



Life Hacks

Part 7: Foot in Mouth Syndrome

Text: James 3:1-12

INTRODUCTION: FOOT IN MOUTH SYNDROME

Life Hack: A pop-culture term that describes a simple way to make everyday life easier.

James 3:1-12

There must be a better way to control our tongues...

1. AN AUDIENCE MEANS MORE RESPONSIBILITY

Proverbs 18:21

James debunks one of the great cultural myths of our time: That life is easier when you have a platform.

Just like a microphone amplifies your voice, leadership does not eliminate your character flaws, it enhances them.

2. DON'T LIE... NO SERIOUSLY, DON'T LIE

Our words have the power to direct our lives. They also have incredible destructive power. The most destructive words we can utter are lies.

Lies have unintended and disastrous consequences.

"The truth will set you free." - John 8:32

3. IF YOU CAN'T SAY NOTHIN' NICE, DON'T SAY NOTHIN' AT ALL

In all of nature, only humans have the unique ability to have good and evil in their hearts at the same time.

"Christians who have been transformed by the Spirit of God should manifest the wholeness and purity of the heart in consistency and purity of speech." - Douglas J. Moo

CONCLUSION: CUTAWAY TO THE HEART

Ezekiel 36:26

Discussion Questions

WARM UP

1. Reflect on a time you told a lie. What were the unintended consequences of that lie?

DIGGING DEEPER

2. Read James 3:1-12. What stands out to you from this passage? What can we learn about the power of our words in this passage?
3. Read Proverbs 18:21. In what ways do our words lead to life? To death? How can we avoid the destructive power of the tongue?
4. Read Jesus' words in John 8:32 and John 14:6. How does the truth set you free?

APPLICATION

5. Read Ezekiel 36:26. In what way(s) do you sense that God wants to transform your heart?

PRAYER

1. Spend time praying for each other, that God would change you in any way that he likes.
2. Other requests
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