

The Vine

June 2016



Ministry Team

All are members of Lutheran Church of Our Saviour

Pastor

Lee Woolery
403-253-1453 extn 11
403-301-0011(home)
403-809-3487(cell/text)
pastor@oursaviourchurch.ca

Pastor Lee's Office hours:
Monday to Thursday
9:00 am to Noon

VBS Coordinator

Shauna Gross
403-253-1453 extn 10
office@oursaviourchurch.ca

Administration

Katharine Heimbigner-Tenor
403-253-1453
403-540-1765 (cell/text)
admin@oursaviourchurch.ca

Main Office Open:
June 6th until June 30th
Monday to Friday
9:00 am to 1:00 pm

July and August

Tues– Thurs
9:00 am to Noon

Church Board 2016-2017

Jaqui Anderson
Elaine Barnes
Rachelle Ellis
Doug Gebrandt
Phyllis Gale
Jens Kaack
Jennifer May
Garry Mihaichuk
Bob Montgomery
Darren Tenor

www.oursaviourchurch.ca
8831 Fairmount Drive SE, Calgary, T2H 0Z4
Facebook: Lutheran Church of Our Saviour



WATERLOGGED

“If we have been united with Christ Jesus in a death like his, we will certainly also be united in a resurrection like his.” Romans 6:5

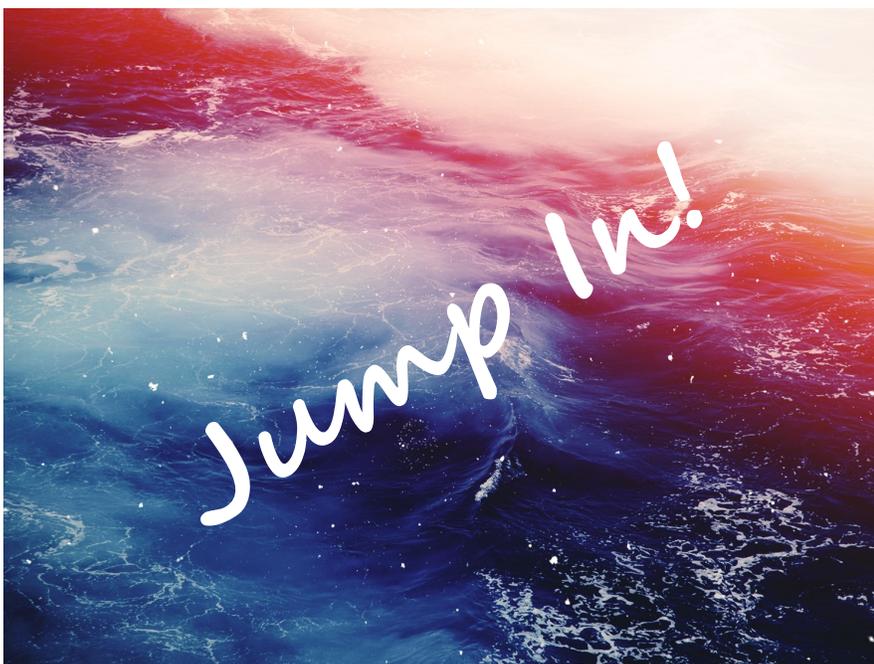
Over a decade ago, it seemed like a good idea to run in the Calgary Marathon on July 4th. For someone whose roots were in the US, the date was significant and the weather was bound to be plenty warm in the “banana belt” of Alberta! However, on that day the temperature was a bone-chilling 4 degrees Celsius and it was raining! By the time I reached the finish line, I was drenched, soaked to the skin from head to toe, waterlogged. My teeth were chattering and my feet were squishing as I jumped (more likely crawled) into Eric’s truck to warm up and dry off.

Over the years, as a church family, we have had the great joy of being witness to a fairly large number of baptisms of infants, children, teens and adults. Although we are not set up for baptism by immersion, each one has still been “soaked” in the grace of God. Then one could say that they are waterlogged, in the best possible sense of that word. The word “Baptism” comes from the Greek word, “Baptisma”, which literally means to be immersed in water, to be waterlogged.

But once we are sprinkled, dipped or dunk, then what? The hope is that our Baptism becomes a way of life; that we never dry off; that we continue to be waterlogged, walking wet in faith and the footsteps of Jesus. Martin Luther was convinced that the beginning of each new day was an opportunity to remember our Baptism in the name of the Father, Son and Holy Spirit.

But perhaps there are other reminders along the way each day such as: turning on the tap to brush our teeth, standing beneath the shower, jumping into the swimming pool, watering the lawn, singing in the rain, having a water fight, washing clothes, sharing a cup of cold water, and the list goes on.

The last verse of a hymn, “Crashing Waters at Creation,” expresses it this way:



*“Living water, never ending, quench
the thirst and flood the soul. Well-
spring, source of life
eternal, drench our dryness,
make us whole.”*

Waterlogged, walking wet,

Pastor Lee

Young Explorers

By Mariette Jessup



On Mother's Day Sunday, May 8th the children and youth of LCOS created fridge magnets from river rocks as a special gift. We have some talented artists in our church family!

Our Mother's Day Theme was based on
' A woman who fears the Lord is to be praised.' (Proverbs 31:30)



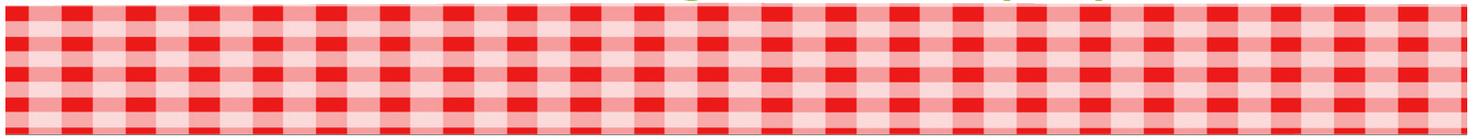


June 19th after 10am service

A to M brings salads, such as tossed, pasta, caesar, potato, etc or veggies & dip

N to Z brings dessert or fruit

***hot dogs and chips provided**



Human Resources Update

By Walter Hall

We have begun a search for a person to direct our Youth and Children's Ministry as we make initial plans for this fall's programming. Our hope is to recruit someone to serve a thirty hour weekly schedule with primary responsibility of leading youth programs and a secondary objective of planning children's programs and leading these programs through parent volunteers.

We have had an encouraging response from applicants that have strong ministry experience with the younger generations, and with ongoing Christian based educational commitments. We have begun the interview process and hope to have a person in place in August with an opportunity to firm up plans for our important Back to School campaign.

This is a significant transition from the recent ministry to our children and youth. Quinn decided to leave as he realized he could not adequately program the wide range of Family Ministry interests that we have at LCOS. Mariette Jessup, our current Children's Ministry lead, has a current primary employment position that restricted her ability to spend any work hours in the office with our team. We have resolved that team building is vital. After a year and a half of service Mariette's ministry employment will finish at the end May. Please find an opportunity to thank Mariette for her caring and upbeat attitude in ministering to our congregation's children.

Ushering

Thank you to everyone that ushers. Your willingness to serve is appreciated.

As ushering occurs 52 weeks out of the year, additional volunteers are always welcome.

If you would like to give it a try, please contact Ruth Peterson or the office.

If you are scheduled to usher and are unable too please contact Ruth so she may arrange replacements.

Blood Donor Clinic

We will be hosting blood donor clinics for Canadian Blood Services on June 18th from 9 am until 2 pm. To register please go to: www.blood.ca.



Help build a cave... for VBS

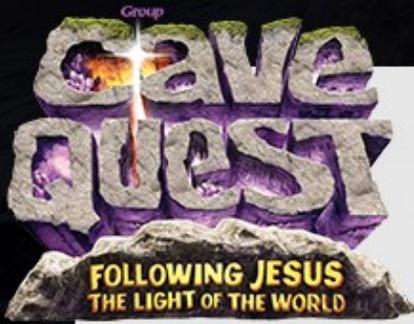
create stalactites and stalagmites

make a cave structure

create
station signs



When? June 4th at 6pm pizza included
June 23rd at 7pm snacks included



Gear up for an adventure!

August 22nd to 26th, 2016

9 am until noon at LCOS

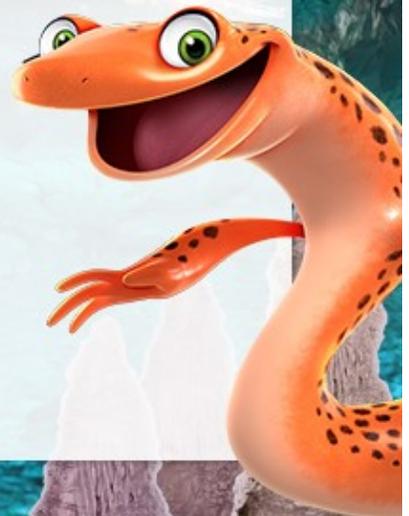
Gear up for an over-the-top underground adventure with Sal, Mawtha, Radar, Olivia and Ray as kids experience God's word in surprising and unforgettable ways. Kids will learn how Jesus gives us hope, courage, direction, love and power in a way which makes it easy for them to remember and apply to real life. Sign up today at www.vbsfun.ca or at the church office.

There are many ways to help support VBS. Sign up in the foyer to volunteer your time as a leader or helper during VBS or donate items needed to run VBS for up to 100 kids and volunteers. Below is a simple list of items needed. For the full list and amounts, please see the VBS board in the foyer or website.

NEEDED:

Welch's Fruit Snacks	New Sponges	Black Tarp or Plastic
Goldfish (cheddar)	Bubble Wands	Rope Lights
Marble Cheese Sticks	Flickering Tea Lights	Sandwich Ziplock Bags
Dole Pineapple Tidbits	Duct Tape	Removable Glue Dots
Kraft Ranch Dressing	Cotton Balls	Stone Coloured Spray Paint
Blueberries	Brown Kraft Paper	Cardboard
Large Oranges	Plastic Drinking Straws	Brown Paper Lunch Bags (approx. 2" 4'x8' boards)
10oz Plastic Cups	Blue Tarp	Seedless Regular Sized Purple Grapes
Starburst candies	Black Construction Paper	
Black Spray Paint	New Tube Socks	
Battery Operated Christmas Lights		
Large Foam Insulation Boards from Home Store		

* Non-perishable items can be brought to the church starting May 14th.
Perishable items should be brought to the church on AUGUST 21st.
Thank you in advance. Any questions call the church at 403-253-1453.





Peace Out!

Acadia Area Day Camp

(sponsored by McDougall United, Acadia Community Garden and Art Society,
Lutheran Church of our Saviour and, Strong Neighbourhoods Initiative)

Held at McDougall United Church

August 8-12 for Ages 6-12

9 am—4 pm (before and after available for an extra charge)

Cost: \$100

Bursaries are available based on need. Contact McDougall United Church
office.muc@shaw.ca or (403)252-1620 to apply.

Mornings include stories, crafts, games and music.

Afternoons include fieldtrips around Acadia,
including the Community Garden.

Lunch and snacks included.

Space Limited! Register Early



Movie Lovers night

RAISEN

Joseph Fiennes



Christian Book Sale

Used Book Treasures

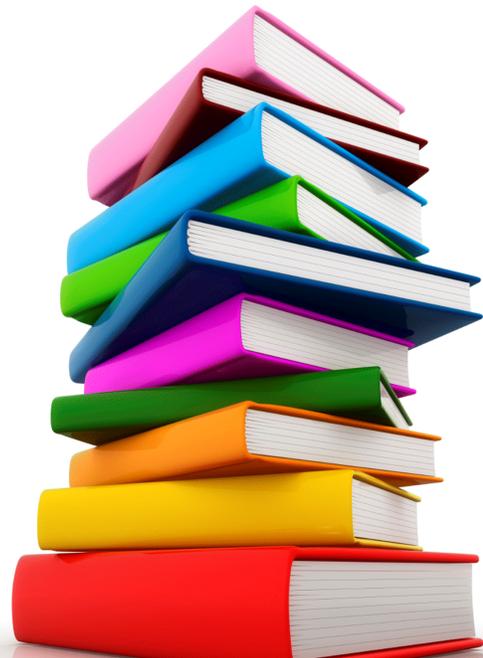
Hours:

10 am to 9 pm Thurs/Fri

9 am to 4 pm on Sat

Cash or Cheque only please.

June 23rd to 25th
at LCOS



Y'ALL ARE INVITED

TO LCOS'S ★★

STAMPEDE BREAKFAST



Sunday, July 17th

8am to 10:30am

CHURCH SERVICE TO FOLLOW AT 11AM



LIVE BAND

TONE JONES

DONATIONS GO TOWARDS PUT BOOTS TO HUNGER

Games Group

Games Group meets 1st & 3rd Tuesday of each month including the summer

In June we meet the 7th and 21st

You are welcome to drop in at any time.
We accept new members year round.

We play Bridge, Mexican Train, Cribbage and a variety of other games and always are looking at learning more. Join us for a game or two and get to know us. We also enjoy celebrating life's big events of our members such birthdays, anniversaries and other life events.

We would also like to extend a warm "thank you" for those that help with set-up, take-down and snacks each week.

Operation Eyesight

285 million people in the world suffer from blindness and low vision, while 80% of the cases can be avoided!

In developing countries, being visually impaired is not a disability, it's a death sentence – especially for the very young and old.

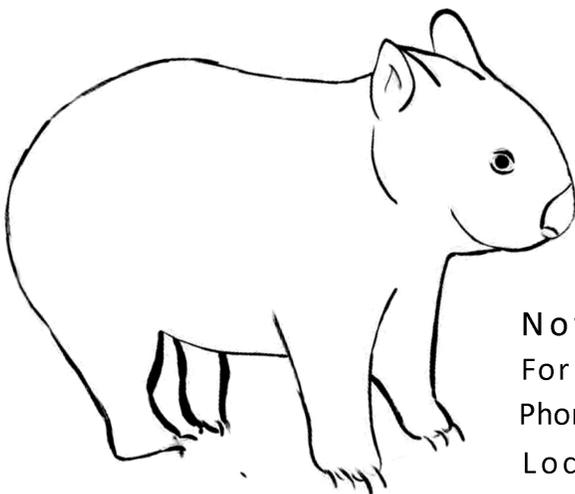
Blindness and poverty is a terrible combination. Operation Eyesight has its home base in Calgary and works to preserve eyesight throughout Africa and India. You can donate by phoning 403-283-6323 or 1-800-585-8265 or on line at www.operationeyesight.com



For All The World To See

**a new preschool is
opening this fall**

**Painted wombat
fine arts preschool INC**



Now accepting registrations for 2016/2017
For more information or to register contact Shauna at
Phone: 403 9034277 email: hello@paintedwombat.com
Located at 8831 Fairmount Drive SE Calgary AB

Our Refugee Family

Our refugee family: We have begun to prepare a home for our Syrian family Zuheir, Maram, Mohammad and Hamza. We do not have a firm arrival date from Lebanon but we have begun to set up groups to handle the various tasks needed over the next few weeks and months. Some areas of need:

- Budget and Finances Group – financial mentoring and budgeting for the family
- Finishing the outfitting of the apartment (we have most furniture)
- Shopping Group (helping the family learn about food shopping)
- Teaching new cooking skills to a young mother and father
- Connecting family with play groups and children’s opportunities
- Employment Group (connecting with employment opportunities – the father has some cooking skills)
- Cultural outings – getting to know and experience the city
- Phones and Technology Group



A designated account has been set up in support of the SW Conference Refugee program above. All donations should be clearly marked “Refugee Mission Fund”. Please contact Garry Mihaichuk 403-217-0081 or Jaqui Anderson 403-453-4071 with questions or offers of assistance.

Service of healing

Sunday, June 12th

7pm



We Care Kits Update

Thank you to everyone that donated items toward our We Care Kits. On May 28th a group came together to assemble an additional 24 baby bundles and 36 sewing kits to send via Canadian Lutheran World Relief to Refugee camps around the world.



We have enough items to complete 9 more baby bundles except for 18 receiving blankets. If anyone could donate a few new receiving blankets that would be appreciated.

In total this year we completed:

- 134 learning and living kits
- 42 sewing kits
- 24 baby bundles

And a few more are still to go.....



This concludes our We Care Work bees for this year. If you would like to make your own personal care kits you can find all the details on our bulletin board in the lobby.

Questions? Please contact Jaqui Anderson.



Guiding Mission—Community Organizing

The Guiding Mission team and LCOS has joined The Metro Alliance for Common Good with the goal of working with interested Calgarians to address various social issues.



Metro Alliance for the Common Good - MACG

The Metro Alliance for Common Good (MACG) is a broad based organization made up of individuals and organizations committed to bringing together interested Calgarians from business, faith communities, organized labour and the social sector to harness our shared interest and power to address the issues we face in Calgary. We are facing unprecedented challenges as a city. While as individual groups we might have a little bit of power to make our community better, together we can create a chorus that can't be ignored.

All members of LCOS may participate in the various sessions that MACG offers in Calgary throughout the year at no cost. If you have any interest in social justice this is an organization to connect with.

In June the following events are occurring:

Listening To Your Community: 1-1 Meetings and Community Mapping

Date: Monday June 6th from 7:00-8:30 pm

Location: Bethany Care Centre 916 18 a St NW in Link Auditorium (5th floor)

Purpose: During this gathering we will begin to formally collect the responses from the listening that has been done in each organization. The focus of this gathering will be on teaching the skills of having effective 1-1 meeting and how to combine this with community mapping to identify not only issues in your community, but also potential leaders and partners.

Leadership in Public Life Institute— Core Skills and Perspective of Community Organizing

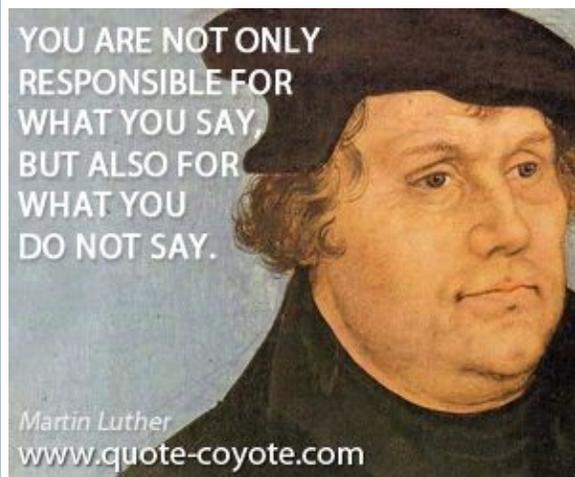
Date: June 16th 9:00 am – 5:00 pm

Location: Ambrose University 150 Ambrose Circle SW

Cost: \$50 or free for MACG Members (LCOS members are free)

Registration: email ryan@calgarycommongood.org or phone (403)993-7123

During this 8 hour training we will be teaching the skills, theory and process that are at the heart of community organizing. This workshop is intended for anyone who is interested in learning about community organizing, applying community organizing to their own organization or interested in taking a leadership role in MACG.



One on One Meetings with LCOS Members:

The Guiding Mission team will be inviting various individuals through the month of June (and beyond) to brief one on one meetings in the hope of gaining a better understanding of the leaders and potential leaders in our community. We would like to know what you are passionate about (and perhaps discover what you are not passionate about) in your lives. However, if you have a particular passion or desire to lead in a given area within LCOS and beyond please don't wait to hear from us but instead give one of the Guiding Mission team a call.

Contact Darren Tenor, Joe Schulz or Katharine Heimbigner-Tenor for more information.

Outreach Service for Adults 55+

The term **outreach** applies to services that aim to improve accessibility to services and supports for older adults.

The mission of outreach is to enhance the quality of life of older adults in need by providing direct service, information and support in partnership with the community.

Outreach workers offer services in the Calgary 50 + Centres, in the community and in the older adult's home.



Services provided:

- assistance with the completion of forms for:
 - government benefits
 - transportation
 - housing subsidies
- advocacy
- individual and group supportive counselling
- educational speakers and workshops
- assessment
- information and referrals

South Outreach

Provided by Jewish Family Service Calgary

Intake and information:
403-287-3510

email: seniorsoutreach@jfsc.org

Bow Cliff Office
608 Poplar Rd. S.W.
Calgary, Alberta T3C 2Z7
403-240-2213

Jewish Family Service Office
420, 5920 1A St. S.W.
Calgary, Alberta T2H 0G3
403-287-3510

Ogden Office
2102 69th Ave. S.E.
Calgary, Alberta T2C 3Y4
403-279-2030



THE CITY OF
CALGARY



CALGARY AGING IN PLACE CO-OPERATIVE CONCEPT

"Grow old along with me! The best is yet to be." Robert Browning (1812-1889)

In a Co-operative the seniors that are members are the owners, they decide what the Co-operative does.

The mission of the Cooperative is to allow for seniors to stay at home and be supported as they age. The first leg of this project is to find services that support our members by providing services such as house cleaning, handy persons, snow removal, lawn care, etc. The concept being as a member you get to help determine what those services will be as we grow.

We are also looking for existing service providers in your community, if you know of anyone who owns their own business and offering any of these services, please do encourage them to also come out and meet with us. All service providers will be required to complete a Criminal and Vulnerable Sector Check with Calgary Police Services.

We are looking at other opportunities to continue support of the live at home option for seniors in our communities, such as a secondary suite in your existing home. Suites would be managed by our Co-operative in consultation with the home owner.

Please join us at one of our membership drives in your community to hear more about this concept.
Contact us by: Phone 403-630-1427 or Email: calgaryaginginplace@gmail.com for more information.

Website: www.calgaryaginginplace.ca (under development)

You can also talk to LCOS member Alice Rodier: cerear@telusplanet.net, (403) 252-0087

Message for Congregations

Dear Sisters and Brothers in Christ –

As I am preparing this month's message I am keenly aware that it is nearly two weeks since the evacuation of the city of Fort McMurray.

We live in the wake of unbelievable devastation; and, in the wake of incredible generosity.

With you, I give thanks to God for the generosity of those from our own communities, province, nation, and indeed, from around the world, in providing for evacuees, for the safety of the emergency crews and first responders, and for all who continue to coordinate and to plan at every level.

I know that you will continue to hold the people of Fort McMurray in your prayers. They remain displaced. There is much uncertainty. There are various forms of trauma.

I know that you will continue to welcome those who join you for worship.

I know that you will respond as you are able. Not, "remarkably," as someone said to me recently, "but as I am able."

Thank you to those who gathered last Tuesday, May 10, for a Synod hosted time of prayer and candlelighting, using *Holden Evening Prayer*, at Trinity, Edmonton. And thank you to Trinity for opening your door for our Synod to gather. I am aware that many others planned similar worship services within your own communities. Wonderful!

Last Wednesday I received correspondence from an ELCIC Pastor serving a small rural community in the Saskatchewan Synod who shared that, as the Church Council met the previous evening, they had worshipped using *Holden Evening Prayer*, at the same time our Synod hosted worship was taking place in Edmonton. Wonderful!

As you are aware, through the ABT Synod – Special Bulletin: update, conversation and planning continues with CLWR, LC-C and the ELCIC through our Synod. Church groups and congregations in Alberta are invited to apply for funds for programs they feel will benefit the congregations and people of Fort McMurray from the CLWR Emergency Fund. **Grant application forms and further details are available from our Synod Office.**

Pastor Susan Horton continues to be in regular contact with members and friends of Christ the King, Fort McMurray. Many have been inquiring as to an update regarding last week's Prayer Request (May 10) for Pastor Susan who had been admitted to hospital. She was discharged from hospital in Edmonton this past Sunday, May 15. Your prayers for continued healing are appreciated.

Pastor Horton shared with me a May 9 CBC News item from a woman forced to evacuate her home in La Ronge, Saskatchewan, during last summer's wildfires which I found helpful. Kandis Riese was forced to leave her community, with 13, 000 others, in a moment's notice. She has put her experiences and her thoughts during her evacuation on paper, along with advice for evacuees and volunteers who are helping out. I have edited the article which you will find below. The article in its entirety can be found here: <http://www.cbc.ca/news/canada/saskatoon/sask-evacuee-fort-mcmurray-1.3569008>

Dear sisters and brothers. There will be further updates to our Synod. We know that as the days go by, other events will begin to dominate media reports and people's attention. This is when we will be needed the most to walk with and support our sisters and brothers.



We continue to pray: *Our Lord and God, grant us grace to know your love in whatever we face. Give us patience and thankfulness, even in our pain, anxiety or loss; and move us with compassion and tenderness for our afflicted neighbours; through Jesus Christ our Lord. Amen* (Recovering from Trauma, *Evangelical Lutheran Worship*; Pastoral Care, pg. 188).

The God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit (Romans 15:13).

*In Christ Jesus –
Shalom,
+Larry*

The Rev. Dr. Larry Kochendorfer, Bishop
Synod of Alberta and the Territories
Evangelical Lutheran Church in Canada

Spirit -Led Leadership - Hope-Filled Discipleship - Innovative Tradition - Collaborative Partnerships

May 9, 2016 CBC News

An Open Letter to Everyone ~ About Evacuees

This is based on my experience as an evacuee during the largest evacuation in Saskatchewan's history in July 2015 because of forest fires.

It needs to be stipulated first that I considered myself one of the very fortunate evacuees for several reasons. The first reason being that I was extended kindness and generosity from people by way of offering their homes as a place of refuge for me. The second reason, I was able to take my vehicle and fill it with what I valued most. Other evacuees were not so fortunate.

A police officer came to my home and told me I had to leave and it would be best to do so within the hour. Though my hometown had been shrouded with smoky air and burned pine needles for a couple weeks and I was aware of forest fires in the area, I refused to believe that this would lead to a mandatory evacuation. I was not prepared for this. I had nothing packed. I had not slept for two days. I was, at that point, racing around my home packing up while fueled by adrenaline and fear – preparing to drive two and a half hours south.

Here are some things to know about evacuees

Evacuees need you.

Evacuees are traumatized

After fleeing their homes, evacuees are consumed with fear and dread.

Evacuees feel helpless

Evacuees are fearful and agitated.

Evacuees are sad and angry.

Evacuees feel lost.

Evacuees are dealing with uncertainty.

Evacuees are restless.

Evacuees experience deep loneliness.

Evacuees worry constantly.

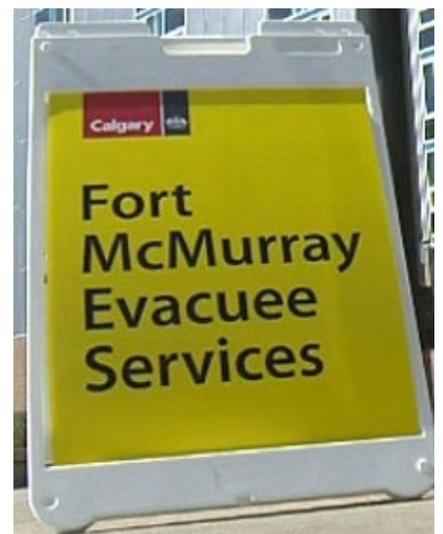
Evacuees constantly think about other evacuees.

Evacuees sigh heavily – a lot.

Evacuees can initially appear very disoriented.

Evacuees are different people than you know them to be.

Evacuees may switch gears many times a day going from sad and lethargic to angry and restless. They may sit for lengths of time in a zombie-like state appearing to stare off into nowhere. Let them.



Evacuees may be agitated and pacing back and forth and exhibit subtle signs of self-soothing. Let them.

Evacuees may be very sad and cry a lot. Let them.

Evacuees may want to talk excessively and repeatedly about their traumatic experiences related to the fires and the evacuation. Let them.

Evacuees may be very withdrawn and not want to be asked questions about their traumatic experience. Don't ask them (but be there to listen when they do talk about it).

Evacuees may have a loss of appetite. Have food available to them at all times anyway.

Some evacuees go into overdrive and need to keep busy. This sometimes results in OCD-inspired cleaning and organizing of a host home. Let this happen but be sure not to let it continue throughout the entire evacuation time. If you are hosting evacuees allow them to contribute to daily tasks when they are ready to do so.

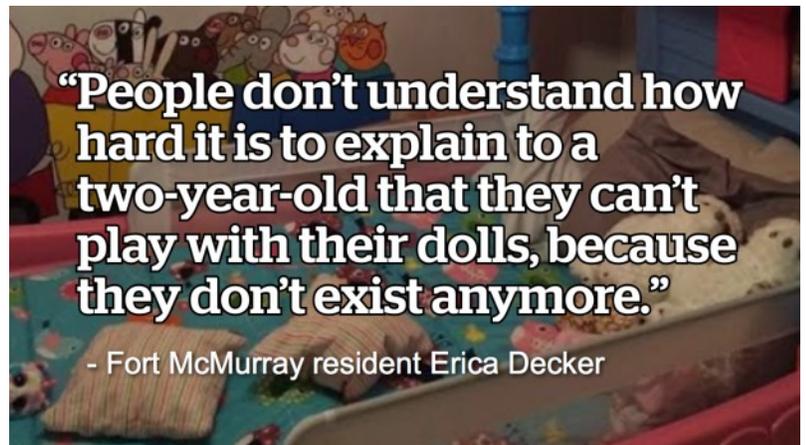
Evacuees seek information

Don't be alarmed by what appears to be an obsessive and excessive use of social media, texting, and phone calls. Evacuees are trying to find each other (family members and friends). Everyone who knows and cares about an evacuee is trying to contact them. The excessive use of social media as an "information getting" tool will continue throughout the entire evacuation time. It is common for evacuees to be checking social media frequently (I mean VERY frequently as in every fifteen minutes if not more). Evacuees will be watching news media in the same way. Seeing a familiar face on the news is comforting to an evacuee.

Evacuees are grieving

Whether evacuees have lost their home to fires or not, they are ALL grieving. Evacuees are overwhelmed by tremendous loss they are now faced with. This is an excruciating painful time. During the evacuation time evacuees often are unable to see that there is an eventual end to the plethora of emotions they are experiencing. It does not matter how long the displacement phase of the evacuation is – it seems to last forever!

Not only is there loss of physical structures (your home, your business, your favourite grocery store) there is grieving over the actual municipality itself. Many people become emotionally attached to the municipality in which they live. I believe this to be magnified exponentially when it is your hometown. The destruction of the natural environment is devastating to people who love and appreciate nature. If buildings burn down in the center of a city, it is devastating BUT new buildings can be built in a relatively short period of time compared to the reforestation of nature that can take years. Keep in mind as well that the natural environment is home to wildlife that is now displaced as well and in many cases life has been lost. Yes, that too is on the mind of evacuees.



Evacuees are financially stressed

An evacuation is expensive! When you leave your home abruptly and under duress you don't always pack up what is needed. Some people leave their homes with nothing more than what they are wearing. Clothing is needed. Personal care products are needed. Food is needed. This all costs money that was not part of a regular planned budget. Evacuees spend extra money trying to keep their children entertained. Child evacuees no longer have the comfort of their neighbourhood friends to hang around with. They are put in unfamiliar territory with unfamiliar people. Children are known to be adaptable but children are also very observant and intelligent. They are witness to the stress of their parents who are trying very hard to conceal their own worry by keeping children distracted while away from all that is familiar and comforting to them. During evacuation time many evacuees experience the loss of wages. This does not always end when the evacuation does. Places of work are sometimes destroyed by fires and need to be reestablished and rebuilt. The loss of revenue for businesses is phenomenal – local businesses owned by local people need the support of local people. There is a continued ripple effect to a municipality's economy. This can be felt for years after an evacuation.

Evacuees do not want to be a burden

Evacuees want to be home. They don't want to need the help of others but they have no choice. This adds to their stress. Evacuees know they can be an imposition to others (even if you reassure them they are not). Please be patient with evacuees. Please be there for them and genuinely offer support.

Evacuees are deeply grateful for your help

Though the roller coaster of emotions and upset is what you will see most, evacuees are indeed thankful. They may not express this to you but keep in mind they know it and feel it.

Insights into supporting an evacuee

Tell an evacuee what you are willing to do for them. Refrain from saying "Call me if you need anything." Take the proactive approach by offering what you can "I have bath towels and clothes for you." "I have a spare bedroom. It is yours for as long as you need it." "I would love to have you come spend a couple weeks with me. There is lots of room."

Some evacuees are further drawn into despair by the lack of routine during the evacuation time. If the evacuee is ready and you are in a position to do so, please offer an evacuation-time employment opportunity to the evacuee. This will help alleviate some of the financial stress and help an evacuee feel less helpless.

If you are able to take a few days off work to help an evacuee settle into their evacuation host home please do so. You would be willing to help someone who is grieving the loss of a loved one and evacuees are going through a very similar experience. Evacuees are often in various stages of the grieving process.

Do your absolute best to refrain from judgmental thoughts and comments (even though you may not notice you are doing this). If evacuees are smokers, it is likely they will be smoking a lot more. If evacuees consume alcohol, it likely they will be consuming a lot more. This is temporary. Bringing it to the attention of a stressed evacuee only adds to their already overwhelming stress. Again, I ask for your patience. This does not mean you are expected to allow smoking and alcohol consumption in the host home if this is not your norm. It is ok to set out a cigarette butt disposal container outside your house with a lawn chair. I am not encouraging unhealthy behaviours but evacuation time is generally not an effective time for dealing with an addiction.

Encourage healthy engagement by inviting evacuees to go for a walk with you. Get outside into nature whenever possible. Let the evacuee know you are working on a project and want them to join in. If you have a connection to someone who has a skill that might be of interest to the evacuee, invite them over and allow the evacuee some healthy interaction and productive time.

Be sure to encourage evacuees to drink plenty of water. Being stressed and grieving is exhausting and dehydrating. Don't ask evacuees if they want water, just give it to them.

Evacuees are individuals with similar struggles and with very different struggles. There is no 'one size fits all' approach to knowing the needs of evacuees. If you are so inclined to support evacuees in way, please do so. If you can be a host home for evacuees that is an absolute gift. Yes, there will be challenges but at the same time it is a temporary arrangement. Evacuees will recover from the trauma at their own pace. Recovering from the trauma does not happen during the evacuation process. It happens later and it can take an exceptionally long time. Always know this is not what the evacuee ever wanted to experience.

Patience and more patience is essential when helping evacuees. Once all the devastation of the fires has been dealt with and the rebuilding (physically, mentally, emotionally, and spiritually) is accomplished – yes, it will be, you can expect evacuees to be taken back to this traumatizing time in their lives whenever another natural (fire) disaster occurs anywhere on the planet. I believe previous evacuees can relate to this during this painful time for all who have an association with Fort McMurray.

Kandis Riese, two-time evacuee - northern Saskatchewan wildfires



Get on PAR (Pre-Authorized Remittance) at LCOS

Did you know that you may give to LCOS via pre-authorized remittance one time per month from your bank or credit union chequing account? This program is like any other pre-authorized debit program and is called the PAR (Pre-Authorized Remittance) program. Debits will be drawn from accounts on the 20th of each month. Whenever the 20th falls on a weekend or holiday, the debits will be drawn on the first business day following the 20th. Donations via the PAR program will be recorded on quarterly statements and year-end tax receipts along with all other giving.

Amounts from PAR can be directed to:

- 1) The LCOS general budget
- 2) Canadian Lutheran World Relief (CLWR)
- 3) Capital Maintenance

You can give additional amounts and to other purposes via your regular donation envelopes.

The minimum amount to give via this program is a total of \$50.00 per month.

You can sign up, make banking or donation amount changes, or withdraw from the program at any time. These changes will be effective the month following the submission of the change. Forms are available to process these changes. The program is administered by the Financial Secretary. Authorization forms are available in the Place of Welcome.

PAR: If you give by the Pre-Authorized Remittance (PAR) Program and you have made a change to your pledge amount for 2016 (as compared to 2015), you will need to complete a PAR Amount Change form and submit to the Financial Secretary via church mailbox # 91. If the form is submitted by February 01, 2016 the amount will be effective for the February 20, 2016 withdrawal.

Internet e-transfers are also available!

To make a one time or recurring email transfer simply send donations to donate@oursaviourchurch.ca. Please include either your envelope number or your name and address in the email so that we can give you a proper receipt at the year's end.

Mortgage Reduction Offering Change

As the church mortgage is now paid off, any offerings given in the Mortgage Reduction Offering envelope dated May 01, 2016 in your set of envelopes will go towards Capital Maintenance. This will be designated to build a fund for future capital expenditures that will be required by the church.

English Conversation Classes

We are continuing to make additional plans for a fall launch of classes. If you are interested in learning more about helping out please contact Katharine in the office.

In the fall, there will also be an opportunity to take a 30-hour training program, "Reaching Out with English." This program offers practical instruction for teaching conversational English to adults in your church or community if you are interested in diving deeper into the topic. We also will be making Intercultural Communication workshops available to understand and appreciate people from different cultures and develop more effective ways of communicating with them.



ENGLISH AS A SECOND LANGUAGE

Let's walk together with newcomers to Canada!

Financial Report

	YTD - 2016	YTD - 2015
Budgeted Giving	\$110,402.50	\$124,895.10
Designated Giving	\$15,479.25	\$15,473.86
Non-Receiptable / Credit	\$755.00	\$1,051.28
Other Income	\$5,050.12	\$4,928.30
TOTAL	\$131,686.87	\$146,348.54
Average Weekly Budget Offering	\$6,494.26	\$7,346.77
Average Weekly Budget Required	\$7,115.00	\$7,193.00
PAR Giving (included in above total)	\$19,172.00	\$21,520.00
Number of envelopes issued	169	165
Number of envelopes unused	28	17
Number of pledges (budget)	78	79
Number on or over pledge (budget)	42	45
Number under pledge (budget)	36	34
Average Weekly Attendance	186	194

Comments:

Year to date budgeted giving for 2016 is 11.6% lower than 2015.

Designated Giving for 2016 includes:

CLWR (\$1,795.00)
 Urgent Care (\$2,320.00)
 Coldest Night of the Year (\$1,129.25)
 Grant: Alberta Synod's Program (\$2,800.00)

Capital Maintenance (includes
 Ark Mural (\$4,875.00)
 Refugee Mission (\$1,050.00)

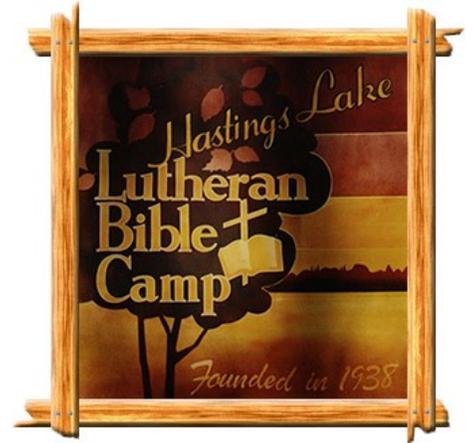
Designated Giving for 2015 includes:

CLWR (\$1,465.00)
 CLWR:Give Life Project (\$1,270.00)
 Urgent Care (\$2,000.00)
 Memorial Fund (\$7,098.86)
 Jack Beck Ticket Sales (\$1,190.00)

Cliff Blumhagen
 Financial Secretary

Making Summer Plans?

What is summer camp all about? Marg Daly, Director of the Mulhurst Lutheran Camp had this to say about the benefits of a camp experience, "I have been involved with Mulhurst Camp for over 4 years and know the life changing aspects of camp first hand from stories of staff to those of campers. Camp also provides a great learning opportunity and leadership development for our volunteers and staff as they develop their skills in a positive environment. But, really camp is faith based fun and we all need more of that!"



Camp is about real relationships with:

God: Rekindle your faith with devotions at campfire, morning worship, Bible study, and faith based activities

Nature: Take a walk, go canoeing on the lake, listen to birds, try outdoor cooking, or sleep outdoors under stars you can see!

Camp Staff: Our staff members serve as excellent role models and friends to campers of all ages. Be inspired by their levels of energy and passion for creativity and faith.

Fellow Campers: Find some new friends with similar interests to yours. Many stay in touch during the year and over many years.

Yourself: Try new things, learn new facts, find your creative side, ponder life, build your muscles, and learn to see God at work in your life.

Contact Hastings Lake Bible Camp at www.hastingslake.com or call the Camp at 780-662-2557



Mulhurst Lutheran Camp programs include children's camp (grade 3-6), family camps (all ages), youth camp (grade 7 to 12), MADD Camp (music, art, drama), mini camp (age 7 to 10), single family camp and youth adventure camp. This year's theme is "Glow". Facilities include a main lodge, heated cabins, sauna, dining shelter, chapel, playing fields, camping sites (with and without power) and an outpost/orienteering area.



Kuriakos at Sylvan Lake Bible Camp.

Kuriakos is a year-round camping and outdoor education centre, specializing in summer camps and school programs for all ages. Camps include kids camps for ages 6 to 9, ages 8 to 11, ages 10 to 14, ages 11 to 16, ages 12 to 14, ages 13 to 18, ages 14 to 18, soccer camp, dance camp and MADD camp. They also have family camps, senior camps, and men's and women's retreats.



Where God's Grace Runs Free

Wilderness Ranch—Where God's Grace Runs Free

Wilderness Ranch mission is to provide in a wilderness setting a program of education and fellowship where faith and trust in Jesus Christ is integrated into everyday living. Programs take place in two locations and include trailblazers (age 9 to 12), pioneers (age 12 and up), outriders, scouts and sky riders (age 14 and up), adult retreats (over 18) and family camps (all ages).

No Greater Love Music Festival—August 13 & 14



The Digital Age

Summer is here at last and that means that Canada's largest Christian music festival is just a few months away! No Greater Love 2016 runs August 13th and 14th on the Stoney Nakoda Nation in Morley, AB, with the stunning backdrop of the Rocky Mountains. What better place to share in God's unfailing love? Let's fill the field!

The amazing lineup this year includes Switchfoot, Tenth Avenue North, Michael W. Smith, and many more talented artists. There's something fun for everyone on the 100 acre festival grounds—from an authentic First Nations Cultural Village to an Urban Village with a skateboard park, Kid's Fun Zone, Food Truck Village, and camping areas!

This outdoor festival will be a world-class musical celebration of God's unfailing love - showcasing an amazing lineup of top International and Canadian Christian Artists. The vision is to unite the full spectrum of the Christian community through the universal language of music - an experience that promises to have much more lasting impact than simply a 2 day concert in a field! It is our prayer that this festival will encourage all those who attend that we too are capable of "great love" - demonstrating God's unfailing love, to each other and to the community.



Switchfoot



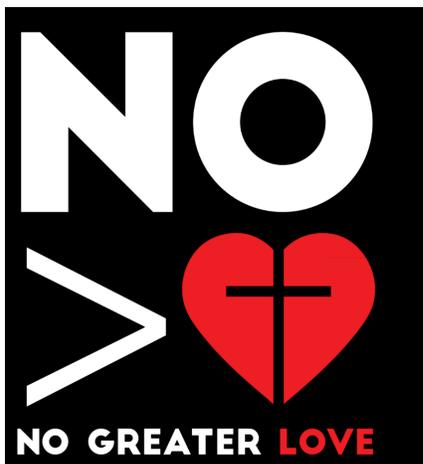
Sanctus Real



7EVEN TH TIME DOWN



Dan Bremnes



The Union of Sinners and Saints

June 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Upcoming Events: July 17—LCOS Stampede Breakfast August 8-12—Acadia Peace Camp at McDougall August 13-14—No Greater Love Music Concert in Morley August 22—26—LCOS Vacation Bible School Christian Summer Camps such as Camp Kuriakos, Camp Mulhurst, Hasting Lake and Wilderness Ranch run all summer long—check them out!			1 9:30 Experiencing God 9:30 MOPS Steering 11:00 Acadia Lunch Program 1:30 Vulnerable Person Registry Presentation 7:00 Al-anon	2	3	4 6:00 am Breakfast at the Seed 6:00 pm VBS Decorating Party
5 10:00 Worship Service	6 1:00 Memory Plus Alzheimer support group 7:00 Al-anon Information	7 1:00 Games Group	8 9:30 Experiencing God 11:00 Acadia Lunch Program 7:00 Al-anon	9	10 6:00 Fireside Group Barbeque	11 7:00 Movie Lovers— “Risen”
12 Sandwich Sunday 10:00 Worship Service 7:00 Service of Healing	13 1:00 Memory Plus Alzheimer support group	14	15 9:30 Experiencing God 11:00 Acadia Lunch Program 7:00 Al-anon	16 7:15 Flock Care	17	18 9:00 to 2:00 Canadian Blood Services Blood Drive
19 10:00 Worship Service 11:00 Potluck Picnic	20 1:00 Memory Plus Alzheimer support group	21 1:00 Games Group 7:00 Church Board	22 9:30 Experiencing God 9:30 MOPs 11:00 Acadia Lunch Program 7:00 Al-anon	23 10:00 am to 9:00 pm Book Sale 7:00 VBS Decorating Party	24 10:00 am to 9:00 pm Book Sale	25 9:00 am to 4:00 pm Book Sale
26 10:00 Worship Service	27	28	29 7:00 Al-anon	30	<p>Subscribe to our online calendar via the website .</p> <p>Receive the Vine via email by sending an email to office@oursaviourchurch.ca</p>	