*

In the *Anglican Cycle of Prayer* we pray for the Anglican Church of Canada. In the *Diocesan Cycle of Prayer* we pray for Melissa Skelton our Archbishop and Metropolitan; our companion diocese, the Episcopal Diocese of Northern Philippines and the Rt. Rev.

Brent Alawas; our companion parish, All Saints Cathedral, Bontac, Philippines and the Very Rev. Padi Luc; and the Deanery of North Vancouver. In our Parish we pray for those who minister at our 8am, St. Brigid's and Compline Services.

*Presider*

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table.  
Let us confess our sins, confident in God's forgiveness.

*Silence is kept*

*Presider*

*All*  
Most merciful God,  
We confess that we have sinned against you in thought, word and deed,  
by what we have done, and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ, have mercy on us and forgive us,  
that we may delight in your will, and walk in your ways,  
to the glory of your name. Amen.

*Presider*

Almighty God, have mercy upon you, pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness, and keep you in eternal life;  
through Jesus Christ our Lord.

*All*

**Amen.**

*2-minutes for Stewardship*

Corinne Rogers

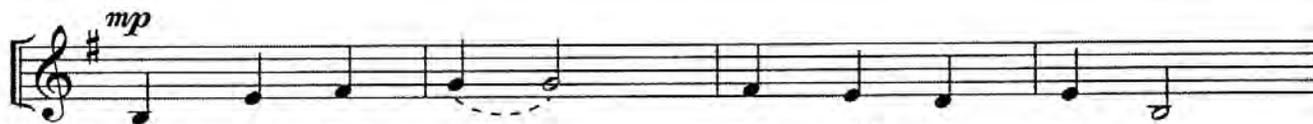
*The Peace*

*You are invited to greet those around you in the name of Christ.*

## *Celebration of the Eucharist*

*The Offertory*

*During the singing of the hymn you are invited to make a financial offering to further God's mission through the work of the church using the enclosed envelope or by texting "Give" to 639.739.0843 and following the instructions; tax receipts are issued annually for gifts totalling \$20 or more. Your financial gifts together with the bread and wine are brought forward and presented at the Altar as a sign of thanksgiving to God from whom all blessings flow.*



Choir 1. Long - ing for light, — we wait in dark - ness.  
 All 2. Long - ing for peace, — our world is trou - bled.  
 High voices 3. Long - ing for food, — man - y are hun - gry.  
 Low voices 4. Long - ing for shel - ter, man - y are home - less.  
 All 5. Man - y the gifts, — man - y the peo - ple,



Long - ing for truth, — we turn to you.  
 Long - ing for hope, — man - y de - spair.  
 Long - ing for wa - ter man - y still thirst.  
 Long - ing for warmth, — man - y are cold.  
 man - y the hearts that yearn to be - long.



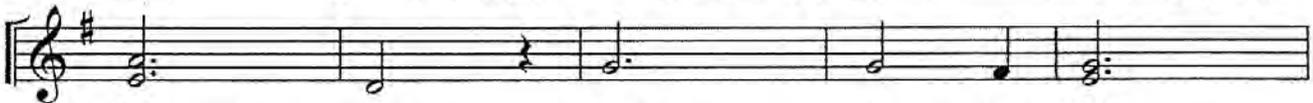
Make us your own, — your ho - ly peo - ple,  
 Your word a - lone — has pow'r to save us.  
 Make us your bread, — bro - ken for oth - ers,  
 Make us your build - ing, shel - ter - ing oth - ers,  
 Let us be ser - vants to one an - oth - er,



light for the world to see. —  
 Make us your liv - ing voice. —  
 shared un - til all are fed. —  
 walls made of liv - ing stone. —  
 mak - ing your king - dom come. —



All Christ, be our light! Shine in our hearts. Shine through the



dark - ness. Christ, be our light!



Shine in your Church gath - ered to - day. —

*Prayer over the Gifts*

*Presider*

God of compassion and forgiveness,  
**receive our offering this day,  
and make us one with him who is our peace,  
Jesus Christ our Saviour. Amen.**

*All*

*The Great Thanksgiving*

*Presider*

The Lord be with you.

*All*

**And also with you.**

*Presider*

Lift up your hearts.

*All*

**We lift them to the Lord.**

*Presider*

Let us give thanks to the Lord our God.

*All*

**It is right to give our thanks and praise.**

*Presider*

Blessed are you, gracious God, creator of heaven and earth;  
we give you thanks and praise through Jesus Christ our Lord,  
who on this first day of the week overcame death and the grave,  
and by his glorious resurrection opened to us the way of everlasting life.  
In our unending joy we echo on earth the song of the angels in heaven  
as we raise our voices to proclaim the glory of your name.

*Sanctus*

Choir (*Collegium Regale*)

Herbert Howells

*Presider*

Holy God, holy and mighty, holy and immortal:  
you we praise and glorify, you we worship and adore.  
You formed the earth from chaos; you encircled the globe with air;  
you created fire for warmth and light; you nourish the lands with water.  
You moulded us in your image, and with mercy higher than the mountains,  
with grace deeper than the seas, you blessed the Israelites  
and cherished them as your own.

That also we, estranged and dying, might be adopted to live in your Spirit,  
you called to us through the life and death of Jesus.

In the night in which he was betrayed, our Lord Jesus took bread,  
and gave thanks; broke it, and gave it to his disciples, saying:

Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:

This cup is the new covenant in my blood, shed for you and for all people  
for the forgiveness of sin. Do this for the remembrance of me

*All*

Together as the body of Christ, we proclaim the Lord's death until he comes.

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*Presider*

With this bread and cup we remember your Son,  
the first-born of your new creation. We remember his life lived for others,  
and his death and resurrection, which renews the face of the earth.  
We await his coming, when, with the world made perfect through your wisdom,  
all our sins and sorrows will be no more.

*All*

**Amen. Come, Lord Jesus.**

*Presider*

Holy God, holy and merciful, holy and compassionate,  
send upon us and this meal your Holy Spirit,  
whose breath revives us for life, whose fire rouses us to love.  
Enfold in your arms all who share this holy food.  
Nurture in us the fruits of the Spirit,  
so that we may be a living tree, sharing your bounty with all the world.

*All*

**Amen. Come, Holy Spirit.**

*Presider*

Holy and benevolent God, receive our praise and petitions,  
as Jesus received the cry of the needy, and fill us with your blessing,  
until, needy no longer and bound to you in love,  
we feast forever in the triumph of the Lamb:  
through whom all glory and honour is yours,  
O God, O Living One, with the Holy Spirit,  
in your holy church, now and for ever.

*All*

**Amen.**

*The Lord's Prayer*

*Cantor*

As our Sa - viour Christ has taught us, we now pray,

*All*

Our Fa - ther in hea - ven, hal - lowed be your Name,

your king - dom come, your will be done, on earth as in hea - ven.

Give us to - day our dai - ly bread.

For - give us our sins as we for - give those who sin a - gainst us.

Save us from the time of tri - al, and de - liv - er us from e - vil.

For the king - dom, the power, and the glo - ry are yours,

now and for ev - er. A - men.

*Breaking of the Bread*

*Presider* We break the bread of life,  
and that life is the light of the world.

*All* **God here among us,  
light in the midst of us,  
bring us to light and life.**

*Presider* The gifts of God for the people of God.

*All* **Thanks be to God.**

*Choir* Benedictus & Angus Dei (*Collegium Regale*)

Herbert Howells

*During Communion* O Pray for the Peace of Jerusalem (Psalm 122:6, 7)

Herbert Howells



*Share the Gifts*

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread. If you desire to know the love of God that overcomes indifference and despair, if you desire the reconciliation that overcomes estrangement and alienation then you are invited to share the cup of the new covenant. The bread is received in the open palm. It is usual Anglican practice to drink the wine from the common cup. If you wish to dip bread in the wine, extend one hand for a wafer. Both wine and unfermented grape juice are served, grape juice is administered from the copper chalice. Gluten-free wafers are available upon request in the East alcove.



*Prayer and Laying-on of Hands for Healing*

We invite those wishing particular prayer for themselves or on behalf of someone else, or to share in a prayer of thanksgiving for blessings received, to come to the front of the line to receive the bread and wine. Immediately after receiving, go to the prayer station. Give your first name and in a low voice briefly state your prayer need. The prayer team will lay hands gently on your shoulders and after a short silence, they will pray quietly for you.

*While the communion is being administered, we respectfully ask that you keep the silence—this is a time for quiet prayer and meditation.*

## *Sending Out of the Disciples*

*Prayer after Communion*

*Presider* Eternal God,  
*All* **in you we find peace beyond all telling.  
May we who share in this heavenly banquet  
be instruments of your peace on earth,  
in the name of Jesus Christ the Lord. Amen.**

*Doxology*

*Presider* Glory to God,  
*All* **whose power, working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever. Amen.**

*The Blessing*

Closing Hymn

Jesus Shall Reign Where'er the Sun (CP 383)

Text: Isaac Watts (1674–1748), alt.;  
Music: John Hatton (?–1793); DUKE STREET

1 Je - sus shall reign wher - e'er the sun  
 2 Peo - ple and realms of ev - ery tongue  
 Choir 3 Bless - ings a - bound wher - e'er he reigns;  
 All 4 Let ev - ery crea - ture rise and bring  
 doth its suc - ces - sive jour - neys run;  
 dwell on his love with sweet - est song,  
 the pris - oners leap to lose their chains;  
 pe - cu - liar hon - ours to our King,  
 his king - dom stretch from shore to shore,  
 and in - fant voic - es shall pro - claim  
 the wear - y find e - ter - nal rest,  
 an - gels de - scend with songs a - gain,  
 till moons shall wax and wane no more.  
 their ear - ly bless - ings on his name.  
 and all who suf - fer want are blest.  
 and earth re - peat the loud A - men.

Dismissal  
All

Let us go forth in the name of Christ.  
Thanks be to God.

Postlude

Surge et illuminare Jerusalem

Colin Mawby

*The service of the Church into the World — begins again this week.*

*Please join us in the Parish Hall following the service for coffee & tea.*

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**ANNUAL GENERAL VESTRY MEETING  
FEBRUARY 23, 2020 FOLLOWING THE 10:30AM EUCHARIST  
CHRIST CHURCH (PARISH) CATHEDRAL**

This is your invitation to participate in the Cathedral's Annual General (Vestry) Meeting on Sunday, February 23, 2020 following the 10:30am Eucharist, commencing on or about 12:45pm. A light lunch will be served in the Parish Hall prior to the meeting for those attending Vestry 2020.

Canons (laws) of the Anglican Diocese of New Westminster state that those eligible to vote at Vestry meetings are all baptized persons age 16 or over who are accustomed worshippers within the parish and whose names have been on the membership roll of the parish for at least the three months preceding the Vestry meeting. If you are not certain of whether your name is on the membership roll or not, please contact Director of Parish Administration, Vincent Carey by email at [vincent@thecathedral.ca](mailto:vincent@thecathedral.ca) or phone 604.682.3848, ext. 34.

*The Nominating Committee Report and biographies are available online at [www.thecathedral.ca/vestry](http://www.thecathedral.ca/vestry) or hardcopies are available from Narthex Greeters and at Reception.*

**AT THIS YEAR'S MEETING THE AGENDA  
WILL INCLUDE THE FOLLOWING ITEMS:**

1. Opening Prayer, Approval of Agenda, Appointment of Vestry Clerk
2. Minutes of Vestry, February 24, 2019
3. 2019 in Review
  - a. Reception of Annual Report
  - b. Looking Back and Looking Ahead
4. Report of Nominating Committee and Elections by way of omnibus resolution
5. Financial Report
  - a. Adoption of Audited 2019 Financial Statement
  - b. Appointment of 2020 Auditor
  - c. Presentation and Adoption of Budget 2020
6. Resolutions
  - **Must be received in the Cathedral Office, in writing by February 16, 2020 at 4pm**
7. Any other business
8. Votes of Thanks
9. Adjournment and Closing Prayer

Copies of the Cathedral's *2019 Annual Report* will be available Sunday, February 16 and the *Guide to Vestry* will be available prior to the Sunday, February 23 Vestry meeting.

Please make every effort to attend this gathering of the congregation on February 23, 2020. It is an important time to celebrate the gifts God has given us, review the year past and consider plans to further the mission of God in this place.

*On behalf of the Cathedral Wardens & Trustees:*

Liz McCausland (*People's Warden*),  
Emily Pritchard (*Rector's Warden*),  
Mike den Haan (*Associate Warden*),  
Jane Hope (*Associate Warden*),  
Kevin Smith (*Trustee*),  
Tegan Smith (*Trustee*),  
Cheryl Slusarchuk (*Treasurer*),  
Gary Kenwood (*Associate Treasurer*),  
David Smith (*Associate Treasurer*)

*Blessings,*



The Reverend Canon Dr. Richard LeSueur,  
*Interim Priest-in-Charge, Christ Church Cathedral*

# Cathedral CHRONICLE

Please make your Chronicle submissions online at [www.thecathedral.ca/chronicle-submissions](http://www.thecathedral.ca/chronicle-submissions).

If you have any questions please contact Jennifer at [communication@thecathedral.ca](mailto:communication@thecathedral.ca) or 604.682.3848, ext. 26.

**IF YOU ARE VISITING TODAY...** and are interested in becoming either a *Member* or a *Friend of the Cathedral*, you are invited to fill in the Cathedral connection card, add it to the collection plate or hand it to a greeter. Find out how you can participate by speaking to a member of the welcoming team.

**ASSISTANCE: ASL INTERPRETER** for the deaf community communicates the 10:30am service from in front of the ambo.

**LOOP SYSTEM** in the nave and chancel, simply adjust the settings of your personal hearing device.

**LARGE-PRINT BOOKS & BULLETINS** are available from greeters prior to the 10:30am service.

**KNEELER CUSHIONS** are available in the Narthex for those who wish to kneel in prayer.

**CHILDREN & YOUTH:** Activities for children of all ages are available during the 10:30am service. Details can be found on the Youth Page.

## TODAY AT THE CATHEDRAL

At the 10:30am Choral Eucharist we welcome the Cathedral Choir with Rupert Lang, *Organist & Director of Music*. At 5:30pm at St. Brigid's we welcome Ben Dobyons on piano. At 8pm join us for *Gregorian Chant: The Service of Compline* with Women's Schola.

### New to the Cathedral?

#### Let's Grab Coffee! Today!

If you're new to Christ Church Cathedral or considering making the Cathedral your church home, join us today for the Newcomers' Coffee Hour, which happens every 2nd Sunday of the month immediately after the 10:30am service. Taking place right next to the Crucifixion window, you'll be joined by Cathedral ambassadors and have the opportunity to ask questions. Email Jane at [jhope071@gmail.com](mailto:jhope071@gmail.com) for more info.

### JEAM Meeting Today

The Justice Education and Advocacy Ministry (JEAM) is holding a meeting today at 12:10pm. Today's meeting agenda includes further planning for JEAM's February 18 co-hosting event with the PWRDF (*see Cathedral Events for details*); future Food Security and Middle East event; and members' updates. For further information contact Ros at [roskellett@gmail.com](mailto:roskellett@gmail.com).

## CATHEDRAL NEWS & NOTES

### Happy Year of the Rat!

Many thanks from the 127 Society for Housing to all who helped make the Cathedral's Lunar New Year celebration on Sunday, January 26, such a success. In particular, thanks to the Lunar New Year team who helped the congregation understand why Lunar New Year is so closely associated with "Home," and for purchasing the ingredients, preparing the delicious treats, and providing the Silent Auction. So much work, but so worthwhile! And, thank you to parishioners for donating so generously. \$1,936.75 was raised for 127's community worker program to provide "Home" for those who might otherwise not have a home.

### Where is Alisdair?

The Rev. Alisdair Smith, our Deacon and Business Chaplain is teaching in New York this week. He will be back in Vancouver late Thursday, February 13.

### Collection of Old Palm Crosses

It's hard to believe, but the Cathedral is already preparing for Ash Wednesday. We need any Palm Crosses which you received on Palm Sunday last year. These old palms will be burned on Sunday, February 23 to make the ashes that will be used for the Imposition of the Ashes on Ash Wednesday. Please drop off your old

Palm Crosses in the baskets that will be set up in the Narthex and Parish Office. Palm Crosses will be collected until 5:30pm on February 23.

### **Socks for Maundy Café Guests**

So many people are coming through the Cathedral's Maundy Café this winter with wet feet that we're running low on socks. If you're able to donate \*NEW\* socks to the Cathedral—preference for long socks in men's and women's sizes—or you can donate towards us purchasing some, that would be AMAZING! Please bring your donations to the Cathedral Office or Maundy Café. Thank you for being part of this Cathedral community and helping in this way!

### **Healing Touch Available Next Sunday**

The Cathedral's Healing Touch Ministry offers healing touch sessions after the 10:30am service on the 3rd Sunday of each month. Healing Touch is an energy-based, heart-centred approach to healing which aims to restore a sense of balance and wholeness to body, mind and spirit. A brochure with more information is available in the parish office. Sessions are offered from 12 noon to 1:30pm and take from 20 to 30 minutes. Please pre-book your appointment through the office, by phone (604.682.3848) or by email ([office@thecathedral.ca](mailto:office@thecathedral.ca)). After the service, come downstairs to the area in front of Meeting Room B, where you will receive confirmation of the specific time for your session.

## **CATHEDRAL EVENTS**

### **JEAM & PWRDF Chili & Film Screening**

The Cathedral's Justice Education and Advocacy Ministry in partnership with PWRDF present a screening of *Bending the Arc (The Partners in Health Story)*.

On Tuesday February 18, come to the Cathedral's Park Room at 5:30pm to enjoy a light meal of vegetarian chili and bread followed by a film screening and discussion. Admission is *Pay What You Can*, with a recommended donation of \$5 to cover the costs of food. Parking is available at Park Place after 6pm with a Cathedral Parking Pass. RSVP to Chris Ellison ([chrisellison3@gmail.com](mailto:chrisellison3@gmail.com)) by Saturday, February 15 to ensure enough food is prepared.

## **CHRISTIAN EDUCATION EVENTS!**

### **BTT | Bible, Tea & Toast | Young Adult Bible Study**

On Sundays in 2020, join in reading each Sunday's Gospel over a light breakfast from 9:30am–10:20am. Bible study will follow the lectionary and is led by the Rev. André Stephany (mostly) and is intended for those who consider themselves young adults (under 35ish). Coffee, tea and a light breakfast of toast, jam and peanut butter is included. No registration required. Please contact André at [andre@thecathedral.ca](mailto:andre@thecathedral.ca) for more information.

### **Centering Prayer**

Centering Prayer is a silent prayer practice aimed at settling one's attention upon the presence of Christ within. All are welcome to participate on Tuesday evenings—February 11 is next—in this simple healing practice reaching back to the early years of Christian faith. Join us from 6:30pm–7:30pm in Room B. We pray in silence for 30 minutes and there is opportunity afterwards for group reflection. Please contact Luke Primus for more details at [lukasprimus@gmail.com](mailto:lukasprimus@gmail.com).

## **CATHEDRAL VOLUNTEERING**

### **A Big Thank You to All Our Volunteers!**

Thank you to all our volunteers for their dedication and generous gift of time to the Cathedral Community, which makes it possible for the Cathedral to function daily. Please know that we appreciate each and every one of you and that you are a blessing to us all. Thank you!

If you are interested in volunteering at the Cathedral please contact Nicky Seppala on Thursdays at reception (604.682.3848) or by email at [volunteer@thecathedral.ca](mailto:volunteer@thecathedral.ca).



## THE FACES OF ST. BRIGID'S . . . . .

February 1 was St. Brigid's Day and at the Cathedral it was celebrated on Sunday, February 2 by the St. Brigid's congregation. To continue celebrating this Saint and the Cathedral congregation dedicated to her, throughout February different members of the St. Brigid's congregation will share what drew them to this unique faith community and why they have made it their spiritual home.

PHOTO Tris White Photography

**MICHAEL** | You could say that church is in Michael's blood. His Dad was a Baptist minister and "I've been involved in church since birth, basically." But when you're a gay, First Nations man that can make for a complicated relationship with church.

Michael was born and grew up in Edmonton, Alberta. Because his father was a minister, he "grew up in church, obviously, with Sunday school and doing church every Sunday because my parents were, obviously, running the church." When he was ten, Michael's parents separated. This kicked off a period of not having much of a relationship with church.

When he was 19 Michael moved to the US with his Dad. It was in the US that Michael started drifting back to church. He recalls that in Idaho, "I started going to church again. This time it was non-denominational. I did that for a while, in and out," he recalls. But there was an important difference between childhood church years and his early adult church years: Michael had realized he was gay.

He attended a non-denominational church, on and off, "all the while believing that because I was gay and had these feelings, it was wrong. So, that kind of hindered things a little bit with my relationship with God."

Still, when Michael moved to Vancouver 13 years ago to study counselling psychology (something he eventually decided was not for him) he found another non-denominational church to attend and got

deeply involved, even hosting some of the church's small groups. The whole time he was involved with this church he was still wrestling with his sexual identity. "Even though I had come out before, but then you know, when you go back to church you have to go back in the closet! Because it's wrong!"

At the same time, he was being exposed to Christian writers he had never heard of before and hearing new takes on scripture. He was even exposed to Christian writers who openly came out as LGBTQ. For Michael, it was the first time hearing that Bible didn't need to be taken literally. "There are lots of things that I took pretty literally because that's what they taught you in most of the churches that I came from."

This exposure to new Christian writers led him to St. Brigid's. He heard about a book study hosted by Andrew on Rachel Held Evans' *Searching for Sunday* and attended. Andrew and Marnie invited him to check out St. Brigid's.

While the structure of the liturgy was new to Michael, the music and the congregational singing was familiar. "I really liked the way that you could speak after to whatever the priest was saying. That was really cool."

Michael has been a part of the St. Brigid's community for three years and found it important to his spiritual growth. "Being around people like me who have similar stories really made my faith grow as a result and normalized the feelings I was having about doubts and fears."



# CHRIST CHURCH CATHEDRAL CHILDREN, YOUTH AND FAMILIES MINISTRY

Anne Kessler, *Children, Youth & Family Ministries Coordinator* ([youth@thecathedral.ca](mailto:youth@thecathedral.ca))

**Children's Church** happens Sunday mornings for children ages 1 – 4, grades K – 3 and grades 4 – 7 (see below for today's details). We begin downstairs at 10:30am, and rejoin parents and the whole community for the Eucharist. All children, including visitors and guests, are welcome to join us. The youngest group (aged 1 – 4) meets in the Lounge for Nursery with our nursery staff. The K – 3 and 4 – 7 groups meet for Godly Play.

**Godly Play** is a Montessori-based faith formation program that engages children in Biblical and liturgical stories, making-meaning, creativity and prayer while immersed in a supportive community of peers and adults.

## Children's Church Today!

The Nursery is open in the Lounge for those **aged 1 – 4**.

Today the **grades K–3** group meets in the Godly Play Room and hears the first part of the story of Stewardship.

The **grades 4–7** group will meet in the Park Room, hearing the first part of the story of Residential Schools.

## Youth Group

**Junior Youth Group** (grades 4–7) is now scheduled on a few dates a year. The next meet up will be in late spring.

**Senior Youth Group** (grades 8–12) meets every second Friday from 6pm–9pm. We meet next on Friday, February 28.

The space to the right of the Altar is open with carpets, books and toys for parents who want to stay in the service with their children. This is an unsupervised space so please keep an eye on them. Kids are welcome to take books, items for colouring, or toys back to their seats – just make sure to return them afterwards! Activity packs are available at the entrance.

Join the **Weekly eNewsletter** by sending an email Anne at [youth@thecathedral.ca](mailto:youth@thecathedral.ca) for more children's and youth info, straight to your email.

## Family Lunch Today!

Family Lunches are open to all Cathedral families and happen after the 10:30am Sunday service about once a month. Join us for lunch TODAY!. Lunch is provided, just bring yourself!

## DYM Winter Youth Retreat | Know Thyself

Winter Retreat is back, February 14–17! Our annual youth retreat for those in grade 8 to age 25 is at Sorrento Centre and put on by the Diocesan Youth Movement (DYM). Registration is \$150 and \$15 extra for the bus. Bursaries are available, just speak to Anne.

Learn more and register online at...

[www.vancouver.anglican.ca/events/winter-retreat-diocesan-youth-ministry/2020-02-14](http://www.vancouver.anglican.ca/events/winter-retreat-diocesan-youth-ministry/2020-02-14)



## Notes from the Rev. Helen Dunn

FEBRUARY 9, 2020

### The sacred ritual of going to the movies

I remember the first time I went to the movies. It was 1993. I was five years old. My dad lined up with me and my two siblings outside the Empire Theatre in Calgary. The theatre was just below the office block where my dad worked as a piping designer. It was a weekday and either my dad played hooky from work or we kids skipped school—maybe both happened. We must have waited for an hour to get tickets. It felt like an eternity. Steven Spielberg did not disappoint—*Jurassic Park* was epic.

Recently, our communications team started a series of short videos on faith and culture.<sup>1</sup> This week's topic is the 92nd Academy Awards, famously known as "The Oscars."

I had some catching up to do on this year's nominees, which include:

- *Little Women* • Greta Gerwig's adaptation of Louisa May Alcott's timeless novel by the same name.
- *1917* • Directed by Sam Mendes, this British war drama includes notable English actors Benedict Cumberbatch and Colin Firth.
- *Ford v Ferrari* • An American sports drama. The title says it all.
- *Jojo Rabbit* • From New Zealand filmmaker Taika Waititi, this film tells the story of a Hitler Youth who discovers his mother is hiding a Jewish woman in their attic.
- *The Irishman* • Martin Scorsese, Al Pacino, Robert de Niro. Your ultimate mobster movie.
- *Joker* • Todd Phillips brings to screen the origin story of the famous DC Comics character.
- *Marriage Story* • One couple's story of marriage and divorce as told by Noah Baumbach.
- *Once Upon a Time in Hollywood* • It's being touted as the first Quentin Tarantino film to not involve Harvey Weinstein following the sexual abuse allegations against Weinstein in 2017.

- *Parasite* • The black comedy thriller directed by South Korean filmmaker, Bong Joon-ho.

My vote is for *Parasite*.

If it wins, it will be the first foreign language film to win best picture. It made me think deeply about prosperity and the human condition. How do our desires, particularly our hopes and dreams for ourselves and for our families relate to class divides and income disparity? The film is about a poor family who scam a rich family into giving them work. It's witty and heart-breaking and filled with all kinds of meaningful upstairs/downstairs imagery and cinematography. This movie made me think of the little and big ways societies privilege the rich while systematically and pathologically marginalizing the poor.

The more aware I am of the human condition, the more aware I become of the ways I am affected by income disparity and wealth inequality and the ways I benefit from it. When I saw *Parasite*, I thought of my own family: my dad, my mom, us three kids; how we've benefited from prosperity, where we've been affected.

There's lots I can do to change the story of class and income disparity in my small corner of the world and there are lots of situations in my life where I lack the imagination to make meaningful change. For me, that's where God comes in. God is the One who through prayer and worship (and maybe movies, too) sparks our imaginations and stirs up our wills to attend to the human condition—namely, our hopes and dreams and the good and evil behind the human desire for prosperity.

Who gets your vote for best picture this year? What movie did you see recently that made you look at life a little differently?



<sup>1</sup> The videos are posted weekly to the Cathedral's Instagram at [vancouver\\_cathedral](https://www.instagram.com/vancouver_cathedral)

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**On Call Pastoral Emergencies** — ext. 54

**Lily Groves, Rosemond Cooper** — Nursery Attendants

**Emily Pritchard, Liz McCausland, Mike den Haan,  
Jane Hope** — Wardens

**Tegan Smith, Kevin Smith** — Trustees

**John Ross** — Secretary to the Corporation

**Cheryl Slusarchuk** — Treasurer

**Gary Kenwood, David Smith** — Associate Treasurers

### Members of Christ Church Cathedral



New to the Cathedral? Thinking about making this your home parish? To be a member here means that you have a vote at our Annual Vestry Meeting (usually held in February), and you will receive regular Cathedral communications (including *Contact Magazine*). You would also be invited to be part of a Liturgy of Inclusion and a newcomers luncheon.

*You may request a membership form 2 ways:*

- speak to the Receptionist in the Parish Office
- or email our Director of Parish Administration, Vincent Carey, at vincent@thecathedral.ca

Once the form is complete, please forward to Vincent's attention and he will ensure that you are officially added as a new member. Unfortunately, we are not able to automatically make someone a Parishioner, this is something which you must request, and you may only be a member of one Parish. We look forward to welcoming you soon!

- *Cathedral Clergy, Staff & Leaders*



### Friends of Christ Church Cathedral

**Who are we?** The Friends of the Cathedral are supporters of Christ Church who are unable to attend services regularly. Many of us are visitors or belong to another parish. We receive a subscription to *Contact Magazine*.

**How do we help?** We foster enthusiasm for Christ Church Cathedral and assist in beautifying it in every sense through our financial support. Significant gifts from Friends have helped to restore and conserve the Cathedral's heritage building and to fund the compassionate care of Vancouver's homeless and hungry population.

**Join us!** You are invited to sponsor the Cathedral's mission and ministry with an annual donation.

**Contact us!** Please contact Kathy Irwin if you have any questions or would like to arrange to make a donation: kathy@thecathedral.ca or 604.682.3848.

8AM | HOLY COMMUNION | MINISTERING THROUGH LITURGY

<i>Presider &amp; Preacher</i>	Canon Dr. Richard LeSueur	○	<i>Offering</i>	Vaughn Pridmore,
<i>Reader</i>	Mary Hamilton	⋮		Murray Reinhart
<i>Server</i>	Peter DeGroot		<i>Welcoming Team</i>	Murray Reinhart
<i>Lay Administrator</i>	Mary Hamilton	○		

10:30AM | CHORAL EUCHARIST | MINISTERING THROUGH LITURGY

<i>Presider</i>	The Rev. André Stephany	○	<i>Ministers of Communion</i>	The Rev. Kathleen Schmitt,
<i>Preacher</i>	Canon Dr. Richard LeSueur	⋮		Canon Dr. Richard LeSueur,
<i>Announcements</i>	Emily Pritchard			The Rev. André Stephany,
<i>Godly Play</i>	Monte Tugwete, Naomi Adams, The Rev. Jessica Schaap, Christy den Haan-Veltman			The Rev. Matthew Senf, The Rev. Helen Hill
<i>Readers</i>	Jennifer Hiebert, Michael Harding	○	<i>Lay Administration</i>	James Conklin, Dorothy Watts,
<i>Intercessor</i>	Phillip Murray	⋮		Andrea Gailus, Peter Roulston,
<i>Deacon</i>	The Rev. Jeffrey Preiss			Donna Marlatte, Adele Finney,
<i>Sacristan</i>	Dana Osborne			David McMillan, Holly McMillan,
<i>Servers</i>	Claude St-Denis, Ron Bowles, Nura Mohammed		<i>Healing Team</i>	Carol Cook, Judy Loken
<i>MC</i>	Hugh Alley			David Van Blarcom,
<i>Music</i>	Cathedral Choir with Rupert Lang,		<i>Breadmaker</i>	Sondra Marshall, Dave Lindsay
	<i>Organist &amp; Director of Music</i>		<i>Altar Guild</i>	Marijke Dallimore-Lindsay
<i>Interpreter</i>	Lisz Keallen		<i>Welcoming Team</i>	Bill Orr
				Heather Davies, Margaret Vickers, Barrie Vickers, Yvonne Cheung
				Jane Hope, Alida Postman, Amro Hemida, Diane Jeffries, Mohamed Selim, Nasim Mehregan, Niloofar Nabaei, Jim Nesbitt, Judith Wornell

5:30PM | ST. BRIGID'S

<i>Presider</i>	The Rev. Marnie Peterson
<i>Preacher</i>	The Rev. Helen Dunn
<i>Greeters</i>	Karen Webber, Lorieanne Jenstad
<i>Servers</i>	Douglas Webber, Tannis Hugill
<i>Music</i>	Ben Dobyns, <i>pianist</i>

8PM | COMPLINE

<i>Officiant</i>	The Rev. Margaret Cornish
<i>Server</i>	Howard Teasley
<i>Greeters</i>	Alysha Creighton, Jordan Hiller
<i>Schola</i>	Women's

