

Space for God The Time has Come

PREPARATION

-In the name of the Father, the Son, and the Holy Spirit-

For the Lord your God is living among you. He is a mighty savior. He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs." Zephaniah 3:17

CONFESSION

The temptations in your life are no different from what others experience.

And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure. 1 Corinthians 10:13

ADORATION & GRATITUDE

Sing a new song to the Lord! Let the whole earth sing to the Lord ! Sing to the Lord; praise his name.

Each day proclaim the good news that he saves. Publish his glorious deeds among the nations. Tell everyone about the amazing things he does. Psalm 96:1-3

MEDITATION & CONTEMPLATION—Mark 1:9-15

One day Jesus came from Nazareth in Galilee, and John baptized him in the Jordan River. As Jesus came up out of the water, he saw the heavens splitting apart and the Holy Spirit descending on him like a dove. And a voice from heaven said, "You are my dearly loved Son, and you bring me great joy."

The Spirit then compelled Jesus to go into the wilderness, where he was tempted by Satan for forty days. He was out among the wild animals, and angels took care of him.

Later on, after John was arrested, Jesus went into Galilee, where he preached God's Good News. "The time promised by God has come at last!" he announced. "The Kingdom of God is near! Repent of your sins and believe the Good News!"

IN SOLITUDE AND/OR COMMUNITY

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| Read | Slowly, several times. |
| Reflect | What does the text say? |
| Respond | How does it relate to my life? |
| Rest | I welcome God's healing and renewal. |

ANCHORING PRAYER

Your Good News brings me great joy!

REVIEW OF THE HEART

How is God currently preparing me to do His will?

Where am I lacking in terms of spiritual preparation?

WISDOM

John baptized with water, but in just a few days you will be baptized with the Holy Spirit." Acts 1:5

God blesses those who patiently endure testing and temptation. Afterward they will receive the crown of life that God has promised to those who love him.

James 1:12

But the believers who were scattered preached the Good News about Jesus wherever they went. Acts 8:4

TESTIMONY

What is God saying to me/us?

INTERCESSION

Prayers for the Church, others, and me.

BENEDICTION

O Lord, accept me in penitence. **O Lord, leave me not.**

O Lord, lead me not into temptation. **O Lord, grant me good thoughts.**

O Lord, grant me tears and remembrance of death and compunction. **O Lord, grant me the thought of confessing my sins.**

O Lord, grant me humility, chastity and obedience. **O Lord, grant me patience, courage and meekness.**

O Lord, plant in me the root of all blessings, the fear of Thee in my heart.

O Lord, grant me to love Thee with all my mind and soul, and always to do Thy will.

O Lord, protect me from certain people, and demons, and passions, and from every other harmful thing. O Lord, Thou knowest that Thou actest as Thou wilt; may Thy will be also in me, a sinner, for blessed art Thou for ever.

Amen.

Prayer of St. John Chrysostom

SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and

Speak and act from a listening heart.

Actively serve in community with others.